

Stay #HealthySafeStrong



Monday Morning Update September 20, 2021

[COVID-19 Resources](#)

[Testing sites, meals sites, health tips and more COVID-19 updates and resources](#)

Children's Services Council has compiled an ongoing list of local resources that Palm Beach County families may find helpful in these uncertain times. [Click here](#) for links to federal, state and local resources and as well as educational resources for your family.

News

Council proposes reduced tax rate for 2021-22 fiscal year

The governing board of Children's Services Council of Palm Beach County last week proposed a 2021-2022 millage rate of .6233 – a four-percent decrease from last year. If finalized, the Council's property tax revenue will remain the same despite the reduction in the millage rate, allowing the

Integrating school and out-of-school time toward equity

The School District of Palm Beach County and local out-of-school time (OST) provider, Prime Time Palm Beach County, engaged in a long-term collaboration to advance equitable social-emotional learning. Many educators have called for an increased focus on non-academic,

National Diaper Need Awareness Week

Every September, join the National Diaper Bank Network (NDBN) in recognizing their signature initiative, National Diaper Need Awareness Week. This year, from September 27 through October 3, Healthy Mothers, Healthy Babies will place special focus on supporting the

Council to meet the needs of the community in innovative ways. This is especially important as a global pandemic continues to take a toll on Palm Beach County's families. [Click here](#) to learn more.

social-emotional learning (SEL) and equity advancement in schools. In turn, these calls have raised questions about the extent to which SEL promotes equity in schools and society, particularly in terms of equalizing positive outcomes across racial subgroups. [Click here](#) to learn more.

families who lack a sufficient supply of diapers to keep an infant or child clean, dry, and healthy. As a result, we opened Basics4Babies - an emergency pantry, which for 35 years has focused on providing free diapers and basic baby needs to families residing in Palm Beach County who demonstrate need. [Click here](#) to learn more.

Palm Health Foundation's October Train the Brain campaign to link the mysteries of neuroscience with caring for our own mental health

Palm Health Foundation's fifth annual Train the Brain community health campaign kicks off on October 1, 2021 with this year's theme, "Connecting Brain Science, Community & Care." Throughout October 2021, the foundation will promote information that relates scientific research to practical brain health tips that can help build a better brain, and offer two free virtual educational events featuring nationally acclaimed brain health experts. [Learn more](#) about the campaign and join them for two dynamic events on Zoom or Facebook Live!:

- The New Frontier: The Science Behind Better Brain Health Tuesday, Oct. 5, 1 - 2 p.m.
- The Power of Attention: Finding Presence & Purpose Tuesday, Oct. 19, 1 - 2 p.m.

Housing assistance available to Palm Beach County residents

Palm Beach County's Department of Housing and Economic Development (HED) announces the availability of State Housing Initiatives Partnership (SHIP) housing assistance funds for Fiscal Year 2021-2022. Applications must be submitted online, and will be

Free mental health and substance use services via telehealth

No-cost mental health and substance use counseling, medication, and services for low-income families and individuals needing help as a result of the pandemic are available through IMPOWER, a Florida non-profit organization. To qualify for services, individuals must be uninsured, underinsured, be at 150% of the Federal Poverty Level, and have been impacted by COVID-19. Services available for Florida residents of any age. For more information, [click here](#) or call 321.639.1224.

Infant to 3rd grade educators: Journey Together with Cox Campus

Cox Campus, partnering with the Campaign for Grade Level Reading and Rollins Center for Language and Literacy, offers self-paced professional development courses, companion guides and monthly live facilitated discussions for infant through 3rd grade educators. A new session starts September 15. [Click here](#) for more details.

September is Child Passenger Safety Month

Every year during the month of September, Safe Kids Coalitions host events across the country to help parents learn how to install and use their car seat correctly. These events are in celebration of National Child Passenger Safety Month, with the biggest focus being on Seat Check Saturday on

September 2021 Benefits Outreach Program with Palm Beach County Food Bank

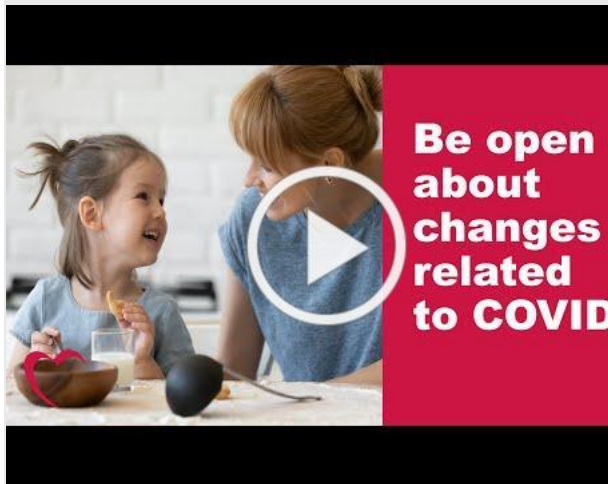
The Benefits Outreach Program assists individuals and families with applying for federal food assistance benefits (SNAP). Palm Beach County Food Bank is one of only seven organizations in Florida that provide the DCF required federal food relief

processed on a first submitted, first qualified, first served basis, subject to funding availability, for targeted groups, on the following dates [clicking here](#).

