



Monday Morning Update

March 12, 2018

News

Free bicycle helmets at Safe Kids Day!

Saturday, April 7
11 a.m. - 2 p.m.
Palm Beach Outlets
1751 Palm Beach Lakes
Blvd.
West Palm Beach

Become a library volunteer with the Palm Beach County Library System!

Do you have two hours a week to volunteer? Do you want to contribute to your community?

Grief, counseling and mental health resources

In light of the recent tragedy in Parkland, [we are listing free or low-cost counseling services available to families in Palm Beach County.](#) If your non-profit

Up to 600 helmets will be handed out on a first-come, first-served basis by Safe Kids Palm Beach County, a non-profit dedicated to keeping children safe. Any child who receives a helmet also will receive a free t-shirt from Children's Services Council of Palm Beach County. The helmet giveaway is part of Safe Kids Day 2018, a national event highlighting safety issues in our community.

Consider becoming a county library volunteer! Adult or teen (ages 12-17) volunteers support the library in many ways. Positions include shelving, filing, telephone duties, greeting or helping at self-check. Adult and teen volunteer opportunities are based on individual needs of the library. Please inquire at your branch or [click here](#) for current opportunities.

organization would like to be included in this list, please email mmu@cscpb.org and write "counseling services" in the subject line.

Council engaged in community action plan for mental health; welcomes new board members

Children's Services Council of Palm Beach County and community partners immediately engaged in developing an "action plan" for mental health services in the county, in the wake of the Parkland school shooting tragedy, CEO Lisa Williams-Taylor told the council at its monthly meeting Feb. 22. [Click here](#) to read more.

Free tax filing services for household incomes under \$66,000

United Way of palm Beach County's Taxes Filed Free Campaign gives taxpayers with low-to-moderate incomes several in-person and online options to prepare and file their return for free. [Click here](#) to learn more about the Taxes Filed Free Campaign, the services offered and where sites are located throughout Palm Beach County. Site locations with days/times of operation can also be learned by calling 2-1-1.

Save the date! Birth to 22 Business Leaders Breakfast

Wednesday, April 18
7:30 - 10 a.m.
Marriott West Palm Beach
1001 Okeechobee Blvd.
West Palm Beach

Birth to 22 is galvanizing unprecedented collaboration among schools, governments and agencies so our young people graduate with the knowledge, skills and creativity needed to prosper - for themselves and Palm Beach County - in today's global markets. Register today for this business leaders breakfast to learn more about Birth to 22 initiatives. [Click here](#) to learn more and register.



Expert advice on picking the perfect summer camp

In the spring, parents start thinking about summer camp for their children. Finding the right camp - one that fits your schedule, budget and your child's interests - may seem daunting. Don't worry - experts have tips that will make it easier. [Click here](#) for nine tips to consider when choosing a camp.

For additional parenting tips, advice and local resources, create a family profile at EveryParentPBC.org.

Events

Water safety with BRIDGES at Boynton Beach

Wednesday, March 14
12 - 1 p.m.
BRIDGES at Boynton Beach
970 N. Seacrest Blvd.,
Boynton Beach

The Drowning Prevention Coalition of Palm Beach County is giving a water safety presentation for parents. Parents attending will receive free swim lesson vouchers for their children. For information, call 561.369.2323. [Click here](#) to view upcoming events at all ten BRIDGES locations.

West Palm Green Market fun with Children's Services Council

April 7, 14, 21
9 a.m. - 1 p.m.
101 S Flagler Dr.,
West Palm Beach

Make sure to stop by our table at the West Palm Beach Green Market on select dates to plant a sunflower with your child, take a selfie in our digital photo booth and learn about the EveryParent app and website - a FREE resource for Palm Beach County parents! [Click here](#) to create a profile today!

ChildNet's Care for Kids Luncheon

April 10
11:30 a.m. - 1 p.m.
Woodfield Country Club
3650 Club Place,
Boca Raton

Join ChildNet for its 2018 Care for Kids Luncheon benefiting children in foster care. Sarah Marmion will be honored as the 2018 Champion for Children. The luncheon's keynote speaker is Robert Scheer, founder of Comfort Cases. For more information and to register, [click here](#).

2018 South Florida Police K-9 Competition

Saturday, March 24
2 - 8 p.m.
Boynton Beach High School
4975 Park Ridge Blvd.,
Boynton Beach

Spring Break Glow Games

Friday, March 16
7:30 - 10:30 p.m.
Village of Palm Springs
226 Cypress Lane,
Palm Springs

Special needs child care for Parents Night Out

Saturday, March 24
5 - 9 p.m.
1928 Lake Worth Rd.,
Lake Worth

Join local police departments for a free family event! Come for the nationally recognized K-9 competition, bounce houses, rock wall, raffle prizes and more. For more information about the event, [click here](#).

