

**Inter-Agency Network Meeting: Tuesday June 6th @ 9 am**

IAN of PBC <patrice.schroeder+211pbtc.org@ccsend.com>

Fri 5/26/2023 3:55 PM

To: Updates <updates@gladesinitiative.org>

INTER-AGENCY NETWORK OF PALM BEACH COUNTY

**"Together...making a world of difference!"**



***All Are Welcome!***

Thank you for your participation in one of Palm Beach County's oldest  
"community-wide" networking groups!

***Meeting Invite For***

**June 6th, 2023**

***Start time 9:00 am***

Meetings run the First  
Tuesday of each month Sept-June

Mounts Auditorium, 531 N Military Trail,  
West Palm Beach, FL 33415  
(building located right on Military) Until further notice

**Will attempt to have a hybrid meeting**

Zoom Link

[https://us02web.zoom.us/j/82588187677?  
pwd=akd4Qk9McnpOU2tYTVVqOU56bkcwdz09](https://us02web.zoom.us/j/82588187677?pwd=akd4Qk9McnpOU2tYTVVqOU56bkcwdz09)

[Click here for calendar, phone & other zoom info](#)



June - Guest Speaker

**Dr. Ford Charlene R. Ford, MBA, EdD**

Principal, Glades Construction Academy at West Tech |  
West Technical Education Center  
WTEC...where you learn to earn!  
2625 NW 16th Street, Belle Glade, FL 33430  
Phone: (561) 829-4607

**Mission**

West Technical Education Center is committed to providing rigorous and relevant career and technical education in a dynamic learning environment that results in each student reaching his or her highest potential.

**Vision**

Graduates of West Technical Education Center will be soundly prepared for immediate entry into the workforce, post-secondary education, and the military.

***Construction Academy***

The Construction Academy provides comprehensive hands-on training and coursework.

***Mechatronics Academy***

The Mechatronics Academy includes training in mechanics, electronics, robotics, and computer programming.

***Adult Career and Technical Education***

Adult Career and Technical Education provides training in health care professions, trades, commercial driving, and material handling.

***Adult General and Community Education***

Adult General and Community Education opportunities include GED preparation, ESOL classes, and Substitute Teacher virtual courses.

# May Meeting

***CHAT from the May 2nd IAN Meeting***

## **VA Suicide Prevention Power Point**

Myriam Glémaud, Psy.D.  
Licensed Psychologist  
Suicide Prevention Program Manager  
West Palm Beach VAHCS  
7305 N. Military Trail  
West Palm Beach, FL 33410  
561-422-8262 xt. 7741  
561-720-3527  
Myriam.Glemaud@va.gov

### Add Your Email

[Click here to get monthly invites](#)

### Community Activities

**For those of you who work with seniors and are concerned about how they are being impacted- rental and housing concerns & homelessness etc. or any other concerns this would be a good place to share.**

**Congresswoman Lois Frankel invites you to a**



**Listening Tour with our Active Adult Community**

The Congresswoman wants to hear about the concerns and thoughts in our adult community.

**Tuesday, May 30<sup>th</sup>, 2023**

**10:00 AM-11:00 AM**

**Virtual Meeting**

For questions, please contact our office at 561 998-9045

RSVP your attendance to [Trevor.Fleming@mail.house.gov](mailto:Trevor.Fleming@mail.house.gov)

To receive the zoom link



Palm Beach County  
Board of County Commissioners

Palm Beach County  
Youth Services Department  
Residential Treatment and Family Counseling Division  
Education and Training Center



# An Introduction to Motivational Interviewing

Presented by Shayna Ginsburg, Psy.D.

Wednesday, May 31, 2023

9:30 am - 11:30 am

**\*Location: Zoom Remote Video Conference\***

Once registration is confirmed, link to access the training will be provided

**Registration Fee:**

There is no cost associated with this presentation

**Continuing Education:**

2 CE credits will be offered

**Registration Link:**

<https://www.surveymonkey.com/r/QLCXBBM>

*If you have trouble accessing the survey, please copy the link and paste it directly into your browser.*

Registration closes at 3:00 pm on May 30, 2023

PALM BEACH COUNTY  
BEHAVIORAL HEALTH COALITION  
presents



# CELEBRATE DIVERSITY, FOSTER UNITY

COMMUNITY TRAINING ON CULTURAL DIVERSITY

Palm Beach County

Tuesday, June 6, 2023  
9 am to 12 pm  
In-person



2300 High Ridge Rd  
Boynton Beach, FL 33426

Martin County

Wednesday, June 7, 2023  
9 am to 12 pm  
In-person

3577 SW Corporate Pkwy,  
Palm City, FL 34990



Trainer



Sharrié Vereen, Ed.D.  
The **SandboxED**

**Purpose:** Build cultural competence. Understand how employees' culture and social context influence interaction with the community and how to use community culture elements to strengthen relationships by implementing research-based practices with ethnically diverse stakeholders.