- Purchase Assistance Program through Oct. 4, 2021 at 11:59 p.m.
- Owner-Occupied Housing Rehabilitation Program through Oct. 4, 2021 at 11:59 p.m.

September 25. The entire nation gets behind keeping kids safer in car seats, booster seats and seat belts. Join Safe Kids PBC for educational sessions on Car Seat Basics via Facebook Live sessions in Spanish (9/15 at 12 p.m.), English (9/23 at 12 p.m.) and Creole 9/9 at 6 p.m.). On Saturday September 25th, Safe Kids is hosting a Virtual Seat Check Saturday. To sign up for a seat check or installation please call Elaine at 561.389.2734. [Click here](#) to learn more about Safe Kids.

interview. This interview will be conducted during your meeting with one of our Benefits Specialists, who speak English, Spanish and Creole. [Click here](#) to learn more and to view the Benefits Outreach Calendar for September.



How to help your kids break out of a pandemic bubble

For children and parents alike, the transition into this school year comes with new challenges. From easing back into a routine to soothing back-to-school jitters, [EveryParent](#) is here to help your family adjust going back to school and returning to public spaces:

[Learn more](#)

Events

Countywide Community Revitalization Team Virtual Public Meeting

Tuesday, Sept. 21 at 10 a.m.
Virtual

Join the Countywide Community Revitalization Team (CCRT) for a virtual WebEx meeting hosted by the Office of Community Revitalization (OCR). Merlene Ramnon, Ph.D., Director with Community Health, Florida

Ask an Expert: Discussing Infant Mortality

Wednesday, Sept. 22
6 - 7 p.m.
Virtual via Facebook Live
[@SafeKidsPalmBeachCounty](#)

In this free interactive webinar, Dr. Brown-Graham, an Obstetrician-Gynecologist will discuss risk factors for infant mortality, safe sleep best practices, parental stress coping mechanisms, and

#RaceAnd Our Present, Our Future, a Youth-led Racial Justice Conference

Saturday, Sept. 25
Virtual

This half-day conference will be held on September 25, and will be a virtual, intergenerational dialogue that will center the solutions-driven, movement-making work of young people within Black, Indigenous, LatinX

Department of Health in Palm Beach County, Mary Ann Hernandez Gudiel and Reginald Brown, from Community Health-Tobacco Free Florida will be in attendance to talk about Youth and E-Cigarettes. The presentation will provide an overview of what are e-cigarettes, what are Electronic Vaping Products (EVP), and what are the health and risk implications from e-cigarettes, vaping and COVID-19. [Click here](#) to learn more and join the meeting.

more. The webinar will be followed by a live Q&A session. All are welcome, no registration required. This webinar will be presented by BRIDGES, Healthy Mothers, Healthy Babies, HomeSafe, Community Voice and Safe Kids PBC. [Click here](#) to learn more.

and Asian-American Pacific Islander Communities. Race Forward is proud to announce climate activist and racial justice advocate Isra Hirsi as the keynote speaker for the "#RaceAnd: Our Present Our Future" Conference taking place on September 25, 2021! Isra Hirsi is co-founder and co-executive director of the United States Youth Climate Strike, and the daughter of U.S. Congresswoman Ilhan Omar. [Click here](#) to learn more and register.

Community Assistance Available at the Mandel Public Library

Mondays, 3 – 5 p.m.
Tuesdays, 10 a.m. - noon
Wednesdays, 10 - noon
Thursdays, 3 – 5 p.m.
Mandel Public Library of West Palm Beach
401 Clematis St.,
West Palm Beach

The City of West Palm Beach is offering office hours for assistance with community resources including housing/shelter, food, and mental health services. Those in need of assistance can visit Kevin Jones, Coordinator of Community Initiatives, on the 4th floor of the Mandel Public Library of West Palm Beach. [Click here](#) to learn more.

Domestic Violence Awareness Month Opening Ceremony

Monday, Oct. 1
9 - 10:30 a.m.
Virtual via WebEx

Please save the date and join the the Domestic Violence Council of Palm Beach for their virtual Opening Ceremony to commemorate Domestic Violence Awareness Month and celebrate frontline advocates, therapists, CPIs, case managers, and BIP providers. The theme this year is "Looking Back to Move Forward." [Click here](#) to learn more.

