

UNITED WAY EVENT



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of Palm Beach County



HEART OF THE MATTER: MENTAL HEALTH DURING THE PANDEMIC & BEYOND

AN INFORMATIVE CONVERSATION ABOUT
MENTAL HEALTH & TRAUMA-INFORMED CARE



KENYA MADISON
Senior Director
Healthier Delray Beach



LAUREN ZUCHMAN
Executive Director
BeWellPBC



SHARON L'HERROU
President & CEO
211 Palm Beach / Treasure Coast



TAMMY FIELDS
Director
Youth Services Department
Palm Beach County



Moderator
Seth B. Bernstein, Ph.D.
United Way of Palm Beach County

Hosted by



United Way
of Palm Beach County

Wednesday, May 19 | Noon-1pm | Virtual Event

In recognition of Mental Health and Trauma-Informed Care Month, local nonprofit and community leaders will be having a virtual conversation about the mental health landscape in PBC and the impact of the pandemic and recent social and racial unrest on our community's well-being.

Panelists will discuss various types of trauma, how to foster resiliency skills, and local behavioral health initiatives and resources for adults, youth, families, veterans, and businesses. **Join us on May 19 at 12pm!**

[**RSVP Today!**](#)

Meet Our Expert Panelists

Kenya Madison
Senior Director

Healthier Delray Beach

Lauren Zuchman
Executive Director

BeWellPBC

Sharon L'Herrou
President & CEO

211 Palm Beach/Treasure Coast

Tammy Fields
Director

Palm Beach County Youth Services Department

Moderator: Seth Bernstein, Ph.D.
Executive Vice President of Community Investments

United Way of Palm Beach County



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