## 35 years #HealthySafeStrong

Helping Palm Beach County children grow up healthy, safe and strong



# Monday Morning Update June 13, 2022

Please note: Children's Services Council's offices will be closed Monday, June 20, in observance of Juneteenth. We will release the next Monday Morning Update on Tuesday, June 21.

#### News

#### Redteenth Cultural Festival with Sickle Cell Palm Beach County Sunday, June 19, 2022 4 – 8 pm Village of Wellington Town Center Boardwalk 12150 Forest Hill Blvd, Wellington

The Sickle Cell Foundation of Palm Beach County and Treasure Coast, Inc. is proud to present their second annual Redteenth Cultural Festival. This year's celebration is a combination of Juneteenth, World Sickle Cell Day, and Father's Day. The festival will enlighten attendees with information as we celebrate World Sickle Cell Day, proudly rejoice for Juneteenth, and honor the male attendees for Father's Day. There will be access to the beautiful Olympic size swimming pool at the Aquatic Complex, live music, performances, vendors and

## Talented Teen Club inspires underserved youths to be the best version of themselves

The Talented Teen Club Run for Life Track Program is designed to improve strength and endurance through progressive running and provide training in a variety of events including, sprints, hurdles and jumps. The instruction is geared to help participants of all ability levels improve their skills. Students May have the chance to visit and train in a world-class facility and gain access to scholarships. Click here to learn more

#### Health Care District's new clinic at St. Ann Place is serving newlyhomeless patients

Homeless patients can receive primary care at the Health Care District of Palm Beach County's new clinic at St. Ann Place, a daytime outreach center at 2107 N. Dixie Highway in West Palm Beach that offers social services to our neighbors without homes. The clinic, which opened in December, is staffed by a registered nurse with the Health Care District's C. L. Brumback Primary Care Clinics and is open weekdays from 8 a.m. to 3 p.m., when clients visit St. Ann Place for meals, showers and employment assistance. Recently, newly-homeless patients impacted by rent increases are coming for medical care. Click here to learn more.

so much more! <u>Click here</u> to learn more.

#### KidVision Pre-K, an Online Professional Development for Preschool Teachers

The goal of KidVision PreK is to provide preschool teachers with entertaining and educational professional development and classroom tools to help them learn and teach Early Learning and Developmental Standards. If you need CEUs and In-Service hours, you can earn 10 CEUs and 100 In-Service hours for only \$40.00 per school year. The training can be done in English or Spanish, at home or at school. Click here to learn more and to register.

## School District of Palm Beach County Immunization Van

The School District of Palm Beach County's Immunization Van will be coming to the Fulton-Holland Educational Welcome Center every Wednesday in May. Sign-in is from 8 a.m. - 10 a.m. (limited space available) with immunizations starting at 10 a.m. The Fulton-Holland Educational Center is located at 3300 Forest Hill Blvd., Building E-50-116 in West Palm Beach. Click here for school entry health requirements.

#### June 2022 Benefits Outreach Program with Palm Beach County Food Bank

The Benefits Outreach Program assists individuals and families with applying for federal food assistance benefits (SNAP). Palm Beach County Food Bank is one of only seven organizations in Florida that provide the DCF required federal food relief interview. This interview will be conducted during your meeting with one of our Benefits Specialists, who speak English, Spanish and Creole. Click here to learn more and to view the Benefits Outreach Calendar for June.

## Now accepting applications for our Great Ideas Initiative 2022!

The Children's Services Council of Palm Beach County (CSC) has released a funding opportunity seeking applications for the 2022 Great Ideas Initiative (GII). The Children's Services Council's Great Ideas Initiative enables us to reach into the local communities and find those organizations and programs that are making a difference in the lives of children and their families. With grants up to \$30,000, it's our way of supporting new and creative ideas and programs designed to help families succeed...right where they are. Deadline for application submission is June 23, 2022, by 12:00 p.m. (noon). Those interested in submitting an application should click here to find the GII Guidelines and Instructions and to apply through Foundant. Any questions should be directed to bidsadmin@cscpbc.org

#### Council Update: CSC donates 100,000 books to PBC school children

For the 10th time since 2013, Children's Services Council of Palm Beach County provided books to all county public school students, Pre-K through 5th grade, at both traditional and charter schools, CSC staff told the Council's board at its most recent meeting. A media event held May 19 at Berkshire Elementary School in West Palm Beach marked the event, which included Council CEO Lisa Williams-Taylor, who read with some of the children. Click here to learn more.

