

## Today's MMU: West Technical Education Center Scholarships Available

Children's Services Council of Palm Beach County <mmu+cscpb.org@ccsend.com>

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To:Updates <updates@gladesinitiative.org>

# 35 years #HealthySafeStrong

Helping Palm Beach County  
children grow up  
healthy, safe and strong



## Monday Morning Update July 10, 2023

### News

#### West Technical Education Center Scholarships Available

West Technical Education Center in Belle Glade scholarships are now available in the following areas: CDL (Commercial Driver's License), valued at \$4,036, forklift (valued at \$200), home health aid, valued at \$681 and phlebotomy, valued at \$931. Scholarships will be awarded on a first come first served basis, and residents of Belle Glade, South Bay, Pahokee, Lak Harbor and Canal Point will be given priority and can apply today. Residents of other cities in Palm Beach, Hendry and Glades Counties can apply starting Monday, July 24. Application must be done in person at West Technical Education Center with proof of residency. For a list of accepted documentation, other required items for CDL applicants and other questions, please contact **561-829-4615** or **561-829-4603**. To read more about the

#### Caps and Cribs Teen Mentorship Program Expands to Support Teen Moms

Healthy Mothers, Healthy Babies Coalition of Palm Beach County's Caps & Cribs Teen Mom Mentoring program is expanding it's support for young mothers in Palm Beach County! Since the program's inception, only pregnant or parenting teens enrolled in high school were eligible to receive mentoring support. Now, young moms residing in Palm Beach County are eligible to be a Caps & Cribs mentee for one year after graduation. Transitioning out of high school is a major change, and this expansion of mentoring eligibility will fill the gap to ensure young mothers have the support they need as they begin their new journey at college or in their career while caring for their child. If you are interested in changing a life by becoming a mentor or know a young mom that would benefit from the mentoring program,

#### CSC Employment Opportunity

Children's Services Council of Palm Beach County is hiring an Evaluation Officer to use their expertise in data collection, analysis and reporting to understand the impact of CSC funding on child outcomes and use that knowledge to further improve the lives of children and families in Palm Beach County. This position promotes the use of evaluation from both a system and program perspective and is responsible for building capacity by engaging in learning conversations with a variety of stakeholders with the purpose of transforming data into action. To be considered, candidates must submit a cover letter and resume by 5:00 p.m. August 7. [Click here](#) to apply.

school, [click here.](#)

please consider submitting a mentor application [here](#) or a mentee application, [here.](#)

### **CSC Healthy, Safe & Strong Fund Now Available**

The Healthy Safe & Strong Fund is available from Children's Services Council (CSC) to help sponsor public awareness events, conferences and community outreach activities for children and families. The maximum to be awarded for an event is \$2,500. Applications for the fund are due at least 60 days prior to the event/activity. For more information and to access the fund application, [click here.](#)

### **Share a Story, Win a chance for a \$50 Gift Card**

Children's Services Council invites parents and caregivers to share their story about a child care experience. Once they do, they'll automatically be entered into a weekly drawing to win a \$50 gift card! Their story, in their own words, will help Children's Services Council create better services for children and families in Palm Beach County. [Click here to visit SenseMaker](#), an online tool that allows people to share and make meaning of their own lived experiences.

### **Impact the Palm Beaches' Grant Information Sessions**

Each year, Impact the Palm Beaches awards \$100,000 grants to qualified nonprofits in central and northern Palm Beach County with programs and projects that ignite positive change in the community. Impact accepts grant proposals that focus on Arts & Culture, Education, Environment & Animal Welfare, Family, and Health & Wellness. Grant information sessions will be held: Monday, July 24, 9:00 a.m.- 10:00 a.m., Wednesday, July 26, 9:00 a.m. – 10:00 a.m., Friday, July 28, 9:00 a.m. – 10:00 a.m. and Friday, July 28, 2:00 p.m. – 3:00 p.m. The sessions are not mandatory to apply for an Impact grant, but highly recommended for any new or returning nonprofit agency wanting to learn more about the Impact the Palm Beaches grant process. [Click here](#) to learn more about this year's grant process and to access the calendar and informational sessions.



### **Summer Reading Tip- Choosing a Book**

Children often receive reading lists from their teachers, but what books should parents choose for their children over the summer? Giving the child options and letting them decide on which books to read empowers them.

