



Monday Morning Update

February 26, 2018

News

**Wear pink this
Wednesday, Feb. 28, to**

**Grief, counseling and
mental health resources**

**Partner with Center for
Trauma Counseling for**

raise awareness about bullying

Encourage youth across Palm Beach County to continue to learn bullying-prevention skills and strategies by wearing pink on February 28, 2018, National Pink Shirt Day. Select something from your own closet or support our community efforts. [Click here](#) to learn more and access Pink Shirt Day activities.

Parents can now apply for the Summer Camp Scholarship Program!

The Summer Camp Scholarship Program offers eligible children, ages 5-14 and a special population up to age 17, a full scholarship to day camp for the entire summer. Scholarship includes all tuition and fees. The program is funded by Children's Services Council and Palm Beach County Youth Services. To access the Summer Camp Scholarship Program Provider Application and view the list of outreach events, [click here](#).

In light of the recent tragedy in Parkland, we are listing free or low-cost counseling services available to families in Palm Beach County. If your non-profit organization would like to be included in this list, please email mmu@cscpb.org and write "counseling services" in the subject line.

211's student film contest for suicide prevention

211 Palm Beach is holding a student film contest on suicide prevention. Students are asked to produce a 30 second film promoting 211's text platform - TXT211. The first prize film will air on TV as well as a PSA, receive \$500 and get a behind-the-scenes tour of WPTV Channel 5. For contest rules and to apply, [click here](#). Contest deadline is March 30.

free mental health services

Center for Trauma Counseling offers free mental health counseling services and seeks to partner with non-profit agencies serving uninsured, underinsured, homeless, LGBTQ and/or other vulnerable Palm Beach County residents who suffer from various forms of trauma. For more information, call Helya Ortiz at 561.444.3914.

Read CSC's CEO remarks on African-American maternal health issues

In Palm Beach County, education, wealth and social status do not matter as much as skin color when it comes to birth outcomes. [Click here](#) to read CSC's CEO Lisa Williams-Taylor's remarks on maternal health issues facing African Americans.



Changes can point to preteen/teen depression or mental health issues

Periods of teenage angst may last for a couple of days. However, chronic or prolonged behavioral and mood changes - when your teen is sad or showing signs of depression for two weeks or longer - can indicate a mental health concern. [Read more here](#). For more

additional parenting tips, advice and local resources, create a family profile at EveryParentPBC.org.

Events

BAM! A Festival of Books and Music

Saturday, March 3
9 a.m. - 5 p.m.
Mandel Public Library
411 Clematis St.,
West Palm Beach

Join us at BAM! a Festival of Books and Music this Saturday! Stop by and meet celebrity authors, local musicians and enjoy lots of fun for the whole family. To learn more, [click here](#).

West Palm Green Market fun with Children's Services Council

February 17, 24, March 3,
April 7, 14, 21
9 a.m. - 1 p.m.
101 S Flagler Dr.,
West Palm Beach

Going to the West Palm Beach Green Market this weekend? Make sure to stop by our table to plant a sunflower with your child, take a selfie in our photo booth and learn about the EveryParent app and website - a FREE resource for Palm Beach County parents!

Play, discovery and family time at the Boca Raton Children's Museum

Sundays 12 - 4 p.m.
Wednesdays 1:30 - 5 p.m.

Enjoy the freedom of imagination and play with your child! Experience all the fun the Museum has to offer along with specially designed art projects adapted for children with varying abilities. This event is exclusive for children with special needs and their families. [Click here](#) to learn more.

Guardian ad Litem's Storybook Village

Sunday, March 11
1 - 5 p.m.
CityPlace
700 S. Rosemary Ave.
West Palm Beach

National child passenger safety certification training course

April 16 - 19
Monday, 12 - 5 p.m.
Tuesday - Thursday,
8 a.m. - 5 p.m.

