

# **Job Description for Recovery Support Mentor**

### **PRIMARY PURPOSE:**

This non-clinical position working collaboratively with members, co-workers, and the community utilizing the below core competencies in providing peer support.

#### CORE COMPETENCIES

- Engages members in collaborative and caring relationships
  - o Demonstrates genuine acceptance and respect
  - o Demonstrates understanding of members' experiences and feelings
- Provides support
  - Validates members' experiences and feelings and celebrates peers' efforts and accomplishments
  - o Conveys hope to members about their own recovery
- Shares lived experiences of recovery
  - o Relates their own recovery stories, and with permission, the recovery stories of others' to inspire hope but recognizes when to share and when to listen
  - o Discusses ways to enhance health, wellness, and recovery
- Personalizes peer support
  - o Appreciates and respects the cultural and spiritual beliefs and practices of members and their families
  - o Tailors services and support to meet the preferences and unique needs of members and their families
- Provides information about skills related to health, wellness, and recovery
  - o Educates members about health, wellness, recovery and recovery supports
- Helps members to manage crises
  - o Recognizes signs of distress and threats to safety among members and in their environments
  - o Strives to create safe spaces when meeting with members
- Values communication
  - O Uses respectful, person-centered, recovery-oriented language in written and verbal interactions with members, family members, community members, and others
  - o Follows laws and rules concerning confidentiality and respects others' rights for privacy
- Promotes growth and development
  - o Reflects and examines own personal motivations, judgments, and feelings that may be activated by the peer work, recognizing signs of distress, and knowing when to seek support
  - o Seeks opportunities to increase knowledge and skills of peer support

# **DUTIES AND RESPONSIBILITIES**

- Utilizes the above core competencies of Peer Support to work with adults who have mental illness and/or substance use disorders within the Peer Place Support Center
- Facilitates various group activities at Peer Place
- Maintains accurate group notes in member files
- Maintains a clean and orderly environment for members of Peer Place
- Reports directly to the Recovery and Resilience Director
  - O Will receive weekly ½ hour sessions of supervision
- Attends or engages in training activities as requested by the Recovery and Resilience Director.

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Perform other duties as assigned.

### **EXPERIENCE AND QUALIFICATIONS:**

- Interest in working with adults with mental illness
- Knowledge of resources in Palm Beach County
- Must possess a positive attitude and ability to work in a team-oriented environment.
- Must possess ability to work independently and flexibly
- Must possess, demonstrable written and verbal communication skills
- Must possess basic computer skills
- Minimum:
  - o Must meet standards to become a Certified Recovery Peer Specialist in Florida
  - o Pass level 2 criminal background check.
  - o Valid Florida driver's license
  - Reliable Transportation
- Preferred:
  - o 6 months of experience working in a similar support role
  - o Knowledge and experience with Wellness Recovery Action Plans (WRAP)
  - o Bi-lingual (Spanish)