# 35 years #HealthySafeStrong

Helping Palm Beach County children grow up healthy, safe and strong



# Monday Morning Update June 27, 2022

Please note: Children's Services Council's offices will be closed on Monday, July 4, for Independence Day. We will release the next Monday Morning Update on Tuesday, July 5.

### News

### Council Update: Council dedicates resources to community mental wellness

At least 3,000 Palm Beach County residents directly benefitted this year from mental wellness services through programs funded by Children's Services Council, staff told the Council's board at its most recent meeting. <u>Click here</u> to read more.

### Providers/Individual wanted for community empowerment program in Riviera Beach, Belle Glade, Pahokee and South Bay

Prime Time Palm Beach County seeks individual contractors or organizations who can deliver direct service programming to youth residing in Riviera Beach, Belle Glade, Pahokee and South Bay, Florida, that is intended to supplement, not replace, existing out-of-school time programming. Content areas include discovering arts and culture, exploring technology, supporting school-day academic learning. caring for the whole child, and leadership and career pathways. Promoting equity and diversity are important tenets of Prime Time's core values. Click here to learn more.

# Take Stock in Children: Make a difference, make an impact. Mentor today!

Take Stock in Children is recruiting mentors for our new students coming into our program between now and August 2022. We need your support to make it possible for these students to receive a college scholarship. Our students meet with their mentors once a week, at least three times a month during the school year, as a requirement to receive their college scholarship. There are three Mentor Orientations in July, and we hope vou can join us at one of those sessions. Mentoring will begin in September, so apply now and be ready in September to start making a difference. Click here to learn more.

### Students Speak Up for Kids empowers students to stand up for kids in foster care

Students Speak Up for Kids is a division of Speak Up for Kids of Palm Beach County. Their mission is to empower local students with opportunities to serve and speak up for the children involved in PBC's dependency court system. They do this through flexible virtual community service projects, chapters of SSUFK at local schools, and fun-filled in-person events. One of their most notable projects is Music Buddies - a program that pairs kids in foster care with student music teachers who then provide them with free virtual music lessons. To learn more about how to get involved with more incredible projects like this one, click here.

### Lost Tree Foundation's 2023 Grants Program is now open for applications

The Lost Tree Foundation encourages thoughtful requests from local nonprofit 501(c)(3) health and human service organizations working within our geographic giving area. Projects submitted for consideration should demonstrate strong community needs, have clearly defined objectives and include strategic plans for implementation. The Foundation is deeply committed to the well-being of all residents of Palm Beach and southern Martin Counties. Funding requests should be targeted to improving the quality of life for the underserved and underprivileged. The Foundation's geographic area of concern extends from Delray Beach in southern Palm Beach County to Hobe Sound/Indiantown in southern Martin County and from Palm Beach/Lake Worth in eastern Palm Beach County to the western communities of the Glades region. Priority may be given to requests that benefit the residents of Riviera Beach. Click here to learn more.

### Scholarships for Law Students

The Nonprofit Chamber of Palm Beach County, in partnership with the Legal Aid Society of Palm Beach County, is offering scholarships to Florida law school students who plan to practice public interest law in Florida. The John A. Foley, Esq. Legal Scholarship was created to honor John Foley who established the Nonprofit Legal Assistance Project, providing legal assistance to more than 60 nonprofits in Palm Beach County for more than 20 years until his death in 2021 at the age of 60. Deadline to apply is July 15. Winners will be recognized at the Chamber's **Community Spirit Awards Luncheon** on Friday, September 23, 2022. Click here to apply.

### KidVision Pre-K, an Online Professional Development for Preschool Teachers

The goal of KidVision PreK is to provide preschool teachers with entertaining and educational professional development and classroom tools to help them learn and teach Early Learning and Developmental Standards. If you need CEUs and In-Service hours, you can earn 10 CEUs and 100 In-Service hours for only \$40.00 per school year. The training can be done in English or Spanish, at home or at school. <u>Click here</u> to learn more and to register.

### Talented Teen Club inspires underserved youths to be the best version of themselves

The Talented Teen Club Run for Life Track Program is designed to improve strength and endurance through progressive running and provide training in a variety of events including, sprints, hurdles and jumps. The instruction is geared to help participants of all ability levels improve their skills. Students May have the chance to visit and train in a world-class facility and gain access to scholarships. <u>Click here</u> to learn more.

### June 2022 Benefits Outreach Program with Palm Beach County Food Bank

The Benefits Outreach Program assists individuals and families with applying for federal food assistance benefits (SNAP). Palm Beach County Food Bank is one of only seven organizations in Florida that provide the DCF required federal food relief interview. This interview will be conducted during your meeting with one of our Benefits Specialists, who speak English, Spanish and Creole. <u>Click here</u> to learn more and to view the Benefits Outreach Calendar for June.



### Floaties don't prevent drownings. Life jackets do.

Don't be fooled by floaties. Floaties- also known as water wings- are not safety devices. They can easily slip of off a child's arm or deflate and they don't keep a child's head out of the water. Floaties also sometimes give parents a false sense of security and cause them to not pay as close attention. For more water safety tips, click below:

Learn more!

