

ROADS TO HEALTHY LIVING IN RURAL COMMUNITIES



GLADES PRESENTATION

Your zip code shouldn't decide how healthy you are, but the truth is that our community plays a huge role in our daily wellness. Join us for an evening of learning and planning as we discuss how to build a healthier future for everyone. Together, we can make a real difference.

We'll explore:

- Where you live matters
- Brain & Heart Health
- Managing Diabetes
- Natural Assets for Healthy Living



MAY 6, 2026 | 5:30PM



Location:
**Lakeside Medical
Center**
39200 Hooker Hwy,
Belle Glade, FL 33430

FOR MORE INFORMATION

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