

Stay #HealthySafeStrong



Monday Morning Update October 26, 2020

COVID-19 Resources

Council Update: More Palm Beach County babies born too early, too small

The percent of Palm Beach County women who gave birth prematurely increased in 2019 in all racial and ethnic groups except white, non-Hispanic women. The total percent for all premature births in the county grew from 9.7 in 2018 to 10.5 in 2019. The percent increased statewide during the same time period, as well, from 10.2 to 10.6. [Click here](#) to read more.

Unicorn Children's Foundation Virtual Classes

The Unicorn Children's Foundation is pivoting to provide virtual supports and resources to people with special needs and their families, a population who typically suffer from social isolation. Now is the time to take advantage of technology and ensure families have access to information, guidance, learning, and social opportunities. So many families urgently need our help as the school year will look different for students with special needs, adults with special needs have lost jobs, and families are struggling to help their child(ren) continue to progress. [Click here](#) to register.

Office of Equal Opportunity announces additional outreach regarding proposed expansion for Equal Employment Protection

The county's current definition of "employer" protects employees and job applicants only where a person that is regularly engaged in an industry affecting commerce has 15 or more employees. Join the Office of Equal Opportunity for a virtual presentation on the proposed change to the county's Equal Employment Ordinance to revise that definition from 15 to 5 employees. [Click here](#) to learn more.

Youth Services and United Way of Palm Beach County Provide CARES Act Grant Funding to Nonprofits

The Palm Beach County Board of County Commissioners is providing grant funding through its Youth Services Department to the United Way of Palm Beach County for nonprofit agencies throughout Palm Beach County. Monies are made available through the county's Coronavirus Aid, Relief and Economic Security (CARES) Act funding to meet the needs of qualifying 501 (c)(3) or 501(c)(19) nonprofit agencies affected by the COVID-19 pandemic. [Click here](#) to learn more.

A salute to our child care community

On a typical workday, knowing your little one is safe, happy and thriving in quality child care is essential to a parent or caregiver's peace of mind. During a crisis – like the one we're experiencing with COVID-19 – safe, reliable, quality child care is essential to our whole community's well-being. This is why, today, we salute those quiet, every day heroes: child care workers. [Click here](#) to read our Point of View, published in The Palm Beach Post Oct. 16, 2020.

Virtual Prenatal and Infant Loss Grief and Support groups
Tuesdays
7 - 8:30 p.m.
Virtual

Free Parent Café via Facebook Live on “Parents Well Being – How Are You Handling Stress?”
Wednesday, Oct. 28
6 - 7 p.m.

Join us as we discuss how parents, educators, and all caregivers can self-identify stress levels. We'll discuss signs of stress, ways to cope, and ways to prevent burnout in the upcoming weeks. [Click here](#) to learn more.

New qualifications for out-of-school time practitioners to receive training stipends

To keep OST practitioners learning so they can continue to improve their practice, and now, more than ever, provide the high quality experiences for young people, all OST practitioners who are currently working with children and youth in Palm Beach County and complete trainings offered on Prime Time's training calendar will qualify for a \$45 stipend per three hour training. Practitioners are qualified for training stipends if they are employed and receiving compensation from your employer. Stipends will be distributed via PayPal and processed after training completion is confirmed. [Click here](#) to learn more.

Benefits Outreach Program with Palm Beach County Food Bank

The Benefits Outreach Program assists individuals and families with applying for federal food assistance benefits (SNAP). Palm

Palm Beach County Afterschool Professionals are honored in celebration of Lights On Afterschool

Last Thursday, Prime Time Palm Beach County, a 20-year local nonprofit that supported more than 200 afterschool programs and 30,000 children and youth in 2018-2019, joined more than 8,000 Americans who will call attention to Lights On Afterschool, a nationwide event, organized by the Afterschool Alliance. Through a dedicated webpage and social media awareness, Prime Time honored local afterschool professionals who are on the front line every afternoon inspiring our children to be their best and supporting them to thrive socially and academically. [Click here](#) to learn more.

Coronavirus Relief Funds with the City of Delray Beach

The City of Delray Beach Neighborhood and Community Services Department staff is assisting residents impacted by Covid-19 apply for Coronavirus Relief Funds (CRF). Funds can be used for rental and mortgage assistance payments or emergency repairs for income eligible persons who have experienced hardships related to the Covid-19 emergency as allocated by the Florida Housing Finance Corporation (FHFC) to assist qualified families. Properties must be located within municipal boundaries. [Click here](#) to learn more.

