



Crushing Stigma, Saving Lives, Maximizing Healing

Dear friend of BrainStorm,

We hope this finds you well in the New Year. Here's news from Project BrainStorm:

BrainStorm the Film

We continue to work with our editor, Rachel Clark, to shape the rough cut, ready in February. We're also interviewing animators for the science animations and will begin original music composition with award-winning composer Ruth Mendelson next month!

We send big congratulations to Parker Sevick, one of the characters in our film who lives with bipolar, for receiving the Youth Advocate of the Year award from Mental Health America, South Carolina! Fantastic Parker!



BrainStorm editor Rachel Clark



BrainStorm film character Parker Sevick

Many of you have asked when the film will be completed. We are planning on having a final cut in June with broadcast and festival showings soon after. American Public Television screened our 16-minute preview and is eager to

see the rough cut when it's ready. Signs are positive for a PBS broadcast in late 2025/early 2026!

The BrainTalk Podcast — Call in to the show!

Dr. Jim Phelps and Sara had the privilege of hosting 20 brilliant bipolar experts on season 1 of our [BrainTalk Podcast](#), all of whom appear in the film. Several of these episodes are up on our [podcast page](#) and [YouTube channel](#):

- Dr. Crystal Clark: Where Hormones Meet Mood: Bipolar in Postpartum and Menopause
- Major General Gregg Martin: The Bipolar General
- Dr. Holly Swartz: Circadian Rhythms, Sleep and Bipolar
- Elizabeth Errico: Children's Mental Health and Bipolar

BRAINTALK SEASON 1:

The Bipolar General

with Major General Gregg Martin



Circadian Rhythms, Sleep and Bipolar

with Dr. Holly Swartz



Children's Mental Health and Bipolar

with Elizabeth Errico



Where Hormones Meet Mood: Bipolar in Postpartum and Menopause

with Dr. Crystal Clark



More to come!

BrainTalk invites you to call in to the show to ask our experts your questions directly. You can do that beginning next Thursday, Jan 28th, with

Paul English, entrepreneur and founder of Kayak.com, and Dr. Clare Dolman, PhD expert in postpartum and perimenopause. Both Paul and Clare live with bipolar and welcome your questions. **Please [sign up here](#) to join the show**, which is recorded live and edited before posting. Note you have the option to join anonymously. Our competent and kind producers will walk you through all the tech details.

Thank you for continuing to support our efforts to end stigma, save lives, and create healing for people living with bipolar and those who love them.

With Gratitude,
Bonnie and Sara



Learn more at brainstormthefilm.com

BrainStorm the Film

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