



# Monday Morning Update May 6, 2019

### **News**

Continuing the Community Conversation with Birth to 22

Thursday, May 16 6-8 p.m. Delray Full Service School 301 SW 14th Ave., Delray Beach

### "Feed Your Creativity" Art Competition

Feeding South Florida is excited to announce its Second Annual "Feed Your Creativity" Art Competition that kicks off the "Summer Hunger Ends Here" campaign. Participating in this Volunteers needed at Red Apple Supplies for Community Volunteering Day

Saturday, May 11 9 a.m. - 12 p.m. Red Apple Supplies 7071 Garden Rd., Riviera Beach

Birth to 22: United for Brighter Futures wants to ensure that all of its young people have the chance to thrive as children and succeed as adults. The voices of children and youth, and adults who care about them, are vital to implementing the Youth Master Plan and ensuring that a difference is made in our community. Now is your chance to help shape the future of youth in Palm Beach County by joining this upcoming community conversation. Additional conversations to be announced. To RSVP or for more information. contact LaShonda Lacey or Geeta Loach Jacobson atllacey@pbcgov.org or call 561.242.5713. Click here to learn

competition showcases the talent of local kids throughout Palm Beach, Broward, Miami- Dade, and Monroe Counties. Students and kid artists have the opportunity to create artwork that depicts "how food makes you feel", shedding a light on the issue of hunger that impacts far too many of South Florida's children. Click here to learn more. Artwork submissions are due May 10.

Volunteer and organize school supplies with The Education Foundation of Palm Beach County as Red Apple Supplies prepares for teachers to shop for FREE and receive the essential tools needed in the classroom so our students can thrive! Community Service hours are available.

Comcast will make a donation for each volunteer on this special community volunteer day. For more information and to register, click here. Volunteers must be 16 years of age or older.

#### Council Update: CSC's Strong Minds Network showing positive results

more about Birth to 22.

Children thrive in quality child care settings that participate in Children's Services Council's Strong Minds Network. This is according to a longitudinal study, now in its four year, which examines the impact of Strong Minds' technical supports, financial incentives, professional development and an online child assessment tool on child care programs in the network. To learn more, click here.

### CSC CEO honored with leadership award

Congratulations to Dr. Lisa Williams-Taylor, CEO of Children's Services Council of Palm Beach County, who has been honored with a 2019 Women in Leadership Award in the Public Sector by the Executive Women of the Palm Beaches Foundation. Each year, the foundation chooses honorees who are nominated in four sectors (volunteer, private, nonprofit and public) to recognize the leadership accomplishments of women in the community. Dr. Williams-Taylor was nominated by Healthy Mothers, Healthy Babies Coalition of Palm Beach County and United Way of Palm Beach County. For more about the 2019 Women in Leadership Award, click here.

#### Nominations for Women of Grace Luncheon

Bethesda Hospital Foundation will celebrate the 20th Anniversary of its Women of Grace Luncheon on November 4, 2019, and are seeking nominations for women who have given their time, treasures and talents to our community. Your nomination should include specific details regarding the volunteer work being completed, the impact it has had on our community, changes that have come about as a result of this volunteer's service, and any other information that highlights why your nominee deserves the title of Woman of Grace. The submission deadline is 5 p.m. on May 10. Click here to learn more and submit your nomination.

Children's Services Council releases Request for Qualifications for writers and editors

2019 Birth to 22 Business Champions announced; Three 'Charities of Choice' selected

Swim lesson vouchers now available!

Children's Services Council of Palm Beach County is seeking, through a proposal process, to identify a pool of professional writers and/or editors who can be called upon to write and/or edit copy for specific projects or to bolster the Council's online presence and outreach collateral. Fluency is Spanish and/or Haitian-Creole is a plus. Those currently in the pool need not reapply at this time. Deadline to apply: 2 p.m., May 8, 2019. Click here to learn more or submit an application.

Three Palm Beach County businesses working to help improve outcomes for children and youth were named "2019 Birth to 22 Business Champions" Friday during the second annual Birth to 22 Business Breakfast April 12 at the West Palm Beach Marriott. Each Business Champion selected a local charity to receive a share of the proceeds from Friday's event, called "Birth to 22: Shaping Our Children's Future Together." Learn more here.

