

Youth Mental Health First Aid

Join the movement.

Sometimes first aid isn't a bandage, or CPR or calling 911. Sometimes, first aid is **YOU.**

Youth Mental Health First Aid Training

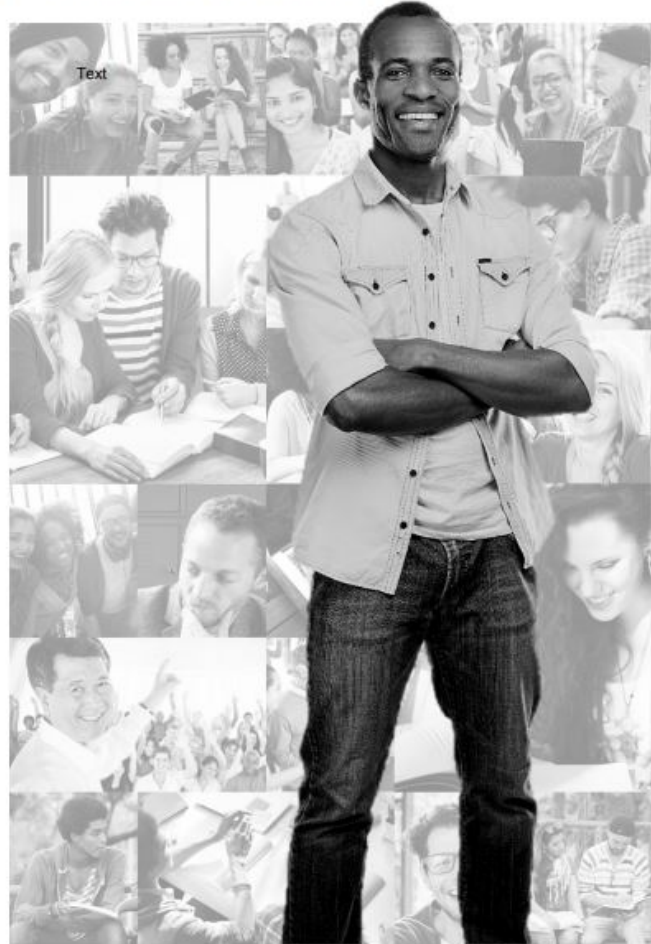
DATE: Tuesday, July 31st, 2018
9:00AM - 4:00PM

Children's Services Council, St. Lucie
546 NW University Blvd #201, Port St. Lucie,
FL 34986

For more information, please contact:
lcerny@fccmh.org OR 561-536-7716

A young person you know could be experiencing a mental health or substance use problem. **Learn an action plan to help.**

Anyone 18 or older can take Youth Mental Health First Aid, but it is recommended for those who regularly have contact with young people ages 12-18 - teachers, coaches, social workers, faith leaders and other caring citizens.



Take a course. Save a life.
Strengthen your community.

To RSVP for the YMHFA Training:

<https://www.eventbrite.com/e/yhfafa-training-tickets-47587760272>

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