

Today's MMU: Become a Mentor with Take Stock in Children and BE THE CHANGE

Children's Services Council of Palm Beach County <mmu@cscpb.org>
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To: Updates <updates@gladesinitiative.org>

35 years #HealthySafeStrong

Helping Palm Beach County
children grow up
healthy, safe and strong



Monday Morning Update March 20, 2023

News

Become a Mentor with Take Stock in Children and BE THE CHANGE

Do you want to make a difference in the life of an underserved student who wants to attend college? The program, for students in grades six through nine, provides resources, including mentors, college readiness coaches and advocacy. Upon high school graduation and completion of the program, students earn a two-year college scholarship. The program is currently accepting students in all of Palm Beach County. Students meet with their caring mentor once a week, at least three times a month during the school year, and the program is hybrid. [Click here](#) to complete a mentor application. Orientations are available via Zoom on the following dates: March 20 at 5:30 p.m., April 3 at 12:00 p.m. and April 5 at 5:30 p.m. Contact

City of Pahokee Parks & Recreation Rolls Out New Activities for Tweens and Teens

Since the pandemic, City of Pahokee Parks & Recreation has been rebuilding its afterschool program and looking to welcome youth in grades six through eight. With few resources for children and youth, afterschool programs are vital to the City of Pahokee to ensure that youth have safe spaces to go to after the school bell rings. For the past three years, the staff have utilized Prime Time's expanded learning opportunities (ELO), which are completely free to the program and families. The City of Pahokee primarily offers sports-focused activities, so it was important for this program to fully utilize their recreation space to provide a range of quality out-of-school time experiences for youth in middle school. Read more about the new opportunities [here](#).

Mentors Needed for Florida Atlantic University CARD iRise2 Mentoring Program

The Interest and Relationships Impacting Social Engagement and Employment (iRise2) Mentoring Program provides high functioning individuals diagnosed with autism the opportunity to engage in a supportive one-to-one mentoring relationship. The program is seeking dedicated individuals 21 years or older, willing to go through professional training to provide guidance, support and friendship through social engagement and exploring employment interest with an 11 to 17 year-old protegee. Upcoming trainings are April 18 and May 16. [Click here](#) to register to become a mentor.

kbriard@takestockpalmbeach.org
g with questions.

Clerk of the Circuit Court & Comptroller's Office is Headed to a Library Near You

Have questions for the Clerk's office that you would like answered in person? New library office hours will allow their team to be out in the community across the county, ready to help you. Upcoming office hours are March 21, March 23 and April 5. [Click here](#) for more dates with time and location details.

Notice of Funding Opportunity for Emergency Rental Assistance

The Palm Beach County Community Services Department has released their FY 2023-2025 Notice of Funding Opportunity (NOFO) for Emergency Rental Assistance (ERA) Ending Homelessness Housing Plus. The FY 2023-2025 Guidance for the ERA Ending Homelessness Housing Plus NOFO can be found [here](#). The NOFO submission deadline date is **Friday, March 24 at 12:00 p.m.** To apply, [click here](#). All questions should be directed to CSD-FAARFP@pbcgov.org.

Early Learning Coalition Seeking Sponsors and Exhibitors for Annual Conference

The Early Learning Coalition is hosting its fifth Annual Early Childhood Conference, EMPOWER, on Saturday, May 6 at Keiser University Flagship Campus in West Palm Beach. This full-day event will provide early childhood educators and parents an opportunity to grow in the areas of family engagement, developmentally appropriate practices, inclusion and early intervention, cultural responsiveness and trauma informed care, strengthening families' protective factors, self-care and many more exciting program areas. The Coalition is currently accepting applications for both sponsorship and exhibitor booths at the event. [Click here](#) to learn more and apply. Deadline for submissions is **April 4**.