Swim lesson vouchers for individuals and groups are available starting today from the Drowning Prevention Coalition of Palm Beach County. The \$50 vouchers either entirely or nearly cover the cost of six to eight swim lessons at 19 Palm Beach County pools. The vouchers are for Palm Beach County families with children between the ages of 2 and 12 who need to learn how to swim. Families must meet certain financial qualifications. Vouchers also are available for specialneeds students. To learn more and fill out an online application, go to www.pbcgov.org/dpc. If you have a summer camp that needs help paying for swim lessons, please email Drowning Prevention Coalition Manager Anna Stewart at AStewart@pbcgov.org. The vouchers are on a first-come, firstserved basis and will be available until funds run out.



## Video: Expert advice on why touch is important for babies

Babies are wired for social connection. That's why physical touch is so important. Learn more about why in this expert video. For more information, local tips and trusted advice, create a family profile today on EveryParentPBC.org.

### **Events**

Mother's Day Fun: "Mommy, Me and Muffins, Breakfast and Story Time

Wednesday, May 6 8:30 - 9:30 a.m. BRIDGES at Highland 500 Highland Ave., Lake Worth Scholar Career Coaching's 5th Annual Scholarship Awards Ceremony and Luncheon Sunday, June 9 1:30 - 4 p.m. Benvenuto

1730 N. Federal Hwy,

**Boynton Beach** 

Mosaic in Full Force 2019 May 1 - 31

Experience more culture for less! This May, embark on an art-filled adventure in the Palm Beaches and save during every step of your stay. Experience edge-of-

BRIDGES at Highland invites you to come and enjoy breakfast with your child right before Mother's Day. This will be a fun activity where you will also enjoy a story while eating breakfast. Please come and celebrate Moms for all they do on a daily basis. For more information, please call 561.899.1652. Child care will be provided. Click here to view the calendars for all ten BRIDGES sites.

Join Scholar Career Coaching team as they celebrate 'Honoring Everyday Super HEROES' at the 5th Annual Scholarship Awards Ceremony and Luncheon. Now in its fifth year, Scholar CC will award scholarships to local high school seniors and honor their volunteer mentors, and community Heroes whose contributions have been impactful. The luncheon will be emceed by Sabirah Rayford of WPTV Channel 5 and feature The Honorable Lody Jean and James Green as keynote speakers. Click here to register.

your-seat performances, eyeopening exhibitions and more
inspiring sights for less during the
second annual MOSAIC
celebration. <u>Download your</u>
<u>MOSAIC Culture Coupons</u> or
pick up a booklet at participating
hotels and Visitor Centers
throughout The Palm Beaches.

#### NCBW 100 Fights Back Against Domestic and Gun Violence Wednesday, May 15 7:30 - 9 a.m. Gaines Park 1501 North Australian Avenue West Palm Beach

Join the National Coalition of 100 Black Women for a breakfast and panel discussion on domestic abuse and gun violence. RSVP required. Click here to learn more and to RSVP.

#### Palm Beach County Library System celebrate Haitian Heritage Month Throughout May Library branches

The Palm Beach County Library System is proud to honor Haitian culture, history and language during Haitian Heritage Month in May, a month that incorporates the important holiday of Haitian Flag Day on May 18. Classes and events will be presented in English and Haitian Creole. Sponsored by Children's Services Council of Palm Beach County. View the list of events in the Happenings monthly magazine and the Library's website, for additional Haitian Heritage Month activities.

### The Green Mile for Mental Health

Friday, May 24 6 p.m. Centennial Square and Fountain Park 100 S Clematis St., West Palm Beach

Promoting Mental Health in our Community is a Team Effort. That's why Mental Health America of Palm Beach County is asking you to go the extra mile during Mental Health Awareness Month. Join the Mental Health Association of Palm Beach County as we team up with local government, law enforcement, businesses, and community health organizations to demonstrate our shared commitment to improve mental health and provide care and support for those with mental health conditions. Registration websitelaunches May 1!

Free Community Screening of Resilience: The Biology of Stressand The Science of Hope Tuesday, May 7, 6 - 8 p.m. Keiser University's Flagship Healthy Mothers, Healthy Babies Moments Luncheon Friday, May 10 11:30 a.m. Mirasol Country Club

Community Baby Shower with BRIDGES at Lake Worth West Saturday, May 11 10 a.m. - 1 p.m. Palm Springs Library

#### 2600 North Military Trail West Palm Beach

Resilience chronicles a movement that is determined to fight back. Trailblazers in pediatrics, education, and social welfare are using cutting-edge science and field-tested therapies to protect children from the insidious effects of toxic stress-and the dark legacy of a childhood that no child would choose. Click here to learn more and to register.

