

Today's MMU: Calling All Vendors for Prime Time Palm Beach County's 2023 Resource Fair

Children's Services Council of Palm Beach County <mmu+cscpb.org@ccsend.com>

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To: Updates <updates@gladesinitiative.org>

35 years #HealthySafeStrong

Helping Palm Beach County children grow up healthy, safe and strong



News

Calling All Vendors for Prime Time Palm Beach County's 2023 Resource Fair

This year The City of Delray Beach and Prime Time Palm Beach County will be hosting its annual Resource Fair. This event is for professionals who work with programs that serve children and youth. The event is set up so attendees have the opportunity to meet with each vendor while learning about what your organization offers. Registration is free for attendees. This event is advertised to all the public schools in Palm Beach, Broward and Martin County, afterschool programs, daycares in Palm Beach County and all the cities in Martin, Palm Beach, Broward and Dade. Attendance averages around anywhere between 150-300 people. [Click here](#) to learn more.

Practitioners Attend Site-Based Training to Master Lesson Planning

On January 17 Prime Time hosted an in-person site-based training at

February 2022 Benefits Outreach Program with Palm Beach County Food Bank

The Benefits Outreach Program assists individuals and families with applying for federal food assistance benefits (SNAP). Palm Beach County Food Bank is one of only seven organizations in Florida that provide the DCF required federal food relief interview. This interview will be conducted during your meeting with one of our Benefits Specialists, who speak English, Spanish and Creole. [Click here](#) to learn more and to view the Benefits Outreach Calendar for February.

Free Tax Filing Program Through United Way of Palm Beach County Enters Twentieth Year

United Way of Palm Beach

Council Served More than 48,500 Children in the Last Fiscal Year

Children's Services Council of Palm Beach County served more than 48,500 children in the last fiscal year (Oct. 1, 2021-Sept. 30, 2022), staff told the board at its January meeting. The majority of those, nearly 29,000 children, received child care, afterschool programming and summer camp scholarships. This number reflects a return close to pre-pandemic numbers. Click [here](#) to read more.

Legal Aid Society Offers Monthly ID Drives Throughout Palm Beach County

Legal Aid Society of Palm Beach County's Community ID of the

Discovery Key Elementary Afterschool Program. Practitioners were elated to be among one another for one of the first in-person trainings since the pandemic. Planning and reflection support youth in afterschool by articulating ideas, making decisions and setting goals. To close out the training, practitioners reflected on their past planning methods and what changes they can make to improve moving forward. Read more [here](#).

County's Volunteer Income Tax Assistance (VITA) program offers taxpayers with low-to-moderate incomes hybrid options to prepare and file their return for free. The program, entering its twentieth year, is an invaluable service to the community. Learn more about the program, services offered and site locations by [clicking here](#) or calling 211.

Palm Beaches Program allows residents without the ability to receive a state or federally issued ID card the opportunity to receive a Community ID card. Residents are often required to prove their identify for numerous reasons each day, and without a reliable ID may not be able to identify themselves with law enforcement, receive urgent services with schools, health centers, city departments or agencies. Community ID of the Palm Beaches will be issuing IDs in West Palm Beach, Belle Glade and Greenacres in January and February. Call **561-822-9740** for more information and to register. [Click here](#) to read more about the program.

Children's Services Council Seeks Pediatric Clinics to Host DULCE Program

Children's Services Council of Palm Beach County (CSCPBC) is seeking to enter into an agreement with one or more pediatric clinics in Palm Beach County to host the **Developmental Understanding and Legal Collaboration for Everyone (DULCE)** program, a national initiative of the Center for the Study of Social Policy (CSSP). DULCE is a universal, evidence-based pediatric care approach that supports healthy newborn development, partners with families of infants to meet their social and legal needs and promotes healthy communities. The selected clinic(s) will be expected to host an experienced DULCE team available to provide DULCE services at no-cost to the clinic(s). [Click here](#) for more information and instructions on how to apply.