Let's Move Palm Beach County Challenges You to Commit to Change During the Month of March

Palm Beach County's Commit to Change Physical Activity Challenge has commenced for its 12th year. The goal is to highlight the importance of daily physical activity, good nutrition and healthy behaviors. During the month, Digital Vibez will be presenting challenges on social media and participants can post to win fun giveaways and prizes. Whether you're dancing to your favorite jam or doing yoga outside, it's time to get moving and log your minutes. [Click here](#) to register and [here](#) for a listing of events being offered this month. Enjoy dancing? Share your best dance moves and tag **#LetsMoveDance23** to be reposted on [@digitalvibezinc](#). To learn more about your mind, body and health, click [here](#).

Prime Time Hosts Every Hour Counts' National Conference as Local Partner

Prime Time Palm Beach County is excited to host Every Hour Counts' 2023 National Conference, Let's Make Waves! in West Palm Beach May 30-June 1. This annual event brings together intermediary leaders, community providers, school district representatives, policymakers, funders, researchers and youth to discuss what's possible to engage, empower and support young people. Participants will explore how to develop community-wide solutions with young people and leaders from across communities. Every Hour Counts' network leaders, who represent 28 communities, 3,500 school and community partnerships with a reach of 500,000 young people, will share successes, challenges, strategies and resources to build stronger learning systems that holistically support children and youth. [Click here](#) to read more and [here](#) to register. Earlybird rates apply through **March 21**.

Thinking of signing up your child for summer camp? Camp scholarships available in Palm Beach County!



Hear from a local mom why you should sign up your child for summer camp. Now is the time to do it with more than 3,000 summer camp scholarships available for Palm Beach County children!

The scholarships are for children ages 5 to 14 and in select cases, children up to 17 years old. These scholarships cover all summer camp costs and are available on a first-come, first-served basis for families who financially qualify. The deadline is April 14.

[Learn more](#)

Events

Art Therapy Classes for Middle-School Students

Tuesdays, March 14 - April 26
6:00 p.m. - 8:00 p.m.
Lighthouse Art Center
Tequesta

Center for Child Counseling continues to offer group art therapy classes to support mental health, peer relationships and overall well-being. The purpose of this program is to increase feelings of community and connectedness, build resilience and coping skills and decrease feelings associated with anxiety, depression, loneliness and/or stress. For each group cohort, a Center for Child Counseling therapist will partner with a Lighthouse ArtCenter art instructor to provide weekly therapeutic art activities from painting to pottery! The first session's topic is anxiety. [Click here](#) for the ArtClub schedule with a list of topics and registration form.

Spring Break Respite Camp for Children with Developmental Disabilities

Monday, March 20 - Friday, March 24
9:00 a.m. - 4:00 p.m.
The Arc of Palm Beach County
North Campus
3879 Byron Dr.
Riviera Beach

The Arc of Palm Beach County is excited to offer Spring Break camp to children ages 4-16. Space is limited, and an in-person assessment is required prior to admission if the child has not previously attended. Daily lunch, snacks and beverages must be provided by the child's caretaker(s). For further information and to register, contact msanchez@arcpbc.org or call **561-842-5814 x206**. To learn more about The Arc of Palm Beach County, [click here](#).

Spring Family Frolic

Monday, March 20 - Saturday, March 25
10:00 a.m. - 4:00 p.m.
Yesteryear Village at South Florida Fairgrounds
9067 Southern Blvd.
West Palm Beach

Kick-start the spring season by visiting the Village during the first ever Spring Family Frolic! All week long there will fun activities and special events for the whole family to enjoy. RSVP to receive a \$3 off promo code! For more information, to check out daily themes and activity line-up and to RSVP, [click here](#).

Daddy and Me Program Launch

Saturday, March 25
10:00 a.m. - 1:00 p.m.
Palm Beach Zoo
301 Summit Blvd.
West Palm Beach

Lead the Fight Series - The Hungry Ghost: A Biopsychosocial Perspective on Addiction

Thursday, March 30
4:00 p.m. - 5:30 p.m.
Virtual

Unicorn Children's Foundation Family Fun Nights

Wednesday, March 29 and every last Wednesday of the month
5:30 p.m. - 7:30 p.m.
99 SE Mizner Blvd., Ste. 120
Boca Raton

The Daddy and Me program from West Palm Beach Center for Arts and Technology will provide a safe, supportive and creative space for fathers to strengthen relationships with their children, using arts and technology as a bridge to bonding. They will share experiences, develop new parent/child communication skills and experience arts and technology. Admission for the launch event is free and lunch will be provided. Fathers and father figures must be accompanied by their children. [Click here](#) to register.

