



SOIL TO SOUL

COMMUNITY GARDEN AND RESOURCE FAIR



Healthier Glades
Unlocking Our Community Strengths



**Federation of
Families of Florida, Inc.**
Healthy Minds. Healthy Families. Healthy Communities.

Join us to learn about the connection between gardening and mental health with activities for both adults and children.

- ✓ *Overview of the Tri-city Gardening Project*
- ✓ *Youth Arts and Crafts with a take home flower pot*
- ✓ *Information/Resource Vendors*
- ✓ *Meditation/Relaxation Activity*
- ✓ *And much more.....*

MAY 14, 2025 3PM-6PM
FEDERATION OF FAMILIES
101 NW 1ST AVE
SOUTH BAY, FL 33493



For more information, please contact Annie Ifill @ annie.glades@htpbc.org