Stay #HealthySafeStrong



Monday Morning Update March 8, 2021

COVID-19 Resources

Testing sites, meals sites, health tips and more COVID-19 updates and resources

Children's Services Council has compiled an ongoing list of local resources that Palm Beach County families may find helpful in these uncertain times. <u>Click here</u> for links to federal, state and local resources and as well as educational resources for your family.

News

211's Online Resource Directory Is Available Anytime

211's Online Resource Directory is easy to use, frequently updated and just a click away! Self-search hundreds of resources and services from local, state and national providers at www.211palmbeach.org - click on "Get Help Now" or reach out by dialing 2-1-1 or texting your zip

Vote today: 11th Annual School Bus Drug Prevention Contest with Palm Beach County Behavioral Health Coalition

The finalists of the 11th Annual School Bus Drug Prevention Media Contest are here! The posters were created to promote a clear educational message encouraging an alcohol or vape free lifestyle for youth. Three

Anquan Boldin's Q81 Foundation scholarships for high school seniors

The Q81 Foundation is still accepting scholarship applications now through April 1, 2021! Each year, we grant four \$10,000 scholarships to graduating high school seniors. Applicants must reside in Palm Beach

code to 898211 (24/7). Quality, trusted and reliable! #Help.Starts.Here!

winners, one in elementary, middle and high school, will be chosen by YOU. Winners receive \$100 and their design is placed in the Palm Beach County School District buses for thousands to see. Click here to vote. Voting ends March 8 at 11:59 p.m.

County. <u>Click here</u> to learn more and apply.

Get free tax filing through United Way of Palm Beach County!

Get your taxes filed free, fast, safe & secure! If your household income was \$66,000 or less in 2020, United Way of Palm Beach County is offering four virtual and socially-distanced income tax preparation options. This service is supported by IRS-certified Volunteer Income Tax Assistance (VITA) volunteers. Click here or call 2-1-1 for all tax filing options, to find a site near you, to make an appointment and to learn what documents to bring.

Afterschool programs design, plant and care for their own gardens with Center for Creative Education

Center for Creative Education (CCE), a Prime Time expanded learning opportunity provider, has reconvened its in-person sessions with Palm Beach County afterschool programs. The Center for Creative Education (CCE)'s out-of-school time program, CADRE, provides arts integration programming focused on developing social and emotional skills, building important habits of mind and foundational skills for success, and expanding on academic learning through the arts. In February, teaching artists visited Suncoast Christian Afterschool Program and North Grade Elementary Afterschool Program to work with youth in creating gardens from start to finish. Click here to learn more.

Palm Beach County Youth Services Department launches Provider Presentations

The Palm Beach County Youth Services Department launched a new "provider presentation" section on its website to give parents and caregivers a chance to learn more about the approved 2021 summer camp providers. The scholarship includes all tuition and fees for children residing in families with income at or below 150% of Federal Poverty Guidelines. Parent applications are being accepted through April 2, 2021.

- The first outreach event has been scheduled in Belle Glade on Wednesday, March 3 from 10 a.m. - 7 p.m. at the Belle Glade Library located at 725 NW 4th St., Belle Glade.
- The second event will be held at Palm Beach County Youth Services Department's main office located at 50 S. Military Trail, West Palm Beach on Friday, March 26 from 4:30 - 7 p.m.

<u>Click here</u> to access the program's provider presentations or to apply to the summer camp scholarship program.

COVID-19 Impact Survey with United Way of Palm Beach County

The COVID-19 pandemic significantly altered lives in Palm Beach County. Households of all races, geographic areas, and income levels are facing physical

Florida GLR Campaign Summer Literacy Acceleration Grants

The Florida Grade Level Reading Campaign (FGLRC) is seeking innovative applications for targeted reading interventions designed to lead to positive child outcomes in reading skills. The

Apply today to the Alyssa Sangeeta Jacobson Scholarship

This scholarship is named in memory of Alyssa Sangeeta Jacobson. Alyssa was committed to living a self-sufficient life and discovering her passions. Her health, mental health, and financial difficulties. United Way of Palm Beach County is conducting a survey to better understand the true impact of COVID-19 on all households. Responses will provide us critical insight about local challenges, identify ways we can provide resources to those in need, and assist our planning for future investments. Click here to take the survey. The survey is available until March 17, 2021.

