

INTER-AGENCY NETWORK OF PALM BEACH COUNTY

"Together...making a world of difference!"



All Are Welcome!

Thank you for your participation in one of Palm Beach County's oldest
"community-wide" networking groups!

**May 6, 2025 9:00 am
Meeting**

Meetings run the First
Tuesday of each month August-June
(we are off July) Guest Speakers Listed Below Picture

Physical Location:

Nonprofits First Inc.
1818 S Australian Ave #450, West Palm Beach, FL 33409

Virtual Option: Join Zoom Meeting

<https://us02web.zoom.us/j/86514148621?pwd=LfGozeDsa2IFVrhItaYS9Pcsnm8Roc.1>

Meeting ID: 865 1414 8621 Passcode: 824429

**MENTAL
HEALTH
AWARENESS
MONTH**



May- Guest Speaker

Community Partners of South Florida

LaToya Penchion will be presenting on CPSFL mental health programs that bring behavioral/mental health services to children, adults, and families who are experiencing social and/or emotional difficulties. Her colleagues in the housing program will discuss financial

literacy & homeownership coaching and other offerings. CPSFL also has a SOFI program offering coordinated, wraparound services to eligible households that include:

- Career Development Initiatives
- Entrepreneurial Training
- Financial Empowerment Seminar
- Job Training & Placement Program
- Budget & Credit Counseling
- Financial Seminar and Opportunities for Young Adults

LaToya Penchion, LMHC Director of Clinical Education
Outreach Lpenchion@cpsfl.org 561.841.3500 ext 1026
F 561.848.0360
2001 W Blue Heron Blvd
Riviera Beach, FL 33404
www.cpsfl.org

Odessa Brown
Housing Program Manager/Homeownership
obrown@cpsfl.org

Noah West
Financial Coach Coordinator/Homeownership
nwest@cpsfl.org

Paola Jimenez
Community Connector/Securing Our Future Initiative (SOFI)
pjimenez@cpsfl.org

April Meeting Chat Notes

[CHAT from the April IAN Meeting](#)

[Click here to get monthly meeting invites](#)

Community Activities

Note: some items are time sensitive & may not be in chronological order- so scan all for timeliness

Please reach out to the agencies themselves for any additional information- as I am merely the messenger!



Applied Suicide Intervention Skills Training

Help save a life!

2.1.1

Palm Beach and
Treasure Coast

"I use my ASIST training in virtually every crisis situation, volunteer and work....Thank you for this life-changing program."

—ASIST participant



Next Training: May 13 & 14
Is Your Staff Looking For Meaningful CEU's
That Can Make A Difference

WWW.211PalmBeach.org/ASISTworkshop

Agencies Impacted by Funding Cuts- Alert Staff Seeking Employment



NOW HIRING!
FOR ALL ALL SHIFTS

2.1.1
**Palm Beach and
Treasure Coast**

Make a difference...

- **Resource Center Specialist- Full Time.** Provides information, assessment, referral, counseling, and crisis intervention services via the phone and other communications mediums. Comprehensive training provided.
- **Administrative Assistant - Full Time.** Provides administrative support functions within the agency-including advanced word processing, preparation of spreadsheets, travel arrangements, meeting scheduling, incoming/outgoing mail processing and other

JOIN OUR TEAM!



211 Palm Beach and Treasure Coast is a 501(c)(3) nonprofit that offers a rewarding and supportive environment in which to work, volunteer, or complete an internship. We are proud to offer a benefits program for full-time employees. 211 Palm Beach and Treasure Coast is an equal opportunity agency/provider/employer. Visit www.211PalmBeach.org

[Print PDF To Share](#)

or visit: www.211PalmBeach.org/Careers

THIS FRIDAY APRIL 25TH-JOIN THE TOBY CENTER

The Toby Center for Family Transitions, Inc.
National Office: 100 E. Linton Blvd. Ste. 306A Delray, FL 33483
Tel. (855) 862-9236

PRESS RELEASE

FOR IMMEDIATE RELEASE

Delray Beach to Proclaim April 25th as Parental Alienation Awareness Day in Recognition of The Toby Center's 15 Years of Reuniting Families.

COME JOIN US

OPEN HOUSE TO FEATURE GUEST SPEAKERS & REFRESHMENTS

Open House to Feature Guest Speakers &, refreshments.

