



August 2017

Palm Beach County
Division of Senior Services

WEST COUNTY

Senior Times

**BACK to
SCHOOL**
EDITION



**Palm Beach County
Board of County
Commissioners**

**Community Services
Department**

Division of Senior Services

www.pbcgov.org

Palm Beach County Division of Senior Services (DOSS)

provides seniors with every stage of assistance needed for their continuum of care through the elder years. From DOSS active Senior Centers to more structured Adult Day Care and In-Home Services, DOSS provides accessible, high-quality programs to assist seniors. DOSS has over 31 years experience helping the senior community and has been the designated lead agency to administer programs for the elderly by the Area Agency on Aging, Palm Beach/Treasure Coast, Inc. for over 25 years.

THIS ISSUE...

- ▶ With the upcoming school year fast approaching, five local area principals who each have a vested interest in promoting your grandkids success in school share their own personal tips and advice.
- ▶ An 83-year-old seasoned educator, Ms. Annie Pearl Hill, shares nuggets of wisdom to help bolster your grandkids success in school this year.



A MESSAGE FROM **ANNIE PEARL HILL**

Tips to contribute to your child's success

- Before the child is born, contact day care center(s), kindergarten(s), first-grade teachers, the local library, internet—find out things your child/children will be expected to know or be able to do when they enter school. Parents, grandparents: you are the child's first teachers; what the child or children have mastered prior to school entrance may contribute greatly to your grandchild's or grandchildren's success.



Success continued on **Page 5**

Inside:

Services	2
Senior Center Facts	3
Congregate Meal Menu	4
August Highlights	5
Daily Activities Calendar	8-9
Back to School Section	10-20



Lockhart awarded Principal of the Year

Dr. Anthony Lockhart, principal of Lake Shore Middle School, had been named as the Florida Association of School Administrators (FASA) Principal of the Year.

PALM BEACH COUNTY Senior Centers

MID COUNTY SENIOR CENTER

3680 Lake Worth Road
Lake Worth, FL 33461
tel (561) 357-7100
fax (561) 357-7114

Tina Austin Manager
Jacquelyn Uceda Asst. Manager

Operating Hours

Monday-Friday
8:00AM-5:00PM

NORTH COUNTY SENIOR CENTER

5217 Northlake Blvd
Palm Beach Gardens, FL 33418
tel (561) 694-5435
fax (561) 694-9611

Tim Yates Manager
Patty Jordan Asst. Manager

Operating Hours

Monday-Friday
8:00AM-5:00PM

WEST COUNTY SENIOR CENTER

2916 State Road #15
Belle Glade, FL 33430
tel (561) 996-4808
fax (561) 992-1011

Willie Miller, II Manager

Operating Hours

Monday-Friday
8:00AM-5:00PM

WEST COUNTY STAFF



Willie Miller, II Manager
(561) 996-4808

Vacant Assistant Manager
Looking to hire soon!

SERVICES

Services include:

Information and Referral
Education
Nutrition
Congregate Meal
Outreach Services
Caregiver Support
Group Meetings
Educational Forums
Volunteer Opportunities &
Senior Community Service

MEDICAL SCREENINGS

Blood Pressure Checks
Preventive Lectures
Serving Health Insurance
Needs of Elders (SHINE)

Activities include:

Bridge
Bingo
Day Trips
Live Music
Quilting
Oil Painting
Billiards
Dominoes
Special Events
Computer Classes
Exercise Classes
Birthday Celebrations
Woodcarving
—and more!



Need Help with Medicare? Let SHINE Be Your Guide!

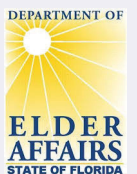
SHINE provides **FREE** and unbiased information and counseling to those currently on Medicare, those who will soon be eligible and those who act on behalf of Medicare beneficiaries, including family members and caregivers.

How can SHINE help?

- Medicare Eligibility, Enrollment and Coverage Issues
- Medicare Appeal Rights
- Medigap (Medicare Supplement) Policies
- Long-Term Care Options
- Prescription Assistance Resources
- Medicaid
- Medicare Prescription Drug Plan (Part D)

How do I contact a SHINE counselor?

A SHINE counselor can speak with you over the telephone or meet with you in person at West County Senior Center, a SHINE counseling site. Please call your local Elder Helpline toll-free at **1-866-684-5885** to schedule an appointment for counseling.



For more information, visit www.floridaSHINE.org.

WHAT IS A SENIOR CENTER?

Recognized by the Older Americans Act (OAA) as a community focal point, senior centers have become one of the most widely used services among America's older adults. Today, nearly 11,000 senior centers serve 1 million older adults every day.

