

Today's MMU: Students Speak Up for Kids Empowers Students to Stand Up for Kids in Foster Care

Children's Services Council of Palm Beach County <mmu+cscpb.org@ccsend.com>

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To: Updates <updates@gladesinitiative.org>

35 years #HealthySafeStrong

Helping Palm Beach County children grow up healthy, safe and strong



Monday Morning Update April 24, 2023

News

Students Speak Up for Kids Empowers Students to Stand Up for Kids in Foster Care

Students Speak Up for Kids is a division of Speak Up for Kids of Palm Beach County. Their mission is to empower local students with opportunities to serve and speak up for the children involved in Palm Beach County's dependency court system. They do this through flexible community service projects, chapters of SSUFK at local schools and fun-filled in-person events. One of their most notable projects is Music Buddies - a program that pairs kids in foster care with student music teachers who then provide them with free virtual music lessons. To learn more about how to get involved with more incredible projects like this one, [click here](#).

Palm Beach County is Eleven Doulas Stronger

In the Fall of 2021, Healthy Mothers, Healthy Babies (HMHB) Coalition of Palm Beach County launched a project focused on reducing maternal morbidity and mortality for Black women. Stronger Together: Doula Support for Black American Women is designed to improve maternal health in Palm Beach County by providing doula certification to a cohort of Black American women. Last week, HMHB celebrated eleven outstanding women who are now certified doulas and are trained to support women through their pregnancy, birth and postpartum experiences. Read more about HMHB [here](#).

Exceptional Student Education (ESE) Parent Survey Window Now Open

Each year, the Florida Department of Education surveys parents of children with an individual educational plan (IEP) to determine how well districts and schools are partnering with parents and promoting parent involvement in their child's education. All states must collect these data for reporting on their State Performance Plan, as required under the Individuals with Disabilities Education Act (IDEA). Additionally, survey results will be used to help schools and districts improve services and results for children with disabilities. The survey is open to all parents of children with an IEP receiving ESE services from preschool age through grade 12. While demographic information must be collected in compliance with

federal requirements, individual responses are confidential. Call **850-245-0475** with questions. [Click here](#) to take the survey.

Teen Intern Coalition Summer 2023 Seeks Student Interns

The Palm Beach County Behavioral Health Coalition's Teen Intern Coalition Summer '23, (TICS'23), seeks Palm Beach County students interested in education, recreation, public health and/or psychology to intern this summer to develop leadership skills, practice public speaking, gain community engagement experience and increase knowledge of substance use prevention while earning community service hours. Applications will be accepted during the month of April for students rising to 8th through 11th grades. The deadline to apply is May 1. To read application criteria and to apply, [click here](#). For questions, call **561-628-3951** or email SusanFoley@pbcbhc.org.

Children's Services Council of Palm Beach County Job Opportunity

Children's Services Council (CSC) seeks an evaluation officer to conduct systematic inquiry to understand how funding from CSC is used to improve child outcomes and reduce racial disparities. Using a broad range of quantitative and qualitative methods, the evaluation officer performs complex statistical analyses, synthesizes data and shares findings with funded programs, system leaders and community residents. To read more and apply, submit a cover letter and resume [here](#) by 5:00 p.m. April 30.



3 Quick Parenting Strategies to Encourage Good Behavior

Parenting is a lot of work and when your child is misbehaving, that just adds to your stress. Therapists from Triple P (The Positive Parenting Program) are here to offer some quick, common-sense advice that could help.

[Click this Button to Learn More](#)

Events

Legal Aid Society Community ID Event

Tuesday, April 25
5:00 p.m. - 7:00 p.m.
Belle Glade Public Library
725 NW 4th St.
Belle Glade

The Community ID of the Palm Beaches is for any resident who may have limited access to government issued forms of identification and for those who support a diverse and inclusive community. For more information, including what to bring with you, contact Legal Aid Society of Palm Beach County, Inc. at **561-822-**

Boys SNAP® Group

Wednesdays, April 26 - June 28
Center for Child Counseling
8895 N. Military Trail, Suite 300c
Palm Beach Gardens

