

# 35 years #HealthySafeStrong

Helping Palm Beach County  
children grow up  
healthy, safe and strong



## Monday Morning Update February 14, 2022

Please note: Children's Services Council's offices will be closed on Monday, February 21, for Presidents' Day. We will release the Monday Morning Update on Tuesday, February 22.

### [COVID-19 Resources](#)

#### Testing sites, meals sites, health tips and more COVID-19 updates and resources

Children's Services Council has compiled an ongoing list of local resources that Palm Beach County families may find helpful in these uncertain times. [Click here](#) for links to federal, state and local resources and as well as educational resources for your family.

### News

#### Healthy Mothers, Healthy Babies to honor local individual and group with the "Impact Award"

The Ninth Annual Moments Luncheon will honor both a local individual and a group who embody the mission of Healthy Mothers, Healthy Babies with our first-ever "Impact Awards." We want to hear your stories about those local people who are

#### Friends of Youth Services opens Alyssa Sangeeta Jacobson Scholarship for 2022 Academic Year

Friends of Youth Services and Palm Beach County, Inc. announces the call for applications for the 2022 Alyssa Sangeeta Jacobson Scholarship. The scholarship opens on February 1 and will close on March 31, 2022. The Alyssa

#### Prime Time Palm Beach County is seeking expanded learning opportunity providers

Prime Time Palm Beach County, Inc. is seeking qualified organizations to provide high-quality expanded learning opportunities for out-of-school time programs or to deliver train-the-trainer sessions for practitioners serving school-age children and youth in out-of-school

dedicated to making a positive impact in the lives of women, mothers or babies in Palm Beach County. Submitting your nomination is easy – simply [click here](#) to complete the brief nomination form. All nominations are due by March 1, 2022. [Click here](#) for more information on the Moments Luncheon.

Sangeeta Jacobson Scholarship is dedicated to those who need a little extra assistance in achieving educational goals. The scholarship provides \$1,000 per year, distributed over two semesters to each recipient, and is renewable for up to four years, depending on the degree or certificate program. The scholarship is open to graduating high school seniors and high school graduates who will attend an accredited college or technical vocational school beginning in Fall 2022. [Click here](#) to learn more.

time programs in Palm Beach County, Florida. Promoting equity and diversity are important tenets of Prime Time's core values. To that end, Prime Time is seeking providers that employ culturally competent professionals, who understand that supporting the positive growth and development of children and youth requires providing what they need when they need it. Providers that embrace equity and diversity and inclusion, allow all children and youth to develop to their full potential. [Click here](#) to learn more.

#### **Health Care District's clinics to provide patients access to COVID-19 antiviral pills**

The Health Care District of Palm Beach County's network of ten C. L. Brumback Primary Care Clinics has a new tool in the fight against COVID-19. Starting Monday, February 14th, clinic providers will be able to prescribe two types of COVID-19 oral antiviral pills, Pfizer's Paxlovid and Merck's molnupiravir, at no cost for patients who are at the highest risk of developing severe COVID-19 illness. This includes patients as young as 12 years old with weakened immune systems, such as transplant patients, cancer patients and older adults who have tested positive for COVID-19 and are within the first five days of experiencing symptoms. [Click here](#) to learn more.

#### **Health Care District distributes N95 masks to primary care clinic patients**

The Health Care District of Palm Beach County is distributing 10,000 N95 face masks to adult patients at the ten C. L. Brumback Primary Care Clinics across the county. The Health Care District's primary care clinics, which serve adults and children, are Federally Qualified Health Centers located in areas of need. Patients are interested in the face masks for themselves and family members and are receiving them at no charge. [Click here](#) to learn more.

#### **AmeriHealth Caritas Florida**

American Caritas Florida is on a mission to serve you and your family with access to great health care. AmeriHealth Caritas Florida is a Medicaid health plan that is part of the national AmeriHealth Caritas Family of Companies. AmeriHealth Caritas has been helping people get care and stay well for more than 37 years. We help our members manage their health and connect to community resources. Benefits include:

- No-cost smartphone
- Telehealth services
- 24/7 Nurse Call Line
- Access to urgent care
- Health Coach maternity program
- Specialized care management programs
- Transportation services
- Waived copays
- Health management tools

[Click here](#) to learn more and enroll today.