Breastfeeding Support Program with Healthy Mothers, Healthy Babies

Healthy Mothers, Healthy Babies now offers breastfeeding support and guidance to families by

Join Children's Bereavement Center for a special online support group for mothers, fathers and couples facilitated by two mental health professionals experienced in pregnancy, infertility and grief. Registration is required. To register, call 888.988.5438. Available in English and Spanish. Must be 18 years and older to participate. [Click here](#) to learn more.

Beach County Food Bank is one of only seven organizations in Florida that provide the DCF required federal food relief interview. This interview will be conducted during your meeting with one of our Benefits Specialists, who speak English, Spanish and Creole. [Click here](#) to learn more and to view the Benefits Outreach Calendar for October.

providing complimentary and convenient consultation services. Breastfeeding Educators will answer your questions or concerns regarding breastfeeding. This program is not a medical service. Breastfeeding Educators are available to meet virtually or by phone during business hours. [Click here](#) to learn more.

Video: CSC Update from CEO Lisa Williams-Taylor

Hear from CSC CEO Lisa Williams-Taylor about what Children's Services Council of Palm Beach County and its funded programs have been doing the last six months. We have been working hard to ensure our local families are healthy, safe and strong. To watch the video, [click here](#).

Train the Brain 2020: Participate in free virtual workshops, support groups and learning opportunities through October!

So far, 2020 has been a year filled with uncertainty and unexpected hardship. Many of us are experiencing stress and anxiety like never before. Palm Health Foundation's grantees and partners are providing free information and opportunities to help you maintain good brain health during this time with Train the Brain 2020: Resilience and Self-Care in the Face of Adversity. Participate in FREE virtual workshops, support groups and learning opportunities. [Learn more here](#).

Have an idea for a healthier neighborhood? Apply for Healthier Jupiter's Mini-Grant Program

Healthier Jupiter is seeking innovative health ideas to fund through its Mini-Grant Program. The mini-grants will fund innovative ideas that aim to improve the health of the community in the greater Jupiter area. Individuals or businesses interested in applying must partner with a registered not-for-profit, civic organization or government agencies. Application due **Oct. 30**. [Click here](#) to learn more.

Participate in the PBC Food for Kids Survey

Participate in this short, online survey for parents to help identify the best ways to improve food resources delivery in PBC based upon parent input. We want to ensure that children and families have access to food as the pandemic continues and schools are not open and beyond. [Click here](#) to take the survey.

Need child care during distant learning? Apply for the Palm Beach County School-Age Child Care Scholarship

The Early Learning Coalition is excited to partner with Palm Beach County and the Youth Services Department to supply child care scholarships for school-age children now through December 30, 2020. For more specific information on eligibility requirements and "how to apply." [Click here](#) to learn more.

Testing sites, meals sites, health tips and more COVID-19 updates and resources

Children's Services Council has compiled an ongoing list of local resources that Palm Beach County families may find helpful in these uncertain times. [Click here](#) for links to federal, state and local resources and as well as educational resources for your family.

News

Nominations for the 2020 Instrumental Music Teacher of the Year Award are open!

Do you know a marvelous music teacher in Palm Beach County who deserves some extra recognition? Students, parents, colleagues, and members of the community are invited to nominate local instrumental music teachers for the title of Palm Beach Symphony Instrumental Music Teacher of the Year. The submission deadline for nominations is November 1, 2020. [Click here](#) to learn more.

2021 Spring Semester SEEK Scholarship Deadline for FAU/FIU

Apply today for Palm Beach State College's SEEK Scholarship for FAU/FIU. The application deadline is Dec. 14, 2020. [Click here](#) to learn more and to apply.

2021 Spring Semester SEEK Scholarship Deadline

Apply today for Palm Beach State College's SEEK Scholarship. The Seek Scholarship pays for college credit, prep and ESOL classes. The application deadline is Nov. 17, 2020. [Click here](#) to learn more and to apply.