[Click this Button to Learn More](#)

## **Events**

### **FAIMH Chapter Meeting**

Friday, July 14  
8:30 a.m. - 10:00 a.m.  
Hybrid: Early Learning Coalition  
Gaines Park  
2501 MLK Jr. Blvd., Ste. 300

### **Fearless Caregiver Boca Delray Conference**

Thursday, July 20  
10:00 a.m. - 2:00 p.m.  
South County Service Center  
16700 Jog Road

### **It Takes a Village NonProfit and Family Field Day**

Saturday, July 22  
11:30 a.m. - 5:00 p.m.  
Gaines Park  
1501 N. Australian Ave.

## Riviera Beach & Virtual

You're invited to Florida Association for Infant Mental Health's next chapter meeting to discuss resources for families and infants. [Click here](#) to view a flyer for the event and [click here](#) to register.

## Delray Beach

The Fearless Caregiver Conference provides practical information, advice and support for those caring for loved ones. The conference is designed to help attendees receive hands-on advice for caregiving challenges. Attendees will learn how to become a fearless member of their loved ones' care team, balance family, work & caregiving, motivate family members to help convince a parent to stop driving and persuade them to listen to you, as well as legally protect your aging parents. Lunch is included. [Click here](#) to view a flyer for the event and [here](#) to register.

## West Palm Beach

Love, Hope & Healing, Inc. presents this opportunity for nonprofit organizations and the families they serve to come together and spend a fun day playing games. [Click here](#) to view a flyer with more information.

## Palm Beach County Food Bank: July Outreach Calendar

Palm Beach County Food Bank is focused on fighting hunger in Palm Beach County through five programs – Partner Marketplace, Pop-Up Farmer's Market, Benefits Outreach, Childhood Hunger Initiatives (Lois' Food4Kids, Weekend Food for Kids, and School Pantries) and Groceries for Seniors. They support close to 200 partner agencies in Palm Beach County with food, programs and resources. [Click here](#) to view a listing of opportunities with locations, times and language services offered. [Click here](#) learn more about the Food Bank.

## Recurring Events:

### Summer Junk Hour, with Resource Depot

Tuesdays, July 11 & 25  
10:00 a.m. - 12:00 p.m.  
Resource Depot  
2508 Florida Ave.  
West Palm Beach

Junk Hour is an open-ended summer class featuring different workshops, each with a different theme to engage students with upcycled materials and open-ended play. The next theme is Junk Robots, where students will use upcycled materials to design robots with creative functions. The final theme is Make a House. The sessions are geared toward school-aged students. A small fee of \$20 per student applies. [Click here](#) to sign up.

### Art Therapy Classes for Middle-School Students

Tuesdays: 7-week sessions  
6:00 p.m. - 8:00 p.m.  
Lighthouse Art Center  
Tequesta

Group art therapy classes support mental health, peer relationships and overall well-being. The purpose of this program is to increase feelings of community and connectedness, build resilience and coping skills and decrease feelings associated with anxiety, depression, loneliness and/or stress. For each group cohort, a Center for Child Counseling therapist will partner with a Lighthouse ArtCenter art instructor to provide weekly therapeutic art activities from painting to pottery! [Click here](#) for the ArtClub schedule with a list of topics and registration form.

### Black Under-Representation Initiative Task Force Meetings

Every last Wednesday of the month  
10:00 a.m.  
Virtual

Florida Atlantic University's Center for Autism and Related Disabilities invites you to join the Black Under-Representation Initiative meetings to discuss research that indicates black children are being misidentified,

delay identified and under-identified with Autism Spectrum Disorder. Without proper identification, children will not receive access to evidence-based interventions to progress academically and socially, and parents and families will not receive the support and training needed to help their children. RSVP by calling **561-212-4930** or email [cmckinney@fau.edu](mailto:cmckinney@fau.edu).

### Unicorn Children's Foundation Family Fun Nights

Every last Wednesday of the month

5:30 p.m. - 7:30 p.m.

99 SE Mizner Blvd., Ste. 120

Boca Raton

The Unicorn Children's Foundation is dedicated to creating cradle to career pathways for kids and young adults with developmental differences and helping their families navigate the complex journey. This free event is open to people of all ages and abilities and includes karaoke, dancing, light bites and refreshments, crafts, board games, cups of kindness served by Percs Café baristas and tours available upon request. [Click here](#) to register.

### Girls Voice Task Force Virtual Space Meetings

Every second Thursday of the month

6:00 p.m.

Virtual

The GVTF virtual space serves as a place for girls to connect with one another, learn valuable skills and grow together. [Click here](#) to complete the application to receive the meeting link. Join GVTF on Remind by texting @girlspbc to **81010**.

