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***First established in 1949, Mental Health Awareness Month*** was created to increase awareness and acknowledge the importance of mental health and wellness in the lives of Americans.

Last year 211 Palm Beach and Treasure Coast responded to over 120,500 requests for help agency wide. Of these, over 46,000 people requested help with mental health and addictions.

*"The staff are amazing. I was feeling hopeless and down, suicidal... when I called. I could feel they really cared about me! They gave me tools and activities to keep my mind off of things. I am feeling much better now. I feel like I now have a future I couldn't even see before!" - Teen Student*

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## **211 Staff Gets Their Green On**



*Palm Beach County's Get Your Green On Campaign* is now in its 10th year of providing a fun and creative way of bringing people together while sharing the important message of mental health and wellness. 211 has participated since the initiative's inception.

## 211 In The News



Click on the links below to view:

- [\*Dan's Papers - Online Community\*](#)
- [\*Florida Weekly:211's Spring Event "Meet me in Casablanca"\*](#)



## Looking forward

211 Palm Beach and Treasure Coast has been that beacon of hope guiding individuals and families through life's challenges for over 50 years...

Due to the growing need for services provided, 211 embarked on a transformative journey with the launch of a Capital Campaign in 2022 aimed at constructing a new hurricane-rated facility.

[\*Read entire article...\*](#)

**Community Outreach**



## Black Family Health & Wellness Expo

Senator Mack Bernard was on hand to do the opening ceremony for the 3rd Annual Black Family Wellness Expo hosted by the West Palm Beach (FL) Chapter of The Links, Inc. Several hundred families and people of all ages enjoyed the resource tables and activities that included health screenings informative lectures, lot's of give-a-ways. 211 has participated each year.

## School Based Events

### *The 2025 Youth Summit*

This action packed event was held Saturday April 12th and was hosted at Palm Beach Lakes High and sponsored by Palm Beach County, PBSO, CSC and other organizations that serve youth. Over 550 middle and high school students attended this year. Activities included outdoor games, food, DJ music from Digital VibeZ, raffles and informative sessions. Teens enjoyed the information, teen puzzle sheets and sweet treats from the 211 table.



### *Additional Student Mental Health & Wellness events...*

211's Patrice Schroeder presented and shared information for events hosted at Inlet Grove and Palm Beach Garden High Schools.

**School District's of Student Mental Health and Wellness Conference.** Each year 211 has been excited to participate. Numerous mental health professionals, teachers and laypersons were eager to learn about resources that are available to help the District's over 189,000 students.

Students recognized 211, as 211 and 988 messaging was printed on the back of their student ID's. Many shared stories about their struggles with mental health & anxiety.

Pictured above: "James" the school police therapy dog steals the show! A testament to the power animals have to help youth cope and heal from life's stressors.

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## Jupiter Police Family Autism Day

A fun way to help children to build trust and relationships with first responders. Sensory activities were highlighted and included music therapy, Touch-A-Truck, rock climbing wall, petting zoo, airbrush tattoos, bounce houses and more! 211's Special Needs Advocate Wendy Savona shared information on 211's Special Needs Helpline.

Below: The very popular "Paint the Patrol Car" activity- if you look carefully you will see *pink pawprints* over the officer's right shoulder- courtesy of you know who!



**Hurricane Preparedness**

Scott Lavalley, 211's MYFLVET Veterans Advocate, participated at the VA's Annual Hurricane Preparedness Fair. Held on May 9th, the event hosted various community partners and detailed the steps for hurricane preparedness to include building an emergency kit, creating an evacuation plan, preparing your home and staying informed.



## Before, During and After

211's staff are available to help guide people to available preparation information, shelter openings and more. 211 wants to remind organizations who plan to provide recovery programs or services after a storm, please emailed detailed information to:

**[211Disaster@211pbt.org](mailto:211Disaster@211pbt.org)**

# 211's Caller Data- First Quarter

**211's Snapshot Reports** are based on on data collected.

These reports reflect the breakdown of the needs we are hearing from our community via calls and contacts.

***[Click links to access...](#)***

**Snapshots for:**

- **[Palm Beach County](#)**
- **[Regional](#)**
- **[211 Counts\\*](#)**

\*211 Counts reflects raw data based on calls and requests.

