

Stay #HealthySafeStrong



Monday Morning Update April 19, 2021

COVID-19 Resources

Testing sites, meals sites, health tips and more COVID-19 updates and resources

Children's Services Council has compiled an ongoing list of local resources that Palm Beach County families may find helpful in these uncertain times. [Click here](#) for links to federal, state and local resources and as well as educational resources for your family.

News

Voluntary Prekindergarten Awareness Week is April 19 - 23

VPK, or Voluntary Prekindergarten, is a free educational program that gives children a jump-start for school by preparing them for kindergarten. VPK is for all four-year-old's living in Florida, and it is uniquely designed to prepare children for kindergarten by developing the

Out-of-School Time Program prepares teens for workforce by offering workshops on employability skills

In March 2021, longtime participant of the Palm Beach County Quality Improvement System Achievement Centers for Children and Families offered workshops on professionalism, dressing for success and

Get Your Green On for Mental Health and Trauma Informed Care Month

May is Mental Health Awareness and Trauma Informed Care Month and Palm Beach County is celebrating! Birth to 22: United For Brighter Futures and community partners are hosting the 6th annual Get Your Green on campaign countywide. To kick off

skills they need to become good readers and successful students. [Click here](#) to learn more and how to apply. Share this important information with those parenting a four-year-old in Palm Beach County!

understanding your own identify for 42 teens in attendance as part of a new pilot program, The Employability Skills Training (EST) Program. Youth in attendance also had the opportunity to have some fun, as Lloyd Chin from the City of Delray Beach hosted an archery workshop. [Click here](#) to learn more.

the awareness month, Children's Services Council of Palm Beach County is hosting a virtual event on April 30th. This event will celebrate the community's effort to promote mental wellness and trauma informed care and provide information about local projects. [Click here](#) to register. Everyone in Palm Beach County is encouraged to wear green on May 20th and post pictures on social media (#GetYourGreenOn and #GYGO2021) to show their support for mental health awareness and trauma-informed care.

Scholarships and grants available in Palm Beach County

The Office of Community Revitalization provides Palm Beach County residents and all interested parties with information regarding grant opportunities, relevant community events, and tools or information that can be used to assist in community revitalization efforts. See the links below to learn more about these available grant and scholarship opportunities:

- [Look Out Foundation](#)
- [Wells Fargo Community Giving: Local Community Grants](#)
- [SC Johnson Grants and Product Donations](#)
- [Walmart Foundation: Community Grant Program](#)
- [Bank of America: Sponsorships](#)
- [The Jim Moran Foundation](#)
- [Kars4Kids: Small Grant Program](#)

Recruiting mentors to make a difference April 21, 5:30 p.m.

Take Stock in Children needs new mentors to serve our students across Palm Beach County. Our mentors meet with their students once a week at least three times a month via Zoom, Google Meets or using our Mentor App. We need community members to support the needs of our students in our program. Our mentors are the most important component of our program and through mentoring our students receive a two-year full-tuition scholarship to attend college. If you are interested, please contact, Kimberly Briard, Mentor Coordinator at kbriard@takestockpalmbeach.org. [Click here](#) to complete a mentor application.

The Early Learning Coalition steps in to help expand vaccine access to child care workers in the Belle Glade community

When the Early Learning Coalition of Palm Beach County (ELCPBC) was notified by Palm Beach County government that there would be a mobile "pop-up" vaccination site in Belle Glade with no appointment required, the team jumped into action. For more details on this story, [click here](#).

Rental, Relocation and Utility Assistance Portal reopens for applications

The Spring 2021 Written and Video Competition is now OPEN. The topic of this semester is Poverty. Poverty in Palm Beach County is a serious concern with over 60,000 children living in abject poverty. The purpose of the written and video competition is to give our youth the opportunity to tell us how they would “solve poverty” in Palm Beach County. This is a creative competition: you can write, sing, dance, rap, present poetry, submit a graphic novel, anything you like. There will be one winner in the written competition and one winner in the video competition. Winners will receive prizes such as gift cards, ability to implement your idea, and media coverage. [Click here](#) to learn more. Deadline for submission is **May 2** at midnight.

Palm Beach County Youth Services Department extends Summer Camp Scholarship Application deadline

The Palm Beach County Youth Services Department has extended the parent application period for summer camp scholarships through April 16. The Summer Camp Scholarship Program offers eligible children, ages 5-14 and special populations up to age 17, a full scholarship to day camp for the entire summer. The scholarship includes all tuition and fees for children residing in families with income at or below 150% of Federal Poverty Guidelines. Parents may choose from participating camps in Palm Beach County. [Click here](#) to learn more and to apply.

IEECE Skills Labs for Micro-credentialing

The Institute of Excellence in Early Care & Education (IEECE) invites you to learn about Skills Labs for Micro-credentialing. Skills Labs is a limited-time opportunity for students who took IEECE courses between fall 2018 to summer 2020, to move along the micro-credential pathways quicker to earn badges! [Click here](#) to learn more.