DATE/TIME: Event takes place Friday April 25, 1-3 pm,

LOCATION: The Toby Center, 100 E. Linton Blvd., Suite 306A, Delray Beach, FL,

DELRAY BEACH, FL – April 20, 2025 – The City of Delray Beach will officially proclaim April 25th as Parental Alienation Awareness Day, coinciding with The Toby Center for Family Transitions' 15th anniversary of dedicated service to children and families. This significant proclamation underscores the growing awareness of parental alienation and acknowledges The Toby Center's vital role in helping children rebuild and strengthen attachments with their non-custodial parents who have faced barriers or absence in their lives.

FOR MORE INFORMATION, CONTACT:

Dr. Mark Roseman, Tel. 561-265-5400 info@thetobycenter.org

[VIEW FULL PRESS RELEASE](#)



COUNSELING AWARENESS MONTH EVENT

HOW TO BE A GREAT THERAPIST

FRIDAY, 4/25/2025, 12:00-1:00 P.M.
ZOOM



John Davis
LMHC



Ara Mascarenas
LMHC

This comprehensive two-part series explores the journey of becoming a professional counselor, addressing both practical career pathways and psychological challenges.

In Part One, Ara Mascarenas, LMHC, shares her personal evolution from student to private practitioner, while discussing imposter syndrome and perfectionism that often accompany the early career stage.

In Part Two, experienced counselor John Davis, LMHC, provides a seasoned perspective on client diversity, the importance of personal therapeutic work, financial realities, professional networking, and essential legal and ethical considerations for practicing counselors in Florida.

Together, these mental health leaders from The Mental Health Counselors Association of Palm Beach offer strategies for self-care and burnout prevention to ensure career longevity and fulfillment.

[NAMIPBC.ORG/SUPPORT-AND-EDUCATION/GENERAL-MEETINGS](https://namipbc.org/support-and-education/general-meetings)



The Soup Kitchen in Boynton Beach will be opening registration for the next session of the **LiftUP** program.

We are seeking motivated individuals to join this **FREE CULINARY JOB SKILLS** initiative. This will be the **LAST** opportunity before summer break.

The session starts **THURSDAY MAY 1** and will meet 1x/week for 6 weeks. Each day will consist of working in a variety of roles in our kitchen (internship experience), work/wellness classroom time with trusted professionals, and hands-on kitchen training with our Chef. We will provide **FREE** transportation, **FREE** food, and **FREE** personal & hygiene products with each visit.

SPACE IS LIMITED! Register at: <https://thesoupkitchen.org/registration/>

PALM BEACH COUNTY



ON

MAY 15TH 2025

WEAR GREEN
FOR MENTAL HEALTH AWARENESS &
TRAUMA INFORMED CARE



TAKE PICTURES AND TAG

#GETYOURGREENON #GYGO2025

www.GetYourGreenOn.org



*** To find mental health resources or for crisis support Dial 2-1-1 or 9-8-8**





Therapeutic Oasis Mental Health Month Lecture Series



Borderline Personality Disorder and Complex PTSD

May 2, 2025, 12:00-1:00 p.m.
Zoom

Learn about BPD and Complex PTSD/Developmental trauma, the crossover, complexity of treatment targets and how using a hierarchy of targets is most effective.

Presenter

Patricia Thomas Shutt, Psy.D.
Licensed Psychologist
Therapeutic Oasis of the Palm Beaches

When anxiety goes off the rails:
Distinguishing between protective
fear and problematic anxiety

May 22, 2025, 6:00-7:00 p.m.
Zoom

RSVP



namipbc.org/support-and-education/presentations/general-meetings/

1 CEU available for psychologists, nurses, mental health counselors, social workers and marriage and family counselors courtesy of Sandy Pines Residential Treatment Center.
Must attend entire presentation to be eligible.

5205 Greenwood Ave., Ste
110, West Palm Beach, FL
33407

namipbc.org

info@namipbc.org



National Alliance on Mental Illness

Palm Beach County

Maternal Mental Health Training

PRESENTED BY HEALTHY MOTHERS, HEALTHY BABIES
COALITION OF PALM BEACH COUNTY



Description

Healthy Mothers Healthy Babies Coalition of Palm Beach County is here to nurture healthy births and families by meeting the physical, emotional, economic, and social challenges of pregnancy and infant wellness. During the Maternal Mental Health Training participants will learn about mental health disorders during pregnancy and postpartum and beyond. In addition, the training provides tools and information to enhance the quality of care and improve healthcare outcomes for perinatal women who experience depression, anxiety, and other behavioral health concerns.