PARTICIPANTS

- **Approximately 70% of senior center participants are women; half of them live alone.**
- **The majority are Caucasian, followed by African Americans, Hispanics, and Asians respectively.**
- **Compared with their peers, senior center participants have higher levels of health, social interaction, and life satisfaction and lower levels of income.**
- **The average age of participants is 75.**
- **75% of participants visit their center 1 to 3 times per week. They spend an average of 3.3 hours per visit.**

IMPACT

Research shows that older adults who participate in senior center programs can learn to manage and delay the onset of chronic disease and experience measurable improvements in their physical, social, spiritual, emotional, mental, and economic well-being. Today's senior centers are reinventing themselves to meet the needs and desires of the aging baby boom generation. Boomers now constitute more than two-thirds of the 50+ population. Senior centers are developing new programs and opportunities for this dynamic generation of older adults.

SERVICES

Senior centers serve as a gateway to the nation's aging network—connecting older adults to vital community services that can help them stay healthy and independent. More than 60% of senior centers are designated focal points for delivery of OAA services—allowing older adults to access multiple services in one place. Senior centers offer a wide variety of programs and services, including:

- **Meal and nutrition programs**
- **Information and assistance**
- **Health, fitness, and wellness programs**
- **Transportation services**
- **Public benefits counseling**
- **Employment assistance**
- **Volunteer and civic engagement opportunities**
- **Social and recreational activities**
- **Educational and arts programs**
- **Intergenerational programs**

To maintain operations, senior centers must leverage resources from a variety of sources. These include federal, state, and local governments; special events; public and private grants; businesses; bequests; participant contributions; in-kind donations; and volunteer hours. Most centers rely on 3 to 8 different funding sources.

Source: *National Council on Aging, "Senior Centers" Facts*,
<https://www.ncoa.org/news/resources-for-reporters/get-the-facts/senior-center-facts/>

Used with permission.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of Cycle Menu	1	1	2	3	4
2		BBQ Pork Riblet on Bun Pinto Beans Corn & Tomato Mixed Fruit	Orange Pineapple Juice Thai Ginger Chicken Brown Rice Flat beans Whole Wheat Bread & Marg Apple Spice Cookie	Hamburger Ketchup & Mustard Spinach Corn Fresh Orange	Tuna Salad Sandwich on Whole Wheat Bread Carrot Raisin Salad Mandarin Oranges
	7	8	9	10	11
3	Orange Pineapple Juice Chili Hot Dog (Chicken, Pork & Beef Dog) Chopped Onions Baked Apple Chunks	Chicken Provencal Garlic Mashed Potatoes Carrots Whole Grain Bread Citrus Fruit Salad	4 oz Beef Burgundy Potatoes Au Gratin Peas & Red Pepper Whole Grain Bread & Marg Graham Crackers	Chef Salad; Turkey Ham, Cheese, HB Egg & Tomato- French Dressing Carrot Raisin Salad Whole Grain Bread Fresh Apple	Sliced Roast Pork Succotash Black-Eyed Peas Roll & Margarine Mandarin Oranges
	14	15	16	17	18
4	Beef Sloppy Joe on Bun Scalloped Potatoes Corn Margarine Raisins	Orange Pineapple Juice Turkey Ham & Swiss on Pretzel Bun Mayonnaise & Mustard 3 Bean Salad Tomato Cucumber Salad	(5) Italian Meatballs Pasta with Garlic Oil Zucchini Casserole Whole Grain Bread Mixed Fruit	BBQ Chicken Thigh Collards with Turkey Ham Diced Sweet Potatoes Whole Grain Bread Margarine Peaches	Beef Riblet in Gravy Peas Carrots Whole grain Bread Margarine Mandarin Oranges
	21	22	23	24	25
1	Buffalo Chicken Sandwich Green Beans Mac & Cheese Pineapple	Chicken Thigh with Cranberry Raspberry Sauce Broccoli, Cauliflower & Beans Carrots Whole Grain Bread & Marg Graham Crackers	Orange Juice 2 Ea Chicken Sausage Cheese Grits Stewed Tomatoes Whole Grain Bread Peaches	8 oz Vegetarian Chili Brown Rice Corn White Bread Fresh Orange	Meatloaf & Gravy Mashed Squash Green Beans Almondine Whole Grain Bread Applesauce
	28	29	30	31	
2	Blended Juice Baked Chicken Thigh Yellow Rice Black Beans Cuban Roll	BBQ Pork Riblet on Bun Pinto Beans Corn & Tomato Mixed Fruit	Orange Pineapple Juice Thai Ginger Chicken Brown Rice Flat beans Whole Wheat Bread & Marg Apple Spice Cookie	Hamburger Ketchup & Mustard Spinach Corn Fresh Orange	

AUGUST 2017

SENIOR CONGREGATE MEAL PROGRAM



Each congregate meal is served with 1% low fat milk. All meals served provide a minimum of one third of the USDA daily Dietary Reference Intake of nutrients recommended for good health.

Susan Koester 7-1-17

Susan Koester, RD, LDN 7041

Palm Beach County
Division of Senior Services
561-355-4740



Urban League of
Palm Beach County, Inc.

