



Monday Morning Update January 8, 2018

Please note: Children's Services Council's offices will be closed on Monday, January 15, in honor of Martin Luther King, Jr. Day. We will release the next Monday Morning Update on Tuesday, January 16.

News

Apply for support for your mentoring program through the United Way of Palm Beach County

Launched in January 2014, the Mentoring Support Opportunity was conceived as a way to help mentoring programs take on additional matches and help alleviate the wait list of mentees in Palm Beach County. These funds will go toward helping programs make additional mentoring matches. Non-funded Mentor Center network programs can receive up to \$5,000 to ultimately increase match capacity within their programs. Learn more and apply [here](#).

PBC funders collaborate to help local nonprofits, residents struggling after Hurricane Irma

When Hurricane Irma struck Palm Beach County, area funders stepped forward in a coordinated effort to help local nonprofits support our community. To date, the funders have provided more than \$700,000 to 60-plus organizations - covering the cost of everything from roof repairs to mental health services. [Read more](#).

Nominate your hero for the Heroes in Medicine Awards

Do you know a physician or other health care professional who has dedicated countless hours to improve the health of our community? The Palm Beach County Medical Society Services wants to know about these Heroes in Medicine. If selected, they will be honored at an annual Heroes in Medicine Awards luncheon on April 20 at the Kravis Center. [Click here](#) to learn more and nominate your hero. Nomination deadline is Feb. 9.



Keys to home-cooked family meals: planning and shopping ahead

With the start of the new year, many families are resolving to eat healthier and cook more meals at home in 2018. Although planning meals and cooking at home can be time-consuming, it's rewarding in many ways. Not only do you save money and boost healthy choices, but you

also foster family bonding when working together. [Click here](#) for tips from local nutritionists. For more tips and advice, create a family profile at EveryParentPBC.org.

Events

**Family Reading Night
with BRIDGES at
Boynton Beach**

Tuesday, Jan. 9
6 - 7 p.m.
BRIDGES at Boynton
Beach
970 N Seacrest Blvd,
Boynton Beach

Family literacy activities at BRIDGES promote early childhood reading. During the "Happily Ever After Begins with Reading" workshops, families are invited to join us for literacy focused activities that make reading fun! For more information, please call 561.369.2323. [Click here](#) for more events with BRIDGES.

**Become a mentor,
change two lives!**

Thursday, Jan. 18
6 - 8 p.m.
Revolutions at CityPlace
477 S. Rosemary Ave.,
West Palm Beach

Join United Way of Palm Beach County for an evening of bowling and learning about volunteer mentoring opportunities in Palm Beach County. Food and drinks are provided. At the event, make sure to enter to win a pair of Master and Dynamic MW60 Bluetooth headphones! [Click here](#) to register.

**Inaugural Bikes and
Books Safety Festival**

Saturday, Jan. 13
10 a.m. - 1 p.m.
Delray Beach Public
Library
100 W. Atlantic Ave.
Delray Beach

Bring your little ones for a day of safety and fun! Enjoy food, books, music, arts and crafts, bike decorating and more. Make sure to bring your bikes for the 12 p.m. bike parade! [Click here](#) to learn more.

Project Impact with CareerSource

Wednesday, Jan. 24
9:30 a.m. - 1:30 p.m.
CareerSource Palm Beach County
3400 Belvedere Rd.
West Palm Beach

CareerSource Palm Beach County is hosting Project Impact, a hiring event designed to connect persons with disabilities with employers looking to fill open positions. The event is open to all job seekers, and we are offering priority of service to clients with disabilities and veterans. [Click here](#) to complete your EmployFlorida profile. To register, email lcruz@careersource.com

Story Book Village

Sunday, March 11
1 - 5 p.m.
CityPlace
700 S. Rosemary Ave.
West Palm Beach

Bring your little reader to this fun and free event where storybooks come to life! Speak Up For Kids and the Guardian ad Litem Program of Palm Beach County will be hosting the second annual Storybook Village. There will be booths with special guest readers, face painting, adopt-a-book(s) and more! [Click here](#) for more information.

Trainings

Job readiness program for women 18 - 25

Tuesdays,
Jan. 16 - April 3
11:30 a.m. - 2 p.m.
Palm Beach State
College Lake Worth
Campus
4200 S. Congress Ave.
Lake Worth

Dress for Success Palm Beaches' Next Step, a 10-week job readiness program for women 18-25, teaches job seeking skills as well as coaching to build confidence and self esteem. Dress for Success will provide all students with work outfits, lunch, and an enriching educational experience. Register by Jan. 10. [Click here](#) to register.

