



## Your Child's Mental Health vs. the Coronavirus



There is no doubt that we're living in challenging times. Never before in modern recorded history have billions of people been simultaneously shut down in their homes for the public good. In the United States, "safer at home" orders were issued across the country and schools closed, which affected approximately [50.8 million public school children](#). Working as both caretakers and home-school teachers, many parents are feeling the strain and [cases of child abuse are undoubtedly skyrocketing](#) in secret.

At [Center for Child Counseling](#), we know that raising mentally healthy children means ensuring adults have the mental health support they need, so how can we support parents and children during these

unprecedented time? Resilience plays a big part and so does the effective buffering of childhood trauma by positive adult influences.

You can learn more in our latest educational blog entitled: ["Your Child's Mental Health vs. the Coronavirus."](#)

[Read the new blog here.](#)

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## Podcasting About ACEs



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Meet our resident experts, CEO Renée Layman and Amber Payne, our Director of Community Education and Development, as they discuss issues surrounding ACEs with our board member Eddie Stephens, an equity partner at Ward Damon on Eddie's Podcast.

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## FREE Helpful Trainings for Your Family



We're working hard to provide free resources for families that provide practical advice and coping techniques. The current situation is stressful, daunting, and may be causing fear and anxiety in our children.

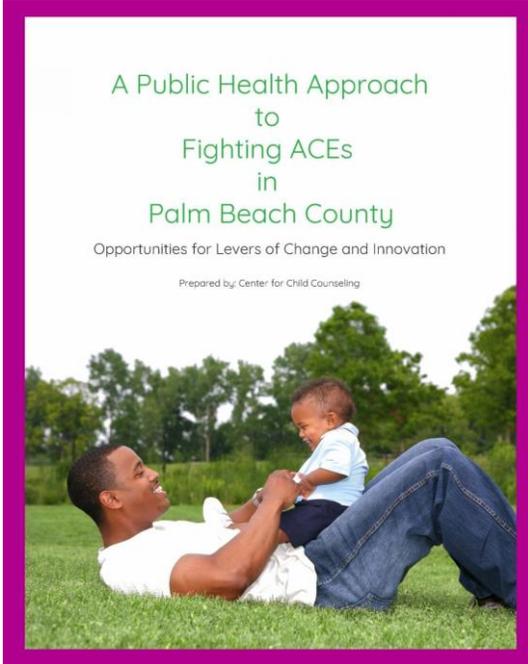
Equip yourself with proven skills so you can feel more empowered in your new role as a stay-at-home worker and teacher. You can register for one of our free online trainings like "[How to Help My Child Listen](#)" or "[Structuring Your Child's Day for Success](#)" and take the course at your convenience. We also offer hints and tips to help your child [manage their Coronavirus fears](#).

For those who want to learn even more, we offer [professional trainings](#), too.

[\*\*Institute for Clinical Training.\*\*](#)

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## Local Insight for Community ACEs Impact



There is nothing quite as valuable as local knowledge. The insight gained by studying the specific community needs of Palm Beach County in the area of ACEs is priceless.

In 2019, we released a unique white paper entitled: *"Fighting ACEs in Palm Beach County: Opportunities for Levers of Change and Innovation."* which was developed through a grant from [Quantum Foundation](#).

This vital information has, until now, only been available as a limited release to stakeholders but is now available to all. If your work connects in any way with children, young people, and social services in South Florida, this is essential reading.

You can purchase your 84-page spiral-bound copy online today for \$25 plus shipping & handling.

[Purchase Here](#)

## Want to get involved?

Learn more about [Fighting ACEs](#) in Palm Beach County.

Use [#FightingACEs](#) to join the conversation.

[Contact us](#) to learn more about workshops.

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