FGLRC has allocated at least \$50,000 to be awarded in mini grants up to \$5,000 per program site. All types of in-person and online Summer Learning Programs serving children who have completed grades K-5, in counties with active GLR campaigns are eligible to apply. Mini-grant funding may be allocated for the purchase of reading skills curricula, contracting with certified reading teachers, program staff professional development fees and training hours, plus additional materials needed to implement proposed reading instruction programs. Click here to learn more and to apply. Application deadline is March 31.

determination to pursue education, earning undergraduate and graduate degrees, enabled her to live consistent with those commitments. The scholarship amount is \$1,000.00 a year, to be distributed over two semesters. The funds for an awarded scholarship will be released upon proof of enrollment. The scholarship may be renewed for up to four years, depending on the degree or certificate program. Students that are involved in the dependency or delinquency system and members of Future Leaders youth council are encouraged to apply. Click here to learn more.

Children's Services Council Funding Opportunity (CSC)

The Children's Services Council of Palm Beach County is seeking a business or business(s) to provide books in English, Spanish or bilingual for children from infant through Grade 5 (birth through elementary school). The demographics of the targeted audience is 35 percent non-Hispanic Black, 35 percent Hispanic, 20 percent other / mixed, and 10 percent non-Hispanic white; books proposed should reflect these demographics. You can find more detailed information on our website. Deadline for submission is March 22, by 2:00 p.m. Those interested in submitting a proposal should click here to learn more. Please share this with organizations that might be interested.

ELC PBC & Palm Beach County: Supporting PBC Child Care Industry

Thanks to the incredible resources provided by Palm Beach County Government and Palm Beach Youth Services Department, the Early Learning Coalition was able to help hundreds of early learning providers who serve thousands of children stay open. The following is a summary of the supply distribution that the Coalition was able to offer to our early child care providers as part of the County's donation. Click here to learn more.

- December 2020 –
 Distributed single-use school supplies, cleaning supplies, and PPE to 220 providers serving 9,593 children.
- January 2021 –
 Distributed cleaning supplies, and PPE to 132 providers serving 5,846 children.
- February 2021 –
 Distributed remaining cleaning supplies to 174 providers serving 8,537 children.

Notification of Funding Opportunity with PBC Division of Victim Services

This Notification of Funding Opportunity is for the Palm Beach County Board of County Commissioners' Public Safety Department – Division of Victim Services to solicit proposals from qualifying agencies to provide services related the OVW ICJR program. The Division of Victim Services, through the PBC Board of County Commissioners, will be applying for OVW ICJR funding to enhance the County's Coordinated Community Response to domestic violence. dating violence, and stalking. We are seeking a Victim Service provider as a grant partner to help carry out the activities of the grant, if awarded. Click here to learn more.

Out-of-School Time Practitioners Share Their Experiences Amid Covid-19 and Their Hopes for the Future

Out-of-school time practitioners recently shared the impact that COVID-19 has had on their programs and their hopes for the future. Read their wishes to help make their programs better, what keeps them motivated to keep showing up for the children who attend their programs and how Prime Time has continued to offer support during this unprecedented time. Click here to learn more.

Free virtual water safety presentations with Drowning Prevention Coalition

The Drowning Prevention
Coalition of Palm Beach County
will be offering eight virtual water
safety presentations during the
month of March through the
BRIDGES program. Caregivers in
attendance will be eligible for the
Coalition's free/reduced cost swim
program if they have children
ages 2-12 who are county
residents and non-swimmers. For
additional information, please call
Anna Stewart at 561.616.7068.

Moving notice: Pathways to Prosperity is expanding it's reach!