Postpartum Care Program Now Available

Healthy Mothers Healthy Babies Coalition of Palm Beach County offers this program of extended care to assist postpartum women with finding a primary care doctor, understand the benefits of the Pregnancy Medicaid Extension and address any issues with their plan, provide access to health education, breastfeeding support and service referrals for mom and baby and offer support groups for new parents. To make an appointment with a Postpartum Care Coordinator, fill out a contact form [here](#).

Rhonda's Promise Resource Table Video Podcast Features United Way Mentor Training Specialist

Youth advocate Brandon Johnson discusses the importance of mentoring, as part of National Mentoring month, on the latest episode of Rhonda's Promise podcast. The Resource Table Video Podcast serves to help connect women and girls of all stages with resources and skills to enhance their lives through education and life skills. [Click here](#) to watch.

Get your child ready for kindergarten: What parents say about VPK

What can Voluntary Prekindergarten (VPK) do for your child? Hear about the benefits of VPK from Palm Beach County parents just like you. VPK is a free educational program open to all 4-year-olds in Florida. Offered at almost 400 locations throughout



What parents say about **VPK**

Palm Beach County, VPK gives children the tools to walk into the first day of kindergarten ready to learn and ready to succeed.

[Learn more](#)

Events

National HIV Awareness Day Community Event

Tuesday, February 7
3:00 p.m. - 7:00 p.m.
St. John's Missionary Baptist Church
900 North Seacrest Blvd.
Boynton Beach

Pathways to Prosperity, in partnership with Comprehensive Health Center, COVID-19 Strike Force, and BEST IV Miami is hosting this event, offering a free food card with HIV Testing, \$25 cash card with a COVID booster shot, and free IV Infusions (limited spaces available). For more information [click here](#) or call 561-903-7743.

Tu Bishvat in the Park

Sunday, February 12
1:00 p.m. - 3:00 p.m.
Mandel Jewish Community Center
8500 Jog Road
Boynton Beach

Alpert Jewish Family Service (JFS) invites you to celebrate this Jewish Disabilities Network program in celebration of JDAIM: Jewish Disability Awareness and Inclusion month. For more information, contact Tami.Lustig@AlpertJFS.org or visit their website [here](#).

Joe DiMaggio Children's Health Specialty Center Magic Wheels & Special Deals

Friday, February 10
5 - 8 p.m.
Arts & Cultural Center, 125 E. Ocean Ave., Boynton Beach

Stop by the Joe DiMaggio Children's Health Specialty Center Magic Wheels & Special Deals event and witness the unveiling of this year's Magic Wheels for a special child. Event includes vendors, music, food, activities, disability resource fair and more. ASL Interpreter will be provided. For more information, call 561-742-6241 or [click here](#).

A Day for Autism - Building Bridges with Law Enforcement Picnic

Sunday, February 26
10:00 a.m. - 1:00 p.m.
Village Park
11700 Pierson Road
Wellington

Join the Palm Beach County Sheriff's Office, the Village of Wellington & FAU CARD for a free picnic lunch and fun activities for the whole family, including a petting zoo, face painting, bounce houses, games & trackless train, arts & crafts, touch-a-truck zone, Kona Ice and a DJ. Additionally, there will be interactive opportunities with local law enforcement to include therapy dogs / Mounted unit, ATV/ Motors, 911 Bus and Fire Rescue. FAU

Healthy Mothers, Healthy Babies Coalition of Palm Beach County: February Educational Calendar

February events include educational classes for pregnant women, new parents and their support partners, maternal wellness support group meetings in English and Spanish, childbirth classes with virtual and Spanish options, pregnancy and infant loss support groups, Circle of Dads groups in English and Spanish, prenatal yoga and a six-session support group to reduce stress, in Spanish. A calendar with details can be found [here](#).

