



## Monday Morning Update October 29, 2018

### News

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**Free Statewide Respite Conference**  
Thursday, Nov. 15  
9 a.m. - 3 p.m.

**Become a VITA volunteer!**  
One hour of your time brings  
in more than \$2,145 in

**Pie it Forward with Meals on Wheels of the Palm Beaches**  
Oct. 15 - Nov. 15

**Florida Atlantic University  
Auditorium  
5353 Parkside Dr.,  
Jupiter**

The Palm Beach Respite Coalition is hosting a free Statewide Respite Conference. This interactive day of connection and collaboration will bring family caregivers of all ages and disabilities, service professionals and other stakeholders together to share creative strategies. [Click here](#) to learn more and to register.

#### **Sponsored Programs Funding Request from the Health Care District of Palm Beach County**

Each year, the Health Care District of Palm Beach County provides funding to organizations for health care related or support services for residents of Palm Beach County. This program is known as Sponsored Programs at the District and usually funds between 15-20 organizations each year. This year's Sponsored Programs Funding Request is now posted on the District's website. [Click here](#) to learn more and apply.

refunds to families in need. The Volunteer Income Tax Assistance (VITA) Program provides free tax-preparation services for households with low to moderate incomes. Join the VITA Volunteer team and become a greeter, tax preparer or site coordinator. Flexible hours and locations. [Click here](#) for more information.

#### **Florida Child Passenger Safety Technician Update Wednesday, Nov. 7 Memorial Regional Hospital Conference Center 3501 Johnson St., Hollywood, FL**

Safe Kids Palm Beach County is partnering with Safe Kids Broward and Safe Kids Worldwide to offer a tech update for certified technicians. This tech update is the best way to obtain your 6 CEUs for recertification and to stay current with new trends and technology. [Click here](#) for details and to access the registration form.

We all need two things at Thanksgiving time, a delicious pie and to give thanks by paying it forward. Pie It Forward fosters community spirit and supports the mission of Meals on Wheels of the Palm Beaches. Purchase pies for your staff, clients, colleagues, friends and family. Each delicious pie sold for \$25 will provide a week's worth of meals for a local, homebound senior. [Click here](#) to learn more.

#### **211's Teen Help Guides available**

There are still quantities of 211's Teen Help Guide available for distribution. These handy pocket directory for teens are a great resource for those individuals or organizations that work with teens or offer teen programming. Included in the guide is a scavenger hunt that can be used as a lesson or activity - a great way to get teens reading the guide. Those interested can email [info@211pbtc.org](mailto:info@211pbtc.org).



## Ditch the mask this Halloween

Trick or treating is a cherished Halloween tradition, but the combination of so many children on the streets and drivers unused to looking out for pedestrians can have deadly consequences. [Here are some tips to keep your kids safe.](#) For more information, create a family profile on [EveryParentPBC.org](http://EveryParentPBC.org).

## Events

### Triple P seminar with BRIDGES at Lake Park

Tuesday, Oct. 30  
5:30 - 7 p.m.  
BRIDGES at Lake Park  
1411 10th St, Lake Park

Parents come and learn information on the following topics: The Power of Positive Parents, Raising Confident/Competent Children and Raising Resilient Children. For more information, please call 561.881.5060 [Click here](#) to view event calendars at all ten BRIDGES sites.

### Delray Big Build and Workshops

Sunday, Nov. 4  
10 a.m. - 2 p.m.  
51 N Swinton Ave.,  
Delray Beach

For kids of all ages! Bring the family for good, old fashioned fun with a huge pile of large and small boxes, cardboard, lots of tape and loose parts like fabric, yarn and recycling bits to build and decorate creations of their own imaginations. For adults: free 20-minute workshops on The Power of Play: Nurturing Happier, Healthier Children and Communities. [Must register online](#) to attend workshops. Tickets for workshops will be limited. For more information, call 561.501.6615 or Teacher/provider door prizes available!

### Book club with the Mental Health Association

Tuesday, Oct. 30  
5 p.m.  
Mental Health Association  
909 Fern St.,  
West Palm Beach

Join in the conversation at the next book club discussion with the Mental Health Association. The book club read is "Insane: America's Criminal Treatment of Mental Illness," by Alisa Roth. Alisa Roth will be a guest speaker at an MHA event in April 2019. Light refreshments will be served. You do not have to finish the book to participate in the discussion. To RSVP, please email Jeremy Morse [Jmorse@mhapbc.org](mailto:Jmorse@mhapbc.org).

### **Walk Palm Beach**

Saturday, Dec. 1  
9 a.m. - 12 p.m.  
600 Blue Heron Blvd.,  
Riviera Beach

Walk Palm Beach for HIV positive individuals who live in Palm Beach County. Activities include 3 mile walk, food trucks, kids, activity, blood drive, free HIV testing, free health screening. Team up with family and friends to register today. [Click here](#) to register. Deadline to register is November 30.

### **November events at the Palm Beach County Library System**

Throughout November  
All library branches

Bring the family to your local Palm Beach County Library branches for family activities. From reading events to crafts, there's something for the whole family! [Click here](#) to see a full list of November events at all branches.

### **Pathways to Prosperity 2nd Annual Racing Out of Poverty 5K**

**Saturday, Nov. 3**  
Race starts at 7 a.m.  
St. John Missionary Baptist Church  
900 N. Seacrest Blvd.,  
Boynton Beach

Join Pathways to Prosperity for its annual Race Out of Poverty 5K. The timed race will begin and end at St. John Missionary Baptist Church in Boynton Beach. [Click here](#) to learn more or become a sponsor, vendor or volunteer. [Click here](#) to learn more about Pathways to Prosperity's services and programs in Palm Beach County.

