

# Stay #HealthySafeStrong



## Monday Morning Update October 5, 2020

### COVID-19 Resources

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#### **Video: CSC Update from CEO Lisa Williams-Taylor**

Hear from CSC CEO Lisa Williams-Taylor about what Children's Services Council of Palm Beach County and its funded programs have been doing the last six months. We have been working hard to ensure our local families are healthy, safe and strong. To watch the video, [click here](#).

#### **Benefits Outreach Program with Palm Beach County Food Bank**

The Benefits Outreach Program assists individuals and families with applying for federal food assistance benefits (SNAP). Palm Beach County Food Bank is one of only seven organizations in Florida that provide the DCF required federal food relief interview. This interview will be conducted during your meeting with one of our Benefits Specialists, who speak English, Spanish and Creole. [Click here](#) to learn more and to view the Benefits Outreach Calendar for October.

#### **Breastfeeding Support Program with Healthy Mothers, Healthy Babies**

Healthy Mothers, Healthy Babies now offers breastfeeding support and guidance to families by providing complimentary and convenient consultation services. Breastfeeding Educators will answer your questions or concerns regarding breastfeeding. This program is not a medical service. Breastfeeding Educators are available to meet virtually or by phone during business hours. [Click here](#) to learn more.

**Train the Brain 2020: Participate in free virtual workshops, support groups and learning opportunities!**

**Have an idea for a healthier neighborhood? Apply for Healthier Jupiter's Mini-Grant Program**

**Council Update: Council keeping tax rate steady for 2020-2021**

So far, 2020 has been a year filled with uncertainty and unexpected hardship. Many of us are experiencing stress and anxiety like never before. Palm Health Foundation's grantees and partners are providing free information and opportunities to help you maintain good brain health during this time with Train the Brain 2020: Resilience and Self-Care in the Face of Adversity. Participate in FREE virtual workshops, support groups and learning opportunities. [Learn more here.](#)

Healthier Jupiter is seeking innovative health ideas to fund through its Mini-Grant Program. The mini-grants will fund innovative ideas that aim to improve the health of the community in the greater Jupiter area. Healthier Jupiter will award grants of \$2,500 and encourages all not-for-profits, houses of worship, public schools, neighborhood associations, and civic organizations to submit a proposal for program ideas aligned with Healthier Jupiter's mission and goals. Individuals or businesses interested in applying must partner with a registered not-for-profit, civic organization or government agencies. [Click here](#) to learn more.

The governing board of Children's Services Council of Palm Beach County on Thursday agreed to hold the 2020-2021 millage rate steady – keeping last year's rate of .6497.

The sustained rate will allow the Council to meet the needs of the community, especially as a global pandemic continues to take a toll on Palm Beach County's families. Learn more here: [Learn more here.](#)

#### **Participate in the PBC Food for Kids Survey**

Participate in this short, online survey for parents to help identify the best ways to improve food resources delivery in PBC based upon parent input. We want to ensure that children and families have access to food as the pandemic continues and schools are not open and beyond. [Click here](#) to take the survey.

#### **Food assistance available through the CARES Act**

The Palm Beach County Board of County Commissioners, through its Community Services Department (CSD), is providing direct assistance for food to eligible residents of Palm Beach County under CARES Act. Palm Beach County will issue pre-paid debit cards to approved residents to purchase food. Eligible residents who experienced a loss of income as a direct result of COVID-19 and who are at or below 140% Area Median Income (AMI) may apply. [Click here](#) to learn more.

#### **Coronavirus Relief Fund (CRF) Emergency Repair Program**

The Palm Beach County Department of Housing and Economic Stability has announced the availability of \$3,685,932 in CRF funding to assist residents impacted by the COVID-19 crisis. Funding will be used to provide emergency repair assistance to income-eligible, owner-occupied residences that have been impacted by COVID-19 to address emergency conditions such as the installation, replacement or repair of roofs, shutters and/or heating, ventilation and air conditioning. [Click here](#) to learn more.

#### **Expanded Wi-Fi and remote printing available at all Palm Beach County Library System branches**

All branches of the Palm Beach County Library System have expanded Wi-Fi signals throughout the parking lot. This will allow members who do not want to come into the building to access the internet from their

#### **Need child care during distant learning? Apply for the Palm Beach County School-Age Child Care Scholarship**

The Early Learning Coalition is excited to partner with Palm Beach County and the Youth Services Department to supply child care scholarships for school-age children now through December 30, 2020. The Palm

#### **Unicorn Children's Foundation launches new Fall Virtual Support Programs**

The Unicorn Children's Foundation is launching a series of virtual support classes, clubs, and workshops to fill these gaps and help their families navigate this

car. The Library System is also offering remote printing. You can now print from anywhere – your home, school, office or even from your mobile device in the library. [Click here](#) to learn more.