### **Events**

# Early Learning Coalition of Palm Beach County, Pop Up Playtime!

Saturday, July 16, 9:30 a.m. - 3 p.m. Wellington Parks and Recreation 11700 Peirson Road, Wellington

Join ELCPBC at our Pop Up Playtime! Children and families will learn how to use play as a primary way to learn! Children can participate in interactive stations that explore math, literacy and social emotional skills. Parents can speak with ELC staff about child care options, and the importance of developmental milestones and screenings. This free event will spark your child's love for learning and show parents how to build the best environment for their child's needs. **Click here** to learn more.

## Register today for the Fearless Caregiver Conference

Thursday, July 14 10 a.m. - 2 p.m. South County Civic Center 16700 Jog Road Delray Beach

The Fearless Caregiver Conference provides practical information, advice and support for those caring for loved ones. The conference is designed to help attendees receive hands-on advice for his or her caregiving challenges. The Conference highlights

### **Youth Summit 2022!** June 28, 29 and 30 9:45 a.m. - noon Virtual

Middle and high school students, register today for Youth Summit 2022! This event will take place over three days, and each day will focus on different topics relevant to middle and high school students. There will be hands-on activities, exciting topics for discussion, and prizes. Community service hours will be available to those who attend. Students, parents and community agencies, <u>click here</u> to learn more and to register.

### Summer starts at the Norton Now through Sept. 5 Norton Museum of Art 1450 S. Dixie Hwy., West Palm Beach

From Memorial Day to Labor Day, the Norton of Museum of Art will host a wide array of exhibitions, events and family activities as part of its second annual Summer at the Norton initiative. Palm Beach County residents will receive free admission to the Museum on Saturdays from May 28-September 3, 2022. <u>Click here</u> for Summer at the Norton highlights. Fearless Caregiver Trainings, guided group participation, Q&A sessions, a panel of experts to help with your caregiver solutions, resource room with hands-on advice from local caregiving experts, a caregiving guide to take home for future reference and more. <u>Click here</u> to learn more and to register.

### Trainings

### A Way of Being with Children Online, on-demand training and supplemental on-demand workshops

A Way of Being with Children: A Trauma-Informed Approach to Building Resilience is based on Center for Child Counseling's manual and reflects over twenty years of experience working with children, combining the science of brain development, child development, and actual practice to enhance positive child-caregiver relationships and resilience. Whether you're a parent, a teacher, or a caregiver, this approach is an effective way to interact with the children in your life, providing information and skills to promote positive behaviors and relationships. If you are a parent, teacher, or professional in Palm Beach County, A Way of Being with Children is FREE for you! Click here for the code to waive the fee and to register.

# CSC Training: Effective Leadership

June 29, July 12 and 19, Aug. 1 and 8 9 a.m. - 1 p.m. Online webinar

The call to leadership is one that some people appear to naturally be more adapted to, a role some grow into and others have thrust upon them. However, like IQ and EQ, leadership can also be measured and represented as this is known as leadership quotient. How do you measure up? Join this Effective

#### Healthy Mothers, Healthy Babies July educational calendar Throughout June Virtual

Healthy Mothers, Healthy Babies of Palm Beach County is here to support you through pregnancy with educational classes and groups. Register today for upcoming support groups and educational classes for pregnant and new parents like Small Steps, Great Parents classes and Circle of Moms. All are at no cost, but registration is required. <u>Click here</u> to learn more and to register.

#### Center for Child Counseling Clinical Workshops Virtual

Join Center for Child Counseling for a live clinical series with Dr. Jon Sperry. Dr. Sperry is an Associate Professor in the Clinical Mental Health Counseling Program at Lynn University and is also a staff therapist at the Counseling and Psychological Services at Florida Atlantic University. He is currently the co-editor of the Journal of Individual Psychology (JIP). He has co-authored six psychotherapy textbooks and has given lectures in 22 different countries. <u>Click here</u> to learn more and to register.

# The Growing Brain from Birth to 5 Years

Wednesdays through July 27 or Saturdays, Sept. 17 - Oct. 29 9 - 10:30 a.m. Via Zoom

This innovative training curriculum focuses on evidence-informed knowledge and strategies with which to prepare professionals who work with infants and young children for their vital role in building healthy brains. The curriculum fills a unique niche by providing a comprehensive understanding of

### Attachment and Positive Discipline training Saturday, Aug. 20 and 27 10 a.m. - noon 9 - 10:30 a.m. Via Zoom

This training reviews the definition and the neurobiology of attachment. In addition, the types of attachment as well as their short-term and long term impact on child and adult wellbeing are addressed. Ways in which early childhood professionals can support secure attachment are discussed. Oftentimes, discipline Leadership training for supporting leaders on their journey to maximizing their full leadership potential. We put our extensive experience and expertise to work helping leaders surpass the goals that transform and cultivate the strengths of their key talents. <u>Click</u> <u>here</u> to learn more and to register. how the brain develops, along with ways the professional can encourage healthy brain development in children from birth to 5 years old. <u>Click here</u> to learn more and to register. seems to be viewed as going against a healthy parent-child relationship. This presentation focuses on the use of positive discipline and how it can support a healthy caretaker-child relationship. <u>Click here</u> to learn more and to register.

### Additional Resources

Visit the CSC website <u>CSC Employment</u> <u>CSC Provider Agency Employment</u> <u>Search for Trainings</u>

## Do you have information for the MMU?

Email your MMU submission to <u>mmu@cscpbc.org</u>. <u>Click here</u> to review the MMU Submission Guidelines.

**Stay Connected!** 