#### Families facing formula need

Across the country, families are facing difficulties from a formula shortage. From COVID related supply chain issues, a Similac formula recall and the FDA closure of a major manufacturing plant, stores are left with empty shelves and families are worried about providing adequate nutrition for their infants. If you or someone you know is facing an emergency need to provide the basics for your infant, click here for Healthy Mothers, Healthy Babies of Palm Beach County's Basics4Babies pantry eligibility guidelines and distribution schedule.



## Put down the phone. Watch kids around water!

Kids in the water? Put down that smartphone and eyes on the water! When kids are swimming, it's always important that there is a water watcher, a responsible adult, watching. Learn more water safety tips below!

Learn more!

#### **Events**

#### Summer starts at the Norton

Now through Sept. 5 Norton Museum of Art 1450 S. Dixie Hwy., West Palm Beach

From Memorial Day to Labor Day, the Norton of Museum of Art will host a wide array of exhibitions, events and family activities as part of its second annual Summer at the Norton initiative. Palm Beach County residents will receive free admission to the Museum on Saturdays from May 28-September 3, 2022. Click here for Summer at the Norton highlights.

## Register today for the Fearless Caregiver Conference

Thursday, July 14 10 a.m. - 2 p.m. South County Civic Center 16700 Jog Road Delray Beach

The Fearless Caregiver Conference provides practical information, advice and support for those caring for loved ones. The conference is designed to help attendees receive hands-on advice for his or her caregiving challenges. The Conference highlights Fearless Caregiver Trainings, guided group participation, Q&A sessions, a panel of experts to help with your caregiver solutions, resource room with hands-on advice from local caregiving

experts, a caregiving guide to take home for future

#### Save the date for Youth Summit 2022!

June 28, 29 and 30 9:45 a.m. - noon Virtual

Middle and high school students, register today for Youth Summit 2022! This event will take place over three days, and each day will focus on different topics relevant to middle and high school students. There will be hands-on activities, exciting topics for discussion, and prizes. Community service hours will be available to those who attend. Students, parents and community agencies, click here to learn more and to register.

#### Soil Collection Ceremony: Palm Beach County Remembrance Coalition in collaboration with the Equal Justice Initiative

Saturday, June 18 10:30 a.m. – 12:30 p.m. Pompey Park, 1101 NW 2nd St., Delray Beach

The Palm Beach County Community Remembrance Coalition has been working with the Equal Justice Initiative (EJI) to recognize and honor Mr. Samuel Nelson and Mr. Henry Simmons who were lynched in West Palm Beach and Delray Beach in 1923 and 1926. The Palm Beach County Remembrance Coalition, elected officials and members of the community will come together to remember Samuel Nelson and Henry Simmons with speeches, song and

reference and more. <u>Click here</u> to learn more and to register.

by shoveling soil taken from the site where his body was found into glass jars for display at the National Memorial for Peace and Justice, the Spady Cultural Heritage Museum and other sites around Palm Beach County. Click here to learn more.

### **Trainings**

## Youth Mental Health First Aid training

Wednesday, June 22 9 a.m. - 2 p.m. Virtual

The Youth Mental Health First Aid training focuses on recognizing the patterns of thoughts, feelings, behaviors and appearance that show there might be a challenge rather than focusing on specific disorder. Participants will learn an action plan that they apply to noncrisis and crisis scenarios. A 2-hour self-paced online course is required to attend the live training. The course will be accessed through a personal Learning Management System that each learner will receive credentials to once registration is completed. Click **here** to learn more and to register.

