

# Today's MMU: Palm Beach County Mentoring Program Receives National Award

Children's Services Council of Palm Beach County <mmu+cscpb.org@ccsend.com>

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To: Updates <updates@gladesinitiative.org>

## 35 years #HealthySafeStrong

Helping Palm Beach County  
children grow up  
healthy, safe and strong



## Monday Morning Update May 30, 2023

### News

#### **Palm Beach County Mentoring Program Receives National Award**

Palm Beach County's Level Up mentoring program received "Best in Category" recognition for Children and Youth Achievement from the National Association of Counties (NACo). The award honors innovative, effective county government programs that strengthen services for residents. Children's Services Council of Palm Beach County, Palm Beach County Youth Services Department and United Way of Palm Beach County's Mentor Center launched the Level Up Enhanced Mentoring Program in 2021 to offer mentoring opportunities for youth ages 11 to 19 who are involved with or at risk of entering the juvenile justice or dependency systems. Read more [here](#).

#### **Council Update: Children's Services Council Honored with United Way's Champion for Children Award**

Children's Services of Council of Palm Beach County received a surprise Champion for Children Award this month at United Way of Palm Beach County's Heart of Palm Beach County: Celebrate the Impact ceremony, staff informed the board at its monthly meeting. The recognition is one of 22 that United Way awards community members, nonprofit agencies, donors and others who support the organization's mission. [Click here](#) to read more.

#### **Build Resilience in Out-of-School Time**

In honor of Mental Health Awareness Month and Get Your Green On, Prime Time Palm Beach County and Adopt-a-Family of the Palm Beaches teamed up to bring Building Resilience in Out-of-school Time webcast to out-of-school time professionals to learn how to respond to micro-challenges in any scenario. Providers have indicated that it would be helpful to receive support on mitigating staff burnout, keeping teams engaged and inspired, and being better prepared to model resilience to youth when they face challenges. The webcast explores the meaning and practice of resilience, and how cultivating resilience as a habit can help to improve how they respond to micro-challenges at work and in their personal lives, strengthening themselves and the youth with whom they serve. Read more and

watch [here](#).

### **Students Speak Up for Kids Empowers Students to Stand Up for Kids in Foster Care**

Looking for summer volunteer opportunities?

Students Speak Up for Kids (SSUFK) is a division of Speak Up for Kids of Palm Beach County. Their mission is to empower local students with opportunities to serve and speak up for the children involved in the County's dependency court system. They do this through flexible community service projects, chapters of SSUFK at local schools and fun-filled in-person events. One of their most notable projects is Music Buddies - a program that pairs kids in foster care with student music teachers who then provide them with free virtual music lessons. To learn more about how to get involved with other incredible projects like this one, [click here](#).

### **Mentors Needed to Assist Children in Take Stock in Children Program**

Do you aspire to be a role model? Are you passionate about making a positive impact on children's lives? Perhaps you had a significant mentor who influenced your life, and now it's your turn to pay it forward as a mentor for Take Stock in Children. As we prepare for the new school year, we require mentors from across Palm Beach County to assist our students. Apply now and participate in a mentor orientation to ensure you are prepared for the fall semester. Invest your heart in supporting students in the program, as every student who completes it and graduates high school receives a college scholarship. Upcoming virtual mentor orientation dates are May 22 at 5:30 p.m., June 8 at 5:30 p.m. and June 13 at 12:00 p.m. [Click here](#) to submit your online mentor application. Contact [kbriard@takestockpalmbeach.org](mailto:kbriard@takestockpalmbeach.org) with questions.

### **CSC Seeks Applications for 2023 Great Ideas Initiative (GII)**

Children's Services Council of Palm Beach County (CSC) has released a funding opportunity seeking applications for the 2023 Great Ideas Initiative (GII). CSC's Great Ideas Initiative enables us to reach into the local communities and find those organizations and programs that are making a difference in the lives of children and their families. With grants up to \$40,000, it's our way of supporting new and creative ideas and programs designed to help families succeed...right where they are. Deadline for application submission is June 27 by 12:00 p.m. (noon). Those interested in submitting an application should [click here](#) to find the GII guidelines and instructions and to apply through Foundant. Any questions should be directed to [bidsadmin@cscpsc.org](mailto:bidsadmin@cscpsc.org).