Empowering Communities.
Changing Lives.

Do you enjoy teaching?

Help seniors navigate technology by teaching them to use their computers, tablets, and smartphones so they can:

- Email
- Internet Search
- Video Chat
- Pay bills online
- Start an online business

Currently seeking a technology teacher to facilitate a reoccurring 2-hour, 12-week course at the West County Senior Center, located at 2916 State Road #15, Belle Glade, FL 33430. Hourly pay is \$30.00

For more information please email Marie Sanches at msanches@ulpbc.org, or call (561) 833-1461 ext. 3018.

Sponsored by:



Success

continued from Page 1

TEAMWORK IS A MUST!

- It's amazing how **teamwork and early interventions** may help move your grandchild or grandchildren successfully along the learning trail.
- **Encourage your grandchildren to share their school experiences daily** (in person or cell phone). Let your grandchild or grandchildren know you're always available to listen to their concerns.
- **Success is having the right ones around you.**

WHO IS ANNIE PEARL HILL?

- Age 83
- Retired 35-year Glades Area employee of the School District of Palm Beach County
- Graduated in 1952 from Everglades Vocational High School in Belle Glade
- Graduated in 1957 from Bethune Cookman College, with a B.S. degree in elementary education.
- Graduated in 1963 from Indiana University, Bloomington, IN, with a M.S. degree in Administration Supervision.



AUGUST 2017

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

AUGUST HIGHLIGHTS

in addition to our regularly scheduled events

THURSDAY, AUGUST 17 | 11:00 A.M.

Walk Wise Florida (FDOT) Program – PowerPoint Presentation to educate the public about pedestrians & bicyclist safety.

THURSDAY, AUGUST 17 | 11:30 A.M.

Presentation about **no-cost caption phone** for seniors with any form of hearing loss.

AFTERNOON

Throw Down

Starting June 1,
West County Senior Center
will be hosting an
Afternoon Throw Down—
daily card and board games
in the afternoon. If you love
playing spades, tunk,
scrabble, checkers or any
other card or board game,
then come out to **West
County Senior Center,**
1:00 p.m.–5:00 p.m.
Come for an afternoon of
strategy, competition
and fun.



**FREE TRANSPORTATION & FOOD
FOR ADULTS OVER 60**

Community Lunch Program for Older Adults

Please join us for a nutritious meal and the opportunity to socialize with friends.
If you are interested in more information on the Lunch Program for adults over 60 years of age or for volunteering opportunities, please call us at the number below.

LOCAL DINING SITES

West County Senior Center
2916 State Road #15
Belle Glade 33430

Tanner Park Community Center
105 E. Palm Beach Road
South Bay 33493

The Federal Older Americans Act (OAA) provides support services, such as congregate nutrition services in settings including senior centers and community facilities for older adults. The Division of Senior Services operates congregate meal sites with the supportive service of local transportation from Palm Beach County's public transportation system (Palm Tran Connection).



Palm Beach County
Board of County Commissioners

Palm Beach County
Division of Senior Services
West County Senior Center
(561) 992-4818
2916 State Road #15, Belle Glade, FL 33430



DAILY ACTIVITIES CALENDAR

MONDAY

TUESDAY

WEDNESDAY

CENTER CLOSED SUNDAY

Blank calendar cell for Monday.

1
 8a Chat & Chew over Coffee
 10a Coloring/Bingo/Arts & Crafts
 12p Congregate Meal
 1p Afternoon Roundup
 1p Spades/Scrabble/Arts & Crafts/
 TV Time

2
 8a Chat & Chew over Coffee
 10a Coloring/Bingo/Arts & Crafts
 12p Congregate Meal
 1p Afternoon Roundup
 1p Spades/Scrabble/Arts & Crafts/
 TV Time

7
 8a Chat & Chew over Coffee
 10a Coloring/Bingo/Arts & Crafts
 12p Congregate Meal
 1p Afternoon Roundup
 1p Spades/Scrabble/Arts & Crafts/
 TV Time

8
 8a Chat & Chew over Coffee
 10a Coloring/Bingo/Arts & Crafts
 12p Congregate Meal
 1p Afternoon Roundup
 1p Spades/Scrabble/Arts & Crafts/
 TV Time

9
 8a Chat & Chew over Coffee
 10a Coloring/Bingo/Arts & Crafts
 12p Congregate Meal
 1p Afternoon Roundup
 1p Spades/Scrabble/Arts & Crafts/
 TV Time

14
 8a Chat & Chew over Coffee
 10a Coloring/Bingo/Arts & Crafts
 12p Congregate Meal
 1p Afternoon Roundup
 1p Spades/Scrabble/Arts & Crafts/
 TV Time

15
 8a Chat & Chew over Coffee
 10a Coloring/Bingo/Arts & Crafts
 12p Congregate Meal
 1p Afternoon Roundup
 1p Spades/Scrabble/Arts & Crafts/
 TV Time