The Stop Now And Plan (SNAP®) Program offers support for children ages 6-11 and their families by providing strategies to address acting out behaviors and increasing prosocial skills that help children stay out of trouble by making better choices. SNAP® is a 13-week program during which children and their families participate in engaging activities such as group discussions, role-

Youth Summit of Palm Beach County

Saturday, April 29
9:00 a.m. - 4:00 p.m.
Palm Beach Central High School
8499 W. Forest Hill Blvd.
Wellington

Middle and high school students are invited to join this free day of fun, food, music and entertainment, a dance competition, prizes and education. Community service hours are available! Text **YOUTH SUMMIT** to **888-687-0035** for more information, [click here](#) to register and [click here](#) to view a flyer.

9740 or [click here](#).

playing, interactive games and self-reflection to address topics including dealing with anger, learning how to cope and practice self-control, and engaging in problem solving. Please make sure you and your child are able to commit to the 13-week group sessions so that you both can get the best out of the program. [Click here](#) to complete the Interest Form. Email info@centerforchildcounseling.org with questions.

West Tech Career Expo

Tuesday, May 2
5:00 p.m. - 7:30 p.m.
West Technical Education Center
2625 NW 16 Street
Belle Glade

West Tech students and the community of Belle Glade, South Bay and Pahokee are invited to this event to meet subcontractors and explore job opportunities in electrical, HVAC, welding, plumbing and carpentry. [Click here](#) to view a flyer for the event with information to register.

City of Pahokee Cinco de Mayo Celebration

Saturday, May 6
1:00 p.m. - 5:00 p.m.
City of Pahokee Campground & Marina
190 North Lake Avenue
Pahokee

Come celebrate at this free event with food, music and games. For more information call **561.924.5534** and [click here](#) to view a flyer for the event.

The Village of Wellington Hurricane Expo '23

Saturday, May 6
9:00 a.m. - 1:00 p.m.
Wellington Community Center
Wellington

Grab a disaster supply kit and hear presentations by Florida Power and Light, National Weather Service, Wellington Flood Control, and homeowner's insurance updates from Allstate Insurance. The Storm Panel includes Home and Business Preparedness Planning by the American Red Cross, Learn How to Stay Informed by the Village of Wellington, Shelters and Special Needs Registry by Palm Beach County EOC and hear from Solid Waste Authority's COO. Admission is free. Contact Wellington Village Hall for more information at **561-791-4000** or **561-363-7905**.

Healthy Mothers, Healthy Babies Tenth Annual Moments Luncheon

Thursday, May 11
11:30 a.m. - 2:00 p.m.
BallenIsles Country Club
100 BallenIsles Circle
Palm Beach Gardens

For a decade, Moments has honored all of the women in our lives – the mothers, daughters, aunts, sisters and friends who tirelessly ensure we all have moments of joy to share. Please join Healthy Mothers, Healthy Babies for this special anniversary year celebration that will feature a Q&A session with Tonya Lewis Lee, producer, film director, writer, entrepreneur and women's health advocate and facilitated by Hollani Davis of WPTV. For more

Afterschool Symposium 2023: Shift to Now

Friday, May 12
8:00 a.m. - 1:00 p.m.
West Palm Beach Marriott
1001 Okeechobee Blvd.
West Palm Beach

Prime Time Palm Beach County is excited to offer this annual event with the purpose of embracing the present to offer youth meaningful out-of-school time experiences. Attendees will be inspired with innovative strategies and activities that complement ways in which out-of-school time programs, practitioners and the field can "SHIFT" (Stop, Hold space, Imagine, Feel the change and Take action). Pre-register [here](#) to get placed in a drawing to win a \$50 gift card. The winner will be

Breastfeeding Coalition of Palm Beach County

Tuesday, May 16
9:30 a.m. - 11:00 a.m.
Summit Library
3650 Summit Blvd.
West Palm Beach

Join the Coalition's monthly meeting to enrich your knowledge, learn about resources in the community and refuel your passion and commitment to breastfeeding! Join IBCLCs, breastfeeding advocates and other professionals from across the county. [Click here](#) to learn more.

information, including ticketing, [click here](#).

announced at the Advancing Afterschool Awards Luncheon on May 12 and must be present to win.