### **Florida Mental Health Counselors Association Annual Conference**

Jan. 31 - Feb. 2, 2019  
Lake Mary, Orlando Area

Join the Florida Mental Health Counselors Association (FMHCA) at the Annual Conference and earn CEU's while networking with mental health professionals. Conference tracks include ethics, domestic violence, HIV/AIDS, trauma, cultural diversity, children, adolescents and family, addiction treatment and assessment, evidenced-based and emerging practices, military and

### **'Earth from Space' exhibition**

Sept. 2018 - Jan. 2019  
Lake Mary, Orlando Area  
The Center for Creative Education  
425 24th St.,  
West Palm Beach

The Sallie & Berton Korman Gallery at Center for Creative Education will host the exhibition 'Earth from Space' now through January 2019. Come see this Smithsonian traveling exhibition with your family. Exhibition reception will take place on Dec. 7 at 6 p.m. \$10 entry fee. [Click here](#) for more events with the Center for Creative Education.

### **Better Brain Luncheon**

Thursday, Nov. 29  
9 a.m. - 1 p.m.  
Boynton Beach Community High School  
4975 Park Ridge Blvd.,  
Boynton Beach

Palm Health Foundation's second annual Better Brain Health Luncheon, sponsored by Jupiter Medical Center's Calcagnini Center for Mindfulness, will feature keynote speaker and TED Talk "All-Star," Helen E. Fisher, PhD, a pioneer in the research of human personality and the neurochemistry of leadership. Dr. Fisher, a

veterans and more. For more information and register, [click here](#).

biological anthropologist, has been named one of "the 15 most amazing women in science today" by Business Insider. [Click here](#) to learn more and to register.

## Trainings

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### Circle of Security Parenting Facilitator Training

March 4 - 7  
9 a.m. - 5 p.m.  
Manatee Lagoon Eco Center  
6000 N. Flagler Dr.,  
West Palm Beach

Circle of Security has established a parenting reflection program offering the core components of the evidence-based and internationally acclaimed COS protocol. This 4-day seminar trains professionals to use an eight chapter DVD to reflect with parents and caregivers. This program presents video examples of secure and problematic parent/child interaction, healthy options in care giving, and animated graphics designed to clarify principles central to COS. [Click here](#) to register.

### Nonprofits First workshops

Nonprofits First's monthly calendar of new and ongoing workshops are designed to develop every area of an organization from front line employees to executives, and from startups to established businesses. [Click here](#) to view the calendar and workshops that are offered this month.

### Hot Topics in Developmental Disabilities Conference Nov. 8-9

Renaissance Hotel  
2000 NW 19th St.  
Boca Raton

Florida's Voice on Developmental Disabilities' annual conference Hot Topics in Developmental Disabilities is now open for registration. The two-day conference offers a broad range of presentations led by experts in the field. Presentation topics include school choice options, transitions, benefits, housing, bullying, divorce, technology, 504/IEP, post high school education options, employment, physical disabilities, ASD/ADHD and more. [Click here](#) to learn more and to register.

### **Trainings with FAU's Office of Professional Development**

Florida Atlantic University's Office of Professional Development provides students' scholarships and assistantships, and supports faculty and students with research projects, attendance and presentations at national and international conferences, and other projects related to advancing FAU's academic excellence and community engagement. CEU training courses are available in topics like addiction, trauma, contemplative practices and advanced clinical skills in child, adult, and elderly care. [Click here](#) to see full course descriptions and to register.

### **Rainbow Retreat**

Saturday, Dec. 15  
9 a.m. - 6 p.m.  
Tomorrow's Rainbow  
4341 NW 39th  
Ave., Coconut Creek

Tomorrow's Rainbow presents the Rainbow Retreat, A Grief Retreat, December 15th. Tomorrow's Rainbow is proud to offer the Rainbow Retreat, a grief retreat for children, teens and adults who have experience a stigmatic or traumatic death. Scholarships are available for everyone. By incorporating horse interactions with therapeutic art and play, as well as education on grief and facilitated peer support; children, teens and adults are given the tools necessary to take their own personal grief journey in a way that is meaningful to them. [Click here](#) to learn more.

### **Child-Centered Play Therapy through the Lens of Neuroscience: The Brain Story**

Oct. 19 - Nov. 15

9 a.m. - 4:30 p.m.  
Quantum Foundation  
2701 N. Australian Avenue  
West Palm Beach

What happens to a child early in life (sensitive periods) impacts brain development, relationships, resilience as well as mental and physical health. It is the experiences that shape the brain and a person's perception of the world. This two-part workshop will apply the Neuroscience of the developing child, the power of relationships, and the understanding of the science behind Child-Centered Play Therapy. Earn 12 CEU's or APT credits! [Click here](#) for more information.

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## **Additional Resources**

[Visit the CSC website](#)  
[CSC Employment](#)  
[CSC Provider Agency Employment](#)  
[Search for Trainings](#)

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## **Do you have information for the MMU?**

Email your MMU submission to [mmu@cscpsc.org](mailto:mmu@cscpsc.org). [Click here](#) to review the MMU Submission Guidelines.

**Sign up for the MMU!**

**Stay connected!**



[www.cscpb.org](http://www.cscpb.org)