

## Friday Forecast

Prime Time's Weekly OST E-newsletter March 2, 2018











### **Prime Time's Latest and Greatest**

### Thank You to Everyone Who Joined Us as We Took a Stand Against Bullying

Bullying is a major problem in our schools, workplaces, homes and on social media. Each year, on Pink Shirt Day, we encourage everyone to wear something pink to raise awareness about bullying and to make a statement that it will not be tolerated.

The simple act of wearing a shirt can start conversations talking about the issue is the first step toward healing and helping! Thank you to everyone who joined us as we took a stand against bullying.



Prime Time is Presenting at the National Afterschool Association Convention



We are so thrilled that Prime Time's Director of Professional Development, Katherine Gopie and Professional Development Manager, Jennifer Jones are presenting at the National Afterschool Association (NAA) Convention in Atlanta Georgia on March 20, 2018. Come learn about 'Reframing Behavior Management' and how to approach all youth behavior as opportunities to learn responsibility, emotion management and problem-solving skills.

**Click here** for details on NAA Convention.

### **Prime Time Events**

#### You're Invited to the

**Screening of Paper Tigers & March Networking Event** 

(Film contains explicit language and content suitable for mature audiences)



Date & Time
Thursday, March 8, 2018
9:00 a.m. - 12:00 p.m.
Doors open at 8:30 a.m.

Location
Keiser University Auditorium
2600 North Military Trail
West Palm Beach, FL 33409

#### Click Here to Register

Prime Time Palm Beach County in partnership with Center for Child Counseling, invites you to join us for a screening of *Paper Tigers* and to participate in a debrief and reflection session following the film.

Paper Tigers follows a year in the life of the Lincoln High Alternative School in Walla Walla, Washington. The school has become a promising model of how to break the cycles of poverty, violence, and disease that affect families through the practice of trauma-informed educational strategies, and is a testament to what the latest research on childhood adversity is proving: that one caring adult can change the trajectory of a young person's life.

Save-the-Date



#### Prime Time QIS Brunch & Learn



This event is intended for QIS directors and supervisors of frontline staff.

#### Date & Time

Wednesday, March 28, 2018 9:30 a.m. - 11:30 a.m.

#### Location

Achievement Centers for Children and Families Morton Downey Family Resource Center 555 NW 4th Street Delray Beach, FL 33444 More information coming soon...

### **Professional Development Trainings**

In order to better serve out-of-school time (OST) practitioners' professional development needs, we have added new and exciting training workshops and have aligned topics by relevance (tracks) to core competencies. Training topics are grouped in such a way that practitioners can clearly see which sessions may be most beneficial for them, based on the core knowledge area that is addressed.

For a complete list of upcoming trainings and descriptions, **click here**.

#### **Active Learning**

March 6, 2018



**RSVP** 

### Navigating the Lesson Plan

March 6, 2018



**RSVP** 

#### **Cooperative Learning**

March 9, 2018



**RSVP** 

### **Out-of-School Time News**

Staff at City of Greenacres Afterschool Program **Shares a Quick OST Tip** 



The YMCA is accepting requests to for Summer 2018 Physical Activity & Wellness Expanded Learning Opportunities (ELOs)! You can access the Summer 2018 ELO Request Form by going to <a href="https://www.ymcaspbc.org/devos-blum/after-school/">https://www.ymcaspbc.org/devos-blum/after-school/</a> where you will find the links for the Summer 2018 ELO Catalog and Summer 2018 ELO request form. \*Summer ELO requests will only be reviewed under the Summer 2018 ELO request form.

Contact: Sara Jones-sjones@ymcaspbc.org

YMCA of South Palm Beach County is Offering Physical Activity & Wellness Expanded Learning Opportunities



### **Community Events**

# Join Us For an Interactive Training Educator Well Being

Facilitated by Pure Edge



National trainers with expertise in mindfulness will join us to present *Educator Well Being*. Participants will learn simple and effective strategies to alleviate stress and to calm overstimulated minds. They will also engage in Pure Edge **Brain Breaks** that offer a set of tools designed to promote student focus.