#### **Be Well Do Well Mini Grants**

Be Well Do Well Mini-Grants are grants awarded to recipients to promote behavioral health and wellness for Palm Beach County residents and professionals. Through Be Well Do Well Mini-Grants, Be Well invests in the

#### **Council Update: Child care providers felt valued by CSC, partners during pandemic**

A survey conducted by Children's Services Council of Palm Beach County staff and partner agencies found that early child care providers felt their input was

#### **Apply for the Anquan and Dionne Boldin Scholarship**

Scholarship applications for 2022 open February 1! On an annual basis, The Anquan and Dionne Boldin Scholarship Foundation awards four \$10,000 scholarships over the course of four years to

creative ideas of residents and organizations to share power and create impact. Be Well invites Palm Beach County to submit their ideas with focus on residents most in need to build more equitable and inclusive behavioral health support, promote workforce wellness, and honor resiliency and community healing. Deadline to apply is March 5. [Click here](#) to learn more and apply.

valued during a project to provide additional short-term resources during the pandemic. [Click here](#) to read more.

high school graduates. In addition to the financial need, each student must demonstrate academic excellence and show leadership in their community. To learn more about how to apply, [click here](#) to view the application guidelines.

### **Host a Workshop at Prime Time's Afterschool Symposium this May**

Prime Time Palm Beach County, Inc. is requesting proposals for its Afterschool Symposium 2022 that will take place on May 12-13, 2022, on a virtual platform. This year's theme is Emerge: Reaching New Heights in Out-of-School Time. Prime Time is seeking educational workshops that focus on innovative strategies, activities, programs, systems and policies that support afterschool leaders and staff in the areas of racial equity, social and emotional learning (SEL), trauma-informed practices, leadership and learning. The workshops should be engaging, educational and enlightening. Deadline to apply is Monday, February 21, 2022, at 5:00 p.m. [Click here](#) to learn more.

### **Florida Alliance of Children's Councils & Trusts: Capitol Connection**

The Florida Alliance of Children's Councils and Trusts' Capitol Connection is a weekly email update sent during Legislative Session to keep you informed of all proposed legislation related to children, youth and families in Florida. This newsletter provides concise and timely information regarding current public policy issues. [Click here](#) to access the 2022 Legislative Session updates.

### **Free tax filing through United Way of Palm Beach County!**

Get your taxes filed free, fast, and safe! If your household income was \$68,000 or less in 2021, United Way of Palm Beach County is offering virtual and in-person income tax preparation options. This service is supported by IRS-certified Volunteer Income Tax Assistance (VITA) volunteers. See all tax filing options, find a site near you, make an appointment, and learn what documents to bring by [clicking here](#) or calling 211.



## Apply for a Summer Camp Scholarship today!

Now is the time to apply for Summer Camp Scholarships distributed on a first-come, first-served basis to families who might not be able to afford camp. Parents may choose from participating camps throughout Palm Beach County. The deadline to apply is April 15, 2022. Here's what you need to know to apply:

[Learn more!](#)

## Events

### Baskets4Babies

March 1 - 31

Join Healthy Mothers, Healthy Babies for Baskets4Babies, a basketball themed crowdfunding event held throughout the month of March! Join a team or create your own and pledge to make baskets while fundraising to support the mission of HMHB. Baskets can be made with a traditional basketball and hoop or by imagining creative ways to sink a shot – whether that's throwing paper into a recycling bin or dunking laundry into the hamper. [Click here](#) to access the fundraising portal, learn more about this event and help support HMHB, one basket at a time!

