

Stay #HealthySafeStrong



Monday Morning Update January 19, 2021

Please note: Children's Services Council's offices were Monday, Jan. 18, in honor of Martin Luther King, Jr. Instead, we've released the Monday Morning Update today, Tuesday, Jan. 19.

[COVID-19 Resources](#)

Council Update: Group prenatal care effective for mothers, babies

CenteringPregnancy®, an evidence-based group prenatal care program brought to Palm Beach County by Children's Services Council, recently was recognized by the Prenatal-to-3 Policy Impact Center at The University of Texas at Austin. The CenteringPregnancy® model has been found to improve birth outcomes, support healthy parent-child interactions, and increase prenatal behaviors that lead to positive life outcomes for children. [Click here](#) to read more.

Benefits Outreach Program with Palm Beach County Food Bank

The Benefits Outreach Program assists individuals and families with applying for federal food assistance benefits (SNAP). Palm Beach County Food Bank is one of only seven organizations in Florida that provide the DCF required federal food relief interview. This interview will be conducted during your meeting with one of our Benefits Specialists, who speak English, Spanish and Creole. [Click here](#) to learn more and to view the Benefits Outreach Calendar for December.

Testing sites, meals sites, health tips and more COVID-19 updates and resources

Children's Services Council has compiled an ongoing list of local resources that Palm Beach County families may find helpful in these uncertain times. [Click here](#) for links to federal, state and local resources and as well as educational resources for your family.

News

School Bus Drug Prevention Media Contest: Scholarships and Community Service Hours for Creative Kids

Calling all creators! Palm Beach County Behavioral Health Coalition is proud once again to sponsor the 11th Annual School Bus Drug Prevention Media Contest. A few new things have been added to spice up this year's competition. The contest has expanded to include vaping prevention, along with underage drinking prevention to target the top two drugs used by our youth. Students can compete to win up to \$3,300 in cash prizes and scholarships. Also, new this year every entry receives 2-5 community service hours. **Submissions are due by Jan. 31.** [Click here](#) to learn more.

Children's Services Council Funding Opportunity

The Children's Services Council of Palm Beach County has released a Request for Proposals (RFP) seeking to support our existing Healthy Beginnings (HB) System of Care that serves parents/caregivers of children birth to five and families expecting a child. Community-Driven Innovation (CDI) Services is a funding opportunity that gives communities the chance to determine for themselves what services or supports they need. We are looking to the community to tell us what these innovative options could, and should, be. The Service proposed must support parents or caregivers raising young children birth to five (0-5) and/or expecting a child and must serve Palm Beach County residents. Find more detailed information on the Scope of the Award; Eligibility Requirements; etc., on our website. A virtual Information Session will be held on February 1, 2021 at 9:00 a.m. **Deadline for submission is March 8, 2021, by 2:00 p.m.** [Click here](#) to learn more.

William A. Cruickshank Scholarship

In March, the Palm Beach League of Cities' Scholarship Committee will award deserving high school seniors and municipal employees. Students planning a course of study in public service and employees continuing their educations in their fields are eligible. The Cruickshank Scholarship program provides scholarships of up to \$1,000* for expenses associated with academic endeavors to qualified high school seniors and expense stipends for municipal employees pursuing continuing education in these fields. We've also added a new category for non-high school, non-municipal employee, persons in school or training for governmental positions. **The application deadline is Friday, Feb. 19.** [Click here](#) to learn more.

2021 Spring Non-Credit/HEO Course Schedule with Palm Beach State College

Palm Beach State College's Institute of Excellence in Early Care & Education 2021 Spring Non-Credit/HEO Course is now available and open for registration. [Click here](#) to learn more and to register.

School Bus Safety and Legislative Change as of Jan. 1, 2021

Florida school buses carry precious cargo – our children. Motorists should always be alert and drive with caution around school buses and in school zones where children may be present like schools, bus stops, school buses and school parking lots. As of **January 1, 2021**, Florida Highway Safety and Motor Vehicles announced penalties for failure to stop for a school bus double. The penalty for failure to

Palm Health Foundation Nursing and Mental/Behavioral Health Scholarship Applications

Known as experts in scholarship administration, the George Snow Scholarship Fund through the Palm Health Foundation has developed a reputation for creating innovative programs which address the educational needs of those in our community. Graduate and undergraduate scholarships are available! Application deadline is **Feb. 1** at 5 p.m. [Click here](#) to apply.

stop for a school bus goes from a minimum \$100 to \$200 and if a second offense is committed in 5 years, the person's license will be suspended for up to 1 year. [Click here](#) to learn more and for school bus safety tips.



NEW VIDEOS TO SHARE: Tech and Kids

From monitoring screen time, to teens on social media, watch our new videos on tech, smartphones and how to track your child's online activity on our YouTube page - [YouTube.com/cscpbcc](https://www.youtube.com/cscpbcc). Please share these new videos with your community partners and networks, as well as share on your social media channels! We will continue to add new video content for sharing weekly.