Midterm Madness - free event for Palm Beach County teachers

Friday, March 9
3 - 7 p.m.
Hilton Palm Beach Airport Hotel

Bring your little reader to this fun and free event where storybooks come to life! Speak Up For Kids and the Guardian ad Litem Program of Palm Beach County will be hosting the second annual Storybook Village. There will be booths with special guest readers, face painting, adopt-a-book(s) and more! [Click here](#) for more information.

PBC Fire Rescue
Headquarters
405 Pike Road,
West Palm Beach

Safe Kids Palm Beach County and Palm Beach County Fire Rescue will host a national child passenger safety certification training course. Get one-on-one personalized instruction and certification on how to properly install a child's car seat. [Click here](#) to learn more and register.

150 Australian Avenue,
West Palm Beach

Being a teacher is not only a very important job, but a very challenging one too. Palm Beach County teachers, enjoy an afternoon of pampering and recharging with facials, manicures, treats, free teacher resources and more. [Click here](#) to learn more and to register.

Trainings

Free job training programs with Boca Helping Hands
1500 NW 1st Ct.,
Boca Raton

Boca Helping Hands offers no-cost training programs to earn certifications in industries like hospitality, customer service, home health aid and IT help desk technicians. For more information and to complete and application, [click here](#).

Leadership PBC's Lunch and Learn on Hunger and Homelessness
Tuesday, Feb. 27
11:30 a.m. - 1 p.m.
United Way of Palm Beach County
477 S. Rosemary Ave. #230
West Palm Beach

Join us to learn about two of the most pressing issues that our community faces, how the county is addressing it through collaborative efforts, and what we as citizens and leaders in this community can do to support the initiatives surrounding food insecurity and homelessness. [Click here](#) to learn more and to register.

Free training on working with domestic violence victims
Wednesday, Feb. 28
9 - 11:30 a.m.
10 a.m - 12 p.m.
Highridge Family Center
4200 N. Australian Ave.,
West Palm Beach

The Youth Services Department will offer the training "Working with Victims of Domestic Violence" presented by Kelly Dambra, M.A., LMHC and Marisa DeStefano, B.S., Therapy Intern. This course offers 2 CE credits for psychologists, LCSW's, LMFT's, and LMHC's. There is no fee for the program. Registration form must be received by February 27. [Click here](#) to register.

Circle of Moms: Free emotional support group

Throughout February
West Palm Beach and
Lantana locations

Talking with other moms who are experiencing the same feelings as you can help. Healthy Mothers, Healthy Babies' peer-to-peer emotional support groups allow you to share your own feelings or just listen. [Click here](#) to learn more, view upcoming classes and to register.

FirstPlay classes for newborns and parents!

The Children's Healing Institute is offering free classes in FirstPlay throughout Palm Beach County for newborns and their parents. FirstPlay teaches parents a new way to bond with their babies through storytelling and touch. [Click here](#) to learn more and to register.

FAU CARD Little Owls Parenting Training on Autism

Feb. 28, March 1 and 2
10:15 a.m. - 1:15 p.m.
The Wellington Branch
Library
1951 Royal Fern Dr.,
Wellington

This free 3-day parents training is aimed at parents of young children with autism or a related disorder and covers topics such as, encouraging social communication, preventing problem behavior and resources. [Click here](#) to learn more or contact FAU CARD at baldwinw@fau.edu.

Save the date: Diabetes Coalition of Palm Beach County Symposium

Friday, April 27
8 a.m. - 4:45 p.m.
Scripps Research Institute
130 Scripps Way, Bldg B
Jupiter

The Diabetes Coalition of Palm Beach County is hosting its third annual diabetes educational symposium for healthcare providers and professionals. [Click here](#) for more information and to register.

Parent Aide Program at the Children's Healing Institute

Through the evidence-based Parent Aide Mentoring Program, the Children's Healing Institute provides a strong, consistent support system for at-risk families. Parents are matched with a highly qualified mentor who visits the home on a weekly basis for 6-12 months. Parent Aide mentors provide intensive support, information, and modeling of effective parenting - all in the home of the family. [Click here](#) for more information.

