

**INTER-AGENCY NETWORK OF PALM  
BEACH COUNTY**

**"Together...making a world of dif-  
ference!"**



***All Are Welcome!***

Thank you for your participation in one of Palm Beach  
County's oldest "community-wide" networking groups!

**Next Meeting:**  
**Tuesday, April 5th, 2022**

(First Tuesday of each month Sept-  
June)

***Start time 9:00 am***

**held via ZOOM until further notice.**  
scroll down for Zoom login info & to place on calendar

(Meeting time: 1.5 hour- participants can leave as needed)

## **Info From March Meeting**

**March 1st IAN Meeting Chat**  
**Guest Speaker Amanda's PowerPoint**

**Amanda Kulics**  
Outreach Manager

**Clinics Can Help**  
2560 Westgate Avenue  
West Palm Beach, FL 33409  
561.640.2995 x106 (office)  
561.640.1881 (fax)  
Amanda@clinicscanhelp.org



[www.Clinicscanhelp.org](http://www.Clinicscanhelp.org)



## Other Events & Resources

### FREE TAX PREPARATION

if you earned \$68,000 or less in 2021.

**TAXES  
FILED  
FREE**  
TaxesFiledFree.org



**FILED FOR YOU OR YOURSELF**  
Virtual or socially distanced assistance

To make an appointment,  
visit [TaxesFiledFree.org](http://TaxesFiledFree.org) or call 2-1-1.

Share this with friends, family, coworkers, and people  
you serve.

[\*\*More Info On VITA Click Here\*\*](#)



Family Weekend Backpack Meals of Hope  
Friday's @ 2:00pm until....

Okeechobee Center  
@ BeWell Gathering Place  
19 Everglades, St. Belle Glade, FL  
561.518.7997

DRIVE-THRU

**FREE  
FOOD  
DISTRIBUTION**



WE WANT TO HEAR FROM YOU ABOUT YOUR  
BEHAVIORAL AND MENTAL HEALTH  
EXPERIENCES! PLEASE JOIN US FOR ONE OF  
OUR

# Southeast Florida Behavioral Health Assessment Virtual Focus Groups

Receive a \$25 Gift Card! 



There are multiple focus group options. To register for one, click the link or scan the QR code for the session that works best for you below!

**MARCH 10, 2022 | 12-1:30 PM**

**REGISTER HERE: [HTTPS://TINYURL.COM/BDZCCBM4](https://tinyurl.com/bdzccbm4)**



**MARCH 14, 2022 | 12-1:30 PM**

**REGISTER HERE: [HTTPS://TINYURL.COM/YCKSAT3F](https://tinyurl.com/ycksat3f)**



**MARCH 17, 2022 | 5-6:30 PM**

**REGISTER HERE: [HTTPS://TINYURL.COM/MRYNVR63](https://tinyurl.com/mrynv63)**



**MARCH 22, 2022 | 1-2:30 PM**

**REGISTER HERE: [HTTPS://TINYURL.COM/2P89TC8S](https://tinyurl.com/2p89tc8s)**



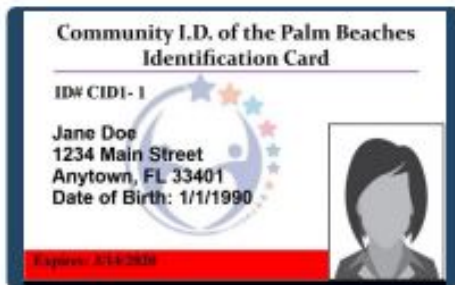
For questions or registration assistance, please email us at [Planning@hcsef.org](mailto:Planning@hcsef.org).



Mandel Public Library of West Palm Beach

## COMMUNITY ID OF THE PALM BEACHES

### Get your Community ID card!



#### Useful for:

- law enforcement
- health centers
- schools
- and more!

#### 10:00 AM – 4:00 PM :

- February 3 and 17
- March 3 and 17

#### What to bring:

- proof of ID (passport, etc.)
- proof of residency (bill, etc.)
- \$20 fee

**Call to make an appointment: 561-655-8944, ext. 146**



411 Clematis Street  
West Palm Beach, FL 33401  
561-868-7701

[wpbcitylibrary.org](http://wpbcitylibrary.org)  
City of West Palm Beach TTY: 800-955-8771



13<sup>th</sup>

AllPeoplesDay.org



Food & Admission  
**FREE**

Presented by

ALL PEOPLE'S DAY, INC  
DELRAY - PARKS & REC  
LAKE WORTH INTERFAITH NETWORK

**SAT. MARCH 19, 2022**

POMPEY PARK, 1101 NW 2<sup>nd</sup> St at NW 10<sup>th</sup> Ave, Delray Beach

DISCOVERING OUR CONNECTIONS

All People's Day® Diversity Festival  
Saturday, March 19, 2022



11am-3pm  
15 Performances  
50 Booth

9:30am-11am  
Kids workshops  
Sign-up at  
561-495-9818

Indoors at  
**POMPEY PARK**  
1101 NW 2<sup>nd</sup> St at NW 10<sup>th</sup> Ave  
Delray Beach, FL  
[www.AllPeoplesDay.org](http://www.AllPeoplesDay.org)

**Sponsors:**

- Lake Worth Interfaith Network
- Esterman Eye Institute
- Haitian American Cultural Day
- Ben Greenberg Elder Law
- Ocean Breeze Prosthodontics
- HealThePlanet.com
- Humana
- A & H Automotive
- Wise Tribe