16
 8a Chat & Chew over Coffee
 10a Coloring/Bingo/Arts & Crafts
 12p Congregate Meal
 1p Afternoon Roundup
 1p Spades/Scrabble/Arts & Crafts/
 TV Time

21
 8a Chat & Chew over Coffee
 10a Coloring/Bingo/Arts & Crafts
 12p Congregate Meal
 1p Afternoon Roundup
 1p Spades/Scrabble/Arts & Crafts/
 TV Time

22
 8a Chat & Chew over Coffee
 10a Coloring/Bingo/Arts & Crafts
 12p Congregate Meal
 1p Afternoon Roundup
 1p Spades/Scrabble/Arts & Crafts/
 TV Time

23
 8a Chat & Chew over Coffee
 10a Coloring/Bingo/Arts & Crafts
 12p Congregate Meal
 1p Afternoon Roundup
 1p Spades/Scrabble/Arts & Crafts/
 TV Time

27
 8a Chat & Chew over Coffee
 10a Coloring/Bingo/Arts & Crafts
 12p Congregate Meal
 1p Afternoon Roundup
 1p Spades/Scrabble/Arts & Crafts/
 TV Time

28
 8a Chat & Chew over Coffee
 10a Coloring/Bingo/Arts & Crafts
 12p Congregate Meal
 1p Afternoon Roundup
 1p Spades/Scrabble/Arts & Crafts/
 TV Time

29
 8a Chat & Chew over Coffee
 10a Coloring/Bingo/Arts & Crafts
 12p Congregate Meal
 1p Afternoon Roundup
 1p Spades/Scrabble/Arts & Crafts/
 TV Time

THURSDAY

FRIDAY

SATURDAY

3

8a Chat & Chew over Coffee
10a Coloring/Bingo/Arts & Crafts
12p Congregate Meal
1p Afternoon Roundup
1p Spades/Scrabble/Arts & Crafts/
TV Time

5

8a Chat & Chew over Coffee
10a Coloring/Bingo/Arts & Crafts
12p Congregate Meal
1p Afternoon Roundup
1p Spades/Scrabble/Arts & Crafts/
TV Time

6

10

8a Chat & Chew over Coffee
10a Coloring/Bingo/Arts & Crafts
12p Congregate Meal
1p Afternoon Roundup
1p Spades/Scrabble/Arts & Crafts/
TV Time

12

8a Chat & Chew over Coffee
10a Coloring/Bingo/Arts & Crafts
12p Congregate Meal
1p Afternoon Roundup
1p Spades/Scrabble/Arts & Crafts/
TV Time

13

17

8a Chat & Chew over Coffee
10a Coloring/Bingo/Arts & Crafts
12p Congregate Meal
1p Afternoon Roundup
1p Spades/Scrabble/Arts & Crafts/
TV Time

19

8a Chat & Chew over Coffee
10a Coloring/Bingo/Arts & Crafts
12p Congregate Meal
1p Afternoon Roundup
1p Spades/Scrabble/Arts & Crafts/
TV Time

20

24

8a Chat & Chew over Coffee
10a Coloring/Bingo/Arts & Crafts
12p Congregate Meal
1p Afternoon Roundup
1p Spades/Scrabble/Arts & Crafts/
TV Time

25

8a Chat & Chew over Coffee
10a Coloring/Bingo/Arts & Crafts
12p Congregate Meal
1p Afternoon Roundup
1p Spades/Scrabble/Arts & Crafts/
TV Time

26

30

8a Chat & Chew over Coffee
10a Coloring/Bingo/Arts & Crafts
12p Congregate Meal
1p Afternoon Roundup
1p Spades/Scrabble/Arts & Crafts/
TV Time

31

8a Chat & Chew over Coffee
10a Coloring/Bingo/Arts & Crafts
12p Congregate Meal
1p Afternoon Roundup
1p Spades/Scrabble/Arts & Crafts/
TV Time

CENTER CLOSED



After working in education for 10 years, it's evident that the number of grandparents raising their grandchildren has risen throughout the years. It's important that grandparents have access to the information, assistance, and resources they need in order to ensure the success of their grandchildren.

A few things that grandparents can do in order to contribute to the success of their grandchildren are to:

- **Become familiar with the staff and administration at your grandchild's school.** It's important that you become familiar with those at the school who are there to assist you. For instance, the parent liaison, teachers, principal, etc.
- **Attend parent conferences at the school at least once each trimester.** It's important to meet with your grandchild's teacher to discuss his/her progress. Often times, grandparents are unaware of how their grandchild is performing in school. In order to help your grandchild, you must be aware of his or her academic progress in order to determine his/her needs.
- **Create incentives for your grandchild.** It means the world to a child if they know they're going to get rewarded for doing a great job in school. Rewards don't have to be costly. You could create your very own treasure box for your grandchild using items from your dollar store. Whenever the child does well in school (i.e., passes a spelling test, receives a good behavior note from the teacher, etc.) allow him/her to choose a prize from the treasure box. Special prizes could also be their favorite snack.