Presenter

Elais Perez, LMHC, PMH-C
Maternal Wellness Coordinator
Healthy Mothers, Healthy Babies

CEUs

HMHB is Continuing Education Provider approved by the Florida Board of Nursing, Florida Board of Psychology, and Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling. This training provides 2 CE. To receive credit, please enter your complete license number.

RSVP



namipbc.org/support-and-education/presentations/general-meetings/

Date: 5/6/2025

Time: 6:00-7:00 p.m.

5205 Greenwood Ave., Ste
110, West Palm Beach, FL
33407

 namipbc.org

 info@namipbc.org

Palm Beach County Youth Services Department
YOUTH & FAMILY COUNSELING PRESENTS

SAVE
THE
DATE

MENTAL HEALTH FAMILY DAY CAMP



May 10, 2025
9 am - 3 pm

Application Process
Opens February 2025

FREE

Event for PBC
Residents

Join us for a day full of therapeutic
workshops and outdoor activities for
families with children ages 5 - 17.

Family fun
Emotional
Management

Communication
Social Skills
Self-care



Event Location
Okeehelée Nature Center
7715 Forest Hill Blvd.
West Palm Beach, FL 33413

Meals will be provided

Only Limited Seats
Available!

Palm Beach County Youth Services Department Accepting Applications for Annual Mental Health Family Day Camp

The Palm Beach County Youth Services Department is now accepting parent applications for its 2nd Annual Mental Health Family Day Camp, taking place on Saturday, May 10, 2025, from 9:00 AM to 3:00 PM at the

Okeeheelee Nature Center, 7715 Forest Hill Blvd, West Palm Beach, FL 33413.

Held in recognition of Mental Health Awareness and Trauma-Informed Care Month, the Mental Health Family Day Camp provides families with children ages 5–17 a unique opportunity to engage in a full day of therapeutic workshops, outdoor activities as well as therapeutic group workshops.

The event is designed to foster collaboration, socialization, and stronger family bonds through engaging and interactive experiences.

To apply, visit <https://survey.pbcgov.com/s3/Mental-Health-Family-Day-Camp-Information-Request>.

For more information, please contact YSD Youth & Family Counseling at YSD-Yfc-4pts@pbcgov.org or call 561-242-5714.

Note: sharing this with the hope of inspiring other orgs to do the same!

Palm Beach County Awarded 2024-2025 Platinum Bell Seal for Workplace Mental Health

Palm Beach County has been awarded the 2024-25 Platinum Bell Seal for Workplace Mental Health by Mental Health America (MHA) for the second consecutive year. The Bell Seal is a first-of-its-kind workplace mental health certification that recognizes employers who strive to create mentally healthy workplaces for their employees.

In collaboration with the U.S. Department of Labor, Centers for Disease Control and Prevention and national companies, MHA is committed to furthering worker safety, health and well-being alongside leading health and advocacy organizations. In addition to organizational expertise and research-informed practices, MHA works with national leaders in workplace mental health to continuously refine the Bell Seal program.

The Bell Seal recognizes employer advances in workplace mental health by awarding bronze, silver, gold and platinum recognition levels. Palm Beach County underwent a rigorous evaluation of its policies and practices in four areas: workplace culture, benefits, compliance and wellness programs. The county's status as a Bell Seal-certified

organization demonstrates the Palm Beach County Board of County Commissioners' ongoing commitment to employee mental health and well-being.

Palm Beach County is committed to providing the best for its employees and looks forward to continued work to ensure upholding the standards set forth by the Bell Seal for Workplace Mental Health. To learn more about MHA and the Bell Seal for Workplace Mental Health, visit mhanational.org/bestemployers.

It is time to take ACTION!

As the Florida Legislature heads into budget conference, the House has proposed sweeping \$150 million in recurring funding from the Affordable Housing Trust Fund—undoing critical reforms made just two years ago. This move would make affordable housing programs subject to uncertain, nonrecurring funding year after year.

The Senate has stood firm in preserving the Trust Fund. Now we need your voice to ensure they continue to do so.

Contact your Senators today and urge them to hold the Senate position and protect the Affordable Housing Trust Fund during budget conference. Florida's families and future depend on it.

Find your legislator here: [2024-2025-Delegation-Roster.pdf](#)

Thank you for your advocacy!