### **Children's Services Council (CSC) Launches Refreshed EveryParentPBC.org Website**

The [EveryParentPBC.org](http://EveryParentPBC.org) website is better than ever – with a new look and feel, easier navigation and open access to tons of helpful, local, trusted parenting information! The site, created just for Palm Beach County parents and caregivers in August 2017, now features even more videos, articles, tips and resources to answer your toughest parenting questions. The site also boasts enhanced homepages in Spanish and Haitian-Creole and a personalized dashboard, called EveryParent+.

### **Children's Services Council of Palm Beach County Job Opportunity**

Children's Services Council (CSC) is hiring an Evaluation Officer to conduct systematic inquiry to understand how funding from CSC is used to improve child outcomes and reduce racial disparities. The evaluation officer performs complex statistical analyses, synthesizes data and shares findings with funded programs, system leaders and community residents. This position is responsible for building capacity by engaging in learning conversations with a variety of stakeholders with the purpose of transforming data into action. To read more and apply, submit a cover letter and resume [here](#) 5:00 p.m. June 5.

## **¿Quién vigila a tus hijos en el agua?**

Cuando los niños juegan en el agua necesitas que una persona los vigile. Esta persona debe ser un adulto responsable asignado para que vigile a los niños cuando están en la piscina. No asumas que porque haya adultos



alrededor de la pileta todos están mirando lo que ocurre en el agua. Un ahogo puede ser silencioso. Si tienes pensado hacer una fiesta en la piscina, asegúrate de que haya siempre un adulto cerca que preste atención. Para más tips de ayuda con la crianza de sus hijos, descargue nuestro app gratuito EveryParent app a través de Apple y Google Play Store.

**Apple Store:**

<https://itunes.apple.com/us/app/every...>

**Google Play:**

<https://play.google.com/store/apps/de>

Click this Button to  
Learn More

## Events

### **Palm Beach County Food Bank: May Outreach Calendar**

Palm Beach County Food Bank is focused on fighting hunger in Palm Beach County through five programs – Partner Marketplace, Pop-Up Farmer's Market, Benefits Outreach, Childhood Hunger Initiatives (Lois' Food4Kids, Weekend Food for Kids, and School Pantries) and Groceries for Seniors. They support close to 200 partner agencies in Palm Beach County with food, programs, resources and services. [Click here](#) to view a listing of opportunities with locations, times and language services offered. [Click here](#) to learn more about the Food Bank.

### **FREE Baby Shower for Expectant Moms**

Tuesday, June 6  
1:00 p.m. - 2:30 p.m.  
Soma Medical Center  
1402 Royal Palm Beach Blvd.,  
Bldg. 700  
Royal Palm Beach

Expectant moms are invited to come celebrate their bundles of joy at this free event hosted by

### **Health Fair: Healthy Families Lead to Healthy Communities**

Saturday, June 3  
10:00 a.m. - 2:00 p.m.  
C.L. Brumback Health Center  
38754 State Road 80  
Belle Glade

Florida Department of Health invites you to attend this event to invest in your health and that of your family. Please [click here](#) to view a flyer in English, [here](#) for Spanish and [here](#) for Creole.

### **Daddy and Me Father's Day Celebration**

Saturday, June 17  
10:00 a.m. - 1:00 p.m.  
Pavilion at Howard Park  
1302 Parker Avenue  
West Palm Beach

West Palm Beach Center for Arts & Technology invites you to join them for the next Daddy and Me program session in honor of

### **The Arc Summer Camp**

Monday, June 5 for 7 weeks  
8:00 a.m. - 4:00 p.m.  
Belvedere Elementary School  
3000 Parker Ave.  
West Palm Beach

Registration is now open for The Arc Palm Beach County's summer camp for children ages 5-13. In-person assessments are required. Please [click here](#) to view a flyer in English and [here](#) for Spanish.