- **Communicate with your grandchild daily.** It is important that your grandchild feels comfortable enough to share information with you. Converse daily with your grandchild. Ask them about their day in school and some of the things they did in school. This will allow you to be aware of any issues your grandchild may be having in school, if any.
- **Check your grandchild's backpack at the end of each week, if not daily.** Most times, students have information notices from the school that include important information for parents. These notices sometimes never make it in the hands of parents/grandparents because they're jammed at the bottom of the backpack. Checking your grandchild's backpack weekly will allow you to be informed of any events, meetings, or trainings occurring at the school.
- **Help your grandchild with reading, homework, or special projects.** Children enjoy having their parent assist them with homework, especially special projects. This will also provide you with the time to communicate with your grandchild while completing their assignments. It's like killing two birds with one stone.

**Vinnisha Jones, Principal
Glades Academy (SDPBC)**

Tel: 561.924.9402

Fax: 561.285.9659

Cell: 561.449.4902

vinnisha.jones@palmbeachschools.org

jonesgladesacademy@gmail.com

www.gladesacademy.org

WHO IS VINNISHA JONES?

Born and raised Belle Glade resident Vinnisha Jones is currently serving as Glades Academy's new principal. In her position, Jones serves as the academic leader of the elementary-middle school. Ms. Jones provides curricular and instructional leadership to maximize student achievement and sets high expectations for all staff while fostering a positive and cooperative team atmosphere.

Ms. Jones is a graduate of Glades Central's High School Class of 2003. She continued her education at Palm Beach Atlantic University, where she received a Bachelor's Degree in Organizational Management. She received her master's degree in Educational Leadership from Nova Southeastern University.





I believe every adult that is of significance in the life of a child has an integral role in the academic success of the child. According to Imtiaz, grandparents are a source of family history, teaching values, instilling ethnic heritage and passion on family traditions. Additionally, granddparents are natural nurturers. In my role as an administrator, I have observed students who have the social and emotional care needed to be successful, and those who might need more support in this area. Grandparents can be a great

benefit to a child's academic success by giving them the love and care they need socially and emotionally. Research supports the belief that "the whole child" must be educated to achieve true academic success. Yes, reading with them is important, but ensuring that Maslow's hierarchy of needs are met is a great start! This is an area where grandparents can be impactful!

I am 37 years old and a product of the Glades community. I was born in Pahokee and raised in Belle Glade. I attended Glade View Elementary, Lake Shore Middle, and Glades Central Community High School.

Interestingly enough, my initial major upon attending the University of Florida was pharmaceutical sciences. After returning home at the conclusion of my sophomore year in college, I started substitute teaching. While substitute teaching was only to be temporary, I fell in love with the teaching profession, especially the students! It was as if I had a superpower that attracted the attention of children. They just loved on me as much as I loved on them! I also attribute my love for the teaching profession to my mother, Mattie Walker, retired teacher of 40 years. Her commitment and passion for teaching was insurmountable.





true for teachers. To watch them grow in areas where they once experienced challenges is a remarkable feeling.

The single most significant accomplishment during my career is raising the letter grade of Belle Glade Elementary from an F to C rated school. I attribute this success foremost to my two sons, Jaylen and Bryson. They believed in me when I did not believe in myself. Having a strong family and support system is also a contributor to my success. The faculty and staff of Belle Glade Elementary, who are always willing to go the extra mile for our students and who have allowed me to lead them while learning and growing with them, is irreplaceable.

I am a very spiritual person, so I have many scriptures that keep me grounded. However, the 23rd Psalm is my daily prayer. I find strength in the part of this prayer that reads, "Surely goodness and mercy shall follow me all the days of my life, and I will dwell in the house of the Lord forever, Amen."

The most gratifying feeling is to see students, who once struggled either academically or behaviorally, overcome their struggles. To see them experience that level of "I did it" is so rewarding. The same holds

To God be the glory for all the wonderful things he has done, is doing, and will continue to do for the Glades Community and beyond.

**Robera L. Walker, Principal
Belle Glade Elementary**

**Phone: 561-829-4800
Fax: 561-829-4850**

Email: robera.walker@palmbeachschools.org





PAHOKEE MIDDLE HIGH SCHOOL **BLUE DEVILS**

Grandparents can contribute to their children's success by making sure that they ask the right questions every night and encourage reading and studying. Do you have any homework? Do you have any tests this week? Have you reviewed the notes you took in school today? What book are you reading? They can also model some of these actions at home, letting their grandchildren see them read and reviewing work from their job at home. If they are the sole caretaker, they also can involve themselves in the school, attending events like open house, curriculum nights and parent conferences.