Read Together Palm Beach County

The Literacy Coalition of Palm Beach County is excited to announce the 12th Read Together Palm Beach County campaign, in which adults throughout the County read the same book at the same time. The community comes together at various events at libraries, coffee houses, theaters and offices to discuss key themes in the book. *The Nickel Boys* by Colson Whitehead, is the 2020 selected title. The book is just out in paperback and it's on many book lists that "every Floridian should read." [Click here](#) to learn more.

Apply for the South Florida Fair Scholarship

The South Florida Fair & Palm Beach County Expositions, Inc. is proud to annually award \$50,000 in scholarships to students who have exhibited a desire to further their education. Our purpose is to encourage young people, who might not otherwise have an opportunity, to pursue a college education. Deadline for scholarship applications is **Oct. 18, 2020**. [Click here](#) to learn more and to apply.



Is your child developing on the right track?
EveryParent can help with:
developmental screenings
tracking milestones
developmental resources
and more!

Is your child developing on the right track?

Do you have questions or wonder about your child's development? All children grow and change at different rates. With the FREE **EveryParent** website and app, you can find local information, expert advice and trusted resources to help your child grow up healthy, safe and strong. Stay one step ahead of your child's development - [click here](#) for **EveryParent** articles about developmental screenings, child milestones and local resources.

[Sign up for our emails!](#)

Events

Virtual Workshop: Parents Against Gangs

PBSO is providing this virtual workshop to raise parents' awareness on gang recruitment, how to recognize gang signs, juvenile crime, and how a criminal record can bring a lifetime of consequences to a child. To register, please contact Marcia Bahia at bahiam@pbso.org.

Anti-bullying Virtual Workshop

Virtual

The Palm Beach County Sheriff's Office is offering a virtual workshop on anti-bullying. Your children will enjoy this educational and fun zoom sessions! To schedule group sessions (up to 10 children per session), contact Marcia Bahia at bahiam@pbso.org.

Trainings

Upcoming virtual trainings with Children's Services Council

Multiple dates and times
Online webinars

Children's Services Council of Palm Beach County is offering a variety of virtual trainings. Topics include: Mindful Movement and Meditation for Burnout, Community Trauma and Systemic Thinking, Crisis Management and more. [Click here](#) to learn more and to view additional trainings.

College Connections Conference

Oct. 1 - 31
Virtual

The FAU Center for Autism and Related Disabilities is preparing students with disabilities for college success. This presentation will review research studies investigating college students with disabilities experiences. Findings from these studies will be discussed including next steps for improving postsecondary experiences and outcomes for students with disabilities. [Click here](#) to learn more.

CSC's New Trainings and Online Support Groups

Join us for our Monthly Online Peer Support Groups to share ideas, express thoughts, gain support, process COVID-19 events, community trauma, racial injustice, workplace stress and managing work online. [Click here](#) to see a schedule of new trainings and online support groups.

Virtual Domestic Abuse Survivor Support Group

Thursdays through Nov. 5
6 p.m.
Virtual

Whether you are coping with something from the past or present, this group is for you. Coalition for Independent Living welcomes women from all backgrounds and sexual orientations. This six-week group offers support and education on intimate partner violence, as well

Connect Through Entertainment

Wednesdays throughout October
3:30 - 4 p.m.
Virtual

As a way to create connections while social distancing, CILO is offering a "Connection Through Entertainment" peer support group where a movie/video/music album is voted on and viewed outside the meeting and will be discussed in group that week! [Click here](#) to learn more.

Creative Coping offered by CILO Inc.

Saturdays throughout October
11 a.m.

When life gets messy, get creative! Art therapy can improve communication and concentration and can help reduce feelings of isolation. [Click here](#) to learn more and to register.

as a safe place to heal. [Click here](#) to learn more.

Healthy Mothers, Healthy Babies October Educational Calendar

Throughout October
Online trainings

Join Healthy Mothers, Healthy Babies for their Virtual October Educational programs like Small Steps-Great Parents, Circle of Moms, Share and childbirth classes. [Click here](#) to register and learn more.

Supporting Children During COVID-19 Crisis Online training

This online workshop is designed for parents/caregivers to help them manage their children during the current pandemic. Cost is FREE. [Click here](#) to register and learn more about the workshop.

Additional Resources

[Visit the CSC website](#)
[CSC Employment](#)
[CSC Provider Agency Employment](#)
[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpbcc.org. [Click here](#) to review the MMU Submission Guidelines.

Stay Connected!

