

35 years #HealthySafeStrong

Helping Palm Beach County
children grow up
healthy, safe and strong



Monday Morning Update May 2, 2022

COVID-19 Resources

[Testing sites, meals sites, health tips and more COVID-19 updates and resources](#)

Children's Services Council has compiled an ongoing list of local resources that Palm Beach County families may find helpful in these uncertain times. [Click here](#) for links to federal, state and local resources and as well as educational resources for your family.

News

Council Update: Council Proclaims May as Mental Health Awareness Month

One in four adults, and one in five teens ages 13-18, experience a serious mental illness. Yet 60 percent of adults and half of youth don't receive the treatment necessary for their mental health concerns because of limited or no knowledge of their own need, barriers to care, or fear and shame.

To raise awareness, Children's Services Council of Palm Beach County's board proclaimed May as Mental Health Awareness and

ELCPBC's Annual Conference, registration now open!

Registration for the Early Learning Coalition of Palm Beach County's (ELCPBC) Annual Conference is now open! Empower'22 will take place on May 14 from 8 a.m. - 4:30 p.m. at the Keiser University Flagship campus. Parents, early childhood educators, and community members are encouraged to attend the event where all registrants will have the opportunity to build a customized schedule from workshop options. Use code 5OFF to receive \$5 off your registration! To find more

The School District partners with Paper tutoring for students who need extra help

Paper is a free online tutoring program that extends a helping hand to Palm Beach County students 24 hours a day, seven days a week! Parents, guardians, and family members of students in grades 6-12 in District-operated schools are invited to learn more about Paper. Learn how secondary students can access free, reliable support whenever they need it through Paper in 200+ subject areas, including homework help, essay review,

Trauma Informed Care Month at its most recent meeting. To learn more, [click here](#).

information, or register, [click here](#).

and test preparation. Access Paper through the District Portal or [click here](#) to learn more. Services also offered in Spanish, French, and Mandarin.

Palm Beach County Library System student jobs

Are you a student looking for a part-time job? Look no further! The Palm Beach County Library System is hiring students to work at their Jupiter, Palm Beach Gardens and Hagen Ranch Road branches and Annex location in West Palm Beach. All student employees must be at least 16 years old. Interested? [Click here](#) to find out more.

Healthy Mothers, Healthy Babies virtual and in-person programs ready to help moms-to-be!

Whether you want to learn infant CPR or you are looking for other pregnant women to share your journey, Healthy Mothers, Healthy Babies Coalition of Palm Beach County has a full slate of workshops, classes and support groups for May. The virtual and in-person programs are all free, but registration is required. Want to learn more? For information about classes and workshops, [click here](#). For information about support groups, [click here](#).

Palm Beach Behavioral Health Coalition Internship Coalition

The Teen Internship Coalition Summer '22 kicks off in June. The Palm Beach County Behavioral Health Coalition is accepting interest applications from students rising to 8th to 12th grade and who desire to build skills, learn leadership, practice public speaking, just say KNOW and impact their peers in Palm Beach County. Students earn community service hours for their virtual and IRL participation. [Click here](#) to complete your interest form. Following the interest form, you will be asked to complete a full applications. The program begins in early June and goes through mid July.



Palm Beach County events for families can be found on the free EveryParent App!

Children's Services Council's free EveryParent app now features weekly 'Things to Do' updates for families with events, activities and adventures from Boca Raton to Belle Glade. The app, which is free to download from the Apple App and Google Play stores, shares at least 10 new Things to Do each week – from free bonfires at Lake Worth Beach to low-cost, hands-on STEM programs in West Palm Beach:

[Learn more!](#)

Events

**Back to School PBC:
Registration is now open**
Saturday, July 30
10 a.m. - 2 p.m.

Registration is now open for the 2022 Back to School PBC! Students must reside in designated neighborhoods or mobile home parks in unincorporated Palm Beach County to be eligible to register. Students will be able to receive free school supplies and other community resources. Registration ends Sunday, May 15. [Click here](#) to register. Organizations, please enter code "PBCOCR" when registering.

Red Flags for Parents
Saturday, May 7
8:30 11:30 a.m.
Airport Hilton
150 Australian Avenue
West Palm Beach

Red Flags for Parents, from the Palm Beach County Sheriff's Office, is an event to help parents identifying and responding to red flags in children and teens. This one hour presentation will inform parents and members of the community that interact with children on the warning signs of negative child/teen behavior and provide successful response strategies. [Click here](#) to register.

**Spring Sing with Young Singers
of the Palm Beaches**
Saturday, May 7
4 - 5:30 p.m.
Unity of Delray Beach
101 Northwest 22nd Street
Delray Beach

Please join Young Singers of the Palm Beaches as youth choirs from across the County share their message of hope and inspiration at the 2022 Spring Sing sponsored by PNC Arts Alive. Children from 2nd-12th grades will raise their voices together in a rare inter-choir collaborative concert. "Singing in a choir speaks what cannot be expressed, soothes the mind, and heals the heart." This free community concert celebrates May's "Get Your Green On for Mental Health Awareness and Trauma Informed Care." [Click here](#) to learn more and RSVP.

