



**WHAT WILL PARTICIPANTS LEARN?**

- Assess for risk of suicide or harm
- Listen non judgmentally
- Give reassurance and information
- Encourage appropriate professional help
- Encourage self-help and other support strategies.

The Youth Mental Health First Aid USA curriculum is primarily focused on information participants can use to help adolescents and transition-age youth, ages 12-18.

Payment includes: Light breakfast, Lunch, materials. Lunch is provided to ensure everyone is back on time.

**\*\*\*You must stay the whole duration of the class to obtain a certificate\*\*\***

Time: 8:30 am - 5:00 pm

For more information, email us at [BC\\_MHFA@bcwpb.org](mailto:BC_MHFA@bcwpb.org).

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