Autism Family Retreat with Deliver the Dream

April 14 - 16
10:00 a.m. - 1:00 p.m.
Cerveny Conference Center
11057 Camp Weed Pl,
Live Oak

This retreat is for families who have a child diagnosed with an Autism Spectrum Disorder. All of the activities are centered on fun and are inclusive of the entire family unit. We expect you to fully participate in everything that is offered. Thanks to the generosity of our sponsors and community, Deliver the Dream covers 100% of the lodging, activities, and group meal expenses. Families are only responsible for their transportation to and from the retreat location. Application deadline is March 14.

CARD staff, community providers and local vendors will be in attendance providing information and resources for families and individuals with ASD. See flyers in [Spanish](#), [English](#) and [Creole](#). Please RSVP for the event [here](#) and indicate number of adults & children attending.

[Click here](#) to learn more.

Trainings

AAC Independence! FAU CARD PEPESA Training

Available February 1-28
Virtual

For Individuals requiring Augmentative and Alternative Communication, (AAC), independent communication is the desired outcome. However, for individuals with complex communication and physical needs such as people with Autism, Down Syndrome, Cerebral Palsy, Angelman Syndrome and other genetic concerns, increasing independent communication can be a more difficult task. Join this training to share experiences working with AAC communicators, their families and staff to strive for communicative independence utilizing AAC lo-tech and hi-tech systems. Strategies will be shared through cases, stories and video. [Click here](#) to register.

FAU's Research in Action Series "Supporting the Spectrum"

Wednesday, February 15
1 - 2 p.m.
Virtual

With more than 44 years of experience in the field of special education, Maryellen Quinn-Lunny, Ph.D., serves as director of the FAU Center for Autism and Related Disabilities, which provides free consulting, training and support to those with autism and related disabilities, their families and employers. Join Quinn-Lunny as she discusses:

- Disproportionality in autism spectrum disorder (ASD)
- Benefits of early

Employment Training Program for Individuals Ages 16- 30 with Developmental Disabilities

February 6 - September 1
Virtual

Unicorn Children's Foundation is expanding their vocational training and certification programs to support career opportunities and advancements for young adults with developmental disabilities as they enter the workforce and help them to obtain and maintain employment and increase self-sufficiency. Program participants will have the opportunity to earn industry-standard certifications in retail, coffee or hospitality. In addition, the program will include a 20-hour pre-employment internship that provides opportunities to explore career interests while applying knowledge and skills learned in a work setting. To read more and apply, [click here](#).

Building Trauma-Informed Juvenile Justice Systems

Wednesday, February 15
9 a.m. - 1 p.m.
Virtual

In the absence of protective relationships, toxic stress in childhood impacts an individual's health and well-being across the lifetime. This workshop provides an overview of the ACE Study, Trauma, Toxic Stress, PACEs, and the Impact on Health. Florida DJJ research, Resilience, and Building a Trauma[1]Informed Approach is also explored. By building the capacity of adults in our community to address this issue, we can nurture the social-emotional wellness of the next

Small Business Bootcamp: A Free Event for All Businesses

Tuesday, Feb. 7
8:00 a.m. - 9:30 a.m.
Hispanic Chamber of Commerce of Palm Beach County
12794 Forest Hill Blvd., Suite 19
Wellington

The Hispanic Chamber of Commerce of Palm Beach County invites businesses of all sizes to join their bootcamp, presented by Bank of America. Email info@cpbchamber.com for more information and [click here](#) to register.

How to Change Your Stress to Strength

Wednesday, February 22
6 - 7:30 p.m.
Virtual

Everyone experiences stress. Our bodies are meant to feel stress and to react to it. Most people experience stress on a daily basis. Stress keeps us alert and ready to avoid danger. Stress results from things that impact upon us in the normal course of life. But what happens when our stress does not go away? Your body is only meant to handle stress in small bursts. Participants will learn:

- What is Stress and Stress Response Levels
- Impact of Stress

- intervention for prognosis and outcomes
- Her research on Black families through the ASD Identification process
- Bridging needs with resources after receiving an ASD identification

[Click here](#) to register.

