

# Today's MMU: Early Learning Coalition Seeking Sponsors and Exhibitors for Annual Conference

Children's Services Council of Palm Beach County

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To:Updates <updates@gladesinitiative.org>

## 35 years #HealthySafeStrong

Helping Palm Beach County  
children grow up  
healthy, safe and strong



## Monday Morning Update February 26, 2024

**MMU Friends:** As you are aware, today's MMU will be the final one published. Thank you for your love and support of the MMU for the past 17 years. As we mentioned previously, the MMU's impact has slowly diminished as other communication platforms have become more popular. We encourage you to stay up to date with CSC through our various other communications channels including social media (Facebook, Instagram and YouTube), as well as our websites, CSCPBC.org and EveryParentPBC.org, and our EveryParent apps. If you have news to share and would like our assistance in spreading the word, or just want to touch base, please feel free to reach out to us directly at [communications@cscpsc.org](mailto:communications@cscpsc.org).

### **Early Learning Coalition Seeking Sponsors and Exhibitors for Annual Conference**

Early Learning Coalition is hosting its sixth Annual Early Childhood Conference, EMPOWER, on Saturday, May 4 at Keiser University Flagship Campus in West Palm Beach. This full-day event will provide early childhood educators and parents an opportunity to grow in the areas of family engagement,

### **Calling All Student Go-Getters!**

Students Speak Up for Kids, a program of Speak Up for Kids of Palm Beach County, invites you to transform lives, earn community service hours and create a legacy for foster youth in Palm Beach County. This opportunity allows individuals to create virtual projects, with no strict schedules. Coaching is provided. Those interested are invited to visit [here](#) and click on the "Get Started Now" tab.

### **The School District of Palm Beach County Seeks Parent Feedback**

The School District of Palm Beach County is asking parents to complete a questionnaire to provide important information to schools and the District, to ensure they are fulfilling their mission to educate, affirm and inspire each student in an equity-embedded school system. The themes being addressed are academic excellence and growth,

developmentally appropriate practices, inclusion and early intervention, cultural responsiveness and trauma informed care, strengthening families' protective factors, self-care and many more exciting program areas. The Coalition is currently accepting applications for both sponsorship and exhibitor booths at the event. [Click here](#) to learn more and apply. Deadline for submissions is April 8. Please contact Serena Soplop at [Serena.Soplop@elcpalmbeach.org](mailto:Serena.Soplop@elcpalmbeach.org) or 561-783-8103 with questions.

student-focused culture, mental health and wellness, parental Involvement and school climate. [Click here](#) to access flyers in multiple languages and [click here](#) to complete the questionnaire.

### **Prime Time Palm Beach County Requests Workshop Proposals for Afterschool Symposium**

Prime Time Palm Beach County, Inc. is requesting proposals for its Afterschool Symposium 2024 that will take place on Friday, May 3 at the West Palm Beach Marriott. This year's theme is Recharge and Revitalize – Amplify Your Impact in the Out-of-School Time Field. This annual event calls for afterschool professionals to join Florida's only afterschool intermediary for a morning of celebration for another year of true commitment to themselves and the youth they serve. Application deadline is Monday, March 15 at 5:00 p.m. [Click here](#) to learn more and submit a proposal.

### **Summer Internship Opportunities Available at CSC**

Children's Services Council (CSC) of Palm Beach County is recruiting positions for the 2024 Summer Internship Program, which runs from June 3 to July 26. Internships are available in the following areas: Program Management, Journalism, Finance and Human Resources. [Click here](#) to view a flyer with more details and a QR code to register. Applications are due Thursday, February 29 at 5:00 p.m.

### **Change a Life with Mentoring**

Interested in mentoring a teen mother in Palm Beach County? Healthy Mothers, Healthy Babies Coalition of Palm Beach County (HMHB) invites you to become a mentor in their Caps and Cribs Program. As a mentor, you'll meet with a mentee for one hour a week to help her stay in school and plan for her future all while raising a child. HMHB provides the training and resources to help you connect with your teen mom while building a relationship of trust and confidence that will last a lifetime. [Click here](#) to complete a mentor application and register for a training.

