



***Pahokee Church of God
in Partnership with
The Glades Faith-Based Health Educators and
The American Heart Association***



INVITE YOU TO JOIN US



WHEN:	SATURDAY, OCTOBER 22nd
TIME:	10:00 AM – 1:00 PM
WHERE:	225 West 3rd Street Pahokee, 33476



FREE SERVICES TO BE OFFERED
Know Your Numbers – Know the Signs!

<u>DIABETES RISK ASSESSMENT</u>	<u>BRAIN HEALTH ROCKS!</u>
<p>Risk Factor Questionnaire <u>Rapid Onsite Result</u> A1C Tests <i>No Fasting Required</i></p>	<p>Complete FAU’s Alzheimer’s Disease & Related Dementias Risk Assessment Survey</p>
BLOOD PRESSURE READINGS & BMI SCORES	LEARN & KNOW THE SIGNS

EDUCATIONAL RESOURCE MATERIALS WILL ALSO BE PROVIDED



***Healthy Snacks & Drinks will be Given to All Participants
Completing the Screenings
A BIG Heart-Felt Thank You
To Healthier Glades for Donating !!!***

For More Information, Please Contact:
**Everett McPherson Mcpersonneverett@gmail.com – 561-317-3700, or
Annie Ifill at 561-685-4829**