### Food as Medicine Workshops

Second and Fourth Saturdays, May - December

10:00 a.m. - 11:00 a.m.

Riviera Beach Urban Farm and Garden

W. Blue Heron Blvd.

Riviera Beach

The idea that our foods can aide in our wellness is a proven fact. The need for medications can be reduced by learning medicinal remedies composed of veggies, fruits and herbs. Operation No Food Gap, in partnership with the American Heart Association is excited to host these events and invites you to join in the fun by participating in cooking demos, gardening, wellness events, juicing and educational workshops along with fitness such as Zumba! The events are FREE and open to the entire family of all ages. [Click here](#) to learn more and RSVP.

## Trainings

### Healthy Mothers, Healthy Babies Coalition of Palm Beach County: July Educational Calendar

July events include educational classes for pregnant women, new parents and their support partners, maternal wellness support group meetings, childbirth classes, pregnancy and infant loss and Circle of Dads support groups and prenatal yoga. Many classes are offered in both English and Spanish with a virtual option. A calendar with details can be found [here](#).

#### 3Ts Parenting Workshops

Mondays, July 10, 24 & 31

12:30 p.m. - 1:30 p.m.

Virtual

The 3Ts – Tune In, Talk More, Take Turns- is a simple but powerful tool to help make the most of everyday interactions with children. Early Learning Coalition's 3Ts workshop shares resources that foster knowledge and build skills parents can use to promote foundational brain development.

#### ACES, Trauma and Toxic Stress

Wednesday, July 12

6:00 p.m. - 7:30 p.m.

Virtual

In this intensive workshop from United Way of Palm Beach County, trainers from Center for Child Counseling will teach participants the following: about the ACE study, including outcomes and findings, definition of toxic stress and its impact on the developing brain in early childhood

#### College 101 Series for Parents

Wednesdays, July 12, 19, 26 &

August 2

6:30 p.m. - 8:30 p.m.

Virtual

AND

Saturdays, July 15, 22, 29 &

August 5

11:00 a.m. - 1:00 p.m.

Delray Beach Library

100 W. Atlantic Ave.

Delray Beach

These workshops are for anyone who takes care of a child ages 0-3 years old. [Click here](#) to register.

and throughout the lifespan, the impact of early adversity on lifelong health, mental and physical, about the ACEs and Resilience Surveys and the importance of creating trauma-informed and resilience-building practices based on the findings of the ACEs research. [Click here](#) to register.

Scholar Career Coaching's workshops are specifically designed to provide valuable guidance and support to immigrants and first-generation families, helping them navigate the educational journey of their students with confidence and ease. [Click here](#) to view a flyer with additional details. To learn more and register, [click here](#).

### Recurring Trainings:

#### **Financial Literacy Bootcamp for Teens**

Tuesdays & Thursdays, July 11, 13, 18, 20, 25, 27 & August 1

6:00 p.m.

Virtual

This workshop is for any youth ready to begin understanding money and its responsibility in the world. These trainings are offered through Students Speak Up for Kids of Palm Beach County and are conducted by Jaisnav Rajesh at Princeton University. Space is limited. [Click here](#) to view a flyer with more information and [click here](#) to sign up.

#### **In-Person Play Therapy Series**

Friday, July 14, August 4 & September 8

9:00 a.m. - 4:00 p.m.

Opportunity Early Childhood Education and Family Center

4171 Westgate Ave.

West Palm Beach

Join Play Therapy experts with Center for Child Counseling to learn the language of the child through this new Play Therapy Series. The next workshop focuses on utilizing sand tray in play therapy, a powerful method in treating children and adults. This workshop will explore the fundamental theory, skills, tools and methods of sand tray play therapy through hands-on experiences that allow participants to explore the various elements of the sand tray process. Participants will be able to develop and practice basic skills for incorporating sand tray play therapy into their practice. To learn more about the event and to register, [click here](#). Includes 4 live contact APT CE hours. Upcoming workshops include Continuing the Practice, Addressing Trauma Through Play Therapy and Treating Trauma using TF-CBT.

## **Additional Resources**

[Visit the CSC website](#)

[CSC Employment](#)

[CSC Provider Agency Employment](#)

[Search for Trainings](#)

## **Do you have information for the MMU?**

Email your MMU submission to [mmu@cscpcb.org](mailto:mmu@cscpcb.org). [Click here](#) review the MMU Submission Guidelines.

**Stay Connected!**



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