

Last Chance: Join us for an Incredible Finale to Mental Health Awareness Month!

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on behalf of

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To: Updates <updates@gladesinitiative.org>

Lead The Fight and Earn CEUs at NO COST!

We're celebrating another amazing [Mental Health and Trauma-Informed Care Awareness Month!](#) As May comes to a close, the excitement continues with our final [Lead the Fight](#) events, wrapping up our 2023 series. And, don't miss out on our [Get your Green on](#) training deals to earn CEU's for **FREE** only until the end of the month.

Mark your calendars for next week! Join us for a screening of [Resilience: The Biology of Stress & The Science of Hope](#) on May 31st!

Meet us at [Opportunity Early Childhood Education and Family Center](#) for light refreshments, breakfast, and an engaging panel discussion and Q&A session after the screening.

Learn about the effects of toxic stress and discover how we can work together to promote resilience and reverse its impact. Watch the Trailer [HERE](#).

Timeline of Event

- 8:30 - 9:00am Check-in and Light Breakfast
- 9:00 - 10:00am Movie Screening
- 10:00 - 10:30am Panel Discussion and Q&A
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Date and Time: May 31st, 2023 from 8:30am - 10:30am **Cost: FREE!**

[Register Now](#)

Don't miss our screening of [The Wisdom of Trauma](#), featuring Dr. Gabor Maté on June 7th, hosted by Kathy Leone and our leadership team at [The Breakers](#). Movie theatre-style snacks and refreshments will be served. *Valet parking is available at no cost for the event.*

In [The Wisdom of Trauma](#), we travel alongside physician, bestselling author, and Order of Canada recipient Dr. Gabor Maté to explore why our western society is facing such epidemics. This is a journey with a man who has dedicated his life to understanding the connection between illness, addiction, trauma and society. Watch the Trailer in the video below.

Timeline of Event

- 3:30 - 4:00pm Check-in and Movie Theater Snacks and Refreshments
- 4:00 - 5:30pm Movie Screening
- 5:30 - 6:00pm Q&A and Debriefing

Date and Time: June 7th, 2023 from 3:30pm - 6:00pm **Cost: \$25**

[Register Now](#)

On-Demand Workshops

Last Chance! Get Your Green On Training Deals Ending Soon.

Don't Miss out! This is your last chance to take advantage of our free trainings during Mental Health Awareness and Trauma-Informed Care Month, use the code "GYGO23" to access the virtual, on-demand workshops below for free. **Earn CEUs at no cost only until the end of May.**

Healing the Healers

Feeling stressed? ... Burnt-out? ... Overworked?

There is a saying: "You can't pour from an empty cup..." If you consider yourself a healer or helper and you constantly GIVE – now it is your time to TAKE! Refill your cup now.

This 4-hour training is designed to address the stress and various challenges faced by helpers and healers in the medical, mental, and behavioral health professions.

Participants will learn:

- Defining the Role of a Healer/Helper
- Types and Causes of Stress
- Biology and Physiology of Stress
- Exploring ACEs & Their Relationship to Stress and Well-Being
- Impacts of Stress:
 - Burnout
 - Vicarious Trauma
 - Compassion Fatigue
 - Challenges Faced by Specific Groups of Helpers/Healers
- COVID-19 and the Impact on Helpers and Healers
- Self-Care & Resilience Building

Cost before the GYGO Deal: \$250 without CEUs or \$275 with 4 State of Florida CEUs for LCSW, LMHC, and LMFTs.

Cost with promo code GYGO23: FREE!

[Register Now](#)

ACEs: Trauma to Resilience

This 2.5 hour virtual workshop provides an overview of the Adverse Childhood Experiences (ACEs) Study, the Impact of ACEs, Brain Development, Results of ACEs, and Resilience.

Participants will learn:

- Outcomes and findings of the ACEs study;
- The impact of ACEs on lifelong health;
- Definition of toxic stress and its impact on the developing brain;
- The potential results of ACEs; and
- The importance of resilience and how it is built.

Cost before the GYGO Deal: \$35 without CEUs or \$45 with 2.5 State of Florida CEUs for LCSW, LMHC, and LMFTs.

Cost with promo code GYGO23: FREE!

[Register Now](#)

A special thank you to [United Way of Palm Beach County](#) for sponsoring our PACEs and TIC workshops. [Click here](#) for Palm Beach County TIC resources and our [ACEs Toolkit](#).

Interested in learning more about any of our workshops? Please contact [Dominika Nolan](#), Director of Education and Prevention Services at Center for Child Counseling.

Are you passionate about working with children and teens? Join our growing team! [Visit our career page](#) to learn about current employment opportunities, benefits, and more.

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