The exercises are designed for easy implementation. During this interactive session, participants will learn how to present the Brain Breaks strategies to their out-of-school time programs.

Pure Edge, Inc. believes that all educators and scholars deserve to be taught strategies to help combat stress and develop social, emotional, and academic learning competencies with an open heart and an open mind.

#### Date & Time

March 16, 2018 9:00 a.m. - 12:00 p.m.

#### Location

Children's Services Council of Palm Beach County 2300 High Ridge Road, Barrie A & B Boynton Beach, FL 33426

> For more information about Pure Edge, Inc., visit http://pureedgeinc.org/

### Outdoor Adventure Day March 3, 2018



Celebrate fun outdoor activities with family and friends at John Prince Park! Sharpen your archery skills; fishing and canoeing are options as well!

Vendors, exhibitors and food trucks will be on site.



### NAA National Convention March 18-21, 2018

NAA Convention - where afterschool professionals and leaders gather to get inspired, connected, learn and share!

Join 2,000 members of the afterschool community for four days of networking, learning and inspiration. Activities include special events, workshops, daily keynotes and an interactive learning expo, all designed to meet the needs of the developing professionals, and emerging and current leaders of afterschool.

More Information

## Engineer It! March 10, 2018

Formally known as "Drop it, Thrill it, Float it, Launch it, Clean it,"

Engineer It! is an annual engineering design competition jointly presented to students in grades 1-12 by the Florida Engineering Society and the South Florida Science Center and Aquarium.

Cash and prizes of up to \$5,000 will be awarded to winners in elementary, middle and high school categories! Special prize for the school with the most participants. Science Center educators will be on-site with exciting live science demos, activities and more, to entertain family members and general guests.



### Community Denim Day April 6, 2018

In recognition of April as Child Abuse Prevention Month, Families First of Palm Beach County has created a way to raise awareness and funds for prevention efforts. On April 6, 2018, businesses and organizations can help raise awareness and funds by asking employees to donate \$5 or more to be allowed to wear jeans for the day. The goal is to remind the entire community of the important role we all play in creating a safe and healthy future for our community's children. Funds will support Families First of Palm Beach County which has been providing services to successfully prevent abuse for 27 years.



### Social and Emotional Learning

## Big Life Journal Offers 25 Growth Mindset Statements and Affirmations



Big Life Journal offers effective ways to introduce children to a growth mindset and help them adopt it. One of these ways is through **statements** and **affirmations**. Below is the top 25 growth mindset statements and affirmations you can start practicing with the children and youth at your afterschool program.

- 1. Mistakes help me learn and grow
- 2. I haven't figured it out YET
- 3. I am on the right track
- 4. I can do hard things
- 5. This might take time and effort

Click here to read full list.

### **Job Opportunities**

### Prime Time is Hiring

Prime Time Palm Beach County is a non-profit organization dedicated to improving the quality of afterschool programs throughout Palm Beach County and increasing access to youth development opportunities. Interested

in becoming a member of the Prime Time Palm Beach County team? Prime Time is now hiring a instructional design specialist.

The instructional design specialist is responsible for the coordination, development, maintenance and outreach related to Prime Time's online learning courses. This includes the development of a system of badging and gamification that connects professional development opportunities to classroom practice.

<u>Click here</u> to view job posting.

### The Milagro Center is Hiring

The Milagro Center is hiring two Group Leaders who will be responsible for teaching and/or supervising small groups of children during afterschool and summer camp activities, including, but not limited to homework time, playground time, art classes, Living Values classes, reading and computer time. This position will assist with parent pick-up and other direct program duties as assigned. Please note the selected candidate will be required to submit to any specific requirements e.g., criminal records check.

Send a resume and cover letter outlining how you meet the specific requirements of the position to **GHarding@milagrocenter.org**.