Beach County School-Age Child Care Scholarship will prioritize families in need, experiencing homelessness, or families who work or attend school and have a household income at or below 200% of the Federal Poverty Level (FPL) Guidelines. For more specific information on eligibility requirements and "how to apply." [Click here](#) to learn more.

"next normal". These programs are intended to supplement the educational curriculum provided in schools by providing classes for building resiliency, special interest courses, employment supports, extracurricular activities, and social opportunities. [Click here](#) to learn more.

### **Florida KidCare Enrollment Assistance for uninsured children in Palm Beach County**

The Health Council of Southeast Florida, (HCSEF) has partnered with Florida Healthy Kids Corporation to provide services for the Florida KidCare program in Palm Beach County. Florida KidCare, the state's Children's Health Insurance Plan (CHIP), exists to increase the number of insured children in Florida by offering affordable, quality health and dental insurance for children from birth through the end of age 18. [Click here](#) to learn more.

### **Supplemental Nutrition Assistance Program (SNAP) expands to five Palm Beach County library locations**

The Supplemental Nutrition Assistance Program (SNAP) has expanded the benefit sign-ups to five Library locations. Members must make an appointment. They can also email the food bank at [Benefits@pbcfoodbank.org](mailto:Benefits@pbcfoodbank.org) to schedule appointments or ask questions. [Click here](#) for locations.

### **Testing sites, meals sites, health tips and more COVID-19 updates and resources**

Children's Services Council has compiled an ongoing list of local resources that Palm Beach County families may find helpful in these uncertain times. [Click here](#) for links to federal, state and local resources and as well as educational resources for your family.

## **News**

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### **Fall 2020 Courses with Palm Beach State College's Institute of Early Childhood Excellence**

Register today for Fall 2020 Courses with Palm Beach State College's Institute of Early Childhood Excellence. [Click here](#) to view the fall 2020 courses available. For registration information, call Debra Strange at 561.868.3670.

### **Virtual Workshop: Parents Against Gangs**

PBSO is providing this virtual workshop to raise parents' awareness on gang recruitment, how to recognize gang signs, juvenile crime, and how a criminal record can bring a lifetime of consequences to a child. To register, please contact Marcia Bahia at [bahiam@pbsso.org](mailto:bahiam@pbsso.org).

### **The South Florida Chamber Ensemble's iLUMA Program**

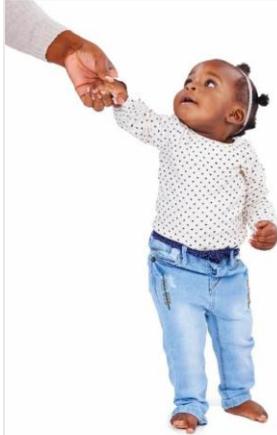
The South Florida Chamber Ensemble has grant funds for the iLUMA (Inter-generational Literacy Using Music and Art) program. iLUMA is looking for partner locations who would benefit from this free literacy program. iLUMA is a literacy program that

### **Apply for the South Florida Fair Scholarship**

The South Florida Fair & Palm Beach County Expositions, Inc. is proud to annually award \$50,000 in scholarships to students who have exhibited a desire to further their education. Our purpose is to encourage young people, who might not otherwise have an opportunity, to pursue a

introduces or reinforces reading comprehension, listening and memory skills in VPK, elementary, students with disabilities and seniors. There are several residency sessions open for the Fall (September- December) and are booking for the Spring residencies (January- April). [Click here](#) to learn more.

college education. Deadline for scholarship applications is **Oct. 18, 2020**. [Click here](#) to learn more and to apply.



Is your child developing on the right track? **EveryParent** can help with: developmental screenings tracking milestones developmental resources and more!

## Is your child developing on the right track?

Do you have questions or wonder about your child's development? All children grow and change at different rates. With the FREE **EveryParent** website and app, you can find local information, expert advice and trusted resources to help your child grow up healthy, safe and strong. Stay one step ahead of your child's development - [click here](#) for **EveryParent** articles about developmental screenings, child milestones and local resources.

[Sign up for our emails!](#)

## Events

### Anti-bullying Virtual Workshop

Virtual

The Palm Beach County Sheriff's Office is offering a virtual workshop on anti-bullying. Your children will enjoy this educational and fun zoom sessions! To schedule group sessions (up to 10 children per session), contact Marcia Bahia at [bahiam@pbso.org](mailto:bahiam@pbso.org).

