



“E”



# E-MOTION ZUMBA

Zumba Fitness is a fun and energetic atmosphere with a blend of Latin and international music and easy-to-follow dance steps. The class will likely begin with a warm-up, then move through a series of dance routines that gradually build in intensity, followed by a cool-down. Zumba Fitness class is offend called exercise class in disguise.

**Time: 6pm**

**Date: June 25<sup>th</sup>**

**Contact to Sign Up: (561) 932 - 7569**

**Location: Tanner Park 105 E. Palm Beach Rd South Bay FL**

Thank you to our sponsors and collaborators!