Gloria Rodriguez
Contract Management Specialist/HHA Liasion
Palm Beach County Human Services Division
810 Datura Street 2nd floor
West Palm Beach, FL 33401
(561) 355-4642

Palm Beach County Secures Heirs' Property Protection Fund Grant

Palm Beach County's Department of Housing and Economic Development has been awarded a \$500,000 grant from the Federal Home Loan Bank of Atlanta (FHL Bank) to support the Heirs' Property Family Wealth Protection Fund. To maximize the impact of this initiative, the Palm Beach County Board of County Commissioners has approved a local funding match bringing the total available assistance to \$1 Million. This funding is essential in helping assist low- to moderate-income households address heirs' property challenges, which often create legal and financial obstacles that prevent families from preserving and passing down home equity as intended.

The PBC Housing Finance Authority, a member of FHL Bank, played a key role in supporting and submitting the grant application on behalf of the County. In collaboration with the Legal Aid Society of Palm Beach County, the County will provide essential services such as estate planning and clearing title issues for affected properties. Further details and stakeholder announcements will be made once the program becomes available to the public.

Media Contact:

Jonathan B. Brown
Dept. of Housing & Economic Development
(561) 233-3600 JBrown2@pbc.gov

You are invited to join us for an exciting and informational training on:

Mental Health Awareness
presented by NAMI

Date: Tuesday-May 27, 2025

Time: 2:00 p.m. to 3:30 p.m.

Location: Mayme Fredrick Building-
1440 MLK Blvd, Riviera Beach, FL 33404



Please RSVP to: GRodrigu@pbc.gov

If you have any questions call: Gloria at 561-355-4642



Foundations of Faith Community Nursing

Basic Preparation Curriculum

Faith Community Nurses are an asset for a broadly integrated parish plan for stewardship and is a specialty that promotes the integration of health and prevention with intentional care of the spirit developed within an interfaith model.



Content of Course Includes:

Integrate Faith & Health	Caring Presence & Active Listening	Best Practices
Assessments, Self-Care Ability	Transforming Life Issues	Support Groups
Family Violence Interventions	Ethics & Professionalism	Health Educator

Welcome Experience: Saturday, May 31st 12 p.m. – 4 p.m. (4 hours) at Sacred Heart

“Introductions and History and Philosophy will be covered”

Online Experience: Sundays, June 1st, June 8th, & June 22nd 6 p.m. – 9 p.m. (9 hours)

Homework Experience: Every 2 hours = 1 CEU (3 hours)

Retreat Experience: Friday, June 27th 5 p.m. – 9 p.m., Saturday, June 28th & Sunday, June 29th from 8 a.m. – 5 p.m. Sunday there will be a Commissioning Ceremony (20 hours)

Location: Keiser University – Flagship Campus
2600 N Military Trail
West Palm Beach, FL 33409

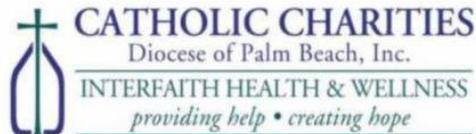
Price: \$540 per person (\$15 per CEU)
Includes: 36 CEUs, educational materials, 3 meals included, and Certificate of Attendance.
Partial credit is provided, if needed. **Scholarships are available.**

Registration fee: \$75 must accompany the registration form by **May 23rd**/will be applied towards total

Checks are payable to: *Catholic Charities - IHW*

Please mail the registration form & fee to: **Interfaith Health & Wellness A Program of Catholic Charities**
100 W. 20th Street Riviera Beach, FL 33404 Phone: (561) 531-8056 **OR email:** prevnolds@ccdpb.org

The Foundations of Faith Community Nursing course is based on the curriculum developed through the Westberg Institute for Faith Community Nursing which curriculum is owned by the Spiritual Care Association of New York, NY, 500 7th Ave., 8th floor, New York, NY 10018



Course Information

The Foundation of Faith Community Nursing course is based on the curriculum developed through the Westberg Institute for Faith Community Nursing which curriculum is owned by the Spiritual Care Association of New York, NY 500 7th Ave., 8th Floor, New York, NY 10018

- Integrate Faith & Health
- Caring Presence & Active Listening
- Assessments, Self-Care Ability
- Transforming Life Issues—Grief
- Family Violence Interventions
- Ethics & Professionalism
- Health Educator
- Support Groups
- Best Practices
- Mentoring

...And much more!