Prime Time Palm Beach County QIS Program inspires youth to stay healthy and active

The City of West Palm Beach, Coleman Park Community Center Afterschool Program Director Frank Verney knows the importance of exposing youth in his program to different subjects, topics, themes and activities. In March 2021, his primary focus was teaching his children and youth how to make healthy choices as his program participated in the Let’s Move: Commit to Change Physical Activity Challenge. The Annual Challenge was introduced to Palm Beach County by the Palm Health Foundation in 2012 in response to First Lady Michelle Obama’s National Let’s Move Initiative, which aimed to fight childhood obesity by urging all children and adults, to get moving and incorporate daily

Florida Children's Council: Capitol Connection

Florida Children's Council's Capitol Connection is a weekly email update sent during Legislative Session to keep you informed of all proposed legislation related to children, youth and families in Florida. This newsletter provides concise and timely information regarding current public policy issues. Each subsequent edition will only include the bills from the initial list that moved through the process that week:

- [Week 1](#)
- [Week 2](#)
- [Week 3](#)
- [Week 4](#)
- [Week 5](#)
- [Week 6](#)
- [Week 7](#)

Florida Institute for Health Innovation's Oral Health Parent Advisory Committee

Parents, would you like to shape the future of your child’s oral health? The Florida Institute for Health Innovation (FIHI) is seeking parents of Medicaid-enrolled children to join our Oral Health Parent Advisory Committee. What is involved in being a member of the Parent Advisory Committee?

- Attending bi-monthly virtual zoom meetings.
- Sharing your and your child’s oral health experiences.
- Sharing what services would best serve your family and community.
- Participants will receive a stipend for their participation.

Interested parents please contact Elizabeth Henry at ehenry@flhealthinnovation.org or call 561.838.4444.

exercise and good nutrition in their lives. [Click here](#) to learn more.

Council Update: Youngest children at greatest risk for abuse, neglect

More than 4 out of every 1,000 Palm Beach County children were victims of abuse or neglect last year. Of those, nearly 47 percent were under age 5 and more than 72 percent were under age 10. With this in mind, the board of Children's Services Council of Palm Beach County proclaimed April as Child Abuse Prevention Month at its most recent meeting. Please click here for more information about the Council's actions. [Click here](#) to learn more.

2021 Youth Summit Survey

The Palm Beach County Behavioral Health Coalition, in partnership with Boys and Girls Club and Community Partners, will be hosting a Youth Summit on Saturday, May 1, 2021. They would like to hear what topics you would like to be included so students can end their year on a good note. Please [click here](#) to take the survey.

How much do you know about Non-Opioid choices?

The Palm Beach County Behavioral Health Coalition is working with Community Anti-Drug Coalitions of America (CADCA) to inform communities on available non-opioid options for pain management. We'd like to hear from you! [Click here](#) to take the quick survey.



Voluntary Prekindergarten: VPK helps children succeed!

What do Palm Beach County parents think about Florida's Voluntary Prekindergarten (VPK) program? Hear for yourself!

VPK is a free program open to all 4-year-olds. Offered at almost 400 locations throughout Palm Beach County, VPK gives children the tools to walk into the first day of kindergarten ready to learn and ready to succeed:

[Learn more](#)

Events

Third Annual PBC Education Exchange: "Mental Health Education during the Pandemic"
Monday, April 26
5 - 7 p.m.
Zoom

REfashion Weekend with Resource Depot
April 23 - 24
Resource Depot

Join Resource Depot for Fashion Revolution Weekend. Attend their

This Girl Can! Career Inspiration for Young Women
Saturday, April 24
10 - 11 a.m.
Virtual

Learn from Palm Beach County educators on how mental health is being addressed in the county. Hear presentations from the School District of Palm Beach County, Palm Beach State College, Action Alliance priorities, youth leader viewpoints and a panel Q&A. [Click here](#) to watch the virtual presentation live on April 26.

Catwalk Student Fashion Show, check out their Outdoor Makers Market and see their Rescued Runway Clothing Exchange. [Click here](#) to learn more.

Women United invites 6th-8th grade girls for a day of fun, friendship and hands-on learning! The virtual "This Girl Can" Workshop is designed to show middle school girls they can be anything they put their minds to! This free program will provide 6th-8th grade girls in Palm Beach County with a free, interactive workshop and a swag bag of items mailed to registered participants. This is a day your middle schooler won't want to miss! We encourage early registration to ensure your swag bag arrives on time. [Click here](#) to register.

Florida Grade Level Reading: Learning Tuesdays Webinar Tuesdays, 3 - 4:30 p.m. Virtual

Learning Tuesdays affirms the Florida Grade Level Reading Campaign's commitment to get better at getting better by learning with and from each other. We are using these webinars as a portal through which to access and explore the best science, ideas and programs. We expect to be informed, inspired and energized by an eclectic mix of presenters who will bring knowledge derived from research, practice and lived experience. [Click here](#) to learn more.

