Your go-to guide for tips, resources, expert advice, directory of services and more for PBC children and families.



New

# New and improved Family Guide now available for your organization!

The new and improved Family Guide from Children's Services Council is now available! The Family Guide is a free, 96-page book for Palm Beach County families with tips, resources, expert advice and a comprehensive phone directory of services for children and families. The book is in both English and Spanish. If your organization is interested in getting Family Guides, please send an e-mail to <a href="mailto:Communications@cscpbc.org">Communications@cscpbc.org</a> or call 561.374.7616.



### **Zika and mosquito bite protection in Palm Beach County**

Preventing mosquito bites not only enhances your enjoyment of outdoor activities, but also can protect you from exposure to Zika and all mosquito-borne illnesses. The Florida Department of Health reminds Palm Beach County residents and visitors to protect themselves. Click here for more information on the Zika virus and tips in preventing mosquito bites.



Click here to watch!

#### **Back to school safety tips**

Today is the first day of school for Palm Beach County public schools. Whether children walk, ride their bicycles or take the bus to school, it is extremely important that they, and the motorists around them, take proper safety precautions. Remember to safely share the roads with school buses, pedestrians and bicyclists, and provide children with the necessary knowledge to stay safe on their way to and from school.



New:

### Apply today for the 2016 Domestic Violence Council of PBC Barry Krischer **Scholarship**

The Domestic Violence of Palm Beach County announces its 2016 Domestic Violence Council of Palm Beach County Barry Krischer Scholarship. The Barry Krischer/Domestic Violence Council Scholarship (DVC) is available to youths and adults who have been exposed to domestic/family violence. This award will assist them with achieving their postsecondary educational goals (college, technical school, trade school, etc.). The DVC scholarship is an open opportunity, not driven solely based on academics or financial need. The scholarship is expected to be a support for those wishing to continue their education despite having endured trauma due to domestic violence. The scholarship is only available to Palm Beach County residents and to the clients of the Domestic Violence Council member agencies. Member agencies must "sponsor" their client in their application. The Scholarship award will be in the amount of up to \$1,000.00, but no less than \$500.00. Click here for the application. <u>Click here</u> to access the scholarship summary and timeline. The deadline for this year's application is **September 15, 2016**. Please forward all nominations and questions regarding this scholarship to dvcouncilofpalmbeachcounty@gmail.com.



if it's not Monday morning.



New

### Free VPK program for all Florida fouryear-olds

The statewide Voluntary Prekindergarten (VPK) Education Program is a free prekindergarten program for 4-year-olds who reside in Florida and were born on or before September 1 each year, regardless of family income. The VPK program provides children with early learning education to succeed in kindergarten, academia and throughout life. It helps build a solid foundation for school using educational resources that are geared specifically for the various stages of a child's development. Children are taught literacy skills, such as letter and sound recognition, which are essential for academic success. Each child also has access to qualified instructors and age appropriate curricula. Click here for more information and to register your child for the VPK Program.

#### **August is Child Safety Awareness Month**

This month, the Florida Department of Highway Safety and Motor Vehicles (DHSMV) is reminding motorists to focus on child safety in vehicles as well as on and around Florida roads. DHSMV is partnering with the Florida Department of Children and Families, Florida Department of Education, Florida Department of Health, Florida Sheriffs Association, Florida Police Chiefs Association and the Florida Chapter of the American Academy of Pediatrics to recognize August 2016 as Child Safety Awareness Month. Throughout the month of August, the department will be educating the public regarding all aspects of child safety on Florida roads, including: occupant protection and proper seat restraints, not leaving children in hot cars and safety in and around school zones and school buses. <u>Click here</u> to visit the DHSMV's website for more information and use the hashtag #ChildSafetyFL this month to add and share important child safety information.



#### w to choose a quality afterschool program

The 2016-2017 school year starts in less than a week and parents are asking, "How do I recognize programs that are of high quality?" Quality afterschool programs support working families, inspire learning and keep children safe. Prime Time Palm Beach County has provided parents a checklist of questions to ask when making a decision about what program their child should attend during the hours after school. Click here for the checklist.



# Watch Me Grow activity with BRIDGES at Boynton Beach

Back by popular demand, BRIDGES at Boynton Beach will offer its "Watch Me Grow" activity on **Tuesday**, **Aug. 23**, **6** – **7 p.m.**, at BRIDGES at Boynton Beach, 970 N. Seacrest Blvd., Boynton Beach. Families will plant seeds to take home so they can "watch them grow." Quality time is spent doing activities that are meaningful to both children and parents. For more information, please call 561.740.9917. To see the calendars of events for all 10 BRIDGES sites in Palm Beach County and their monthly highlights, please click here.



# **Tour Limestone Creek Natural Area with Healthier Jupiter**

Join Healthier Jupiter for a walking tour of the Limestone Creek Natural Area with PBC Department of Environment Resources Management on **Saturday**, **Aug. 20**, **9** – **10** a.m. at Limestone Creek Natural Area, 6570 Church Street, Jupiter. Bring the kids and learn about the incredible wildlife area right here in Palm Beach County. Additional parking is located along Church Street in front of Limestone Creek Elementary School. Click here for more information.

