

## Heart Failure & Feeling Tired



Being tired (also called fatigue) for a long period of time can be difficult. We would like your help to understand how fatigue may be related to an illness called heart failure.

You are **invited** to participate in our project that is studying fatigue (feeling tired) in Individuals with **Heart Failure**

### Benefits:

You may benefit from participating in this study by learning more about your heart health.

Please contact us if:

- You have been told you have heart failure
- You are 18 years old or older
- You are not in the hospital
- You can read and understand English easily



We are asking your help to complete five brief surveys that will take about 40 minutes to complete.

Then you will receive a \$20 gift card.

To participate, please contact

Dr. Rita Gengo at

(561) 297-2998 or [rgengoesilva2021@health.fau.edu](mailto:rgengoesilva2021@health.fau.edu)