Tax-a-Thon, Hosted by United Way of Palm Beach County

Saturday, April 1
8:30 a.m. - 4:00 p.m.
Palm Beach State College Lake Worth Campus
4200 S. Congress Ave.
Lake Worth

A team of IRS-certified, United Way volunteers will be on site to provide free and secure tax preparation assistance for individuals and families whose household income was \$70,000 or less in 2022. VITA volunteers are trained to find taxpayers all eligible tax credits, such as the Earned Income Tax Credit (EITC). View a complete list of documents to bring with you [here](#).

Breakfast with the Easter Bunny

Saturday, April 8
8:30 a.m. - 1:00 p.m.
Yesteryear Village at South Florida Fairgrounds
9067 Southern Blvd.
West Palm Beach

Enjoy a breakfast buffet, meet and greet and photos with the Easter Bunny, an Easter egg hunt, craft activities and more! For more information and to purchase tickets, [click here](#).

Center for Child Counseling brings renowned speaker and bestselling author, Dr. Gabor Maté for this special live event. Dr. Maté is highly sought after for his expertise on a range of topics including addiction, stress and childhood development. This interactive presentation is based on Dr. Maté's book *[In the Realm of Hungry Ghosts: Close Encounters with Addiction](#)* which draws on cutting-edge science to illuminate where and how addictions originate and what they have in common. To read more and register, [click here](#).

Spring Community Block Party

Saturday, April 1
2:00 p.m.
Sunset Ridge Park
1528 14 Ave N.
Lake Worth

CROS Ministries invites you to this fun-filled day full of music, snacks and field day activities hosted by Coach Tony from the Spartan Games. [Click here](#) to view a flyer for the event.

AACY Community Caregiving Champions Breakfast

Friday, April 14
8:00 a.m. - 10:00 a.m.
Boca Raton Marriott
5150 Town Center Cir.
Boca Raton

Register today for the American Association of Caregiving Youth's (AACY) Community Caregiver Awards Breakfast. The AACY supports students who are responsible for caring for sick or disabled loved ones. The AACY provides individual and group counseling, tutoring, Camp Treasure, funds for home improvement projects, medical equipment such as ramps, respite care using Certified Nursing Assistants, mentors, meals, holiday meals and family events.

The Unicorn Children's Foundation is dedicated to creating cradle to career pathways for kids and young adults with developmental differences and helping their families navigate the complex journey. This free event is open to people of all ages and abilities and includes karaoke, dancing, light bites and refreshments, crafts, board games, cups of kindness served by Percs Café baristas and tours available upon request. [Click here](#) to register.

April Pool's Day and Easter Egg Hunt

Saturday, April 1
10:00 a.m. - 12:00 p.m.
Aqua Crest Pool
2503 Seacrest Blvd.
Delray Beach

Join Palm Beach County Aquatics for this free, family-friendly event that includes popcorn, door prizes, games, electric surfboard and safety demonstrations. [Click here](#) to view a flyer for the event.

Jupiter Police Family Autism Day

Saturday, April 22
10:00 a.m. - 2:00 p.m.
Carlin Park West
400 SR-A1A
Jupiter

This event is filled with over 25 incredible resources in the area that assist those on the autism spectrum and will inform their families and friends while providing fun connections with local first responders and others with autism. Read more about the event [here](#) and RSVP [here](#).

[Click here](#) to register.

Youth Summit of Palm Beach County

Saturday, April 29
9:00 a.m. - 4:00 p.m.
Palm Beach Central High School
8499 W. Forest Hill Blvd.
Wellington

Middle and high school students are invited to join this free day of fun, food, music and entertainment, a dance competition, prizes and education. Community service hours are available! Text **YOUTH SUMMIT** to **888-687-0035** for more information, [click here](#) to register and [click here](#) to view a flyer.