Even

### **Upcoming Community Conversation meetings on Palm Beach County's Youth**

#### **Master Plan**

Palm Beach County invites you to attend a follow-up Community Conversation on **Tuesday**, **Aug. 23**, **6** – **8 p.m.**, at the Commissioners Chambers, 301 N. Olive Ave., 6th Floor, West Palm Beach. Join the conversation, learn the results of the 11 Youth Master Plan community conversations, help solidify the Youth Master Plan's final content and volunteer to stay engaged in the process. Contact Geeta Loach-Jacobson at <u>GLoach-Jacobson@pbcgov.org</u> or 561.242.5704 for more information. <u>Click here</u> to view upcoming community conversations.

Even

#### Lutheran Services Florida hosts two job fairs for Head Start/Early Head Start services

Lutheran Services Florida is holding a job fair for Head Start/Early Head Start services on **Tuesday**, **Aug. 16**, **9 a.m.** – **1 p.m.**, at the PEPPI Head Start Building, 301 S. 8th St., Belle Glade, and on **Wednesday**, **Aug. 17**, **9 a.m.** – **1 p.m.**, at the Riviera Beach City Council Building, 600 W. Blue Heron Blvd. (upstairs), Riviera Beach. Teachers, teacher assistants, and family and community engagement specialists are welcome to attend. Click here to access job applications, requirements and more information.

Train

## Training on responding to the opioid and heroin crisis

The Palm Beach County Substance Awareness Coalition will hold two physicians trainings for responding to the opioid and heroin crisis on **Aug. 22 and 23, 5:30 – 7 p.m.** The Aug. 22 training is located at Bethesda Hospital, 2815 S Seacrest Blvd., Boynton Beach, and the Aug. 23 training will take place at Jupiter Medical Center, 1210 S. Old Dixie Hwy, Jupiter. The training's keynote speaker is Andrew Kolodny, M.D., Phoenix House Chief Medical Officer, and Carl "Fritz" Hayes, BPharm RPH, Senior Pharmacist, will give a short presentation on E-FORCSE FL Prescription Drug Monitoring Program. Free CME's and CEU's are available. Click here to register. Seats are limited.

Trair

### National Alliance on Mental Illness holds August general meeting on ACEs

The National Alliance on Mental Illness Palm Beach County (NAMI/PBC) will hold its August general meeting on **Wednesday**, **Aug. 24**, **6** – **8 p.m.**, at NAMI's West Palm Beach office, 5205 Greenwood Ave. Suite 110, West Palm Beach. Clarissa DeWitt, LMHC, RPT and Renee E. Kayman, MS, LMHC, will present on toxic stress, the impact of trauma on a developing brain and an overview of the Adverse Childhood Experiences (ACEs) study including the risk factors. To RSVP, please call 561.588.3477 or email info@namipbc.org.

Trair

Trair

### Central Palm Beach County Chamber of Commerce hosts luncheon on the importance of early childhood education

The Central Palm Beach County Chamber of Commerce will host an Economic Forum Luncheon on the importance of early childhood education on **Thursday, Aug. 18, from 11 a.m.** – **1:30 p.m.**, at the West Palm Beach Marriot, 1001 Okeechobee Blvd., West Palm Beach. Did you know that 85% of a child's core brain structure is formed by age 5? Join experts in early childhood education for a conversation about the benefits of early learning in setting our students up for success. Keynote speaker will be Dr. Robert Avossa, Superintendent of the Palm Beach County School District. Expert panel includes Dr. Lisa Williams-Taylor, CEO of Children's Services Council of Palm Beach County, Warren Eldridge, CEO of the Early Learning Coalition of Palm Beach County and Dave Lawrence, Jr., Chairman of the Children's Movement of Florida. Member cost is \$50 and non-member cost is \$60. Click here for more information and to RSVP.

### Register for the Alliance for Eating Disorders Awareness presentation on Dialectical Behavioral Therapy

The Alliance for Eating Disorders Awareness and the Renfrew Center invite you to the presentation "Navigating the Dialectics in Recovery: Eating Disorders and DBT" on **Friday, Aug. 19, 8:30** a.m. – **12 p.m.,** at the West Palm Beach Event Hall, 2223 Palm Beach Lakes Blvd., Suite #101, West Palm Beach. In this presentation, participants will learn the basic tenets of Dialect Behavioral Therapy (DBT), and will practice applying those tenets to eating disorder treatment. Mindfulness and distress tolerance skills will be discussed, and participants will walk away with skills to implement in their practices immediately. A light continental breakfast and 3 free CEUs will be offered. Registration deadline is **Aug. 17**. Click here to register. For more information, please call 561.841.0900.

