

Be Heart Smart:

Blood Pressure Monitoring & CPR Essentials

Thu, Apr 03

11:00 am - 12:00 pm

American Heart Community Health Worker
Cheyenne Willis provides instruction on
self-monitoring blood pressure,
understanding readings and practicing
basic CPR. Preregister online.



Belle Glade Branch
725 NW 4th St
Belle Glade 33430
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