### **Free Tax Filing Through United Way of Palm Beach County**

Get your taxes filed free, fast, and safe! If your household income was \$75,000 or less in 2023, United Way of Palm Beach County is offering free income tax preparation services. This program is supported by IRS-certified Volunteer Income Tax Assistance (VITA) volunteers. Find a VITA site near you and learn what documents to bring by [clicking here](#) or calling 211. View a flyer [here](#).

### **Youth Services Department 2024 Summer Camp Scholarship Program Parent Applications Now Open**

The Palm Beach County Youth Services Department is accepting parent applications for summer camp scholarships until April 12. The Summer Camp Scholarship Program offers eligible children, ages 5-17, a full scholarship to day camp for the entire summer. The scholarship includes all tuition and fees for children residing in families with income at or below 185% of federal poverty guidelines. Parents may choose from participating camps in the county. Learn more [here](#) and see 'events' section below for an application outreach event. For more information, contact 561-242-5713.

## **Events**

### **Palm Beach County Food Bank: February Outreach Calendar**

Palm Beach County Food Bank is focused on fighting hunger in Palm Beach County through five programs – Partner Marketplace, Pop-Up Farmer's Market, Benefits Outreach, Childhood Hunger Initiatives (Lois' Food4Kids, Weekend Food for Kids, and School Pantries) and Groceries for Seniors. They support close to 200 partner agencies in Palm Beach County with food, programs and services. [Click here](#) to view a listing of opportunities with locations, times and language services offered. [Click here](#) learn more about the Food Bank.

### **Summer Camp Scholarship Application Outreach Event**

Saturday, April 6  
10:00 a.m. - 3:00 p.m.  
Main Library  
3650 Summit Blvd.  
West Palm Beach

Youth Services will offer extended hours to assist with parent applications on Tuesdays and Thursdays, by appointment only, until 7 pm throughout the application period in addition to the outreach event listed above. To access the program's parent application, please [click here](#).

### **Jupiter Police Family Autism Day**

Saturday, April 20  
9:00 a.m. - 1:00 p.m.  
Carlin Park West  
400 A1A

### **United Way of Palm Beach County Mentor Recruitment Event**

Thursday, February 29  
12:00 p.m. - 1:30 p.m.  
Virtual

Learn more about local youth programs in Palm Beach County! Strengthen the community, change a life and become a role model and mentor to a youth in the county. Please [click here](#) to RSVP.

### **Art & Autism Expo Gallery Opening**

Monday, April 8  
5:00 - 7:30 p.m.  
City of Boynton Beach Arts & Cultural Center  
125 E. Ocean Ave.  
Boynton Beach

Florida Atlantic University Center for Autism and Related Disabilities and the City of Boynton Beach invite you to celebrate Autism Acceptance Month. Artists may participate in the following categories: performance, fiber, traditional or modern art, sculpture, photography or music. A flyer can be viewed [here](#).

### **Making Waves for Change Youth Summit**

Saturday, April 27  
9:00 a.m. - 4:00 p.m.  
Palm Beach Lakes High School  
3505 Shiloh Dr.

### **Hats On Women's Forum: Black Women, Birthing and Bubbles Edition**

Saturday, March 23  
10:00 a.m.  
St. Matthew's Episcopal Church  
Parish Hall  
405 SW Third Street  
Delray Beach

Join Omicron Delta Zeta Chapter of Zeta Phi Beta Sorority, Inc. for their annual event. This year's theme centers Black women, maternal and mental health, with guest speaker Herlie Bertrand, a nurse, PhD student, professor, veteran, new mom, and future doula. There is a small fee to attend, and tickets may be purchased [here](#), or from any member of Omicron Delta Zeta Chapter. Proceeds from this event will be used for services, projects, programs and initiatives provided by Omicron Delta Zeta Chapter in the Delray Beach, Boynton Beach and Boca Raton communities. If you have any questions, please contact [odzpresident@gmail.com](mailto:odzpresident@gmail.com).