### **Young Voices & Advocates**

Monday, June 26 to Friday, June 30  
8:30 a.m. - 3:30 p.m.  
Digital Vibez, Inc. - Conference Room  
2635 Old Okeechobee Blvd.  
West Palm Beach

Teens are invited to participate in this free, one-week Summer Civics program through Youth

Soma Medical Center that includes educational resources and goodie bags with baby items. [Click here](#) to view a flyer with instructions on how to RSVP.

Father's Day. They will be serving lunch, playing games and providing gifts for the fathers. Please share this information with the men in your life. They are looking for a few great men to honor and recognize on this special holiday for their hard work and dedication to their children. [Click here](#) to view a flyer for the event and register.

Empowered to Prosper, where they will engage with local, elected leaders and become effective advocates for issues that matter to them. Includes a field trip and light breakfast and lunch. [Click here](#) to view a flyer with a QR code to sign up.

### [Center for Childhood Counseling Events:](#)

#### **Resilience: The Science of Stress & the Biology of Hope Movie Screening & Panel Discussion**

Wednesday, May 31

8:30 a.m. - 10:30 a.m.

Opportunity Early Childhood Education and Family Center

4171 Westgate Ave.

West Palm Beach

This event offers light refreshments, breakfast and an engaging panel discussion and Q&A session after the screening. Learn about the effects of toxic stress and discover how we can work together to promote resilience and reverse the impact of stress. Watch the documentary trailer [here](#). For a timeline of events and to register, [click here](#).

#### **FAIMH Palm Beach & Treasure Coast Chapter Launch**

Friday, June 9

8:30 a.m. - 10:30 a.m.

Opportunity Early Childhood Education and Family Center

4171 Westgate Ave.

West Palm Beach

Chapter meetings for the Florida Association for Infant Mental Health will be restarting in June. Director of Infant Mental Health program, Claudia Morona, will co-chair alongside Aruna Gilbert, Executive Vice President of Early Learning Coalition of PBC. [Click here](#) read more and RSVP.

### [Recurring Events:](#)

#### **Summer Junk Hour, with Resource Depot**

Tuesdays, June 13, 20, 27 & July 11 & 25

10:00 a.m. - 12:00 p.m.

Resource Depot

2508 Florida Ave.

West Palm Beach

Junk Hour is an open-ended summer class featuring six different workshops, each with a different theme to engage students with upcycled materials and open-ended play. The first theme is cardboard city and will utilize cardboard boxes and tubes to design a cityscape. Future themes include TP Animals, Outer Space, Underwater Creatures, Junk Robots and Make a House. These sessions are geared toward school-aged students. A small fee of \$20 per student applies. [Click here](#) to sign up.

#### **Art Therapy Classes for Middle-School Students**

Tuesdays: 7-week sessions

6:00 p.m. - 8:00 p.m.

Lighthouse Art Center

Tequesta

Group art therapy classes support mental health, peer relationships and overall well-being. The purpose of this program is to increase feelings of community and connectedness, build resilience and coping skills and decrease feelings associated with anxiety, depression, loneliness and/or stress. For each group cohort, a Center for Child Counseling therapist will partner with a Lighthouse ArtCenter art instructor to provide weekly therapeutic art activities from painting to pottery! The first session's topic is anxiety. [Click here](#) for the

ArtClub schedule with a list of topics and registration form.

### **Black Under-Representation Initiative Task Force Meetings**

Every last Wednesday of the month

10:00 a.m.

Virtual

Florida Atlantic University's Center for Autism and Related Disabilities invites you to join the Black Under-Representation Initiative meetings to discuss research that indicates black children are being misidentified, delay identified and under-identified with Autism Spectrum Disorder. Without proper identification, children will not receive access to evidence-based interventions to progress academically and socially, and parents and families will not receive the support and training needed to help their children. RSVP by calling **561-212-4930** or email [cmckinney@fau.edu](mailto:cmckinney@fau.edu).

### **Unicorn Children's Foundation Family Fun Nights**

Every last Wednesday of the month

5:30 p.m. - 7:30 p.m.