Afterschool Symposium 2023: Shift to Now

Friday, May 12
8:00 a.m. - 1:00 p.m.
West Palm Beach Marriott
1001 Okeechobee Blvd.
West Palm Beach

Prime Time Palm Beach County is excited to offer this annual event with the purpose of embracing the present to offer youth meaningful out-of-school time experiences. Attendees will be inspired with innovative strategies and activities that complement ways in which out-of-school time programs, practitioners and the field can "SHIFT" (Stop, Hold space, Imagine, Feel the change and Take action). Pre-register [here](#) to get placed in a drawing to win a \$50 gift card. The winner will be announced at the Advancing Afterschool Awards Luncheon on May 12 and must be present to win.

Hey Sistas Launch Party

Saturday, May 20
6:00 p.m.- 9:00 p.m.
Olentv Selfie Museum
205 N Federal Hwy
Lake Worth

"Hey Sistas" is a women's support group through Rhonda's Promise Inc. for women of color to focus on health, wellness and mental health awareness. The group will participate in fitness activities, as well as hear from expert guest speakers on health-related topics. Through the support of this program, women will work together to develop their leadership skills and find their voice to positively advocate for issues related to women's physical and mental health. [Click here](#) to register.

Trainings

Healthy Mothers, Healthy Babies Coalition of Palm Beach County: March Educational Calendar

March events include educational classes for pregnant women, new parents and their support partners, maternal wellness support group meetings in English and Spanish, childbirth classes with virtual and Spanish options, pregnancy and infant loss and couples support groups in English and Spanish, prenatal yoga and a six-session virtual support group to reduce stress. A calendar with details can be found [here](#).

Schemers, Fraud and the Exploitation of Pandemic Funding and Other Nonprofit Concerns

Tuesday, March 21
8:00 a.m. - 10:00 a.m.
Keiser University Flagship Campus - Turner Auditorium
2500 N. Military Trail
West Palm Beach

This panel discussion from Nonprofits First will focus on recent attention paid to the investigations and fraud related to the CARES Act funding, PPP and others. Join this panel of experts who will discuss these and other topics of concern to local nonprofits. Continental breakfast will be served. [Click here](#) to register and [here](#) for a comprehensive listing of events offered through Nonprofits First.

PACEs and Resilience

Thursday, March 23
6:00 a.m. - 7:30 p.m.
Virtual

Participants in this workshop from United Way of Palm Beach County will learn from trainers from Center for Child Counseling about trauma and toxic stress, outcomes and findings of the ACEs study, positive childhood experiences, impact of PCEs on youth, trauma symptoms in children and youth, definition of resilience and strategies to promote resilience in children and youth. [Click here](#) to register.

Career Building Youth Program
Monday, March 20 - Friday, March 24
9:00 a.m. - 4:00 p.m.

Re-creating Recreation as a Supplemental Intervention for Individuals with ASD Conference

Center for Child Counseling In-Person Play Therapy Series
Friday, March 24
9:00 a.m. - 1:30 p.m.

The ARC of Palm Beach County
South Campus
4522 S Congress Ave.
Palm Springs

The Arc of Palm Beach County is offering this free program for students ages 15-21 who have a developmental disability (must have an IEP or 504 plan). In this program students will learn work readiness, employment skills and develop self-advocacy skills. Space is limited. [Click here](#) to view a flyer for the event and [here](#) to register. A referral form can be found [here](#).

The Importance of Legal Planning

Wednesday, March 29
2:00 p.m.
Virtual

The Melvin J. and Claire Levine LifePlanning program offers this free workshop that allows you to plan ahead for a loved one with a disability. Topics covered include special needs trusts, pooled trusts, guardianship, the ABLE Account and advanced directives. [Click here](#) for more information and to register.

What is "Mommy Brain?"