**Michael Aronson, Principal
Pahokee Middle High School
High School Campus
"International Baccalaureate World School"
561-924-6410 or PX 46410
Fax: (561) 924-0411**

michael.aronson@palmbeachschools.org

ABOUT MICHAEL ARONSON

Michael Aronson, 46. I was born in Burlington, MA, but my parents moved to Florida when I was 6.

I am married and my wife and I have two boys. We also took guardianship of a 17-year-old girl nine years ago. I coach multiple youth sports in my spare time.

I got into education as I believe every child can succeed with the right guidance. I was one of those students whom people didn't believe in and I strived to prove people wrong. I love seeing the kids every day and getting to know them, then getting to see the pure excitement when they reach their goals.





**Angela Moore, Principal
Glades Central Community High School**

Email: angela.averymoore@palmbeachschools.org



Greetings, Raider Parents & Grandparents!

My name is Angela Moore. I am 48 years old and originally from Thibodaux, Louisiana. I have always wanted to be a teacher. Over 23 years ago, the late Dr. Effie C. Gear gave me the opportunity to teach at Glades Central Community High School, and four years ago, I became principal! I share that story because I want people to know that anything is possible with hard work and commitment.

Since I began my principal tenure, I have seen an enormous amount of support from our parents and grandparents. They attend parent meetings, parent/teacher conferences, extracurricular activities and more! I believe that this partnership of students + parents = success!

There are a few tips that I would like to share that contribute to the overall success of our students. These tips can be applied at any grade level:

- **Get involved! You are important to us!**

There is a misconception that parents are not involved if they are unable to physically visit the school. Parent involvement is asking questions about school when students get home. Encouraging your child to complete their homework. Seeking help for your child if you are unable to help them. Returning missed phone calls from the school. None of the things listed above requires you to physically come into the school. This can make the difference in your student's success or failure.

- **Regularly check your student's grades.**

Glades Central Community High School prints

progress reports every other week (bi-weekly). Parents/Grandparents can also access this information through Edline. If you have access to a computer and would like more information about accessing grades, please contact the school at 561-993-4461.

- **Celebrate small successes!** We must encourage and motivate our students. They want to know that we care and that we are proud of them!

As I mentioned in my opening statement, I have ALWAYS wanted to be a teacher. When teachers have a passion for what they do, they automatically shape the lives of children. I believe that I have done this during my 23 years as an educator. I know that I have done this when I hear from former students and sometimes their parents.

I follow Pastor T. D. Jakes philosophy that "it takes courage to be different." It is my goal to give students a different experience—an experience that they will remember for the rest of their lives. Education should be intentional and students should learn, but they should also have fun while learning.

I am most proud of returning to Glades Central as principal. I now have an opportunity to help shape the lives of my former students children and even more students. Every day, I am grateful for the opportunity to lead this school to greatness and serve this wonderful community. My students deserve my best!



With all of the changes happening today when it comes to education, whether it be online learning, rigorous standards, or diversifying the learning opportunities for students, it may seem hard for some parents, guardians, and grandparents to see how they can assist their child/grandchild. Despite the ever-growing evolution of our education system, there are still some traditional and non-traditional ways that grandparents can be supportive.

- **Socialization** It is still important for young kids to be able to work with others and hold a conversation. These are skills employers are looking for. Make time in your day not only to ask your grandchild about their day, but to engage him/her in conversations to develop their socialization skills. This teaches them how to take turns, stay focused on a topic, and decide when certain language is/is not appropriate to use depending upon the setting and to whom they are speaking.
- **Reading** It is always a great idea to read to your grandchild. However, you should make it fun. Go to your local public library. Read at a park or in an area that is out of the ordinary but still not too noisy. When you read with a child, you help to model what good reading sounds like, support them with unfamiliar vocabulary, assist with clarify any misunderstandings, and you build a bond.
- **Get involved** I find that students who know their parents/



**Dionne Napier, Principal
Rosenwald Elementary School**

Email: dionne.napier@palmbeachschools.org



families actively participate at the school, maintain contact with teachers, and attend functions have a more positive outlook on school as a whole. Therefore, any relationship that you can build with the school (personnel) would be beneficial to your grandchild's learning.

I have been an administrator for nine years, all of which have been at of Rosenwald Elementary School. I was the assistant principal for four years, and then became the principal. As a child, I had a knack for explaining information to my peers, and I remember when one of my elementary teachers suggested this would make

me a great teacher. However, I majored in Criminal Justice, but I found that many of my clients with high recidivism rates often did not complete high school. It was then that I returned to school to earn my education degree. I believe that education is the great equalizer, and regardless of where you come from, it puts everyone in a position to better themselves.

I am not sure what my greatest accomplishment has been as an educator, but I am always proud when I see that students have grown from where they started. It is even more inspiring when they see it in themselves. I often add quotes to my emails, but one that is a favorite of mine is by Oprah Winfrey, which is, "Education is the key to unlocking the world, a passport to freedom." When you see a student realize that they have learned something and then can apply it to something else, it gives me an overwhelming feeling of pride, because that knowledge cannot be taken away. It's been earned by them and is theirs to always have.