St. Mary's Medical Center is accredited by the Florida Board of Nursing to provide CE. CE Provider # 50-1871



CATHOLIC CHARITIES
Diocese of Palm Beach, Inc.
INTERFAITH HEALTH & WELLNESS
providing help • creating hope

100 W. 20th Street
Riviera Beach, Florida 33404
Catholic Charities of the Diocese of Palm Beach
Supporting Faith Based Nursing in South Florida

**Class size is limited.
Apply today!**



RETREAT EXPERIENCE

Foundations of Faith Community Nursing

Basic Preparation Curriculum

June 2025

"Faith Community Nurses are a valuable asset for a broadly integrated parish plan for stewardship."



CATHOLIC CHARITIES
Diocese of Palm Beach, Inc.
INTERFAITH HEALTH & WELLNESS
providing help • creating hope

Faith-Based

Nursing Practice *is one of the fastest growing specialties recognized by the American Nurses Association. A congregational based program cares for the whole person — body, mind, and spirit —and promotes balanced living and good stewardship.*

The "Foundations of Faith Community Nursing" course is developed within an interfaith model and recognized by the Church Health Center/International Parish Nurse Resource Center. It is offered in South Florida by Catholic Charities.

Come and join the retreat experience! Concentrate on your personal self—mind, body, and spirit—as you learn, reflect, meet and share with other participants and contemplate our life's journey.



Discover whether you are being "called" to pursue this specialty practice of nursing.

Class Schedule

Welcome Experience: May 31, 12pm-4pm

Online Experience: June 1st, 8th & 22nd
6pm - 9pm

Retreat Experience (classroom):

June 27th: 5pm - 9pm

June 28th & 29th 8am - 5pm
Keiser University - Flagship Campus 2600 N
Military Trl
West Palm Beach, Florida 33409

Course Objectives

1. Explore the knowledge necessary to develop and implement an outcome oriented, faith-based nursing practice based on the specific needs of a congregation or faith community.
2. Differentiate between the physical, mental, and spiritual dimensions with a focus on the intentional care of the spirit, as part of the process of promoting whole-person health.
3. Understand spiritual care and nursing interventions that sustain whole person care.
4. Assessments and referrals to resources.
5. Learn to integrate the standards of health within the context of a faith community.

Upon completion of this program, the participant will:

- Embrace the integration of faith and health as central to the Faith Community Nurse role in whole person care including Best Practices that will increase self-care abilities and healthy behaviors, prevent injury and illness, and increase access and connections to care and support.
- Demonstrate the knowledge and skills to begin as a Faith Community Nurse, utilize Best Practices & Guidelines, and document outcomes.
- Value a Mentoring and peer network of Faith Community Nurses.



Registration Form

Please print your name and organization and send the registration via e-mail.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

Faith Affiliation: _____

Church/Temple: _____

RN License # (for contact hours) _____

Cost: \$540, educational materials, lunch & snacks, and Certificate of Attendance. Partial credit is also provided. **Scholarships are available.**

I would like to apply for a scholarship.

Registration fee of \$75 must accompany the registration form **by May 23, 2025** and will be applied towards the cost.

Checks are payable to: Catholic Charities-IHW. Please mail the registration form & fee to:

Interfaith Health & Wellness A Program of Catholic Charities

100 W. 20th Street Riviera Beach, FL
33404 Phone: (561) 531-8056

OR

email them to:

E-mail: preynolds@ccdpb.org

Health Council of Southeast Florida

*Do you know **anyone in need of Health Insurance**? If so, call the Covering Florida Navigator Program at the Health Council of Southeast Florida at 561-844-8442 ext 1800. Their licensed Navigators will provide you with **FREE**, impartial assistance. Special Enrollment Period is now. You may be able to enroll if you have had certain life events such as losing health coverage, getting married, having a baby, moving, etc. If your income is between 100 % - 150% FPL (1person - \$15,560 - \$23,475) you can also enroll during this time.*

Undecided about your future?



Want to learn more about nature?



Work for PBC ERM and learn about "green" jobs!



Palm Beach County Environmental Resources Management (ERM) is offering paid summer mentoring internship for those interested in getting first-hand experience working to preserve, protect, and enhance Palm Beach County's land and water resources.

Green Futures Internship

TIME FRAME: June 9 - July 18, 2025
Monday – Friday 9am – 4pm

REQUIREMENTS: 17 – 22 years old; able to work outdoors in extreme heat; able to maintain footing on boats, in water, and in heavy vegetation and mud; able to lift 40 pounds; able to sit for long periods of time and walk for long distances; able to give final presentation on internship experience.