BoysTown's Common Sense Parenting

Wednesdays
Feb. 7, 14, 21, 28
March 7 and 14
1 - 3 p.m.

Parents are invited to join BoysTown for fun, interactive parenting classes to help with balancing discipline with affection, praising your child's good behavior, reducing problem behavior and more. [Click here](#) to learn more. [Click here](#) to register.

Integrate your content into your social and search marketing

Thursday, Jan. 18
10 a.m. - noon
Vegso
Community Resource
Center
261 NW 13th St.
Boca Raton

In this workshop from the Junior League of Boca Raton, you will learn how to create content to distribute on your social media networks as well as through your website and search engines. Other discussion topics include blogs, videos, infographics and more. [Click here](#) to register.

MY LIFE youth group

Wednesday, Jan. 17
6 - 8 p.m.
McDonald Wilson Center
Gaines Park
1501 N. Australian Ave.
West Palm Beach

MY LIFE is a free, fun and inspiring group for youth between the ages of 13 and 23 who have experience with mental health issues, substance use, foster care and/or other challenges. MY LIFE empowers youth to use their experience and voices to create positive change for themselves

What do great leaders do?

Tuesday, Jan 9
10 a.m. - noon
11:30 a.m. - 1:30 p.m.
Vegso Community
Resource Center
261 NW 13th St.
Boca Raton

How many great leaders have you had the opportunity to work with in your life? Join the Junior League of Boca Raton for a discussion on the four pillars that define great leadership. Come prepared to share stories and discuss attributes, and see how you match up against these characteristics. [Click here](#) to register.

Train the Brain Luncheon

Friday, Jan.19, 2018
11:30 a.m. - 1:30 p.m.
The Kravis Center
701 Okeechobee Blvd.
West Palm Beach

Palm Healthcare Foundation will host its Train the Brain luncheon, part of its campaign to reduce stress through brain fitness, achieve balance in their lives and show compassion to individuals with acute and persistent mental health issues. [Click here](#) to learn more and take the brain fitness pledge.

and others. Learn more [here](#).

Connect to Greatness Leadership Academy for boys

Thursday, Jan. 11, 6 p.m.
Carolyn Sims Center,
225 NW 12th Ave.,
Boynton Beach

Connect to Greatness, Inc. is a non-profit organization focused on empowering 6th grade African-American boys to become change-makers in the world. The Boys to Men Leadership Academy offers a 15-week self-discovery program focused on social responsibility, culture and leadership. Applications are now being accepted for the January 2018 session. [Learn more](#).

Tackling the Opioid Crisis

Wednesday, Jan. 31
9 a.m. - noon
Keiser University
2600 N. Military Trail
West Palm Beach

The opioid epidemic has a young set of victims: children whose parents have substance abuse problems and struggling to overcome addiction. Join the Florida Association for Infant Mental Health for a workshop that tackles this important issue. [Click here](#) to register.

Save the date for the 2018 First 1,000 Days Summit

Sept. 26 - 28, 2018
Palm Beach County
Convention Center

Mark your calendar and plan to attend this statewide multi-disciplinary, cross-sector conference focusing on science, skill-building and advocacy for home visitors and other early childhood staff serving expectant and new families with children through age 3. [Learn more here](#).

Free employment services workshops

From first-time job seekers to those in career transition, Ruth & Norman Rales Jewish Family Services offers Career and Employment Services (CES). By focusing on job candidates' individual goals, the CES Team creates customized action plans and offers support throughout the employment-seeking process. [Learn more here](#).

2018 FMHCA Annual Conference

Feb. 1 - 3, 2018
Lake Mary, Orlando

Register today for the Florida Mental Health Counselors Association's Annual Conference. Conference topics include green cross trauma, addiction treatment and assessment, evidence-based and emerging practices and more. [Click here](#) to learn more and to register.

Trainings from Nonprofits First

Nonprofits First offers a variety of trainings for nonprofit organizations and staff. To see the full training schedule and to register, [click here](#).

Enhance your hiring search with free job postings

Children's Services Council continues to offer free job postings for CSC-funded providers in Palm Beach County. For job openings at CSC-funded agencies, [click here](#).

If you are a CSC-funded agency, contact Paulina Rudzinska at Paulina.Rudzinska@cscpb.org to post a position on CSC's website.

Additional Resources

[Visit the CSC website](#)
[CSC Employment](#)
[CSC Provider Agency Employment](#)
[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpb.org. [Click here](#) to review the MMU Submission Guidelines.

[Sign up for the MMU!](#)

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