### **The Best Buddies Friendship Walk**

Saturday, April 20  
8:30 a.m.  
The Ballpark of the Palm Beaches  
5444 Haverhill Road  
West Palm Beach

The Best Buddies Friendship Walk is the leading event in the country supporting inclusion for people with intellectual and developmental disabilities (IDD). Join 50,000 participants at 70+ Walks across the globe to support the Best Buddies programs in schools, workplaces and communities. You'll be making the world more welcoming to people with IDD — one friendship, one job, and one life-changing connection at a time. [Click here](#) to learn more and register. Please contact [TriciaWilliams@bestbuddies.org](mailto:TriciaWilliams@bestbuddies.org) with questions.

## Jupiter

Join the Jupiter Police Department for a free, inclusive community event filled with resources and fun, including a petting zoo, bounce houses, games, food trucks, story time, touch a truck section (fire and police), paint the Autism Patrol care and more! [Click here](#) for more information and [here](#) to view a flyer for the event.

## West Palm Beach

Attention PBC Youth - you're invited to register for the Youth Summit 2024! This event is free to middle and high school students and includes 10 community service hours. Discussions will include life skills, adulting 101, mental health support, future steps, and prevention and awareness. Music, food and prizes abound! Parents can also register to attend a "Parent Session." If you want to get involved, there are opportunities for workshop presenters, adult volunteers, community resources for youth, and sponsors. [Click here](#) to view a flyer with further information and a QR code to registration forms.

## Recurring Events:

### **Holistic Wellness Circle**

Tuesdays

6:00 p.m. - 7:30 p.m.

Cocoplum Nature School

342 N. Swinton Ave.

Delray Beach

Holistic Wellness Circle is a collaboration between Soil and Soul and Cocoplum Nature School and seeks justice and healing for families experiencing economic oppression, especially families of color with very young children. No experience is necessary, and all ages are welcome. Skills and relationships developed through Holistic Wellness Circle can be transformative for individual and family wellness. Children socialize and play outdoors, and parents and grandparents get a break from childcare and focus on holistic wellness in partnership with other families. [Click here](#) to learn more and [here](#) to view a flyer.

### **Parenting 101 Support Group: A Way of Being with Children**

Second Thursdays of the month

6:00 p.m. - 7:00 p.m.

Virtual

Center for Child Counseling invites you to this group for parents of children ages three to six. You will learn to handle difficult behaviors and improve your relationship with your child. To view a flyer for this recurring group, [click here](#) and to register, [click here](#).

### **Florida Atlantic University Center for Autism and Related Disabilities Events:**

#### **African American Under-Representation in Autism Initiative Meetings**

Every last Wednesday of the month

12:00 p.m.

Virtual

Research indicates that Black children are being misidentified, delay identified and under-identified with ASD. Without identification children will not receive appropriate educational and therapeutic services and they will not maximize their personal potential. The Black Under-Representation Initiative and Black ASD Identification Research Expansion Project helps to spread awareness and implement an action plan for change of autism in the Black community. [Click here](#) to view a flyer, and RSVP by emailing [cmckinney@fau.edu](mailto:cmckinney@fau.edu).

### **Support Group: Raising Black Children with Autism**

Every last Wednesday of the month

6:00 p.m. - 7:00 p.m.

Virtual

This group is specifically for parents and guardians of Black children with autism, to support, encourage and be a resource on issues related to autism and the Black community. RSVP by emailing [cmckinney@fau.edu](mailto:cmckinney@fau.edu).

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## Thea's Night Out - Community Respite Program

Second Fridays of the month

6:00 p.m. - 9:30 p.m.

St. Peter's United Methodist Church

12200 Forest Hill Blvd.

Wellington

Parents are invited to drop off their children for fun activities, crafts and games and enjoy much-needed rest or a night out. Children are paired with a qualified volunteer and qualified medical supervision will be at each event. To view a flyer with more information and instructions on how to register, [click here](#).

