

Stay #HealthySafeStrong



Monday Morning Update September 27, 2021

[COVID-19 Resources](#)

Testing sites, meals sites, health tips and more COVID-19 updates and resources

Children's Services Council has compiled an ongoing list of local resources that Palm Beach County families may find helpful in these uncertain times. [Click here](#) for links to federal, state and local resources and as well as educational resources for your family.

News

Today is Hunger Awareness Day

This year, United Way of Palm Beach County Hunger Relief and community partners are raising awareness about food insecurity in Palm Beach County by asking community members to post on their social media accounts Monday, September 27, 2021. Hunger Awareness Day will bring

Children's Services Council's board approves a reduced tax rate for 2021-2022

The governing board of Children's Services Council of Palm Beach County on Thursday voted to reduce the 2021-2022 millage rate to .6233 – a four-percent decrease from last year. The Council's property tax revenue will remain the same despite the

Volunteers needed for Operation DADication

Wednesday, Sept. 29
6:30 - 7:30 p.m.
Zoom

Project FACT (Fathers And Children Together) empower fathers/figures to become more engaged in the lives of their children as well as to prepare boys and young men for the

public awareness to the struggle faced by millions of low-income Americans to simultaneously avoid hunger, afford nutritious foods, and stay healthy. Orange is a color that sparks notice, it says, "PAY ATTENTION TO ME!" We believe the issue of hunger needs attention. [Click here](#) to learn more.

Job opportunities in afterschool programs across Palm Beach County

Apply to work with youth in afterschool programs across Palm Beach County today and earn scholarships and financial incentives through Prime Time Palm Beach County. You may be eligible for scholarships and financial incentives up to \$3,000, if you apply and are hired as an afterschool professional while working on one of the following credit pathways at Palm Beach State College. [Click here](#) to learn more and for available job opportunities.

Palm Health Foundation's October Train the Brain campaign to link the mysteries of neuroscience with caring for our own mental health

Palm Health Foundation's fifth annual Train the Brain community health campaign kicks off on October 1, 2021 with this year's theme, "Connecting Brain Science, Community & Care." Throughout October 2021, the foundation will promote information that relates scientific research to practical brain health tips that can help build a better brain, and offer two free virtual educational events featuring nationally acclaimed brain health experts. [Learn more](#) about the campaign and join them for two

reduction, allowing the Council to meet the needs of the community in innovative ways. This is especially important as the global pandemic continues to take a toll on Palm Beach County's families. Learn more [here](#).

National Diaper Need Awareness Week

Every September, join the National Diaper Bank Network (NDBN) in recognizing their signature initiative, National Diaper Need Awareness Week. This year, from September 27 through October 3, Healthy Mothers, Healthy Babies will place special focus on supporting the families who lack a sufficient supply of diapers to keep an infant or child clean, dry, and healthy. As a result, we opened Basics4Babies - an emergency pantry, which for 35 years has focused on providing free diapers and basic baby needs to families residing in Palm Beach County who demonstrate need. [Click here](#) to learn more.

Free mental health and substance use services via telehealth

No-cost mental health and substance use counseling, medication, and services for low-income families and individuals needing help as a result of the pandemic are available through IMPOWER, a Florida non-profit organization. To qualify for services, individuals must be uninsured, underinsured, be at 150% of the Federal Poverty Level, and have been impacted by COVID-19. Services available for Florida residents of any age. For more information, [click here](#) or call 321.639.1224.

responsibilities of manhood. Many of Project FACT members need father figures! Fathers are important to children's success in school and in life. Learn more about becoming a volunteer at their upcoming Zoom meeting on Wednesday Sept. 29, to learn more. [Click here](#) to join the Zoom meeting.

Integrating school and out-of-school time toward equity

The School District of Palm Beach County and local out-of-school time (OST) provider, Prime Time Palm Beach County, engaged in a long-term collaboration to advance equitable social-emotional learning. Many educators have called for an increased focus on non-academic, social-emotional learning (SEL) and equity advancement in schools. In turn, these calls have raised questions about the extent to which SEL promotes equity in schools and society, particularly in terms of equalizing positive outcomes across racial subgroups. [Click here](#) to learn more.

Infant to 3rd grade educators: Journey Together with Cox Campus

Cox Campus, partnering with the Campaign for Grade Level Reading and Rollins Center for Language and Literacy, offers self-paced professional development courses, companion guides and monthly live facilitated discussions for infant through 3rd grade educators. A new session starts September 15. [Click here](#) for more details.

dynamic events on Zoom or Facebook Live!:

- The New Frontier: The Science Behind Better Brain Health Tuesday, Oct. 5, 1 - 2 p.m.
- The Power of Attention: Finding Presence & Purpose Tuesday, Oct. 19, 1 - 2 p.m.

