

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31					1
3	4	5	6	7	8
10	11	12	13	14	15
9:00 – Coffee & Chat 10:00 – Navigating Mental Health Services 11:00 – Community Resources	9:00 – Coffee & Chat 10:00 – Art and Crafts 11:00 – Grief Relief	9:00 – Coffee & Chat 10:00 – Spirituality and Recovery 11:00 – Community Resources 3:00 –SOC/ Children’s Mental Health Meeting	9:00 – Coffee & Chat 10:00 – Managing Stress 11:00 – Music Group	9:00–Coffee & Chat 10:00–Arts & Crafts 11:00– Fun & Gathering	
17	18	19	20	21	22
9:00 – Coffee & Chat 10:00 – Peer Group– Navigating Mental Health Services 11:00 – Community Resources	9:00 – Coffee & Chat 10:00 – Art and Crafts 11:00 – Grief Relief	9:00 – Coffee & Chat 10:00 – Spirituality and Recovery 11:00 – Legal Services	9:00 – Coffee & Chat 10:00 – Managing Stress 11:00 – Music Group	9:00–Coffee & Chat 10:00–Arts & Crafts 11:00– Fun & Gathering	
24	25	26	27	28	29
9:00 – Coffee & Chat 10:00 – Peer Group– Navigating Mental Health Service 11:00 – Community Resources	9:00 – Coffee & Chat 10:00 – Art and Crafts 11:00 – Grief Relief	9:00 – Coffee & Chat 10:00 – Spirituality and Recovery 11:00 – Legal Services	9:00 – Coffee & Chat 10:00 – Managing Stress 11:00 – Music Group	9:00–Coffee & Chat 10:00–Arts & Crafts 11:00– Fun & Gathering	

August 2020



Peer Place Glades
19 Everglades St. Belle Glade

Phone: (561) 832-3755
Monday-Friday
9:00am-12:00pm
www.mentalhealthpbc.org

If you would like one on one support via phone or video chat please call our help line.

561-801-help (4357)