Exciting things are happening at Pathways to Prosperity! With it's continued growth of clients, making a move to a new facility was necessary. Pathways to Prosperity will continue to offer the same services and continue the missions of BRIDGES at Boynton Beach, Circles Palm Beach County and Healthier Boynton Beach. The new address and phone number is:

639 E. Ocean Ave., Suite 101 Boynton Beach, FL 33435 (561) 903-7743

Help oup you child's

NEW videos on our YouTube channel!

From expert advice on helping your child to listen, to trusted tips on reacting to your child's behavior, watch our new videos on our YouTube page: YouTube.com/cscpbc. Please share these new videos with your community partners and networks, as well as share on your social media channels! We will continue to add new video content for sharing weekly.

Subscribe today



Events

Back to School PBC: Drive-Up Event

Saturday, July 24

Registration is now open for the 2021 Back to School PBC Drive-Up Event! Students can receive free school supplies and other resources by registering online and entering the code:

PBCOCR. Registration is required. Students must reside in designated neighborhoods or mobile park homes in unincorporated Palm Beach County to be eligible to register. Click here to register.

Racial Wealth Gap Learning Simulation

Tuesday, March 16 6 - 8 p.m.
Virtual

As awareness of the realities of racism in our nation grows, Bread for the World offers this 2-hour virtual experience, designed to introduce participants not just to the current racial wealth gap, but how for centuries, it has been and continues to be embedded in the fabric of the U.S. economy. Learn more about the systems that create many of the challenges we face, as well as sustainable approaches to changing them. Participation is limited to 150 persons. This program is free to participants and intended to be inclusive of system leaders and all community residents. Click here to register. Registration closes March 15.

Mary Murry Scholarship 5K Fun Run/Walk with Young Singers of the Palm Beaches Saturday, April 10, 2021

Ending the Silence For Families
Tuesday, March 23, 10 - 11:30

a.m.

Parent Workshop and Parent Chat with Early Learning Coalition of Palm Beach County Workshop - March 9, 6 p.m. Chat - March 11, 6 p.m. Facebook LIVE

Parents, Have you ever wondered how your child's brain development is going? Even though every child's development process is unique, there are certain general cognitive milestones that you can use as a reference to evaluate your child's progression. Let's discuss together some of these milestones that you can keep an eye out on. Free & Open to the Public for Age Range: 3 to 5 Years Old. Click here to join the Parent Workshop and Parent Chat on ELC's Facebook Page.

This Girl Can! Career Inspiration for Young Women Saturday, April 24 10 - 11 a.m. Virtual

Women United invites 6th-8th grade girls for a day of fun, friendship and hands-on learning! The virtual "This Girl Can" Workshop is designed to show middle school girls they can be anything they put their minds to! This free program will provide 6th-8th grade girls in Palm Beach County with a free, interactive workshop and a swag bag of items mailed to registered participants. This is a day your middle schooler won't want to miss! We encourage early registration to ensure your swag bag arrives on time. Click here to reaister.

FIMR Community Forum Meeting

Wednesday, March 24 9:30 - 11 a.m. Virtual Event

Florida Institute for Health Innovation invites you to attend our Fetal Infant Mortality Review (FIMR) Community Forum where our FIMR group examines maternal morbidity and mortality. Dr. Colette Brown-Graham will discuss racial disparities, trends and significant factors and preventative measures in maternal morbidity and mortality. Come and learn how you can make a difference and improve the overall health of mothers and babies in Palm Beach County. Click here to register.

Heart of the Matter: Mentoring Wednesday, March 17 12 - 1 p.m. Virtual

Join local nonprofit and community leaders for this virtual conversation about mentorship and the role COVID-19 has played in increasing the digital divide, especially as it relates to youth in the education system, delinguency system, and other dependency systems. Panelists will discuss the importance of mentorship among various demographics and share actionable steps to help ensure no one in our community is left behind. We will also feature a success story about a local mentor/mentee pair to show the power of mentoring and how you can make an even greater impact during these difficult times. Click here to register.