**FREE**  
food  
admission  
entertainment

**Food partners:**

- Agliolio Italian
- Bud's Chicken & Seafood
- Chef Dana Paella
- Goldstein's Haitian Cafe
- Warike Peruvian Bistro

**Special thanks:**

- Delray Beach Parks & Recreation
- Morikami Museum
- Sunflower Creative Arts
- Rich Pollack Communications
- Ziree Thai & Sushi

Susan Berkowitz-Schwartz,  
 Founder / President of All People's Day  
[apd22@bellsouth.net](mailto:apd22@bellsouth.net)  
 (561) 495-9818  
[www.allpeoplesday.org](http://www.allpeoplesday.org)



## WHAT IS PEACE?

Founded in 1991, PEACE is a non-profit organization made up of 22 congregations working to make Palm Beach County a more just community. We strive to live out Micah 6:8.

Following the example of Nehemiah (chapter 5), we host our annual **Nehemiah Action Assembly** where we call together a great number of people to do justice. During the event, we present our research and proven solutions, and ask our public officials to take necessary steps to address these serious community problems.

### THIS YEAR, WE ARE ADDRESSING:



#### AFFORDABLE HOUSING:

104,000 families in Palm Beach County are paying more than 30% of their income towards rent. They are one paycheck away from homelessness. We need more rental units for families making below \$48,000 (60% of AMI).



#### COMMUNITY IDS:

There are an estimated 60,000 people in our county that lack proper identification. Last year, we won County funding for the continuation of the Community ID Program. This year, we are asking Sheriff Bradshaw to adopt a policy recognizing Community IDs.



#### POLICE-COMMUNITY RELATIONS:

Last year, 135 children were arrested for fighting with their siblings. These children and families need support services, not handcuffs and criminal records. We are asking that children accused of these misdemeanor offenses enter the Civil Citation Program and get the help they need.

### On March 28th, we'll bring together 1,800 people to do justice!

- **WHEN** - Monday, March 28th
- **TIME** - Doors open at 6pm; Agenda begins at 7pm
- **WHERE** - Palm Beach County Convention Center (650 Okeechobee Blvd, West Palm Beach, 33401)
- **SAFETY PROTOCOL** - Masks are required. Temperatures will be checked at the door. Social distancing will be observed, except for those in the same household.

A live stream will be available for those who cannot attend in-person for health reasons. Please register here: <https://forms.gle/tzXaMAj7ChAhWjuz9>

Questions? Please contact PEACE staff at 207-956-1325 or [paige@peacepbc.org](mailto:paige@peacepbc.org)



# Zoom Log-in



Topic: IAN- Interagency Network of PBC

## Join Zoom Meeting

<https://us02web.zoom.us/j/85363156852?pwd=SHlHMVpXTz-ZobEVZdlFjRTFYNnluZz09>

Meeting ID: **853 6315 6852**

Passcode: **951670**

Every month on the First Tue, 10 occurrence(s)

Jan 4, 2022 09:00 AM

Feb 1, 2022 09:00 AM

Mar 1, 2022 09:00 AM

Apr 5, 2022 09:00 AM

May 3, 2022 09:00 AM

Jun 7, 2022 09:00 AM

### Option to place on your calendar:

Please download and import the following iCalendar (.ics) files to your calendar system-

**Monthly:** [https://us02web.zoom.us/meeting/tZEuceqpqzoiH9ZBzupPp377UxTT-J3o8WjE/ics?icsToken=98tyKuGtrTopG9GTuByFRpwMA4\\_obvwmCFHgvpnvGxwExBDMVShA\\_p2Bv9VQ9eI](https://us02web.zoom.us/meeting/tZEuceqpqzoiH9ZBzupPp377UxTT-J3o8WjE/ics?icsToken=98tyKuGtrTopG9GTuByFRpwMA4_obvwmCFHgvpnvGxwExBDMVShA_p2Bv9VQ9eI)

### One tap mobile

+19292056099,,85363156852#,,,,\*951670# US  
(New York)

+13017158592,,85363156852#,,,,\*951670# US  
(Washington DC)

### Dial by your location

+1 929 205 6099 US (New York)

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

+1 669 900 6833 US (San Jose)

# Simple Ideas & Mindfulness

## Make Time For Self-Care

- Learn something new
- Laugh often- watch comedies
- Find a way to "connect" each day
- Turn off the news!
- Make sure information you find is from a reliable source
- Learn how to boost your immune system.
- Get enough quality sleep and rest
- Take the time to exercise
- Don't deprive yourself of a little comfort food- but lean towards fresh fruits & vegetables
- Simply breath! Breath work can reduce anxiety while enhancing the health of your lungs.



Get "grounded" in nature. Whether in meditation or for exercise- this may lift your mood and help you to sleep better.



*A nice cup of hot tea & a good read...can be enhanced by nature. Patio, porch or park- nature can uplift your spirits while providing a sense of grounding.*

### **Other Resources**

**[Building Resiliency- click here](#)**

Also let someone you trust know how they can best support you...

**[Vibrant Emotional Health- Safe Space](#)**-for available coping tools & strategies

*"We are in this together!"*

# **Special Thanks**

*Thank you in advance  
for your patience!*

*Hopefully this meeting  
will go smoothly...*

*With all of the techni-  
cal challenges we are  
facing- we are in this  
together too!*



[Click here to get monthly in-  
vites](#)

**See you at the next meeting!**