JOB DETAILS: Work will be inside and outdoors assisting ERM staff performing compliance inspections, plan review, environmental sampling, laboratory work, environmental monitoring, and producing educational, marketing, and social media content. Tasks may include carrying equipment, collecting biological samples, taking pictures and video, documenting data, removing invasive and installing native plants, operating graphic design and photo/video software, and general office work such as data entry, filing, copying, and scanning.

Prospective candidates should submit a resume to scorr@pbc.gov by **April 4, 2025**.

Please contact Samantha Corr with Palm Beach County ERM at (561) 233-2455 scorr@pbc.gov to submit your resume or if you have any questions.



Palm Beach County
Board of County Commissioners
Environmental Resources Management
2300 N. Jog Rd, West Palm Beach pbcerm.com 561-233-2400



FREE
EVENT

COMMUNITY RESOURCE FAIR

Saturday, May 3
from 9 a.m. to 12 p.m.

Greenacres Community Center
501 Swain Blvd, Lake Worth, FL 33463

Get Help from Local Agencies and Nonprofits

- On-site Food Distribution *(while supplies last)*
- Adult Education and Job Training Programs
- Legal Advice and Resources for Civil Cases
- Health Screenings and Wellness Education
- Housing and Rental Assistance Programs
- Payment Plans for Traffic Tickets and Court Cases
- Driver's License, ID and Motor Vehicle Registration Services
Visit flhsmv.gov/whattobring to see what documents to bring with you.

And More!



For a list of participating agencies, scan the QR code or visit:
MYPALMBEACHCLERK.COM/RESOURCEFAIR



JOSEPH ABRUZZO
CLERK OF THE CIRCUIT COURT & COMPTROLLER
PALM BEACH COUNTY

**Community Resource Marketplace
event at the Mandel Public Library**

It's time to mark your calendars and reserve your spot for this year's Community Resource Marketplace event at the Mandel Public Library. Last year, we doubled the number of community partners to accommodate 22 tables. With so much interest from our partners to participate, I am happy to increase further; however, I do not have anymore tables to spare. So, the first twenty-two partners to confirm their spot will be guaranteed a table, anyone additional will need to bring a table – but we can still provide the chairs.

Please let me know as soon as possible if you plan to participate again this year.

Event: 3rd Annual Community Resource Marketplace

Date: Wednesday, August 13, 2025

Time: 10 a.m. – 1 p.m.

Place: Mandel Public Library of West Palm Beach (3rd floor – Auditorium & pre-function areas)

Purpose: To showcase nonprofit and community resources for youth, families, jobseekers, veterans, disabled, and more

(No sales or solicitations permitted; giveaways of purpose and useful information requested/ not candy)

Thank you all again for all you do to support the community! I'm thrilled to have you join us! As I am receiving responses, it might work best for me to organize and track through a Google sheet.

If everyone could please take a moment to complete the form, that would be great! Thank you all so much! 😊

<https://forms.gle/1kQ2d3op5zCJmsWUA>

Alyssa Rudinsky
Associate Librarian
Mandel Public Library of West Palm Beach
411 Clematis Street
West Palm Beach, FL 33401
561-868-7755
TTY: 1-800-955-8771
ARudinsky@wpbcitylibrary.org
wpbcitylibrary.org



**Early Learning Coalition
of Palm Beach County**
Ready to Learn. Ready for Life.

EARLY HEAD START CHILD CARE PARTNERSHIP

Give your child an Early Head Start!

Accepting children ages six weeks to three years old, at no cost to qualifying families.



CHILDREN'S SERVICES

- Full day, year-round services.
- Engaging activities.
- Nutritious food provided.
- Inclusive settings for children with disabilities.
- School readiness.
- Mental health services.
- Dental screenings.

FAMILY SERVICES

- Parent activities.
- Connection to community resources.
- Parent feedback through committees.
- Policy Council opportunities.
- Health & Education Services Advisory Committee opportunities.
- Classroom volunteer opportunities.
- Male figure inclusive classroom and activities.

APPLY FOR SERVICES ONLINE AT:



AUTOMATICALLY ELIGIBLE FAMILIES:

- Recipients of public assistance (SSI/TANF/SNAP).
- Experiencing homelessness.
- With children in foster care.