How to help your kids break out of a pandemic bubble

For children and parents alike, the transition into this school year comes with new challenges. From easing back into a routine to soothing back-to-school jitters, [EveryParent](#) is here to help your family adjust going back to school and returning to public spaces:

[Learn more](#)

Events

Professionals United for Parkland Superhero 5K Saturday, Oct. 23 Virtual

Professionals United for Parkland is excited to host the 2nd Annual Superhero 5K virtually on Saturday October 23, 2021. PU4P was founded to support our community through education and support following the tragedy at MSD. The Superhero 5K promises to be a fun and energetic day for everyone. This is a great virtual event to form a team with your family, friends, or co-workers, to support a great cause and have a lot of fun. Download the app, suit up and save the day on October 23rd. For race and sponsorship information, [click here](#).

Community Assistance Available at the Mandel Public Library Mondays, 3 – 5 p.m.

Let's Talk: A Series of Community Conversations

Thursday, Sept. 30
6:30 - 8 p.m.

Greenacres Community Center Banquet Hall
501 Swain Blvd.
Greenacres

The City of Greenacres will be hosting a Series of Community Conversations in our banquet hall facility once a month. These conversations are about topics that affect children, families and the community in general. There will be subject matter experts and the presentations will be provided both in person as well as virtually. [Click here](#) to learn more.

Domestic Violence Awareness Month Opening Ceremony Monday, Oct. 1

Tuesdays, 10 a.m. - noon
Wednesdays, 10 - noon
Thursdays, 3 – 5 p.m.
Mandel Public Library of West Palm Beach
401 Clematis St.,
West Palm Beach

The City of West Palm Beach is offering office hours for assistance with community resources including housing/shelter, food, and mental health services. Those in need of assistance can visit Kevin Jones, Coordinator of Community Initiatives, on the 4th floor of the Mandel Public Library of West Palm Beach. [Click here](#) to learn more.

9 - 10:30 a.m.
Virtual via WebEx

Please save the date and join the the Domestic Violence Council of Palm Beach for their virtual Opening Ceremony to commemorate Domestic Violence Awareness Month and celebrate frontline advocates, therapists, CPIs, case managers, and BIP providers. The theme this year is "Looking Back to Move Forward." [Click here](#) to learn more.

Trainings

CRAFT - Community Reinforcement and Family Training

Sept. 28 - Oct. 1, 2021
9 a.m. - 3 p.m.
Virtual

The Palm Beach County Behavioral Health Coalition in partnership with the Health Council of Southeast Florida are hosting the CRAFT Training — Community Reinforcement and Family Training. This four-day workshop is geared to professionals and individuals working formally and informally with family members impacted by Substance Use Disorder (SUD). It is also open to peers with lived experience of SUD in the family alongside peer coaches that can utilize this training to diversify their toolbox. All participants will learn about the only evidence-based method designed for families affected by SUD. [Click here](#) to access Session 1 and [click here](#) to access Session 2.

Healthy Babies, Healthy Children, Healthy Life: A Symposium

Thursday, Sept. 30
9 a.m. – 2:30 p.m.
Zoom Webinar

Did you know that trauma can leave a chemical mark on a person's genes, which can then be passed down to future generations? Have you ever heard of Adverse Babyhood Experiences (ABEs)—which are distinct from Adverse Childhood Experiences (ACEs)? Do you wonder how healing, prevention, and building resiliency can mitigate trauma? Then this symposium is for you! In an exclusive partnership with Healthy Mothers, Healthy Babies and Center for Child Counseling, we are honored to host presentations from distinguished mental health professionals focusing on babies, children, and families. Earn 5 CEU credits. [Click here](#) to register.

October classes for pregnant and new parents with Healthy Mothers, Healthy Babies

Throughout October 2021
Virtual

Healthy Mothers, Healthy Babies of Palm Beach County is here to support you through pregnancy with educational classes and groups. Register today for upcoming support groups and educational classes for pregnant and new parents like Small Steps, Great Parents classes and Circle of Moms. All are at no cost, but registration is required. [Click here](#) to learn more and to register.

Trauma-Informed Care for Child Care Directors: Fall Term 2021

Wednesdays Oct. 13, 27, Nov. 11
6:30 - 9:30 p.m.
Or Saturdays Oct. 9, 23, Nov. 6, 20
9 a.m. – noon
Online

2021 National Prenatal-to-3 Research to Policy Summit

Thursday, Oct. 7
2 - 5 p.m.
Virtual

Join thousands of policymakers, scholars, and practitioners across the country to learn how to

This is a five-session course, which will require the completion of outside assignments and readings. Upon completion of this course, child care program directors will form a community of practice and be able to recognize the signs of trauma impacting children, examine the importance of self-care, apply tools to help children regulate emotions and behaviors and more. [Click here](#) to apply.

strengthen state policies that impact the foundational prenatal-to-3 development period, starting with rigorous evidence. We look forward to an exciting agenda and can't wait to share the new 2021 Prenatal-to-3 State Policy Roadmap. The National Prenatal-to-3 Research to Policy Summit will be held virtually only on Thursday, October 7, 2021. There is no registration fee to attend. [Click here](#) to learn more and register.

Additional Resources

[Visit the CSC website](#)
[CSC Employment](#)
[CSC Provider Agency Employment](#)
[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpb.org. [Click here](#) to review the MMU Submission Guidelines.

Stay Connected!