Infant's Brain to the Therapist's Mind: Reflecting on How Babies Teach Us About Therapy

Thursday, February 23
2 - 4 p.m.
Virtual

In this provocative 2-hour interactive and video-based seminar, Dr. Neil Boris delves into key findings regarding the development of our socio-emotional brains and establishes ways in which research in this arena informs clinical work with parents. The talk begins with a review of creative research on how babies are hard-wired for social input and how caregivers optimally help regulate emotional states in young children. [Click here](#) to learn more and to register.

generation. And by shifting our perspective and recognizing that behaviors may be fueled by feelings a child may not be able to manage, we can build the foundation to help children impacted by adversity. [Click here](#) to register.

Endemic Times: Art & Play Therapy for Grief, Loss, and Isolation - Center for Child Counseling

Friday, Feb. 24
9:00 a.m. - 4:00 p.m.
Children's Services Council
2300 High Ridge Road
Boynton Beach

The long-term effects from the Covid-19 pandemic are being seen even now with a rise in anxiety, depression and fears in our youth. This workshop will seek to provide hands-on, experiential art and play therapy activities to help children, tweens and teens process their lived experience of grief, loss, and isolation. Participants will engage in interactive activities which can be utilized through in-person and telehealth sessions. Cost: \$125 (Early Bird Special - including 6 CEUs and contact APT CEs). [Click here](#) to register.

- Symptoms of Stress Self-Care and Self-Regulation Skills
 - How to Cope with Stress
- [Click here](#) to register.

Parenting 101: A Way of Being with Children, Center for Child Counseling

Tuesdays through March 14
6:00 p.m. - 7:00 p.m.
Virtual

Parenting 101 is a support group for parents and caregivers of children ages three to six and provides a safe space for parents and caregivers to freely share their experiences, challenges and strengths in a confidential group setting. Parents will learn about the importance of attitude and acceptance to strengthen the parent-child relationship, child development, and parenting techniques such as reflective listening, encouragement, limit setting and choices to manage children's emotional and behavioral difficulties. The skills taught set the foundation for the life-long skill of self-regulation. The support group provides an experience where parents learn from each other's experiences and practice the techniques learned in sessions through group activities and discussions. [Click here](#) to begin the registration process.

Teacher Support Group: A Way of Being with Children, Center for Child Counseling

Tuesdays through March 14
1:00 p.m. - 2:00 p.m.
Virtual

This Teacher Support Group provides a safe space for teachers to freely share their experiences, including challenges and strengths, within a confidential group setting. Teachers will learn about the importance of attitude and acceptance to strengthen the teacher-child relationship and techniques such as reflective listening, encouragement, limit setting, choices and behavior management in the classroom. Skills focus on emotional and behavioral development, academic success and teaching children the life-long skill of self-regulation to enhance learning in the classroom. This group provides a unique experience where teachers will learn from each

Coming in March: Center for Child Counseling In-Person Play Therapy Series

Friday, March 24
9:00 a.m. - 1:30 p.m.
Center for Child Counseling
8895 N. Military Trail
Palm Beach Gardens

Join Play Therapy experts to learn the language of the child through this new Play Therapy Series. The first workshop focuses on termination of therapy, which is an opportunity for closure and for the client and therapist to review the personal growth that has unfolded over the course of treatment. When done successfully, the end of therapy can be a positive experience with a long-lasting impact on both the client and therapist. To learn more about the event and to register, [click here](#). Cost includes 4 CEUs and Contact APT CEs. Early bird and student discounts are

other's experiences as well as process and practice the techniques learned in sessions through group discussions. [Click here](#) to begin the registration process.

available. Upcoming workshops include Child-Centered Group Play Therapy, Utilizing Sand Tray in Play Therapy: The Basics and Continuing the Practice, Addressing Trauma Through Play Therapy and Treating Trauma using TF-CBT.

Additional Resources

[Visit the CSC website](#)
[CSC Employment](#)
[CSC Provider Agency Employment](#)
[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpbcc.org. [Click here](#) to review the MMU Submission Guidelines.

Stay Connected!



Children's Services Council of Palm Beach County | 2300 High Ridge Road, Boynton Beach, FL 33426

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