If nothing else, I want families to know that parents are their child's first teacher. This is not a saying that I created, but it is what I believe. From pre-school to college, it is important to be actively involved in your child's education. Ask questions (don't be afraid), visit, and remember, if you make time in their daily routines to show that school is important, i.e., designated time and space for homework, coming to school prepared, etc., your children/grandchildren will think so, too.

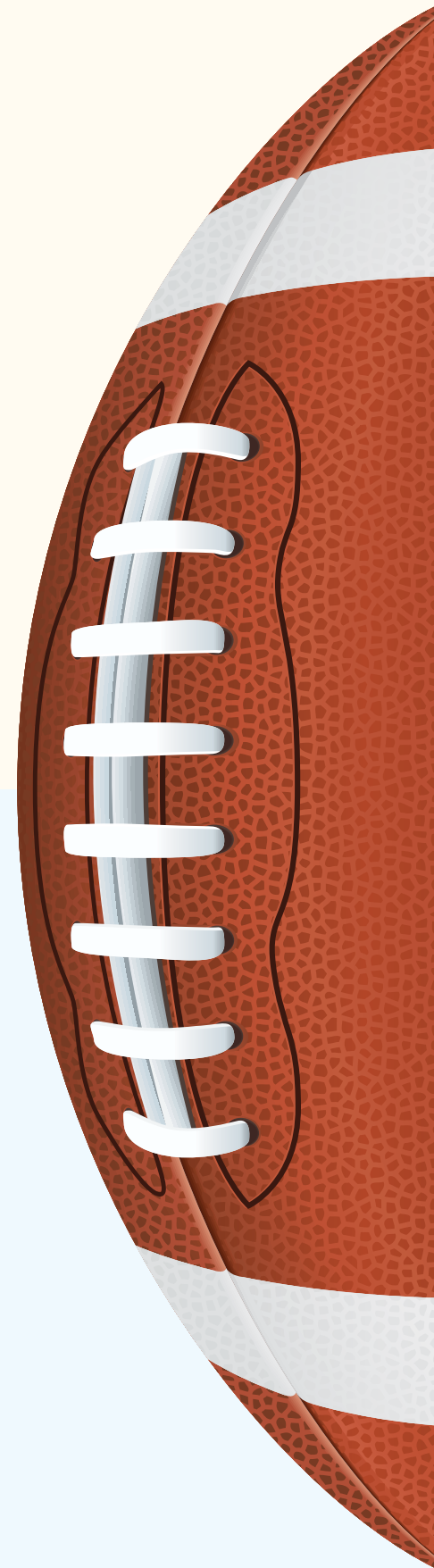


Glades Central Community High School 2017 Football Schedule

Week	Date	Opponent	Location	Time
Kickoff	08/18	Martin County	Home	7:30 p.m.
1	08/25	University School	Home	7:30 p.m.
2	09/01	Oakleaf (Orange Park)	Away	7:30 p.m.
3	09/08	Dwyer	Away	7:30 p.m.
4	09/15	OPEN - BYE WEEK		
5	09/22	Clewiston	Home	7:30 p.m.
6	09/28	Oxbridge	Away	7:00 p.m.
7	10/06	Lake Worth (Homecoming)	Home	7:30 p.m.
8	10/13	Boynton Beach	Away	7:00 p.m.
9	10/20	American Heritage (Delray)	Away	7:00 p.m.
10	10/27	Cardinal Newman	Away	7:00 p.m.
11	11/03	Pahokee (MUCK BOWL)	Home	7:30 p.m.

Pahokee Middle High School 2017 Football Schedule

Date	Opponent	Time	Location
8/18/17	Park Vista	7:00	Away
8/25/17	Palm Beach Lakes	7:00	Home
9/1/17	Open		
9/8/17	Atlantic	7:00	Away
9/15/17	Cardinal Newman	7:00	Away
9/22/17	Vero Beach	7:00	Away
9/29/17	Boynton Beach	7:00	Home
10/6/17	Palm Beach Gardens	7:00	Home
10/13/17	West Park Prep	7:00	Home
10/20/17	Seminole Ridge	7:00	Home
10/27/17	Cocoa	7:00	Away
11/3/17	Glades Central	7:00	Away





SCHOOL BOARD APPROVED REVISED 4/20/17 THE SCHOOL DISTRICT OF PALM BEACH COUNTY SCHOOL CALENDAR 2017-2018

STUDENTS AND ALL EMPLOYEES EXCEPT 12-MONTH EMPLOYEES
 12-MONTH EMPLOYEES (ALL OTHER EMPLOYEES SEE EMPLOYEE CALENDAR NOTES)
 10-HOUR DAYS FOR 12-MONTH EMPLOYEES
DUTY/PDD TEACHER WORK DAY/PROFESSIONAL DEVELOPMENT DAY



