

Blue: Capacity Bldg. Workshops  
 Yellow: Parent/Child Activities  
 Red: Safety Workshops  
 Orange: Family Literacy  
 Green: Community Events

# MAY 2025



Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3
5 Early Learning Coalition (ELC) 9:00 am (Appt only)	6 BRIDGES Book Club presents: A Chair For My Mother 5:00pm—BRIDGES	7 Early Learning Coalition (ELC) 9:00 am (appt only) Toxic Stress 5:00pm—BRIDGES	8 Musical Chairs 5:30pm—All Ages BRIDGES	9	10
12 Early Learning Coalition (ELC) 9:00 am (Appt only)	13	14 Early Learning Coalition (ELC) 9:00 am (Walk ins) Moms in The Muck 5:00pm—BRIDGES	15 Cookin with Kids: Pizza Faces 5:30pm—Ages 3 & up BRIDGES Wear Green & Get Your Green On	16	17
19 Early Learning Coalition (ELC) 9:00 am (Appt only) Catch The Butterflies 3:00pm-Ages 4 & Up BG Library	20 Summer Reading Orientation 5:30pm—BRIDGES	21 Early Learning Coalition (ELC) 9:00 am (appt only) Madan Sara Film Screening 5:30pm—BG Library	22 Way to Save BINGO 5:30 pm—BRIDGES	23	24
26 CLOSED 	27	28 Early Learning Coalition (ELC) 9:00 am (walk ins) SRP - Session 1 Oral Language Development 5:30pm—BRIDGES	29 Safety Series: Heatstroke Prevention 4:30pm—BRIDGES	30	31



BRIDGES AT  
 BELLE GLADE  
 141 SE AVE C  
 BELLE GLADE,  
 FL 33430  
 OPERATION  
 HOURS  
 MON-FRI  
 8:30AM—  
 5:30PM  
 SATURDAY  
 APPT ONLY  
 10AM -12PM  
 PHONE:  
 561-992-8210

# MAY 2025 HIGHLIGHTS

## MONTHLY THEME

**Child Passenger Safety Month**

## PARENT CHILD ACTIVITY

**Musical Chairs**  
Thursday, May 8, 2025  
5:30 pm—BRIDGES  
All Ages

Let's get the music, the chairs, and the children to play the classical game of Musical Chairs. Through this game, children learn about taking turns, how to control their bodies and follow directions. By the end of the activity, it will be about the music and dancing with your child.

**Cookin' With Kids: Pizza Faces**  
Thursday, May 15, 2025  
5:30pm

Cooking can be a great way to help young kids build critical language skills, boost confidence and encourage self-direction and independence. During this activity, we will make pizzas to symbolize our unique characteristics and enjoy a tasty snack.

**Catch The Butterflies (Haitian Creole)**  
Monday, May 19, 2025  
3:00pm— BG Library  
Ages 3 & up

Flying paper butterflies are fun! In this activity, children will explore the shapes, sizes, and wing patterns of butterflies.

## FAMILY LITERACY

**BRIDGES Book Club presents:**  
**A Chair For My Mother**  
Tuesday, May 6, 2025  
5:00pm—BRIDGES  
Ages 4 & Up

A young girl shares details about how her and her family are saving up money to buy a big comfy chair after losing all of their belongings during a fire. This story of family resilience is a must read for everyone.

## CAPACITY BLDG WORKSHOPS

**Toxic Stress**  
Wednesday, May 7, 2025  
5:00pm

Did you know that elevated blood pressure is associated with stress? Come learn how deadly stress can be on your organs and body especially if you are pregnant or planning to be. This session can be a life saver.

**Moms In The Muck: Soothing Transitions**  
Wednesday, May 14, 2025  
5:00pm—BRIDGES

Pain from bruising, swelling, and stitches is typical in the child birth process, however there are ways to get immediate relief. Join us to learn some of those ways.

**Summer Reading Program (SRP) Orientation**  
Tuesday, May 20, 2025  
5:30pm

Join BRIDGES as we take a deep dive into reducing the Summer Slide. This informational session will outline the program expectation and answer any questions parents may have. Open to students entering kindergarten through second grade only.

**Ways- To-Save (Savings) B-I-N-G-O**  
Thursday, May 22, 2025  
5:30 pm—BRIDGES

This new year kick start your savings plan with **HOUSEHOLD-BINGO** at BRIDGES. Join in the fun with a traditional game of BINGO and win prizes that will help you save on commonly used household items. We will also learn how small savings can add up to bigger savings. Join our Savings challenge now.

**SRP Session 1: Oral Language Development**  
Wednesday, May 29, 2025  
5:30pm—BRIDGES

In this SRP session, parents will learn the importance of storytelling and various types of activities that support oral language development and how to use it in daily routines.

## SAFETY WORKSHOP

**Safety Series: Heatstroke Prevention**  
Tuesday, May 28, 2025  
4:30 pm—BRIDGES

Did you know a car can heat up 20 degrees in 10 minutes! We will discuss what parents need to know about the danger of hot cars, and steps they can take to help keep their children safe. Please join us to learn about the ways to identify these risks as well as ways to prevent them.

## COMMUNITY EVENTS

**SAFEKIDS Safety Series**  
**FACEBOOK LIVE**  
<https://www.facebook.com/SafeKidsPalmBeachCounty>

**ENGLISH EXCHANGE**  
Tuesdays (May 6, 13, 20, 27, 2025)  
3:00pm—5:00pm  
Belle Glade Library

**FREE FAMILY WEEKEND MEAL KITS**  
Fridays, (May 2, 9, 16, 23, 30, 2025)  
9:00 am—5:00 pm  
Belle Glade Library  
Each child ages 18 and younger is eligible for one free weekend meal kit every Friday while supplies last.

**Chair YOGA**  
Tuesdays & Thursdays  
MAY—2025  
4:00pm—5:00pm  
St. John Missionary Baptist Church  
Open to the public (space is limited, so register early!). Sessions include complimentary pre- and post-class blood pressure checks, demonstrating the positive impact of exercise on blood pressure.

Take a step toward a healthier you!  
For more information, contact Annie Ifill at [healthierglades@htpbc.org](mailto:healthierglades@htpbc.org) or text at (561) 685-4829.