TO LEARN MORE:

 561-412-2203

 ehsccp@elcpalmbeach.org

Applications are accepted year-round for families in the West Palm Beach, Lake Worth, Delray Beach, Riviera Beach, Belle Glade, Pahokee and South Bay areas. Families with the greatest needs will receive services first, based on funding availability.



SNAP BENEFITS ASSISTANCE

(SNAP stands for Supplemental Nutrition Assistance Program, formerly known as Food Stamps)

Palm Beach County Food Bank Benefits Outreach Program

701 Boutwell Rd, Suite A1
Lake Worth Beach, FL 33461
561-670-2518

Palm Beach County Food Bank is the sole provider of the federal waiver to provide comprehensive SNAP outreach in Palm Beach County. Palm Beach County Food Bank is one of only four organizations in Florida that holds the waiver for the full interview process required to qualify for SNAP benefits. Palm Beach County Food Bank has access to the state software program to directly add client information as if the state employed them and conducted all face-to-face interviews.

Palm Beach County Food Bank Benefits Outreach Specialists can assist clients with:

- SNAP (Food Stamps) Application
- Medicaid Application
- Cash Assistance

Languages Available: English, Spanish, and Haitian Creole

For information about the program, and to see their calendar and find a location near you, please visit their website: pbcfoodbank.org/apply-for-snap

Connect with the Benefits Specialists:

- Chris Guegue (English/Creole/Spanish) - Chris@pbcfoodbank.org
- Marie Pierre (English/Creole) - Mpierre@pbcfoodbank.org
- Riquet Lucien (English/Creole) - Riquet@pbcfoodbank.org
- Sacha Narcisse (English/Creole) - Sacha@pbcfoodbank.org (assisting Seniors, 62 and older only)
- Stephany Escobar (English/Spanish) - Stephany@pbcfoodbank.org

OTHER AGENCIES IN PALM BEACH COUNTY PROVIDING SNAP APPLICATION ASSISTANCE

NOTE: These agencies do not provide assistance with the full SNAP interview process. Please call ahead.

American Pace - Riviera Beach

Monday – Thursday from 8:00 a.m. – 4:30 p.m.
(561) 249-7885

Boynton Beach Faith Based CDC

By appointment for Boynton Beach residents
(561) 386-4261

Catholic Charities – Hunger Homeless and Outreach

Tuesday – Thursday by appointment ONLY
(561) 345-2000

Faith Deliverance Feeding Hope Village

Monday – Friday by appointment
(561) 290-6621

Farmworker Coordinating Council

Must be a client; by appointment
(561) 992-0603

Feeding South Florida

Monday – Friday from 8:00 a.m. - 5:00 p.m.
(561) 659-5070

The Glades Initiative

Call to schedule an appointment;
Monday – Friday from 8:00 a.m. - 5:00 p.m.
(561) 996-3310

Heart, Health & Healing (Triple H) Ministries

Monday – Friday
(561) 766-1769

Palm Beach County Medical Society Services

Monday – Friday from 9:00 a.m. - 5:00 p.m.
(561) 433-3940

True Fast Outreach Ministry

Monday – Friday from 10:00 a.m. - 5:00 p.m.
(561) 594-5689

Women's Health and Education Network PBC

Monday – Friday from 10:00 a.m. – 7:00 p.m.
(561) 510-0971



VISIT [MYACCESS.MYFLFAMILIES.COM](https://myaccess.myflfamilies.com) TO FIND
MORE COMMUNITY PARTNER NETWORK SITES.



Simple Ideas & Mindfulness

Make Time For Self-Care

- Learn something new
- Laugh often- watch comedies
- Find a way to "connect" each day
- Turn off the news!
- Make sure information you find is from a reliable source
- Learn how to boost your immune system.
- Get enough quality sleep and rest
- Take the time to exercise
- Don't deprive yourself of a little comfort food- but lean towards fresh fruits & vegetables
- Simply breath! Breath work can reduce anxiety while enhancing the health of your lungs.



Get "grounded" in nature. Whether in meditation or for exercise- this may lift your mood and help you to sleep better.



A nice cup of hot tea & a good read...can be enhanced by nature. Patio, porch or park- nature can uplift your spirits while providing a sense of grounding.

Other Resources

[Building Resiliency- click here](#)

Also let someone you trust know how they can best support you...

[Vibrant Emotional Health-Safe Space](#)-for available coping tools & strategies

"We are in this together!"



See you at the next meeting!