### Healthy Mothers, Healthy Babies Moments

Friday, May 6, 2022  
Banyan Cay Resort & Golf

Join Healthy Mothers, Healthy Babies for the Ninth Annual Moments Luncheon. Together we will toast all of the women in our lives – the mothers, daughters, aunts, sisters, and friends who tirelessly ensure we all have moments of joy to share. Along with a brand-new location, Moments will feature an awards component that honors both a local individual and a group who embody the mission of HMHB with our first-ever "Impact Awards." We want to hear your stories about those local people who are dedicated to making a positive impact in the lives of women, mothers or babies in Palm Beach County. [Click here](#) for sponsorship, award nomination and event information.

### Holistic Wellness Open House

Saturday, Feb. 19  
4 - 6 p.m.  
Cocoplum Nature School  
342 N. Swinton Ave.,  
Delray Beach

Open to all! Join Holistic Wellness for an open house and discussions including mindfulness, holistic health and child care. Activities include mindfulness in movement, bubbles, walking, stillness and Qi dancing. Light refreshments and snacks provided. This program is free! To register, [click here](#).

### Operation DADucation: Father and Reading program

Wednesdays 5 - 6 p.m. or 6 - 7 p.m.  
Riviera Beach Library  
2129 N. Congress Ave.,

### Heroes 5K benefiting Children's Home Society of Florida

Sat., April 9  
7:30 a.m.

### Black History Youth Awareness Art Festival

Friday, Feb. 18  
6 p.m.

## Riviera Beach

Fathers are teachers, too! Join Operation DADucation, a father /child reading program at the Riviera Beach Library! Stop by with your child for a time of fun, learning and bonding. Open to all Riviera Beach fathers and father figures. Call or email for further information: 561.229.2329 or [sgordon@bgcpbc.org](mailto:sgordon@bgcpbc.org).

## Okeeheelee Park 7715 Forest Hill Blvd, West Palm Beach

Bring the whole family out for a beautiful day at Okeeheelee Park to include a timed run and kids fun run! Not only will you be helping us invest in the future of children in your community, you'll be joining us in honoring our everyday heroes, Palm Beach County firefighters and police. Virtual option also available so you can run anywhere anytime! [Click here](#) to learn more.

## Spady Cultural Heritage Museum 170 NW 5th Ave., Delray Beach

Join community partners and submit your artwork for the Black History Youth Awareness Art Festival! Mail your artwork to 695 Auburn Ave Or drop off your between Jan.31 - Feb 4. [Click here](#) to learn more.

## A Day for Autism – Building Bridges with Law Enforcement

Sunday, Feb. 27  
10 a.m. - 1 p.m.  
Village Park in the Village of  
Wellington  
17000 Pierson Rd.,  
Wellington

Families and individuals with autism & related disabilities are invited to attend A Day for Autism – Building Bridges with Law Enforcement. Join the Palm Beach County Sheriff's Office, the Village of Wellington & FAU CARD for a free picnic and fun activities for the whole family: Petting Zoo, face painting, bounce house, games & trackless train, arts & crafts, touch a truck Zone, relax zone for parents and DJ. Participate in interactive opportunities with local law enforcement: K9 / Mounted, ATV/ Motors, 911 Bus and Fire Rescue. FAU CARD staff and local vendors will be in attendance providing information and resources for families and individuals with ASD. Free lunch will be provided by Bolay. [Click here](#) to RSVP/ pre-register and indicate number of adults and children attending.

## Book Reading and Conversation on ACEs

Tuesday, Feb. 22  
6 - 7:30 p.m.  
Virtual event

Join the Center for Child Counseling for Lead the Fight: Giving Children with Trauma a Voice, featuring children's author and ACEs advocate Juleus Ghunta. This live, virtual event for system, business, philanthropic, and civic leaders aims to combat the effects of childhood trauma and adversity on families and communities through education, discourse, action, and advocacy. [Click here](#) to learn more and to register.