### ***PBC First Quarter 2025 (January-March)***

211 staff responded to over 28,000 requests for help across our five-county service region. More than 11,000 of those requests came from individuals living in Palm Beach County.

Palm Beach County residents expressed over 17,300 problems and needs last quarter. Housing was the number one need

Legal help was requested over 1,200 times, and residents made over 1,100 requests for Utility Assistance. Just over 1,000 people were looking for Health Care resources.

expressed with over 5,200 requests for help.

The second highest need was Mental Health/Substance Use Disorders with over 4,200 people requesting help. 211 staff also responded to over 230 suicide concerns from people in Palm Beach County.



People aged 18-59 made 53% of requests for help. Elders 60 plus made up 28% of requests, and those under 18 represented 3%.

## Caller's Story

### Husband concerned over his wife's falls...

Sarah, a 211 Resource Center Specialist, answered a call from Kirk, a senior living in southern Palm Beach County.

Kirk was distraught over his wife's declining health. After a recent fall left her with mobility issues, she had then fallen several more times. Kirk had called emergency services several times for help, and each time was terrifying.

Overwhelmed and afraid he couldn't care for his wife on his own, he turned to 211.

The Specialist offered calm, compassionate emotional support as Kirk shared his fears. Once he felt heard and supported,



Sarah provided referrals to AARP and several local agencies for caregiver resources. The Specialist also connected Kirk with 211's Elder Crisis Outreach program for specialized advocacy and care coordination services.

Kirk felt immediate relief knowing that he could reach out to 211 any time for help.

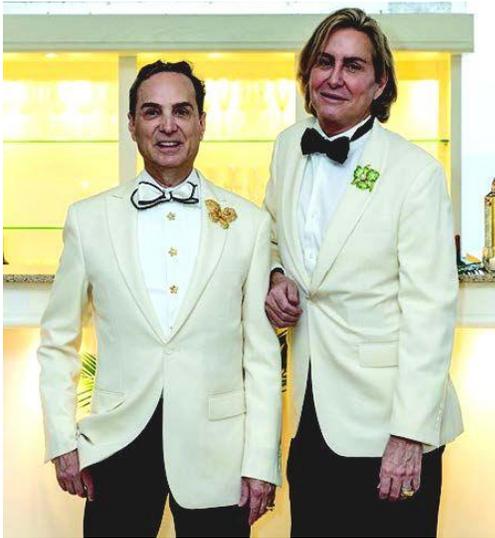
*"I didn't know what to expect when I called, but 211 really came through for me."*

Please Note: Names and identifying information have been changed to protect privacy.

To learn more about 211's Elder Crisis Outreach Program visit:

[www.211PalmBeach.org/elder-crisis](http://www.211PalmBeach.org/elder-crisis)

## Meet Me In Casablanca



Event Chairs: Guy Clark and Harrison Morgan (left photo) and Dave Aronberg, Sasha Kraver-Aronberg (right photo).

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*Everyone enjoyed an evening inspired by the timeless charm of the classic film “Casablanca.” The renowned Orfeh, Tony and Grammy-nominated singer, songwriter, and actress performed music hits from across the decades.*

Thank you to our wonderful event chairs, committees and all who helped make this event a success! Proceeds will help 211 Palm Beach and Treasure Coast to further the progress on the agencies capital campaign to expand facilities and better serve those in need...building a brighter future for the community!



*"We are so excited by the outpouring of support from the philanthropic community at this year's spring event" said Sharon L'Herrou. "Everyone had an amazing time raising funds to support an incredible cause."*

Sharon L'Herrou, President/CEO of 211 Palm Beach and Treasure Coast and husband Todd L'Herrou, CEO for Center for Family Services of Palm Beach County



## Our Major Partners

*Children's Services Council, United Way,  
The Palm Beach County Board of County Commissioners, Children's Forum,  
The Southeast Florida Behavioral Health Network, and 988 Suicide & Crisis Lifeline*

[View complete list here...](#)

***Entering our 6th decade of  
quality and caring service!***

211 proudly continues to make a positive impact on the quality of life for people of all ages...



[Donate Now](#)

We thank you for your continued support of 211's mission. Please take the time to help spread our mission by sending this newsletter out to local colleagues.



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Also visit [www.211palmbeach.org](http://www.211palmbeach.org)

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