

# Queens Justice Holistic Services

PRESENTS



Dates:

February 21st, 2024

March 20th, 2024

April 17th, 2024

Location: BRIDGES at Belle Glade

5:00 pm - 7:00 PM

A series of maternal health support groups designed to educate, empower and support women in rural areas to reduce maternal and infant mortality, improve birthing outcomes and build community.

## Key topics of the support groups include:

- ✓ Mental Health: Perinatal & Postpartum
- ✓ Physical Health
- ✓ Self Care
- ✓ Intimate Partner Violence
- ✓ Breastfeeding
- ✓ Child Birth Education
- ✓ Pregnancy at 35 years +
- ✓ Doula Support



Scan to Register for Zoom

Contact Bree for  
more information



561-463-9341



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