## 2022 Palm Beach County Nancy Katz KidneyWalk

Saturday, March 26  
8:30 a.m.  
John Prince Park  
2700 6th Ave South,  
Lake Worth Beach

The National Kidney Foundation of Florida will host an annual Palm Beach County KidneyWalk, which will be held this year at John Prince Park. Chronic kidney disease and end stage kidney failure are disability diagnoses and we have large number of families in the County with at least one member of the household who fall into these categories. This year we are offering options to your participation – you can join us in-person or virtually and walk your way on your own time. [Click here](#) to learn more and to register.

## Trainings

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### Operationalizing Perinatal Equity, Quality and Safety in Materno-toxic Zones - Every Person, Every Time

Tuesday, April 26  
11 a.m. - 1 p.m.  
Virtual using Zoom

**Join Healthy Mothers, Healthy Babies for** This two-hour workshop furthers our collective goals of eliminating perinatal disparities and provides readily-implemented tools and tweaks that will empower providers and stakeholders alike. Participants will learn about materno-toxic areas, which are areas where it is unsafe to be pregnant, breastfeeding, or parenting. Regardless of where or how the toxicity shows up, the lack of perinatal safety impacts her chances of a healthy birth outcome. Additionally, participants will understand what Perinatal Safe Spots are and how important they are in addressing maternal and infant health disparities. [Click here](#) to learn more.

### Palm Beach-Treasure Coast Fearless Caregiver Conference

Thursday, Feb. 24  
Virtual

Today's Caregiver Magazine and caregiver.com present the 2022 Palm Beach-Treasure Coast Virtual Fearless Caregiver Conference on February 24th 2022. Your caregiving questions answered by Legal, Social Service, Healthcare, Technology and Medicare experts. Bring your questions to the experts

- Get family members to help
- Balance work, family & caregiving
- Convince Dad to stop driving
- Legally protect your loved ones
- Get support when you want it
- Persuade Mom to listen

Receive complimentary tickets for family caregivers. [Click here](#) to learn more and to register.

### Upcoming CSC trainings

Virtual

Children's Services Council will host the upcoming online trainings through the end of the calendar year:

- Lunch and Learn with T. Leroy Jefferson Medical Society, Feb. 1 - May 11
- Symposium Series: Socioculturally Attuned Family Services, Feb. 25
- Intersection of Domestic Violence, Mar. 16
- Brain Development Mar. 1-2
- Symposium Series: Autism and Cultural Considerations, Feb. 3 - Apr. 21
- Cultural Humanity, Feb. 9 - April 7
- Compassion Fatigue: Power of Positivity Feb. 8 - Aug. 11
- Community Trauma and Systemic Thinking webinar, Feb. 23 and Mar. 30
- Substance Abuse Signs, Prevention and Clinical Tools, Mar. 28 - May 24
- Reflective Supervision, May 12 - Aug. 5
- Mindful Movement and Meditation June 3 and July 1
- Trauma-Informed Organizations July 5 - Aug. 26

[Click here](#) to view more information about these trainings and additional trainings to come.

### Healthy Mothers, Healthy Babies February educational calendar

Throughout February  
Virtual

### Unicorn Children's Foundation Hosts 2022 In-Person and Virtual Classes



Healthy Mothers, Healthy Babies of Palm Beach County is here to support you through pregnancy with educational classes and groups. Register today for upcoming support groups and educational classes for pregnant and new parents like Small Steps, Great Parents classes and Circle of Moms. All are at no cost, but registration is required. [Click here](#) to learn more and to register.

Unicorn Children's Foundation, a non-profit organization that creates cradle to career pathways for people with developmental differences, will offer in-person classes in Boca Raton, as well as virtual classes that are inclusive for everyone. Enroll in classes including Theatre & Performance, Candle Making, Learn Japanese and Graphic Design: Learning Canva. [Click here](#) to learn more and to register.

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## Additional Resources

[Visit the CSC website](#)  
[CSC Employment](#)  
[CSC Provider Agency Employment](#)  
[Search for Trainings](#)

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## Do you have information for the MMU?

Email your MMU submission to [mmu@cscpbcc.org](mailto:mmu@cscpbcc.org). [Click here](#) to review the MMU Submission Guidelines.

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## Stay Connected!

