

# MENTAL HEALTH IN RURAL COMMUNITIES

## LET'S TALK ABOUT IT.

Access to mental health services in rural areas comes with real challenges. This virtual seminar will explore:

- Gaps in mental health care in rural communities
- Barriers to treatment
- Culturally responsive and alternative approaches to care
- Strategies for improving access and support

Who should attend:

Community members, health professionals, advocates, and anyone interested in rural mental health.

No registration required. Just click the link and join us.

**May 11, 2026**

5:00 PM

Location: Zoom

[Join Here](#)

