

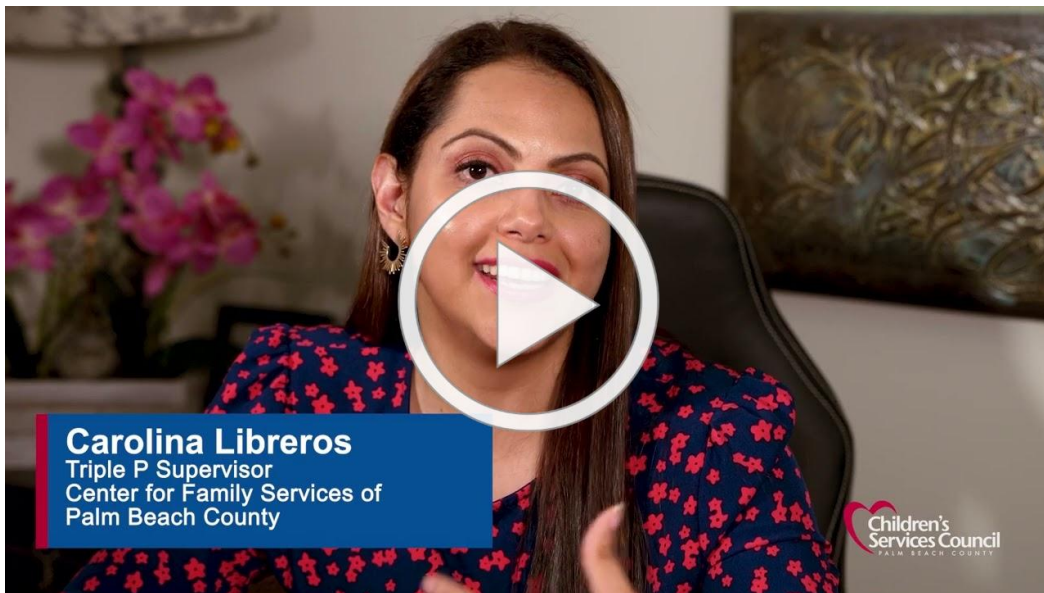
## Quick tips on getting your child ready for back to school

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# Quick tips for getting your child emotionally ready for going back to school



Getting your child ready to go back to school is about more than buying the right backpack or a new pair of sneakers. You need to prepare your child for the social and emotional adjustments of returning to the classroom, says Carolina Libberos, a Triple P supervisor for the Center for Family Services of Palm Beach County. For more helpful tips, expert advice and local resources to raise a strong reader, visit [EveryParentPBC.org/transitions](https://EveryParentPBC.org/transitions) and download the free **EveryParent app** to create your free family profile today:

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