[Watch on YouTube](#)

Events

Great American Cleanup 2021 Saturday, April 17

The Solid Waste Authority is now accepting registrations for the Great American Cleanup 2021. You can have the option to do it on an alternative date if the date is in April or first Saturday in May only. Please indicate the alternative date on the registration form. Return your Site Registration Form by email by Friday, February 14, 2021, so that

An Act of Good Faith Tuesday, Jan. 19 2 p.m. Virtual Event

Florida's leaders in the foster care and adoptive arenas will share information on several major announcements that are reshaping the child welfare system and moving vulnerable children and families out of crisis. Through an array of innovative and targeted tools, faith and

Heroes 5K Run/Walk with Children's Home Society of Florida

Saturday, April 24, 2021
Okeeheelee Park
7715 Forest Hill Blvd.,
West Palm Beach
7:30 a.m.

Bring the whole family out for a beautiful day at Okeeheelee Park to include a timed run and kids fun run! Not only will you be helping us invest in the future of children

there is time to order your supplies and t-shirts. [Click here](#) for more information and to register.

community organizations will have the resources necessary to meaningfully engage in carrying out their missions of helping those in need. [Click here](#) to learn more.

in your community, you'll be joining us in honoring our everyday heroes, Palm Beach County firefighters and police. Virtual option also available so you can run anywhere anytime! [Click here](#) to learn more and to register.

2021 Virtual Community Conversations: Your Voice, Your Needs

Feb. 3, 9, 18 and 23
5:30 - 7:30 p.m.
Virtual

Birth to 22: United for Brighter Futures invites you to virtually join four upcoming Community Conversations in February. These conversations will address what's working, what's not working, and what's needed in our communities. Featured breakout groups include access to health and wellness, achieving success in higher education, social emotional learning, ensuring safety and justice, economic access and more. Youth, young adults, parents, guardians, community based agencies, local business, and more are invited. [Click here](#) to register and learn more.

Heart and Sole of PBC Virtual 5K with United Way of Palm Beach County

Jan. 24 - 30, 2021
Virtual Event

Run your heart out for Palm Beach County with United Way of Palm Beach County's Heart and Sole Virtual 5K! Register today and make strides in helping our community as PBC needs your heart and soles more than ever before. Whether on your favorite trail or on your favorite treadmill, the steps you make will create hope for our neighbors in need! [Click here](#) to learn more and to register.

Community Access Program with the Norton Museum of Art

The Norton Museum of Art is committed to making a visit to the museum welcoming, accessible, and enjoyable to all residents of the community. The regular price of admission should not be a deterrent for those who cannot afford to pay or are otherwise disadvantaged, and so the Community Access Program was formed. Working directly with Palm Beach County non-profits, civic organizations, and agencies, the Norton provides passes for free admission that may be distributed by these organizations to their clients and the populations they serve. [Click here](#) to learn more and to participate.

Trainings

The Growing Brain: Birth to 5 Years training with FAIMH

Monday, Jan. 25
1 - 4 p.m.
Virtual

The Florida Association for Infant Mental Health (FAIMH) is offering This innovative competency-based training gives professionals a comprehensive understanding of how the brain develops, along with evidence informed strategies with which to prepare early childhood

Upcoming Classes for Pregnant and New Parents with Health Mothers, Healthy Babies

Online

Healthy Mothers, Healthy Babies is to support you through pregnancy with educational classes and groups. Register today for upcoming support groups and educational classes for pregnant and new parents like Small Steps, Great Parents classes and Circle of Moms. All are at no cost, but

TEACUP Premie Program Virtual Support Groups

Mondays, 11:30 a.m.
Thursdays, 6 p.m.
Virtual

The TEACUP Premie Program of The Children's Healing Institute announces a new schedule of twice-weekly virtual support groups for 2021! Moms and dads of premature infants can join other premie parents who understand what they're going through — because they're going through it too. Whether premies are in the

providers for their vital role in building healthy brains. [Click here](#) to learn more.

registration is required. [Click here](#) to learn more and to register.

NICU or at home, the TEACUP Preemie Program invites all to join in for this special time of learning, friendship, and hope. [Click here](#) to learn more and to register.

Substance Use in the Perinatal Period

Thursday, Jan. 28
9 - 10:30 a.m.
Zoom

Join Healthy Mothers, Healthy Babies of Palm Beach County for an important workshop focusing on how substances affect perinatal women and their babies! In this workshop, participants will learn how substances affect pregnant and postpartum women, their developing fetuses, and newborns. Participants will also learn about different Medication Assisted Treatment options for this population, as well as strategies to help perinatal women who are or may be misusing substances. [Click here](#) to learn more and to register.

How to Structure your Child's Day for Success

Online

This online workshop is designed for parents/caregivers to help them with setting routines. This training is offered in English, Spanish and Creole. [Click here](#) to register and learn more about the workshop.

Supporting Children During COVID-19

Online

This online workshop is designed for parents/caregivers to help them manage their children during the current pandemic. Cost is FREE. [Click here](#) to register and learn more about the workshop.

Additional Resources

[Visit the CSC website](#)
[CSC Employment](#)
[CSC Provider Agency Employment](#)
[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpb.org. [Click here](#) to review the MMU Submission Guidelines.

Stay Connected!