Thursday, April 13
10:00 a.m. - 12:30 p.m.
Virtual

In this presentation from Healthy Mothers Healthy Babies Coalition of Palm Beach County, attendees will learn from health educator Barb Buckner Suárez, ICCE, FACCE about how the maternal brain changes - both in structure and function - to support the

Thursday, March 23 & Friday,
March 24
8:15 a.m. - 4:45 p.m.
The ELS Center of Excellence
campus
18370 Limestone Creek Road
Jupiter

The Re-creating Recreation Conference, hosted by Els for Autism Foundation, will focus on demonstrating how recreation can be used as a platform for other therapeutic interventions for individuals with Autism Spectrum Disorder (ASD) and will feature leaders in recreation programs and services dedicated to improving the lives of individuals on the autism spectrum. The conference will provide tools and best practices for organizations, providers and practitioners interested in initiating or expanding recreation services to individuals with autism spectrum disorder (ASD) and other developmental disorders. [Click here](#) for details and to register.

Building Better Behavior: Parent Training for Disruptive Behavior -FAU Card

Wednesdays, March 29 - May 3
6:30 p.m. - 8:00 p.m.
Virtual

If you have an autistic child ages six to ten with challenging behaviors, this seven-week class, adapted from the RUBI Autism Network, can help by providing a step-by-step guide to help you reduce your child's problem behaviors and replace them with better ones. This small group class has 1:1 coaching from FAU CARD staff and is offered free to CARD constituents. [Click here](#) for more information.

Turn on the Light Conference on the Wellbeing of Children and Families

Thursday, April 27
8:00 a.m. - 4:15 p.m.
Palm Beach County Convention
Center
650 Okeechobee Blvd.
West Palm Beach

The full day symposium offers an array of educational workshops, resource booths and a keynote

Center for Child Counseling
8895 N. Military Trail
Palm Beach Gardens

Join Play Therapy experts to learn the language of the child through this new Play Therapy Series. The first workshop focuses on termination of therapy, which is an opportunity for closure and for the client and therapist to review the personal growth that has unfolded over the course of treatment. When done successfully, the end of therapy can be a positive experience with a long-lasting impact on both the client and therapist. To learn more about the event and to register, [click here](#). Cost includes 4 CEUs and Contact APT CEs. Early bird and student discounts are available. Upcoming workshops include Child-Centered Group Play Therapy, Utilizing Sand Tray in Play Therapy: The Basics and Continuing the Practice, Addressing Trauma Through Play Therapy and Treating Trauma using TF-CBT.

Special Needs Planning for Families

Tuesday, April 4
11:30 a.m. - 1:30 p.m.
The Els Center of Excellence
O'Donnell Pavilion
18370 Limestone Creek Rd.
Jupiter

Join this panel discussion to learn how to prepare your family financially for a child with special needs to ensure the best possible outcomes. [Click here](#) for a flyer and QR code to register.

Caregiver 911: Fearless Caregiver Conference

Thursday, April 27
10:00 a.m. - 2:00 p.m.
Carolyn Sims Center
225 NW 12th Ave.
Boynton Beach

This conference, hosted by Gary Barg, Editor-in-Chief of *Today's Caregiver* magazine, will teach how to balance work, family and caring, motivate family members

newborn, especially in the fourth trimester (first 12 weeks postpartum). When expecting parents, and those who support them in the childbearing year, are aware of these changes and can provide the necessary support these changes require, families can feel empowered and maybe even learn to celebrate "Mommy Brain." To view a flyer for this event, [click here](#). To register, [click here](#).

luncheon. This year's speaker is Diena "Rainey" Nave, Executive Director of Healing Place, International Vice-President of Bikers Against Trafficking, Addiction and Clinical Trauma Therapist, and biker who survived a lifetime of being trafficked. [Visit here](#) to register, become a sponsor or secure your exhibitor table. Group discounts available.

to help, communication strategies and securing the future of your adult child. Lunch is included and a limited number of free tickets are available for family caregivers. [Click here](#) to register and [here](#) to view a flyer for the event.

Additional Resources

[Visit the CSC website](#)
[CSC Employment](#)
[CSC Provider Agency Employment](#)
[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpbpc.org. [Click here](#) review the MMU Submission Guidelines.

Stay Connected!



Children's Services Council of Palm Beach County | 2300 High Ridge Road, Boynton Beach, FL 33426

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