#### 11600 Mirasol Way Palm Beach Gardens

Join the Healthy Mothers, Healthy Babies team as we celebrate 'Moments,' our agency's signature fundraising luncheon. Now in its sixth year. Moments will honor and celebrate the women in our lives whose roles as mothers, daughters, sisters, aunts, grandmothers and friends make them extraordinary. The event is co-chaired by Gabrielle Finley-Hazle, CEO of St. Mary's Medical Center & the Palm Beach Children's Hospital, and Alvson Seligman, visionary creator of The Modern Savvy, a lifestyle blog. Click here to register.

#### 217 Cypress Lane, Lake Worth

New moms and moms-to-be are invited to BRIDGES at Lake Worth West's Community Baby Shower. Registration is required. Please call 561.649.9600 to register.

### Links Educational Arts Program (L.E.A.P.)

Saturday, May 11 9 a.m. to 12 p.m. U. B. Kinsey Educational and Community Center 720 8th St., West Palm Beach

The West Palm Beach (FL) Chapter of The Links, Incorporated, through its Links Educational Arts Program (L.E.A.P.), is committed to increasing and expanding art activities for African American students in Palm Beach County. The program consists of 6 sessions of art exploration through creative exercises, still life drawing and sculpture. The instruction is intended to help support preparation for the audition process into a school of the arts program.

### Palm Beach County Library System Holocaust Days of Remembrance

Throughout May Library branches

The Palm Beach County Library System will be hosting events in commemoration of the Holocaust Days of Remembrance throughout May. Days of Remembrance will be commemorated on Thu, May 02. Observances and remembrance activities will occur nationwide between Sun, Apr 28 and Sun, May 05. Click here for more details.

### **Trainings**

### Free ACEs, Trauma, and Toxic Stress Workshop

Saturday, May 20 9 a.m. - 10:30 a.m. Quantum Foundation 2701 N Australian Ave., West Palm Beach

In the absence of protective relationships, toxic stress in childhood impacts an individual's

# Cognitive Behavioral Therapy (CBT) and Drumming through the Lens of Play Therapy

Saturday, May 24 9 a.m. - 4 p.m. Children's Services Council of Palm Beach County 2300 High Ridge Rd., Boynton Beach, FL

### Small Group Play Therapy Live Webinar

Friday, June 7 9 a.m. - 12 p.m. Online

This training will provide an overview and strategies on Small Group Play Therapy. Participants will also learn about group play therapy procedures such as

well-being across the lifetime. This workshop provides an overview of the ACE Study, Trauma, Toxic Stress and the Impact on Health. This workshop will provide an overview, hands-on interactive learning, and strategies on becoming trauma-informed. Click here for more information and to register.

This workshop will review Cognitive Behavioral Therapy (CBT) therapeutic approaches, CBT conceptualization, CBT strategies, and Drumming through the Lens of Play Therapy. Earn 6 CEU's and contact APTs. Early bird expires on 5/13/19! Click here for more information and how to register.

screening, selecting group members, identifying group size, group play therapy phases and stages and assessing progress and readiness for termination.

Cost \$45 – earn 3 Contact APTs and CEUs. Click here for more information and how to register.

#### National Child Passenger Safety Certification Training Course

May 30, 31, 8 a.m. - 5 p.m. June 4, 8 a.m. - 5 p.m. Palm Beach County Fire Rescue Chief Herman W. Brice Fire Rescue Complex 405 Pike Road, West Palm Beach June 5 (8 a.m. - 1 p.m. at PBCFR Fire Station 16 3550 Military Trail, Jupiter)

Become a TECH! Join a group of dedicated people who all have one thing in common: they care deeply about kids and want to make sure they are safe on every ride. For more information, contact Kelly Powell at kpowell@cp-cto.org or 561.312.3770.

#### **Star Achievement Series**

Session 3: May 9 Session 4: June 6 9:30 a.m. - 4 p.m. Children's Services Council of Palm Beach County 2300 High Ridge Rd., Boynton Beach

This four-day Star Achievement series is an elite training program for administrative, executive assistants and operational support staff. Designed by Joan Burge, founder and CEO of Office Dynamics, the Star Achievement training incorporates innovative methods of teaching such as interactive role playing, presentations, self-reflection exercises, team competitions, case studies, brainstorming, modeling, and more. Click here to register.