High school students, start your Spring Break with a GLOW this Friday! Join the Substance Awareness Coalition of Palm Beach County for music, DJ, food trucks and more. Compete or cheer on participants of the Second Annual Spring Break Glow Games. Free for high school students with pre-registration or \$5 at the door. Limited tickets. [Click here](#) to register.

Medical Daycare Center is hosting a Parents Night Out. Parents, enjoy a night on the town or just stay home and relax. Medical Daycare Center's staff of nurses, respiratory therapists and occupational therapists will take care of your little one for your night out! Free for all special needs and medically complex kids ages 0 - 21. Food and games will be provided. Register by calling 561.660.6741.

April events with the Palm Beach County Library System

The Palm Beach County Library System has many activities for children and families in April. From trivia for teens to arts and crafts for the for little ones, there's an activity for everyone. [Click here](#) to see the full list of April activities.

National child passenger safety certification training course

April 16 - 19
Monday, 12 - 5 p.m.
Tuesday - Thursday,
8 a.m. - 5 p.m.
PBC Fire Rescue
Headquarters
405 Pike Road,
West Palm Beach

Safe Kids Palm Beach County and Palm Beach County Fire Rescue will host a national child passenger safety certification training course. Get one-on-one personalized instruction and certification on how to properly install a child's car seat. [Click here](#) to learn more and register.

4/4 for Child Abuse Prevention

Wednesday, April 4
3 - 5 p.m.
Clayton E. Hutchinson
Exhibit Hall
531 North Military Trail
West Palm Beach

1,650 Palm Beach County children are displaced annually to abuse or neglect. This crisis affects all of us. Join representatives from over 30 organizations to unite and take action against child abuse and neglect. Speakers will address risk, prevention and intervention to stop children from becoming victims. [Click here](#) to learn more.

Fifth Annual Moments Luncheon with Healthy Mothers, Healthy Babies

Friday, May 11
11:30 a.m.
Country Club at Mirasol
11600 Mirasol Way
Palm Beach Gardens

Play, discovery and family time at the Boca Raton Children's Museum

Sundays 12 - 4 p.m.
Wednesdays 1:30 - 5 p.m.

Enjoy the freedom of imagination and play with your child! Experience all the fun the

Join the Healthy Mothers, Healthy Babies for the Fifth Annual Moments luncheon. This event honors mothers and all of their extraordinary moments while officially kicking off Mother's Day weekend! The keynote speech will be delivered by Gabrielle Finley-Hazle, Chief Executive Officer of St. Mary's Medical Center and Palm Beach Children's Hospital. [Click here](#) to register.

Museum has to offer along with specially designed art projects adapted for children with varying abilities. This event is exclusive for children with special needs and their families. [Click here](#) to learn more.

Trainings

2018 Empowered to Connect Simulcast

April 13 and 14
Spanish River Church
2400 Yamato Rd,
Boca Rato

4KIDS is hosting a simulcast of the Empowered to Connect Conference with the Karyn Purvis Institute of Child Development. This two-day conference is designed to equip parents and caregivers with practical ways to connect with their children to help them heal. For more information and to register, [click here](#).

Free training: Developing Multicultural Competency

Wednesday, March 14
9 - 11:30 a.m.
Highridge Family Center
4200 N. Australian Ave.,
West Palm Beach

The Youth Services Department (YSD) will offer the training "Developing Multicultural Competency" presented by Laura Cruz, Ph.D. This course offers 2 CE credits for psychologists, LCSW's, LMFT's and LMHC's. There is no fee for the program. Registration form must be received by March 13. Seating is limited. [Click here](#) to register.

Free training: The Negative Impact of Social Media on Youth

Wednesday, March 21
9 - 11:30 a.m.
Highridge Family Center
4200 N. Australian Ave.,
West Palm Beach

The Youth Services Department (YSD) will offer the training "The Negative Impact of Social Media on Youth" presented by Stephanie Larsen, Psy.D. This course offers 2 CE credits for psychologists, LCSW's, LMFT's and LMHC's. There is no fee for the program. Registration form must be received by March 20. Seating is limited. [Click here](#) to register.

Circle of Moms: Free emotional support group

Throughout February
West Palm Beach and
Lantana locations

FirstPlay classes for newborns and parents!