Trainings

CRAFT - Community Reinforcement and Family Training

Session #1: Tuesday - Friday, Sept. 21 - 24, 2021
9 a.m. - 3 p.m.
Session #2: Tuesday - Friday, Sept. 28 - Oct. 1, 2021
9 a.m. - 3 p.m.
Virtual

The Palm Beach County Behavioral Health Coalition in partnership with the Health Council of Southeast Florida are hosting the CRAFT Training — Community Reinforcement and Family Training. This four-day workshop is geared to

Healthy Babies, Healthy Children, Healthy Life: A Symposium

Thursday, Sept. 30
9 a.m. – 2:30 p.m.
Zoom Webinar

Did you know that trauma can leave a chemical mark on a person's genes, which can then be passed down to future generations? Have you ever heard of Adverse Babyhood Experiences (ABEs)—which are distinct from Adverse Childhood Experiences (ACEs)? Do you wonder how healing, prevention, and building resiliency can mitigate trauma? Then this

September classes for pregnant and new parents with Healthy Mothers, Healthy Babies

Throughout August 2021
Virtual

Healthy Mothers, Healthy Babies of Palm Beach County is here to support you through pregnancy with educational classes and groups. Register today for upcoming support groups and educational classes for pregnant and new parents like Small Steps, Great Parents classes and Circle of Moms. All are at no cost, but registration is required. [Click here](#) to learn more and to register.

professionals and individuals working formally and informally with family members impacted by Substance Use Disorder (SUD). It is also open to peers with lived experience of SUD in the family alongside peer coaches that can utilize this training to diversify their toolbox. All participants will learn about the only evidence-based method designed for families affected by SUD. [Click here](#) to access Session 1 and [click here](#) to access Session 2.

symposium is for you! In an exclusive partnership with Healthy Mothers, Healthy Babies and Center for Child Counseling, we are honored to host presentations from distinguished mental health professionals focusing on babies, children, and families. Earn 5 CEU credits. [Click here](#) to register.

Trauma-Informed Care for Child Care Directors: Fall Term 2021

Wednesdays, Sept. 29, Oct. 13, 27, Nov. 11
6:30 - 9:30 p.m.
Or Saturdays, Sept. 25, Oct. 9, 23, Nov. 6, 20
9 a.m. – noon
Online

This is a five-session course, which will require the completion of outside assignments and readings. Upon completion of this course, child care program directors will form a community of practice and be able to recognize the signs of trauma impacting children, examine the importance of self-care, apply tools to help children regulate emotions and behaviors and more. [Click here](#) to apply.

A Way of Being with Children: A Trauma-Informed Approach to Building Resilience Virtual and Manual

This training is based on Center for Child Counseling's manual and reflects over twenty years of experience working with children, combining the science of brain development, child development, and actual practice to enhance positive child-caregiver relationships and resilience. If you are a childcare provider with the Early Learning Coalition of Palm Beach County, contact us for a special code to waive the training fee. Students and Palm Beach County partners, please contact us for a significant discount! Earn 5.5 CEUs. [Click here](#) to register.

Closing the Distance: Developing & Sustaining Your Mentoring Program for Teens

Tuesday, Sept. 21 8 a.m.-12:30 p.m.
Wednesday, Sept. 22, 1 p.m.-5 p.m.
Virtual Summit

Join the Healthy Mothers, Healthy Babies Caps & Cribs Teen Mom Mentoring Program Coordinators for a Two-Day Virtual Summit, with a special presentation by Christopher Margadonna, the Director of Training & Engagement from MENTOR Rhode Island. Explore the benefits and steps to creating a hybrid mentoring program model that utilizes both in-person & virtual mentoring, how to recruit & effectively train top-notch mentors, how to design an engaging mentor program curriculum, brainstorming sessions, and so much more! This event is free; however, registration is required. [Click here](#) for more information.

2021 National Prenatal-to-3 Research to Policy Summit

Thursday, Oct. 7
2 - 5 p.m.
Virtual

Join thousands of policymakers, scholars, and practitioners across the country to learn how to strengthen state policies that impact the foundational prenatal-to-3 development period, starting with rigorous evidence. We look forward to an exciting agenda and can't wait to share the new 2021 Prenatal-to-3 State Policy Roadmap. The National Prenatal-to-3 Research to Policy Summit will be held virtually only on Thursday, October 7, 2021. There is no registration fee to attend. [Click here](#) to learn more and register.

Additional Resources

[Visit the CSC website](#)

[CSC Employment](#)

[CSC Provider Agency Employment](#)

[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpsc.org. [Click here](#) to review the MMU Submission Guidelines.

Stay Connected!