**Place of Hope's 6th Annual
KDW Fish for Hope Fishing
Tournament**
Friday, May 13 and Saturday, May 14
Harbourside Place
200 US-1,
Jupiter

Place of Hope's 6th Annual KDW Fish for Hope Fishing Tournament is a unique, fun, and laid back, yet competitive fundraising event bringing together over 300 local, active and influential business owners, anglers, philanthropists, and media coverage to support the mission of Place of Hope! They will kick off this weekend tournament with our Captain's Meeting Friday night at Tiki 52, followed by a day out fishing off of Florida's coast, and end with a

**CROWN Awards with Talented
Teen Club**
Sunday, June 12
2 - 5:30 p.m.
Lake Pavilion
101 S Flagler Dr.,
West Palm Beach

Talented Teens Club Youth Cosmetology Program along with Salon Café Crowned the day with community leaders, entertainers, entrepreneurs as well as top hairstylists, and advancement for people of color. The inaugural CROWN Awards honored women, girls, and men for their contributions to society, culture, and furthering the tradition of Black beauty. They also celebrated the CROWN Awards celebrates with top Students from South Florida, teen dancers, and

**Deliver the Dream Upcoming
Programming**

Deliver the Dream is offering the following programs in May:

- Home is Where the Heart Is - Welcome Wreaths Tuesday, May 17
- Family Retreats (in-person) Cancer Family Retreat May 20-22, 2022. FFA Leadership Training Center, Haines City

[Click here](#) to learn more and to register.

great awards dinner at Harbourside Place Jupiter. Guests will enjoy exciting raffles, auction items, and giveaways. This 6th Annual Fish for Hope Fishing Tournament will be an exciting fishing tournament directly and immediately benefitting hundreds of abused children, youth, and families in desperate need throughout Palm Beach. [Click here](#) to learn more.

singers. The CROWN Awards brought hair, Music, and Culture together to Inspire, Educate and Encourage people to PASS the CROWN. [Click here](#) to learn more.

Trainings

Florida Association for Infant Mental Health trainings

Virtual

The Florida Association for Infant Mental Health has two unique trainings on the horizon. The training "Angel and Ghosts in the Nursery" will demonstrate how early experiences can either foster or impede parent-child relationships, including early caregiving interactions. The trainings will be offered via Zoom with link info to be sent out one week before the trainings begin. The two 2-hour training sessions will be held from 12 p.m. to 2 p.m. on June 7 and June 14. The other training-"Listening with Compassion"- supports clinicians in their therapeutic identity development in infant mental health clinical work. The time of this training will be announced. To register for the trainings, [click here](#). If you have questions, e-mail training@faimh.org

Maternal Mental Health Training

Thursday, May 19, 2022

9 - 10:30 a.m.

Zoom

Join Healthy Mothers, Healthy Babies of Palm Beach County for a special presentation about mental health issues related to pregnancy and postpartum! This training will benefit students, physicians, nurses, pregnancy care providers, mental health professionals, case managers, and any other professionals who support perinatal women. In this training, you will learn about mental health disorders that commonly occur in pregnancy and postpartum. You will gain tools and information to enhance quality of care and improve healthcare outcomes for perinatal women who experience

Upcoming trainings with the Center for Child Counseling

The Center of Child Counseling is hosting the online on-demand trainings below. Their trainers have a wealth of experience, knowledge, and formal training in a wide array of best practice and evidence-based interventions for young children, their families, and caregivers:

- Healthy Babies, Healthy Children, Healthy Life: A Symposium on Demand
- Self-Regulation for the Classroom and Beyond
- Showing Affection During the Pandemic
- Implementing Effective Transitions for Children
- Integrating Mindfulness into Daily Routines
- Creating a Calm Down Corner
- Beating Burnout for Teachers
- The Power of Co-Regulation

[Click here](#) to learn more.

Upcoming CSC trainings

Virtual

Children's Services Council will host the upcoming online trainings through the end of the calendar year:

- Lunch and Learn with T. Leroy Jefferson Medical Society, through May 11
- Symposium Series: Autism and Cultural Considerations, through Apr. 21
- Compassion Fatigue: Power of Positivity, through Aug. 11
- Substance Abuse Signs, Prevention and Clinical Tools, Mar. 28 - May 24
- Reflective Supervision, May 12 - Aug. 5
- Mindful Movement and Meditation June 3 and July 1

depression, anxiety, and other behavioral health concerns. [Click here](#) to register.

- Trauma-Informed Organizations July 5 - Aug. 26
[Click here](#) to view more information about these trainings and additional trainings to come.

Additional Resources

[Visit the CSC website](#)
[CSC Employment](#)
[CSC Provider Agency Employment](#)
[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpcb.org. [Click here](#) to review the MMU Submission Guidelines.

Stay Connected!