### Youth Summit: Unmask Your Potential!

Saturday, October 10  
2 - 4 p.m.  
Virtual

Unravel the mystery of your potential. Middle and high school students **text TCIA to 88811** to join in on a fun, fast paced event to focus on how to keep your motivation and your sanity during a trying time. Learn from experts on how to speak up and speak out on a cause important to you. Led by students of Teen Coalition in Action, they will show you how they put these strategies into practice with their drug prevention causes and personal life. Games, workshops and three community service hours are up for grabs.

## Trainings

### **CSC's New Trainings and Online Support Groups**

Join us for our Monthly Online Peer Support Groups to share ideas, express thoughts, gain support, process COVID-19 events, community trauma, racial injustice, workplace stress and managing work online. [Click here](#) to see a schedule of new trainings and online support groups.

### **Creative Coping offered by CILO Inc.**

Saturdays throughout October 11 a.m.

When life gets messy, get creative! Art therapy can improve communication and concentration and can help reduce feelings of isolation. [Click here](#) to learn more and to register.

### **Supporting Children During COVID-19 Crisis**

Online training

This online workshop is designed for parents/caregivers to help them manage their children during the current pandemic. Cost is FREE. [Click here](#) to register and learn more about the workshop.

### **Virtual Domestic Abuse Survivor Support Group**

Thursdays through Nov. 5  
6 p.m.  
Virtual

Whether you are coping with something from the past or present, this group is for you. Coalition for Independent Living welcomes women from all backgrounds and sexual orientations. This six-week group offers support and education on intimate partner violence, as well as a safe place to heal. [Click here](#) to learn more.

### **Healthy Mothers, Healthy Babies October Educational Calendar**

Throughout October  
Online trainings

Join Healthy Mothers, Healthy Babies for their Virtual October Educational programs like Small Steps-Great Parents, Circle of Moms, Share and childbirth classes. [Click here](#) to register and learn more.

### **FAU CARD Little Owls Parent Training on Autism**

Through Oct. 12

The training takes place on Zoom for one hour each Monday and Wednesday from 10:30 to 11:30. The class will begin on Sept 2 and end on October 12. This free Zoom training for parents of children up to age 6 with autism covers topics such as, encouraging social communication, preventing problem behavior and resources. [Click here](#) to register.

### **Connect Through Entertainment**

Wednesdays throughout October  
3:30 - 4 p.m.  
Virtual

As a way to create connections while social distancing, CILO is offering a "Connection Through Entertainment" peer support group where a movie/video/music album is voted on and viewed outside the meeting and will be discussed in group that week! [Click here](#) to learn more.

### **Factoring in Fathers: Nuts 'n Bolts of Paternal Perinatal Mental Health with Healthy Mothers, Healthy Babies**

Thursday, October 22, 2020  
1 - 3 p.m.

Dr. Singley will provide an overview of how men's socialization relates to common perinatal mental health issues with an emphasis on how clinicians can be more father-inclusive and sensitive to common men's issues as they navigate the transition to fatherhood. [Click here](#) to learn more and to register.

### **Fall Virtual Class Schedule with The Unicorn Children's Foundation**

Virtual

The Unicorn Children's Foundation is pivoting to provide virtual supports and resources to people with special needs and their families, a population who typically suffer from social isolation. [Click here](#) for the schedule of classes, workshops and clubs.

### Dress for Success Palm Beaches' Your Next Step to Success

Fridays starting Oct. 9  
9:30 a.m. - noon  
Zoom

Dress for Success Palm Beaches' next session of Your Next Step to Success is suggested for women 18-25 who are at risk and lack the skills and abilities to obtain employment. The 8-week curriculum is designed to help build a life foundation based on self-knowledge and self-worth, accelerate the job search, and boost the confidence of each participant. [Click here](#) for more information and to register.

### Become a CHW Care Coordinator!

Fridays, Oct. 9 - Dec. 18  
1 - 4 p.m.  
Virtual

Fulfill training requirements and grow in your career! This training program offers the full complement of education hours and content areas that you need to fulfill the training requirements (30 contact hours) for the certification application as a community health worker. Training will be web-based and participant needs to have access to computer and internet. To apply, contact Karen at 561.433.3940 ext. 119 or via email at [karenh@pbcms.org](mailto:karenh@pbcms.org).

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## Additional Resources

[Visit the CSC website](#)  
[CSC Employment](#)  
[CSC Provider Agency Employment](#)  
[Search for Trainings](#)

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## Do you have information for the MMU?

Email your MMU submission to [mmu@cscpsc.org](mailto:mmu@cscpsc.org). [Click here](#) to review the MMU Submission Guidelines.

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## Stay Connected!