# Are you a parent or caregiver of a child with a disability?

The Arc of Palm Beach County, in collaboration with Parent-Child Center, is inviting all parents of children with a disability ages 0-12 years to take part in the Stepping Stones Project, which will offer parents the highly successful Stepping Stones Triple P parenting program free of charge. Stepping Stones is a seven-week program every **Wednesday, beginning Aug. 24 through Oct. 12, 5:45** – **7:45 p.m.,** at the Courim Center, 1201 Australian Ave., Riviera Beach. Stepping Stones aims to promote child development and reduce the rates of challenging behaviors by empowering parents to solve problems independently. If you are interested in receiving the

free parenting support or would like more information on the project, please register by calling Lena Kimball LCSW, Director of Family Services at 561.721.2818 or Lkimball@arcpbc.org.

Trair

#### The National Alliance on Mental Illness of Palm Beach County offers Spanishlanguage Family-to-Family Education Course

The National Alliance on Mental Illness of Palm Beach County (NAMI) will offer its NAMI Family-to-Family Education Course in Spanish on **Saturdays from 10 a.m. - 4 p.m.** The course will run from **Aug. 27 until Oct. 1** at the NAMI Lake Worth office, 1520 10th Ave. North, Lake Worth. The courses will be held strictly in Spanish and participants must attend all 6 sessions. NAMI Family-to-Family is a free education program for family, friends, caretakers, partners and significant others of someone who is living with mental illness. The course is designed to help all family members understand and support their loved one living with mental illness, while maintaining their own well-being. To register, please call NAMI Palm Beach County 561.588.3477 or <a href="maintaining-namipbc.org">info@namipbc.org</a>.

Trair

Trair

### Safety courses available through the Safety Council of Palm Beach County

The Safety Council of Palm Beach County will host two upcoming Certified Occupational Safety Specialist (COSS) series courses. The Safe Supervisor series on **Aug. 29 – 31, 8 a.m. – 5 p.m.,** is a three-day course designed to enhance a frontline supervisor's understanding of the bigger picture of safety and the supervisor's role in creating a safer work environment. Member cost is \$525 and non-member cost is \$675. Click here to register. The Certified Occupational Safety Specialist course on **Sept. 12 – 16, 8 a.m. – 5 p.m.,** is for individuals in the safety and health field that coordinate successful implementation of corporate safety and health plans, trainings and provides support to safety and training managers. Member cost is \$1,699 and non-member cost is \$2,199. Click here to register.

#### The Center for Child Counseling hold art and play therapy workshop for grieving children

The Center for Child Counseling will hold the workshop "When a Young Child Grieves: Art and Play Therapy Techniques for Death, Divorce and Incarceration" on **Friday, Sept. 16, 9 a.m.** – **4 p.m.**, at Children's Services Council of Palm Beach County, 2300 High Ridge Rd., Boynton Beach. Therapists are called to work with young children dealing with issues that most adults struggle with understanding. This workshop will provide a foundation for incorporating art and play therapy techniques into clinical services with young children affected by death, divorce and incarceration.

Early registration rate is \$125 for individual and \$1,200 for a group of 10. Early registration rate ends Aug. 15. After the early registration period, cost is \$150 or \$155 with State of Florida CEUs. \$1,350 for Groups of 10. APT Credits included. Click here for more information or to register.



## **Upcoming child passenger safety technician course**

Want to become a child passenger safety technician? The National Child Passenger Safety Certification Training Course will be taught from Sept. 14 to Sept. 17 at Boynton Beach Fire Rescue Station #5, 2080 High Ridge Road, Boynton Beach. Classes on Wednesday, Thursday and Friday will go from 8 a.m. to 5 p.m. and the Saturday class will be from 8 a.m. to 12 p.m. Registration costs \$85 and to receive certification, you must attend the entire course. The classes are taught by Safe Kids Palm Beach County. Click here to register. For more information, please contact either Kelly Powell at kpowell@cp-cto.org or Fatou Benoit at fbenoit@cp-cto.org.



#### **Trainings from Nonprofits First**

Nonprofits First offers a range of classes for nonprofit organizations and staff. Register now before classes fill up. To see the course schedule, visit:

http://www.nonprofitsfirst.org/index.cfm?fuseaction=courseCatalog.list



# **Enhance Your Hiring Search with Free Job Postings**

Children's Services Council continues to offer free job postings for CSC-funded providers in Palm Beach County. For job openings at CSC-funded agencies, go to <a href="mailto:csc-bc.org/agencyjobs">csc-bc.org/agencyjobs</a>.

If you are a CSC-funded agency, contact Paulina Rudzinska at <a href="mailto:Paulina.Rudzinska@cscpbc.org">Paulina.Rudzinska@cscpbc.org</a> to post a position on CSC's website.



## **Check Out These Additional Resources**

Visit the CSC website

CSC Employment
CSC Provider Agency Employment
Search for Trainings
Check the Local Events Calendar
Sign up for the MMU

Do you have information for the MMU? Please send information to <a href="mmu@cscpbc.org">mmu@cscpbc.org</a> by Wednesday at 5 p.m.

Children's Services Council of Palm Beach County
2300 High Ridge Road
Boynton Beach, FL 33426
561.740.7000