99 SE Mizner Blvd., Ste. 120

Boca Raton

The Unicorn Children's Foundation is dedicated to creating cradle to career pathways for kids and young adults with developmental differences and helping their families navigate the complex journey. This free event is open to people of all ages and abilities and includes karaoke, dancing, light bites and refreshments, crafts, board games, cups of kindness served by Percs Café baristas and tours available upon request. [Click here](#) to register.

### **Girls Voice Task Force Virtual Space Meetings**

Every second Thursday of the month

6:00 p.m.

Virtual

The GVTF virtual space serves as a place for girls to connect with one another, learn valuable skills and grow together. [Click here](#) to complete the application to receive the meeting link. Join GVTF on Remind by texting @girlspbc to **81010**.

### **Food as Medicine Workshops**

Second and Fourth Saturdays, May - December

10:00 a.m. - 11:00 a.m.

Riviera Beach Urban Farm and Garden

W. Blue Heron Blvd.

Riviera Beach

The idea that our foods can aide in our wellness is a proven fact. The need for medications can be reduced by learning medicinal remedies composed of veggies, fruits and herbs. Operation No Food Gap, in partnership with the American Heart Association is excited to host these events and invites you to join in the fun by participating in cooking demos, gardening, wellness events, juicing and educational workshops along with fitness such as Zumba! The events are FREE and open to the entire family of all ages. [Click here](#) to learn more and RSVP.

## **Trainings**

### **Healthy Mothers, Healthy Babies Coalition of Palm Beach County: June Educational Calendar**

June events include educational classes for pregnant women, new parents and their support partners, maternal wellness support group meetings, childbirth classes, pregnancy and infant loss and Circle of Dads support groups and prenatal yoga. Many classes are offered in both English and Spanish with a virtual option. A calendar with details can be found [here](#).

#### **Cultural Competency Training**

Tuesday, June 6

9:00 a.m. - 12:00 p.m.

Children's Services Council - Andersen Room

2300 High Ridge Road

Boynton Beach

#### **ABCD's of Water Safety**

Wednesday, June 7

6:30 p.m. - 8:00 p.m.

Greenacres Community Center

501 Swain Blvd.

Greenacres

OR

Wednesday, June 7  
9:00 a.m. - 12:00 p.m.  
Tyke's & Teens, Inc.  
3577 SW Corporate Pkwy.  
Palm City

Palm Beach County Behavioral Health Coalition presents this community training on cultural diversity with the purpose of building cultural competence. Understand how employees' culture and social context influence interaction with the community and how to use community culture elements to strengthen relationships by implementing research-based practices with ethnically diverse stakeholders. View a flyer [here](#) and [click here](#) to register.

### **Centering Humanity in our Journey as Diversity Informed Healers**

Tuesday, June 27  
1:00 p.m. - 4:00 p.m.  
Virtual

Take a journey towards enhancing your diversity-informed practice with Dr. Barbara Stroud as she guides us to see ourselves through the lens of humanity...embracing that our humanity is our greatest healing tool. More than a training, this experience from the Florida Association for Infant Mental Health Training Academy will be a reflective exploration of the multiple identities that influence both providers and caregivers as healers. Dr. Stroud's training is open to all professionals who serve and support infants, toddlers and young children. It is right for direct service positions, managers/supervisors, leaders and policymakers. Continuing education (2 hours) for licensed clinical social workers, marriage and family therapists, mental health counselors and psychologists will be offered by the Florida Association for Infant Mental Health. [Click here](#) to register. Late registration prices start June 5.

### **United Way Trainings:**

#### **How to Change Your Stress to Strength**

Wednesday, June 7  
6:00 p.m. - 7:30 p.m.  
Virtual

Everyone experiences stress. Our bodies are meant to feel stress and to react to it. Most people experience stress on a daily basis. Stress keeps us alert and ready to avoid danger. Stress results from things that impact upon us in the normal course of life. But what happens when our stress does not go away? Your body is only meant to handle stress in small bursts. Chronic stress can lead to serious problems, lowering your immune system and interfering with the proper functioning of your body's systems. Participants will learn what is stress and stress response levels, impact of stress, symptoms of stress, self-care and self-regulation skills and how to cope with stress. [Click here](#) to register.