Baskets4Babies with Healthy Mothers, Healthy Babies March 1 – March 31, 2021 Virtual Event

Anywhere and every where (virtual)

The Young Singers of the Palm Beaches' annual 5-K provides needy students in 2nd through 12th grade scholarships for music education. Due to COVID restrictions, we are doing things a bit different this year! We are having a VIRTUAL 5K! Register to participate in our Virtual 5K by March 26th, 2021. Come by the Kravis Center on APRIL 10th for our drive-thru event to pick up your swag bag, medal and t-shirt. Send pictures of yourself, friends, family, and pets as you run, WALK, bike, dance or hop your 5K anywhere, any-time between April 10th and April 18th. Click here to learn more.

Save the Date: Moments 2021 Virtual Luncheon May 7 - 8

Virtual

Healthy Mothers, Healthy Babies' 8th Annual Moments celebration has been reimagined our usual luncheon gathering. In 2021, we will continue to celebrate women and their extraordinary moments throughout Palm Beach County and beyond with "bubbles" of celebrations hosted by advocates of HMHB. Moments bubbles can be inperson or virtual, whatever your comfort level is. You invite guests, and HMHB will provide all the details. Click here to learn more.

Wednesday, March 31, 11:30 a.m. - 1 p.m. Virtual

NAMI Ending the Silence for Families is a 1.5 hour presentation for caregivers of middle or high school aged youth. The presentation includes warning signs, facts, and statistics, how to talk to your child, and how to work with school staff. Presented by two leaders: one who shares an informative presentation and a young adult with a mental health condition who shares their journey of recovery. Audience members can ask questions and gain understanding of an oftenmisunderstood topic. Click here to learn more.

3rd Annual Waste to Wonder Exhibition with Resource Depot

Through March 11 Open during regular business hours The GalleRE at Resource Depot 2508 Florida Ave., West Palm Beach

The 3rd Annual Waste to Wonder welcomes the new year in our GalleRE with fresh artwork and revived outlook. This group show features 21 artists who transformed found objects from Resource Depot's "Warehouse of Wonder" that sparked their individual curiosity and became inspiration for new works of art for this exhibition. This show takes a dive into the world of creative reuse to answer the question -What do the objects in our lives reveal about our values, our culture, and ourselves? This exhibition is free and open to the public. Masks required for entry. Click here to learn more.

Healthy Mothers, Healthy Babies invites all ages and groups to play along with Baskets4Babies - the agency's inaugural, completely virtual, crowdfunding event. Join a team or create your own and make a pledge of baskets to shoot during the month of March, while fundraising to support the mission of HMHB. Baskets can be made with a traditional basketball and hoop or by imagining creative ways to sink a shot - whether that's throwing paper into a recycling bin or dunking laundry into the hamper. Get started today! Click here to register and help support HMHB, one basket at a time!

Great American Cleanup 2021 Saturday, April 17

The Solid Waste Authority is now accepting registrations for the Great American Cleanup 2021. You can have the option to do it on an alternative date if the date is in April or first Saturday in May only. Please indicate the alternative date on the registration form. Return your Site Registration Form by email by Friday, February 14, 2021, so that there is time to order your supplies and t-shirts. Click here for more information and to register.

Heroes 5K Run/Walk with Children's Home Society of Florida

Saturday, April 24, 20121 Okeeheelee Park 7715 Forest Hill Blvd.,

Community Access Program with the Norton **Museum of Art**

West Palm Beach 7:30 a.m.

Bring the whole family out for a beautiful day at Okeeheelee Park to include a timed run and kids fun run! Not only will you be helping us invest in the future of children in your community, you'll be ioining us in honoring our everyday heroes. Palm Beach County firefighters and police. Virtual option also available so you can run anywhere anytime! Click here to learn more and to register.

The Norton Museum of Art is committed to making a visit to the museum welcoming, accessible, and enjoyable to all residents of the community. The regular price of admission should not be a deterrent for those who cannot afford to pay or are otherwise disadvantaged, and so the Community Access Program was formed. Working directly with Palm Beach County non-profits, civic organizations, and agencies, the Norton provides passes for free admission that may be distributed by these organizations to their clients and the populations they serve. Click here to learn more and to participate.