Get Your Green On Fashion Art Ball 2.0

Thursday, May 18
5:00 p.m. - 9:00 p.m.
Arts Warehouse
313 NE 3rd
Delray Beach

Don your super-hero attire at this featured event for the county-wide Get Your Green On (GYGO) mental health campaign, which aims to raise awareness by creating visible support and fostering safe spaces to talk openly about mental health and trauma. The Ball will combine fashion and the arts while shining light on mental health during Mental Health Awareness Month. The evening includes a fashion show, music, performances and mental health inspired artwork. To view a flyer for the event, [click here](#) and to reserve your spot, [click here](#).

Hey Sistas Launch Party

Saturday, May 20
6:00 p.m.- 9:00 p.m.
Olentv Selfie Museum
205 N Federal Hwy
Lake Worth

“Hey Sistas” is a women’s support group through Rhonda's Promise Inc. for women of color to focus on health, wellness and mental health awareness. The group will participate in fitness activities, as well as hear from expert guest speakers on health-related topics. Through the support of this program, women will work together to develop their leadership skills and find their voice to positively advocate for issues related to women’s physical and mental health. [Click here](#) to register.

Responding to Girls' Mental Health for Parents

Tuesday, May 23
6:00 p.m.
Virtual

The Girls Voice Task Force, (GVTF), is a subcommittee of the Girls Coordinating Council of Palm Beach County; a community collaborative aimed at strengthening the system of care for girls ages 12-19. [Click here](#) to register and contact WJones@pbcgov.org for event information.

Recurring Events:

Art Therapy Classes for Middle-School Students

Tuesdays: 7-week sessions
6:00 p.m. - 8:00 p.m.
Lighthouse Art Center
Tequesta

Group art therapy classes support mental health, peer relationships and overall well-being. The purpose of this program is to increase feelings of community and connectedness, build resilience and coping skills and decrease feelings associated with anxiety, depression, loneliness and/or stress. For each group cohort, a Center for Child Counseling therapist will partner with a Lighthouse ArtCenter art instructor to provide weekly therapeutic art activities from painting to pottery! The first session's topic is anxiety. [Click here](#) for the ArtClub schedule with a list of topics and registration form.

Black Under-Representation Initiative Task Force Meetings

Every last Wednesday of the month
10:00 a.m.
Virtual

Florida Atlantic University's Center for Autism and Related Disabilities invites you to join the Black Under-Representation Initiative meetings to discuss research that indicates black children are being misidentified, delay identified and under-identified with Autism Spectrum Disorder. Without proper identification, children will not receive access to evidence-based interventions to progress academically and socially, and parents and families will not receive the support and training needed to help their children. RSVP by calling **561-212-4930** or email cmckinney@fau.edu.

Unicorn Children's Foundation Family Fun Nights

Every last Wednesday of the month
5:30 p.m. - 7:30 p.m.
99 SE Mizner Blvd., Ste. 120
Boca Raton

The Unicorn Children's Foundation is dedicated to creating cradle to career pathways for kids and young adults with developmental differences and helping their families navigate the complex journey. This free event is open to people of all ages and abilities and includes karaoke, dancing, light bites and refreshments, crafts, board games, cups of kindness served by Percs Café baristas and tours available upon request. [Click here](#) to register.

Girls Voice Task Force Virtual Space Meetings

Every second Thursday of the month

6:00 p.m.

Virtual

The GVTF virtual space serves as a place for girls to connect with one another, learn valuable skills and grow together. [Click here](#) to complete the application to receive the meeting link. Join GVTF on Remind by texting @girlspbc to **81010**.

Trainings

Healthy Mothers, Healthy Babies Coalition of Palm Beach County: May Educational Calendar

April events include educational classes for pregnant women, new parents and their support partners, maternal wellness support group meetings, childbirth classes, pregnancy and infant loss and couples support groups and prenatal yoga. Many classes are offered in both English and Spanish with a virtual option. A calendar with details can be found [here](#).

