



Don't miss our screening of [Resilience: The Biology of Stress & The Science of Hope](#) on May 31st!

Join us at [Opportunity Early Childhood Education and Family Center](#) for light refreshments, breakfast, and an engaging panel discussion and Q&A session after the screening.

Learn about the effects of toxic stress and discover how we can work together to promote resilience and reverse its impact. Watch the Trailer [HERE](#).

Timeline of Event

- 8:30 - 9:00am Check-in and Light Breakfast
- 9:00 - 10:00am Movie Screening
- 10:00 - 10:30am Panel Discussion and Q&A
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Date and Time: May 31st, 2023 from 8:30am - 10:30am **Cost:** **FREE!**