Register Here - <https://bit.ly/3MEFqno>



# BATTLE IN THE VILLAGE

## Girls 7 on 7 High School Flag Football Team Camp

Great Offseason Opportunity!

- 32 Teams battling in sunny South Florida!
- Chance to get reps and game experience!
- Opportunity to play teams from out of area and out of state!
- Sponsored by the UNITED STATES COAST GUARD

**JUNE 10 - 11, 2023**



- NO REGISTRATION FEE
- 32 TEAMS
- 3 GAME GUARANTEED

- Food Trucks
- Vendors
- Music

Spectator Pass

- \$10/Day
- \$15/Weekend

### Sponsors:



### CONTACT INFORMATION

S.M.A.C.K., LLC  
(561) 436-7897

[csmith@legallaidpbc.org](mailto:csmith@legallaidpbc.org)

additional information provided  
when Registered

Forum for Non Profits Radio Show  
Sponsored by the Spirit of Giving Network  
Radio Host: Cara Zimmerman  
561-212-5528  
carabeadz29@gmail.com



**SPIRIT OF GIVING**  
Charity • Community • Collaboration

The Forum for Nonprofits is a radio show designed to provide nonprofit organizations a valuable public platform to explain the mission. An added benefit is to educate the community on your needs such as donors, volunteers and or sponsors. The show is taped every Tuesday at 11:00 am from the convenience of your phone to ours.

We would *love* the opportunity, free of charge, to highlight your organization. Looking forward to hearing from you and get you on the calendar!



**\$10**



# AFFORDABLE CONNECTIVITY PROGRAM

Affordable Connectivity Program (ACP) is a government funded program in response to CoVid-19, Congress directed the Federal Communications Commission to fund a \$14 billion bill to provide free Internet and devices to people on government assistance programs.



### FREE INTERNET SERVICES

GRAB A TABLET WITH 8GB OF FREE INTERNET EVERY MONTH.



### NO MONTHLY OR ANNUAL COST.

NO MONTHLY COST / CONTRACT. JUST A ONE TIME CO-PAY OF \$10 FOR THE DEVICE. YOU MAY RENEW EVERY YEAR WITH ACTIVE BENEFITS AT NO ANNUAL COST.



### FREE PHONE LINE

IF YOU REMOVE SIM AND PLACE IT IN AN UNBLOCKED PHONE, YOU'LL HAVE UNLIMITED CALL & TEXT.

## SHOW US 1 OF OUT OF THE MANY BENEFITS BELOW TO QUALIFY...

- FOOD STAMPS
- MEDICAID
- VETERAN PENSION
- SSI (SUPPLEMENTARY SECURITY INCOME)
- PELL GRANT
- WIC
- SECTION 8 / LOW INCOME
- & MORE.

**JOANNE LOUIS**

[WWW.FCC.ORG](http://WWW.FCC.ORG)

ALZHEIMER'S  ASSOCIATION®

# Caregiver Support Group

Every 4th Wednesday of each month  
(group starts September 28, 2022)  
Time: 1:00 p.m.

The Volen Center  
1515 West Palmetto Park Road  
Boca Raton, FL 33486

To register and for more information,  
please call 800.272.3900.

Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for you to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.

  
the  
volen center

alz.org



## Simple Ideas & Mindfulness

### Make Time For Self-Care

- Learn something new

- Laugh often- watch comedies
- Find a way to "connect" each day
- Turn off the news!
- Make sure information you find is from a reliable source
- Learn how to boost your immune system.
- Get enough quality sleep and rest
- Take the time to exercise
- Don't deprive yourself of a little comfort food- but lean towards fresh fruits & vegetables
- Simply breath! Breath work can reduce anxiety while enhancing the health of your lungs.



*A nice cup of hot tea & a good read...can be enhanced by nature. Patio, porch or park- nature can uplift your spirits while providing a sense of grounding.*

## Other Resources

**[Building Resiliency- click here](#)**

*Also let someone you trust know how they can best support you...*

**[Vibrant Emotional Health- Safe Space](#)**-for available coping tools & strategies

***"We are in this together!"***



**Get "grounded" in nature. Whether in meditation or for exercise- this may lift your mood and help you to sleep better.**

**See you at the next meeting!**

211 Palm Beach/Treasure Coast | PO Box 3588, Lantana, FL 33465

[Unsubscribe updates@gladesinitiative.org](mailto:unsubscribe_updates@gladesinitiative.org)

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