2018 Women's Conference with EmpowHER of the Palm Beaches

Saturday, March 3
8 a.m. - 4 p.m.
Eau Palm Beach Resort
100 S. Ocean Blvd.,
Manalapan

Join fellow women professionals for a day of engaging discussions and empowerment presentations designed to help you achieve work-life balance, professional growth, leadership development, economic opportunities and personal branding. [Click here](#) to learn more and register.

Workshops for pregnant families

Tuesdays, 6 - 8 p.m.
Saturdays 9 a.m. - noon
901 Northpoint Pkwy
Suite 400, West Palm Beach

Are you pregnant and worried about breastfeeding or newborn care? Have questions about how to make healthy lifestyle choices for you and your growing family and still live on a budget? Join Healthy Mothers, Healthy Babies for its Small Steps, Great Parents workshops for pregnant women and their support partners. [Click here](#) to register.

Sugar Sand Park's programs and activities for special needs kids

The Community Center at Sugar Sand Park offers various classes, parent workshops and activities for special needs children and their families. Don't miss upcoming events like the Sunday sensory-friendly movies, the free Especially For Kids family event and the children's explorium. For more

EDMR training

March 2 and 3
1 - 3:30 p.m.
Futures of Palm Beach
701 Old Dixie Hwy,
Tequesta

Register today this EDMR training. Improve your skills to provide early EDMR interventions, build resilience, prevent traumatic complications and more. Earn 12 CEU credits from this training. [Click here](#) to learn more and to register.

Parent seminar at Grandma's Place

Grandma's Place
184 Sparrow Drive
Royal Palm Beach
March 7 and 15
April 5 and 12
May 3 and 10
6 - 7 p.m.

Parents are invited to join Grandma's Place for three evenings dedicated to helping families with behavior, communication and social skills. Respite care will be provided during the training. RSVP by calling 561.753.2226 or email laura@grandmasplacepb.org.

Presentation on protecting youth from the dangerous side of technology

Tuesday, Feb. 27
6:30 p.m.
Christa McAuliffe Middle School
6500 Le Chalet Blvd, Boynton Beach

Guest speaker Crista Miller, educator and family advocate for Giving Teens Grace, Inc., will speak from personal experience about the dangerous side of technology, the reality of human trafficking and why grace is so important when raising teens with today's societal norms. To RSVP, contact Tanya Meade at 561.601.5576 or tmeade@cilo.org.

Save the date for the 2018 First 1,000 Days Summit

Sept. 26 - 28, 2018
Palm Beach County
Convention Center

Mark your calendar and plan to attend this statewide multi-disciplinary, cross-sector conference focusing on science, skill-building and advocacy for home visitors and other early childhood staff serving expectant and new families with children through age 3. [Learn more here](#).

information, [click here](#) to view their Spring 2018 flyer.

Strengthening trauma-informed systems to support young children

Thursday, March 15
8:30 a.m. - 12 p.m.
Fifteenth Judicial Court
205 N. Dixie Highway
West Palm Beach

If you work in the in the field of early childhood mental health, as a mental health professional, judge, attorney, or case manager - you won't want to miss this important workshop! From this workshop, participants will have a better understanding of child development for ages 0-3 and how systems can benefit from being trauma-focused and informed on infant mental health. [Click here](#) to register.

Nonprofits First workshops

Nonprofits First's monthly calendar of new and ongoing workshops are designed to develop every area of an organization from front line employees to executives, and from startups to established businesses. [Click here](#) to view the calendar and workshops that are offered this month.

Enhance your hiring search with free job postings

Children's Services Council continues to offer free job postings for CSC-funded providers in Palm Beach County. For job openings at CSC-funded agencies, [click here](#).

If you are a CSC-funded agency, contact Paulina Rudzinska at Paulina.Rudzinska@cscpb.org to post a position on CSC's website.

Additional Resources

[Visit the CSC website](#)
[CSC Employment](#)
[CSC Provider Agency Employment](#)
[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpb.org. [Click here](#) to review the MMU Submission Guidelines.

Sign up for the MMU!

Stay connected!



www.cscpb.org