The Children's Healing Institute is offering free classes in FirstPlay throughout Palm Beach

REST Companion trainings

March 14, 24 and 26
Times and locations vary,
see the links below.

Talking with other moms who are experiencing the same feelings as you can help. Healthy Mothers, Healthy Babies' peer-to-peer emotional support groups allow you to share your own feelings or just listen. [Click here](#) to learn more, view upcoming classes and to register.

County for newborns and their parents. FirstPlay teaches parents a new way to bond with their babies through storytelling and touch. [Click here](#) to learn more and to register.

REST, Respite Education and Support Tools, is a unique, interactive training program, where you will receive the education and tools needed to be confident and successful in providing respite care to adults and children. Click the links below to multiple trainings throughout the county:

- [March 14 at FAU in Jupiter](#)
- [March 24 at the Boca Raton Children's Museum](#)
- [March 26 at Grace Episcopal Church Fellowship Hall](#)

Save the date: Diabetes Coalition of Palm Beach County Symposium

Friday, April 27
8 a.m. - 4:45 p.m.
Scripps Research Institute
130 Scripps Way, Bldg B
Jupiter

The Diabetes Coalition of Palm Beach County is hosting its third annual diabetes educational symposium for healthcare providers and professionals. [Click here](#) for more information and to register.

Parent Aide Program at the Children's Healing Institute

Through the evidence-based Parent Aide Mentoring Program, the Children's Healing Institute provides a strong, consistent support system for at-risk families. Parents are matched with a highly qualified mentor who visits the home on a weekly basis for 6-12 months. Parent Aide mentors provide intensive support, information, and modeling of effective parenting - all in the home of the family. [Click here](#) for more information.

Workshops for pregnant families

Tuesdays, 6 - 8 p.m.
Saturdays 9 a.m. - noon
901 Northpoint Pkwy
Suite 400, West Palm Beach

Are you pregnant and worried about breastfeeding or newborn care? Have questions about how to make healthy lifestyle choices for you and your growing family and still live on a budget? Join Healthy Mothers, Healthy Babies for its Small Steps, Great Parents workshops for pregnant women and their support partners. [Click here](#) to register.

Sugar Sand Park's programs and activities for special needs kids

The Community Center at Sugar Sand Park offers various classes, parent workshops and activities for special needs children and their families. Don't miss upcoming events like the Sunday sensory-friendly movies, the free Especially For Kids family event and the children's explorium. For more information, [click here](#) to view their Spring 2018 flyer.

Parent seminar at Grandma's Place

Grandma's Place
184 Sparrow Drive
Royal Palm Beach
March 15
April 5 and 12
May 3 and 10
6 - 7 p.m.

Parents are invited to join Grandma's Place for three evenings dedicated to helping families with behavior, communication and social skills. Respite care will be provided during the training. RSVP by calling 561.753.2226 or email laura@grandmasplacepb.org.

Save the date for the 2018 First 1,000 Days Summit

Sept. 26 - 28, 2018
Palm Beach County
Convention Center

Mark your calendar and plan to attend this statewide multi-disciplinary, cross-sector conference focusing on science, skill-building and advocacy for home visitors and other early childhood staff serving expectant and new families with children through age 3. [Learn more here](#).

Strengthening trauma-informed systems to support young children

Thursday, March 15
8:30 a.m. - 12 p.m.
Fifteenth Judicial Court
205 N. Dixie Highway
West Palm Beach

If you work in the in the field of early childhood mental health, as a mental health professional, judge, attorney, or case manager - you won't want to miss this important workshop! From this workshop, participants will have a better understanding of child development for ages 0-3 and how systems can benefit from being trauma-focused and informed on infant mental health. [Click here](#) to register.

Nonprofits First workshops

Nonprofits First's monthly calendar of new and ongoing workshops are designed to develop every area of an organization from front line employees to executives, and from startups to established businesses. [Click here](#) to view the calendar and workshops that are offered this month.

Enhance your hiring search with free job postings

Children's Services Council continues to offer free job postings for CSC-funded providers in Palm Beach County. For job openings at CSC-funded agencies, [click here](#).

If you are a CSC-funded agency, contact Paulina Rudzinska at Paulina.Rudzinska@cscpb.org to post a position on CSC's website.

Additional Resources

[Visit the CSC website](#)
[CSC Employment](#)
[CSC Provider Agency Employment](#)
[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpb.org. [Click here](#) to review the MMU Submission Guidelines.

[Sign up for the MMU!](#)

Stay connected!



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