Trainings

Prime Time trainings offer stage for shared experiences

One of the advantages of attending Prime Time's virtual trainings is that practitioners are learning and hearing from colleagues who are having similar experiences in their programs. In every Prime Time training, attendees are given the opportunity to share how they cope with different situations that arise in their programs. Hear from one practitioner who shares the benefits of giving youth their own roles in group activities. Click here to learn more

Florida Association for **Infant Mental** Health trainings in Spanish March 11 and 25 5 - 6 p.m. Virtual

Florida Association for Infant Mental Health (FAIMH) is offering 2 hours of training (with a certificate for inservice hours) in Spanish. This training is appropriate for professionals in any field or discipline who work with young children and/or their families, as well as parents and other caregivers of young children (age 0-5) as an and early childhood mental health concepts. Click here to learn more and register.

Project ReachOut Thursdays 7 p.m.

This is a tele-health program created to support parents by discussing stress management, anger management, parenting skills, effective communication and healthy coping skills. The program is FREE. The Spanish speaking group is conducted on Thursdays at 7 p.m., once per week for 10 weekly sessions. Currently taking intakes for English speaking clients with group time/day TBD. To register, you must be a Palm Beach county resident, parent of child(ren) 17 and under or expecting and willing to commit to 10 sessions. Please contact Stephanie Vega at either 561.383.9800 ext. 1173 or introduction to essential infant email stephanievega@helphomesafe.org.

Disparities, Action, and Patient-**Engaged Research in Perinatal Mental Health**

Thursday, April 8 12 - 1:30 p.m.

We often describe maternal mental health disorders, but must also talk about the racial disparities that exist among them. In this presentation, Dr. Tabb Dina Follow My Lead! Workshop incorporating a clean language approach into art, play and sandtray therapy techniques Friday, April 16 2 - 4 p.m. Virtual

This webinar will serve as a guide for play therapists to infuse their practice with art, play and sandtray activities that will aid

Unicorn Children's Foundation Virtual Classes

There are so many virtual classes available, but where else can you find a certification course to become a Barista for only \$10? Unicorn Children's Foundation is offering Cake Decorating, Spanish, and a Breakfast Club...fun for the whole

will discuss how perinatal mental disorders affect women of various races and present patient-engaged strategies to reduce perinatal mental health disparities. Click here to learn more and to register.

in with a variety of presenting concerns, ages and situations. Play Therapists will be able to incorporate learned skills into their clinical approach and techniques into in person and online telehealth services. Ethical considerations, diversity and limitations will also be explored. Click here to learn more.

family! <u>Click here</u> to learn more and register.

Online Workshops to help college students destress and find success

March 23 and April 13 Virtual

Surviving college is already a challenge. But in the middle of a global pandemic?! That's why we're pleased to announce the Achieve Your Success workshop, created by Achieve's Post-High School Advising & Guidance Team.

This virtual series is open to any college-age student in Palm Beach County—regardless of whether they're even enrolled right now. <u>Click here</u> to learn more and to register.

FAU CARD Little Owls Parent Training on Autism Mondays and Wednesdays Through March 17 10:30 - 11:30 a.m.

The training takes place on Zoom for one hour each Monday and Wednesday from 10:30 to 11:30. The class will begin on February 8 and end on March 17. Once you have completed your Eventbrite registration you will be emailed a link for the class. This free Zoom training for parents of children up to age 6 with autism covers topics such as, encouraging social communication, preventing problem behavior and resources. Click here to learn more and to register.

Register Today for Healthy Mothers, Healthy Babies online classes and groups Virtual

Healthy Mothers, Healthy Babies is here to support you through your pregnancy with educational classes and groups. Register today for upcoming support groups and educational classes for pregnant and new parents like Small Steps, Great Parents classes and Circle of Moms. All are at no cost, but registration is required. Click here to learn more and to register.

Additional Resources

Visit the CSC website
CSC Employment
CSC Provider Agency Employment
Search for Trainings

Do you have information for the MMU?

Email your MMU submission to mmu@cscpbc.org. Click here to review the MMU Submission Guidelines.

Stay Connected!

