

# ASTHMA HOME VISITING PROGRAM

A free program to help you learn about asthma  
and make your home asthma-friendly  
Now offering virtual home visits!



## VISIT 1

Learn about asthma symptoms, triggers, medications, and inhaler technique.

Asthma Action Plan



Get Help!  
Caution  
Doing well



## VISIT 2

Virtual home assessment to identify asthma triggers, then set goals to reduce these triggers.



## VISIT 3

Discuss progress on controlling your asthma and reducing triggers.



## Call 1

You will get a phone call 6 months after completing visit 3 to talk about your questions or concerns.



## Call 2

You will get a phone call 12 months after completing visit 3 to talk about your questions or concerns.

For more information, contact  
Florida Asthma Home Visit Program  
[FAPHomeVisit@flhealth.gov](mailto:FAPHomeVisit@flhealth.gov)