Moments 2021: "Bubble" with Healthy Mothers, Healthy Babies May 7 - 8

Spring into Moments 2021 with Healthy Mothers, Healthy Babies reimagined celebration! Moments will look a bit different than years past - but will be equally as special. Instead of one big event, we are encouraging guests to celebrate in smaller virtual or in-person "bubbles" to honor the women in your lives – the mothers, aunts, daughters, sisters and friends who make up your village. Moments 2021 invites hosts to create bubbles that can be in-person or virtual based on comfort level. [Click here](#) to learn more.

BRIDGES: Child Abuse Prevention Month Throughout April

Join your local BRIDGES for virtual events that spread the message of Child Abuse Prevention Month. See the calendar at your nearest BRIDGES location to get involved! [Click here](#) to learn more.

Back to School PBC: Drive-Up Event Saturday, July 24

Registration is now open for the 2021 Back to School PBC Drive-Up Event! Students can receive free school supplies and other resources by **registering online and entering the code: PBCOCR**. Registration is required. Students must reside in designated neighborhoods or mobile park homes in unincorporated Palm Beach County to be eligible to register. [Click here](#) to register.

Trainings

2021 Palm Beach County Virtual Fearless Caregiver Conference

Thursday, April 22
10 a.m. - 1 p.m.
Virtual

Today's Caregiver Magazine and Caregiver.com present the 2021 Palm Beach County Virtual Fearless Caregiver Conference. Attend for expert Q&A panels on getting family members to help; how to balance work, family and caregiving, get support when you want it; legally protect your loved ones and more. [Click here](#) to learn more and to apply.

Florida Association for Infant Mental Health's Training Academy: The Growing Brain from Birth to 5 Years

April 22
Zoom

This innovative training curriculum focuses on evidence-informed knowledge and strategies with which to prepare professionals who work with infants and young children for their vital role in building healthy brains. The curriculum fills a unique niche by providing a comprehensive understanding of how the brain develops, along with ways the professional can encourage healthy brain development in children from birth to 5 years old. [Click here](#) to learn more and to register.

Play Therapy with Families
Virtual

Most challenges presented by children are really family challenges. Since most of a child's experiences in life are controlled by the adults in their world, it makes sense that working together as a family group will provide the best possible outcomes for a child.

Access CSC's Learning Management System!

Have you logged in to the CSC Learning Management System lately? We have added a lot of new dates and courses for the spring and summer. Check it out by [clicking here](#).

The Growing Brain: From Birth to 5 Years Old

June 4 - July 16
1 - 4 p.m.

Decades of research indicate that the early years of life are a period of exponential brain development, characterized by great opportunity and vulnerability, dependent on the relationships and environment in which the child is growing. This innovative workshop presents the information using lecture, hands-on activities and discussion to illustrate the comprehensive concepts every practitioner should know when working with young children and their families. [Click here](#) to learn more and to register.

Trauma and Play Therapy
Virtual

The stress of the last year has made it even more crucial for professionals and caregivers to learn effective ways of helping children express their feelings, cope, and heal. This 1-hour online workshop will focus on using Play Therapy with clients of all ages who have experienced trauma. Specific activities and strategies

April Classes for Pregnant and New Parents with Health Mothers, Healthy Babies

Throughout April
Online

Healthy Mothers, Healthy Babies of Palm Beach County is here to support you through pregnancy with educational classes and groups. Register today for upcoming support groups and educational classes for pregnant and new parents like Small Steps, Great Parents classes and Circle of Moms. All are at no cost, but registration is required. [Click here](#) to learn more and to register.

ACEs: Trauma to Resilience
Virtual

This 2.5 hour on-demand, online workshop provides an overview of the ACE study, the impact of ACEs, brain development, the results of ACEs, and how to build resilience. Participants will learn outcomes and findings of the ACEs study; the impact of ACEs over lifelong health; the definition of toxic stress and its impact on the developing brain; the results of ACEs and the importance of Resilience and how resilience is built. [Click here](#) to register or learn more about this workshop.

FAU CARD Little Owls Online Parent Training on Autism in Spanish

Saturday, April 24
10 a.m. - 12 p.m.

This free, three session training for parents of children up to age 6 with autism covers topics such as, encouraging social communication, preventing problem behavior and

This 1-hour on-demand, online workshop will focus on using play in sessions with families. Specific activities and strategies will be explored. Earn 1 non-contact APT and CEU! [Click here](#) to learn more and to register.

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resources. [Click here](#) to learn more and register.

Additional Resources

[Visit the CSC website](#)
[CSC Employment](#)
[CSC Provider Agency Employment](#)
[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpsc.org. [Click here](#) to review the MMU Submission Guidelines.

Stay Connected!