#### **Advanced ACEs: Building Trauma-Informed Juvenile Justice Systems**

Wednesday, June 14  
9:00 a.m. - 1:00 p.m.  
Virtual

This training is part of the City of Greenacres Let's Talk...A Series of Community Conversations. Drowning Prevention Coalition will present information such as the importance of adult supervision, beaches, boating and backyard safety as well as canal and drain safety. High school students that attend will receive three community service hours. Call 561-642-2090 to reserve a spot. [Click here](#) to view a flyer with more information.

### **All About Guardianship**

Wednesday, June 28  
2:00 p.m. - 3:00 p.m.  
Virtual

This workshop from Alpert Jewish Family Service will discuss the role of a professional guardian, process to obtain a guardian, how to plan for succession of a guardianship and skills to look for in a guardianship team. [Click here](#) to register by June 26.

In the absence of protective relationships, toxic stress in childhood impacts an individual's health and well-being across the lifetime. This workshop provides an overview of the ACE Study, trauma, toxic stress, PACEs, and the impact on health. Florida DJJ research, resilience, and building a trauma-Informed approach is also explored. By building the capacity of adults in our community to address this issue, we can nurture the social-emotional wellness of the next generation. And by shifting our perspective and recognizing that behaviors may be fueled by feelings a child may not be able to manage, we can build the foundation to help children impacted by adversity. [Click here](#) to register.

### **Early Learning Coalition Trainings:**

#### **Transition to Kindergarten Workshops**

Thursday, May 25

2:00 p.m. - 3:00 p.m.

Virtual

Wednesday, May 31

6:00 p.m. - 7:00 p.m.

Early Learning Coalition

2051 Martin Luther King Junior Blvd., Ste. 300

Riviera Beach

These workshop sessions provide information about registration and what is needed for a successful 2023 school year. These are family events for children ages four to five or entering kindergarten. Contact 561-231-5575 for information on how to register.

#### **3Ts Parenting Workshops**

Mondays, July 3, 10, 24 & 31

12:30 p.m. - 1:30 p.m.

Virtual

The 3Ts – Tune In, Talk More, Take Turns- is a simple but powerful tool to help make the most of everyday interactions with children. 3Ts resources foster knowledge and build skills parents can use to promote foundational brain development. These workshops are for anyone who takes care of a child ages 0-3 years old. [Click here](#) to register.

### **Center for Child Counseling Trainings:**

#### **Get Your Green on FREE Workshop Deals!**

During Mental Health Awareness and Trauma-Informed Care Month they are offering two on-demand workshops at no cost. [Click here](#) for workshops with discount codes.

#### **In-Person Play Therapy Series**

Friday, July 14

9:00 a.m. - 4:00 p.m.

Opportunity Early Childhood Education and Family Center

4171 Westgate Ave.

West Palm Beach

Join Play Therapy experts to learn the language of the child through this new Play Therapy Series. The next workshop focuses on utilizing sand tray in play therapy, a powerful method in treating children and adults. This workshop will explore the fundamental theory, skills, tools and methods of sand tray play therapy through hands-on experiences that allow participants to explore the various elements of the sand tray process. Participants will be able to develop and practice basic skills for incorporating sand tray play therapy into their practice. To learn more about the event and to register, [click here](#). Includes 4 live contact APT CE hours. Upcoming workshops include Continuing the Practice, Addressing Trauma Through Play Therapy and Treating Trauma using TF-CBT.

## **Additional Resources**

[Visit the CSC website](#)  
[CSC Employment](#)  
[CSC Provider Agency Employment](#)  
[Search for Trainings](#)

## Do you have information for the MMU?

Email your MMU submission to [mmu@cscpbc.org](mailto:mmu@cscpbc.org). [Click here](#) review the MMU Submission Guidelines.

## Stay Connected!



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33426

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