AT, AAC and ASD: Engagement and Communication in the Classroom

Tuesday, April 25

5:00 p.m. - 7:00 p.m.

Assistive technology (AT), including Augmentative and Alternative Communication (AAC), can not only enhance the lives and capabilities of students with ASD but also provide educators and related service providers with a valuable tool to allow students with ASD increased educational opportunities. While focusing on students with ASD, this training will provide participants with an overview of AT and AAC, guidance on how to effectively secure AT for students, meeting the needs of students with ASD with AT, and tips and tricks for implementing AT and AAC in the classroom. [Click here](#) to register.

Mental Health First Aid

Tuesday, May 2

1:00 p.m. - 3:00 p.m.

Alpert JFS Office
5841 Corporate Way
West Palm Beach

Learn how to recognize and help an individual who may be experiencing a mental health or substance use crisis. This training, presented by the Melvin J. & Claire Levine LifePlanning

Turn on the Light Conference on the Wellbeing of Children and Families

Thursday, April 27

8:00 a.m. - 4:15 p.m.

Palm Beach County Convention Center
650 Okeechobee Blvd.
West Palm Beach

The full day symposium offers an array of educational workshops, resource booths and a keynote luncheon. This year's speaker is Dena "Rainey" Nave, Executive Director of Healing Place, International Vice-President of Bikers Against Trafficking, Addiction and Clinical Trauma Therapist, and biker who survived a lifetime of being trafficked. [Visit here](#) to register, become a sponsor or secure your exhibitor table. Group discounts available.

Center for Child Counseling In-Person Play Therapy Series

Friday, May 5

9:00 a.m. - 4:00 p.m.

Opportunity Early Childhood Education and Family Center
4171 Westgate Ave.
West Palm Beach

Join Play Therapy experts to learn the language of the child through this new Play Therapy Series. The next workshop focuses

Caregiver 911: Fearless Caregiver Conference

Thursday, April 27

10:00 a.m. - 2:00 p.m.

Carolyn Sims Center
225 NW 12th Ave.
Boynton Beach

This conference, hosted by Gary Barg, Editor-in-Chief of *Today's Caregiver* magazine, will teach how to balance work, family and caring, motivate family members to help, communication strategies and securing the future of your adult child. Lunch is included. [Click here](#) to register and [here](#) to view a flyer for the event.

Storytelling for Nonprofits

Wednesday, May 10

10:00 a.m. - 11:30 a.m.

Children's Services Council
2300 High Ridge Road
Boynton Beach

Nonprofits First invites you to join James Coleman and Tom Elia with The Palm Beach Post to learn what they look for in choosing stories to cover. They'll share insider secrets on

Program and sponsored by Jewish Family Service, National Council for Mental Wellbeing and Palm Beach County Mental Health First Aid Coalition covers topics such as recognizing changes, signs and symptoms in behavior, learning how to safely and appropriately approach someone in need, recognize triggers to crises, highlights the importance of self-care and much more. Register [here](#).

on utilizing sand tray in play therapy, a powerful method in treating children and adults. This workshop will explore the fundamental theory, skills, tools and methods of sand tray play therapy through hands-on experiences that allow participants to explore the various elements of the sand tray process. Participants will be able to develop and practice basic skills for incorporating sand tray play therapy into their practice. To learn more about the event and to register, [click here](#). Includes 4 live contact APT CE hours. Upcoming workshops include Continuing the Practice, Addressing Trauma Through Play Therapy and Treating Trauma using TF-CBT.

how to reach out to editors and reporters that will get their attention, how to submit an idea and what happens to your pitch once you do, what to include in your submission, especially regarding photos and other media and a clearer sense of why editors choose some stories over. [Click here](#) to register for this free event.

Additional Resources

[Visit the CSC website](#)
[CSC Employment](#)
[CSC Provider Agency Employment](#)
[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpb.org. [Click here](#) review the MMU Submission Guidelines.

Stay Connected!



Children's Services Council of Palm Beach County | 2300 High Ridge Road, Boynton Beach, FL 33426

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