JULY 2017							AUGUST 2017							SEPTEMBER 2017						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
3	4 HOLIDAY	5	6	7 District Closed		1	2	3	4										1	
10	11	12	13	14 District Closed	7 Pre-School for Teachers	8 Pre-School for Teachers	9 Pre-School for Teachers	10 Pre-School for Teachers	11 Pre-School for Teachers		4 HOLIDAY	5	6	7	8				8	
17	18	19	20	21 District Closed	14 First Day of School for Students	15	16	17	18						11	12	13	14	15	
24	25	26	27	28 District Closed	21	22	23	24	25						18	19	20	21 HOLIDAY	22	
31					28	29	30	31							25	26	27	28	29	
OCTOBER 2017							NOVEMBER 2017							DECEMBER 2017						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2	3	4	5	6		1	2 End 1st Elementary Trimester	3 DUTY/PDD												1
9	10	11	12	13 End 1st Nine Weeks	6 Begin 2nd Elementary Trimester	7	8	9	10		4	5	6	7	8				8	
16	17 Begin 2nd Nine Weeks	18	19	20	13	14	15	16	17		11	12	13	14	15				15	
23	24	25	26	27	20 HOLIDAY	21 HOLIDAY	22 HOLIDAY	23 HOLIDAY	24 HOLIDAY		18	19	20	21 End 2nd Nine Weeks	22 HOLIDAY	25	26 HOLIDAY	27 HOLIDAY	28 HOLIDAY	29 HOLIDAY
30	31				27	28	29	30												
JANUARY 2018							FEBRUARY 2018							MARCH 2018						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1 HOLIDAY	2 HOLIDAY	3 HOLIDAY	4 HOLIDAY	5 HOLIDAY				1	2										1	2
8	9 Begin 3rd Nine Weeks	10	11	12	5	6	7	8	9						5	6	7	8	9	
15 HOLIDAY	16	17	18	19	12	13	14	15 End 2nd Elementary Trimester	16 DUTY/PDD						12	13	14	15	16	16 End 3rd Nine Weeks
22	23	24	25	26	19 Begin 3rd Elementary Trimester	20	21	22	23						19 HOLIDAY	20 HOLIDAY	21 HOLIDAY	22 HOLIDAY	23 District Closed	
29	30	31			26 FSA Writing	27 FSA Writing	28 FSA Writing								26 DUTY/PDD	27 Begin 4th Nine Weeks	28	29 HOLIDAY	30 HOLIDAY	

Effective June 5, 2017 thru July 28, 2017, March 19, 2018 thru March 23, 2018, the District's work schedule for 12-month employees consists of four 10-hour work days Monday thru Thursday and the District is closed on Fridays. In recognition of Independence Day, the District is closed on Tuesday, July 4, 2017.

Glades Regional Meet & Greet

Carlene Millen, Glades Region Superintendent
Howard Hepburn, Instructional Superintendent

School	Date/Time
Belle Glade Elementary School	8/11/17 @ 1:00 p.m.
Glade View Elementary School	8/11/17 @ 2:00 p.m.
Gove Elementary School	8/11/17
K.E. Cunningham/Canal Point Elementary School	8/11/17 @ 10:00 a.m.–11:30 a.m.
Pahokee Elementary School	8/11/17 @ 8:30 a.m.
Pioneer Park Elementary School	8/11/17 @ 1:00 p.m.–3:00 p.m.
Rosenwald Elementary School	8/11/17 @ 1:00 p.m.–3:00 p.m.



VOLUNTEER OPPORTUNITIES

DOSS provides a wide range of programs and services to assist seniors, their families and caregivers in Palm Beach County. DOSS is fortunate to have volunteers of all ages helping in the Division's mission of serving seniors. DOSS offers several ways for volunteers to get involved that suits their talents, interests, and availability. DOSS seeks volunteers from diverse backgrounds and varied work experiences to make a contribution to the lives of seniors.

ABOUT DIVISION OF SENIOR SERVICES

MISSION

Division of Senior Services' (DOSS) mission is to provide accessible and high-quality services to help seniors 60 and older attain optimal independence, and promote quality of life for seniors and their caregivers.

GOALS

DOSS goals are to administer to seniors a comprehensive range of programs that provide social and emotional well-being; to encourage independence; and to support seniors and their caregivers within the community with dignity and choice.

ADMINISTRATION OFFICE 810 Datura St., Ste. 300, West Palm Beach, FL 33401 | Phone: (561) 355-4746 | Fax: (561) 355-3222



**Palm Beach County
Board of County Commissioners**
Paulette Burdick, Mayor
Melissa McKinlay, Vice Mayor
Hal R. Valeche
Dave Kerner
Steven L. Abrams
Mary Lou Berger
Mack Bernard

County Administrator
Verdenia C. Baker