## Girls Voice Task Force (GVTF) Virtual Space Meetings

Every second Thursday of the month

6:00 p.m.

Virtual

The GVTF virtual space serves as a place for girls to connect with one another, learn valuable skills and grow together. [Click here](#) to complete the application to receive the meeting link. Join GVTF on Remind by texting [@girlspbc](#) to **81010**.

## Food as Medicine Workshops

Second and Fourth Saturdays, through June

10:00 a.m. - 11:00 a.m.

Riviera Beach Urban Farm and Garden

W. Blue Heron Blvd.

Riviera Beach

The idea that our foods can aide in our wellness is a proven fact. The need for medications can be reduced by learning medicinal remedies composed of veggies, fruits and herbs. Operation No Food Gap, in partnership with the American Heart Association is excited to host these events and invites you to join in the fun by participating in cooking demos, gardening, wellness events, juicing and educational workshops along with fitness such as Zumba! The events are free and open to the entire family of all ages. [Click here](#) to learn more and RSVP.

## Trainings

### Healthy Mothers, Healthy Babies Coalition of Palm Beach County: February Educational Calendar

February events include Childbirth and Caring for Newborn classes in English and Spanish, Breastfeeding and Infant Feeding class in English, Spanish and Creole, Infant CPR in English, Safe Baby in English and Spanish, and Prenatal Yoga in English. Support groups such as Circle of Moms, Pregnancy and Infant Loss, Couples Becoming Parents, and Mothers and Babies are also available, several in both English and Spanish. A calendar with details can be found [here](#).

### Circle of Security Group

Mondays, February 26 - April 15 (8 sessions)  
5:30 p.m. - 7:00 p.m.  
Center for Child Counseling  
8895 N. Military Trail  
Palm Beach Gardens

This group, through Center for Child Counseling, is for adults with children between the ages of six months to six years, and there will be a maximum of eight adults or six families in the room. Please note that childcare is not available. Please contact [Lhernandez@centerforchildcounseling.org](mailto:Lhernandez@centerforchildcounseling.org) if interested for more information.

### Opioid Use Disorder Among Adolescents

Tuesday, February 27  
6:00 p.m. - 8:00 p.m.  
Hanley Resource Center  
933 45 Street  
West Palm Beach

This event, hosted by Hanley Foundation's Safe Prescribing Initiative as part of the Physician Education Series, features Dr. Asim Nisar, discussing opioid use disorder among adolescents. Dinner and beverages are included. [Click here](#) to view a flyer for the event with instructions on how to RSVP.

## 2024 Children's Services Council Trainings List:

**Family and Community Engagement in Action: Staff, Families and Community Agencies Partnering to Achieve Positive Outcomes**

Wednesday, February 28 OR May 22  
9:00 a.m. - 5:00 p.m.

[Click here](#) to view a flyer with details.

### Perinatal Mood and Anxiety Disorders (PMADS)

Tuesday, March 5  
9:00 a.m. - 5:00 p.m.

[Click here](#) to view a flyer for this event.

### Touchpoints

Next Session March 5-7  
9:00 a.m. - 5:00 p.m.

This three-day training is designed for individual healthcare, therapy, early childhood education and social service providers who want to incorporate elements of the Brazelton Touchpoints™ Approach into their practice setting. The Brazelton Touchpoints™ Approach helps professionals engage around key points in the development of young children. By helping parents identify and expect bursts and regressions in child behavior (the "touchpoints") professionals can reduce parental frustration and self-doubt while fostering parenting skills and the parents' enjoyment of their child. In the process, the bond between the provider and the family is strengthened. [Click here](#) to view a flyer.