#### Healthy Mothers, Healthy Babies June educational calendar Throughout June Virtual

Healthy Mothers, Healthy Babies of Palm Beach County is here to support you through pregnancy with educational classes and groups. Register today for upcoming support groups and educational classes for pregnant and new parents like Small Steps, Great Parents classes and Circle of Moms. All are at no cost, but registration is required. Click here to learn more and to register.

#### Center for Child Counseling FREE resources and workshops for parents and caregivers

The Center for Child Counseling's Ways to Talk to Children resources include tips for talking to children about tough topics like school shootings, sexual abuse, divorce, and war. The newest, FREE workshops, include identifying and talking to your child about sexual abuse and suicide. Click here to learn more.

#### Center for Child Counseling Clinical Workshops Virtual

Join Center for Child Counseling for a live clinical series with Dr. Jon Sperry. Dr. Sperry is an Associate Professor in the Clinical Mental Health Counseling Program at Lynn University and is also a staff therapist at the Counseling and Psychological Services at Florida Atlantic University. He is currently the co-editor of the Journal of Individual Psychology (JIP). He has co-authored six psychotherapy textbooks and has given lectures in 22 different countries. Click here to learn more and to register.

## **CSC Training: Effective** Leadership

June 14 and 29, July 12 and 19, Aug. 1 and 8 9 a.m. - 1 p.m. Online webinar

The call to leadership is one that some people appear to naturally be more adapted to, a role some grow into and others have thrust upon them. However, like IQ and EQ, leadership can also be measured and represented as this is known as leadership quotient. How do you measure up? Join this Effective Leadership training for supporting leaders on their journey to maximizing their full leadership potential. We put our extensive experience and expertise to work helping leaders surpass the goals that transform and cultivate the

#### CSC Training: A Strength Based Practice - Working with LGBTQ+ Youth and Families Utilizing an Affirmative Lens

June 14, 21 and 28 9 a.m. - 12:30 p.m. Online webinar

Although enactment of marriage equality has brought forth significant rights to LGBTQ+ families, there is more progress needed to better support the social-emotional wellness of LGBTQ+ youth across our communities. The aim of this workshop is to provide diversity and competency training to community-based practitioners in order to better support LGBTQ+ individuals and families in Palm Beach County.

Click here to learn more and to register.

strengths of their key talents. <u>Click</u> <u>here</u> to learn more and to register.

## The Growing Brain from Birth to 5 Years

Wednesday, June 15 - July 27 or Saturdays, Sept. 17 - Oct. 29 9 - 10:30 a.m. Via Zoom

This innovative training curriculum focuses on evidence-informed knowledge and strategies with which to prepare professionals who work with infants and young children for their vital role in building healthy brains. The curriculum fills a unique niche by providing a comprehensive understanding of how the brain develops, along with ways the professional can encourage healthy brain development in children from birth to 5 years old. Click here to learn more and to register.

## Attachment and Positive Discipline training

Saturday, Aug. 20 and 27 10 a.m. - noon 9 - 10:30 a.m. Via Zoom

This training reviews the definition and the neurobiology of attachment. In addition, the types of attachment as well as their short-term and long term impact on child and adult wellbeing are addressed. Ways in which early childhood professionals can support secure attachment are discussed. Oftentimes, discipline seems to be viewed as going against a healthy parent-child relationship. This presentation focuses on the use of positive discipline and how it can support a healthy caretaker-child relationship. **Click here** to learn more and to register.

### **Upcoming CSC trainings** Virtual

Children's Services Council will host the upcoming online trainings through the end of the calendar year:

- Compassion
   Fatigue: Power of Positivity, through Aug. 11
- Reflective Supervision, through - Aug. 5
- Mindful Movement and Meditation June 3 and July 1
- Trauma-Informed Organizations July 5 - Aug. 26

<u>Click here</u> to view more information about these trainings and additional trainings to come.

#### **Additional Resources**

Visit the CSC website
CSC Employment
CSC Provider Agency Employment
Search for Trainings

### Do you have information for the MMU?

Email your MMU submission to <a href="mmu@cscpbc.org">mmu@cscpbc.org</a>. <a href="mmu@cscpbc.org">Click here</a> to review the MMU Submission Guidelines.

### **Stay Connected!**