### **Comeback Career Workshop**

May 14, 15, 21, 22, 28, 29 10 a.m. - 12 p.m. Ruth and Norman Rales Jewish Family Services, Inc. 6413 Congress Ave. Suite 225, Boca Raton

Women are known to adjust their careers and make professional compromises for family life, which often lead to gaps in their resumes. Comeback Career is a comprehensive program designed to help women re-enter today's workforce with confidence. This six day workshop helps candidates find focus, develop a personal brand, create a resume and learn interviewing skills. Once completed, candidates work with a Career Strategist to overcome barriers and become job ready. We help you hear the words, "You're hired." All services are free. Click here for more information.

### **Next Stop: College**

Session 1: June 3 and 4 or Session 2: June 5 and 6 8:30 am – 12:30 pm Palm Beach State College, Lake Worth Campus, PSD 108 4200 S Congress Ave Lake Worth

Join us for 2 half days of free activities centered around preparing you for the next stop on your journey: college! There are

### 9th Annual Hopeful TEARS Grief Summit

Friday, May 24 9 a.m. - 4:30 p.m. Broward Health North Auditorium 201 E Sample Road Deerfield Beach

Tomorrow's Rainbow Hopeful TEARS Grief Summit is excited to bring Patti Wood, an internationally recognized nonverbal communication and

### Preschool: Active Learning Environments

Thursdays, July 11 – August 1 6:30 - 9 p.m.
Palm Beach State College
Historic Building, Room 205 812 Fern St.,
West Palm Beach

This training will provide early childhood educators with developmentally appropriate activities and tools for creating an

two sessions to choose from. Topics include the financial aid process, registering for classes, time management, and much more. Lunch and refreshments will be provided. The summer program is free and open to the public. Students need to attend high school in Palm Beach County. All attendees will be required to become a Trio Educational Opportunity Center participant. Click here to learn more and register.

human behavior expert for a oneday course on building more effective rapport with clients through body language, increased confidence & improving mindfulness. <u>Click here</u>to learn more. active learning environment where children thrive. Participants will learn interaction strategies to support children's learning while engaging in purposeful play opportunities. Click here to learn more.

#### Preschool Plus Summer Program

June 17 - Aug. 12 8:30 a.m. - 3 p.m. Nova Southeastern University 3301 College Ave., Fort Lauderdale

Nova Southeastern University's Mailman Segal Center (MSC) in Broward County is hosting a Preschool Plus Summer Program for children ages three to five years who have significant behavioral challenges such as ADHD, aggression, or oppositional defiance. Children are not required to have an official diagnosis to participate in the program. The eight-week Preschool Plus Summer Program uses evidence-based practice to reinforce positive behavior throughout the school day. Places are limited. Click here to learn more or contact Karina Soto Ramirez at ksoto@nova.edu.

### Summer camp for teens with developmental disabilities

June 11 - Aug. 1 9 a.m. - 4 p.m. Before care: 7:30 - 9 a.m. Aftercare: 4 - 5:30 p.m. Two locations: Burns Road Community Center or Belvedere Elementary

The Arc of Palm Beach County will hold a summer camp for children ages 14 to 18 with developmental disabilities. This specialized day camp offers structured social games and activities, crafts, community inclusion field trips, special guests and instructional lessons. Partial scholarships are available as well as inclusion options. For more information, contact Julie Lobdell at ilobdell@arcpbc.org or call 561.804.4910.

# Cognitive Behavioral Therapy (CBT) and Drumming through the Lens of Play Therapy

Friday, May 24 9 a.m. – 4 p.m. Children's Services Council Of Palm Beach County 2300 High Ridge Road Boynton Beach

This workshop will review
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the Lens of Play Therapy. Earn 6
CEU's and contact APTs. Click
here for more information and
how to register.

### **Additional Resources**

Visit the CSC website
CSC Employment
CSC Provider Agency Employment
Search for Trainings

### Do you have information for the MMU?

Email your MMU submission to <a href="mmu@cscpbc.org">mmu@cscpbc.org</a>. <a href="mmu@cscpbc.org">Click here</a> to review the MMU Submission Guidelines.

### **Stay Connected!**