### Additional Trainings:

Dates, times and locations vary

Virtual, on-demand and in-person trainings are available

- Emotional Intelligence- CEUs
- Infant Mental Health- Level 1 & 2- CEUs **\*starts Jan 16**
- Get Your Green On Special Trainings: Impact of Nutrition on Mental Health
- Get Your Green On Special Trainings: Healing through Art for Young Children
- Early Childhood Attachment & Development- CEUs
- Brain Development- CEUs
- Supporting Children in Uncertain Times- CEUs
- Language Development in Early Childhood
- Trauma Informed Care- CEUs **\*starts Dec 7**
- Advances in Trauma Informed Care Webinar
- Self-care for Helping Professionals Webinar
- IMH Reflective Supervision- CEUs
- AVDA Domestic Violence Prevention Education- CEUs
- T. Leroy Jefferson Medical Society High-Risk Pregnancy Support & Reproductive Justice Webinar
- Special Needs & Sensory Integration- CEUs
- Autism & Cultural Considerations- CEUs **\*starts Dec 5**
- Perinatal Mood and Anxiety Disorders (PMADS)- CEUs **\*starts Nov 16**
- Teen Parents and their Babies: Strategies for Speaking with Young Parents- CEUs
- Ghosts & Angels in the Nursely Webinar
- Bereavement, Grief, & Loss Webinar
- Connecting with Fathers Webinar
- Solution-Focused Approach for Substance Abuse Services Webinar **\*starts Nov 29**
- LGBTQ Strength based Clinical Tools Webinar
- Crisis & Team Management: Developing Effective Teams
- Essentials of Effective Leadership **\*starts Nov 30**
- Public Speaking
- T. Leroy Jefferson Medical Society Diversity in IMH: Case Study Review & Support Webinar
- Faith & Culture in Family Engagement- CEUs
- T. Leroy Jefferson Medical Society Social Determinants of Health & Wellbeing Webinar
- Communicating Across Differences Webinar
- Solution Focused Brief Therapy Webinar
- Cultural Humility Webinar **\*starts Nov 6**
- Community Trauma & Systemic Thinking Webinar **\*starts Nov 15**
- Family Engagement: Facilitating Attuned Interactions- CEUs
- Dynamics of Family: Blended Families, Co-parenting, & the Life Course- CEUs

To learn more and register, [click here](#). Contact Debbie Manigat at **561-740-7000** with questions.

## Recurring Trainings:

### **Mommy Matters Virtual Series**

Second Wednesdays - March 13

12:00 p.m. - 1:00 p.m.

Virtual

Baptist Health South Florida invites you to join this educational series emphasizing heart health after pregnancy and nutrition during pregnancy. [Click here](#) to view a flyer.

## On-Demand Trainings:

### **ACEs, Trauma, and Toxic Stress - Center for Child Counseling**

Workshop available on [bekidsafe.org](http://bekidsafe.org)

Virtual

This workshop provides an overview of the ACE study, Trauma, Toxic Stress and the impact on health. Resilience and building a trauma-informed approach is also explored. This workshop is appropriate for teachers, caregivers, professionals and anyone who is interested in learning more about how adverse childhood experiences impact children, and what we can all do to foster resilience throughout the lifespan. Small fees apply. Click the link above to learn more.

### **PEPSA Spring Professional Development: Social Stories 10.4 - FAU CARD**

Available February 1 - April 30

Virtual

Florida Atlantic University Center for Autism and Related Disabilities (FAU CARD) presents this Partnership for Effective Programs for Students with Autism (PEPSA) training during which you will learn to define Social Story and Social Humility, learn the Social Stories 10.4 criteria, explain how Social Stories improve parent and professional responses to children, adolescents or adults in their care, develop a genuine Social Story for a toddler or child, or a Social Article for an adolescent or adult. [Click here](#) to learn more or contact **561-213-5751** for more information.

## **Additional Resources**

[Visit the CSC website](#)

[CSC Employment](#)

[CSC Provider Agency Employment](#)

[Search for Trainings](#)

## **Do you have information for the MMU?**

Email your MMU submission to [mmu@cscpsc.org](mailto:mmu@cscpsc.org). [Click here](#) review the MMU Submission Guidelines.

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