

35 years #HealthySafeStrong

Helping Palm Beach County
children grow up
healthy, safe and strong



Monday Morning Update November 29, 2021

[COVID-19 Resources](#)

[Testing sites, meals sites, health tips and more COVID-19 updates and resources](#)

Children's Services Council has compiled an ongoing list of local resources that Palm Beach County families may find helpful in these uncertain times. [Click here](#) for links to federal, state and local resources and as well as educational resources for your family.

News

[Make a difference in your community this Giving Tuesday!](#)

Tomorrow, November 30, is Giving Tuesday, a global generosity movement unleashing the power of people and organizations to transform their communities and the world. Giving Tuesday kicks off the charitable season, when many focus on their holiday and end-of-year giving. One of the best ways to get involved is in your own community. [Click here](#) for a

[PBC Community Services Department launches Grocery Card Program](#)

The Palm Beach County Community Services Department (CSD) has launched a new Grocery Card Program for eligible Palm Beach County residents. The department is issuing \$400 pre-loaded grocery cards to be used for food purchases within the county. The program will end when the funding source has been depleted. All participants must be able to provide documentation to

[United Way of Palm Beach County – Hunger Relief Food Storage Capacity Grant now open!](#)

In accordance with the Hunger Relief Plan, the Food Storage Capacity Grant aims to minimize food waste by increasing storage capacity of food pantries and other non-profit organizations that address food insecurity. The extra storage space will enable the recipient agencies to provide a consistent supply of perishable items, including produce, to a

directory of local organizations, charities, events and more in your community.

prove they were impacted financially by the COVID-19 crisis. Applications must be submitted online; this program is a limited-time offer and is subject to funding availability. [Click here to learn more and for eligibility requirements.](#)

greater number of Palm Beach County residents. You can apply now if you are a non-profit who meets the eligibility criteria. [Click here](#) to learn more.

Request for Proposals (RFP) 21-003: Janitorial Services

The Children's Services Council of Palm Beach County (CSC) has released a Request for Proposals (RFP) seeking Proposals from qualified businesses to perform routine nightly janitorial services for its building at 2300 High Ridge Road, Boynton Beach, FL 33426. The successful Proposer will be awarded an initial contract for eight (8) months (Feb. 1, 2022 – Sept. 30, 2022) that may be renewed for up to four (4) additional one-year terms. Deadline for proposal submission is **Dec. 7, 2021, by 2 p.m.** [Click here](#) to learn more and to apply.

Pfizer Pediatric COVID-19 vaccine sites

The FDA has authorized the use of the Pfizer-BioNTech COVID-19 Vaccine for children ages 5 through 11 years. The US Centers for Disease Control and Prevention's (CDC) Advisory Committee has also approved the vaccine for this same age group. The Health Care District Mobile Clinic is now administering the vaccines at select School District locations. Pediatric doses will also be offered by the Health Care District at the Lantana Primary Care Clinic located at 1250 Southwinds Drive, Lantana, FL, 33462, Monday through Friday from 9 a.m. to 4 p.m. [Click here](#) to learn more.

Community Foundation Scholarship applications are now open!

Do you know a graduating high school senior or current undergraduate student from Palm Beach or Martin County? Do they plan on attending a college, university, trade, or vocational school? Share the Community Foundation's scholarship opportunity with them! In the 2020-2021 scholarship cycle, the Community Foundation awarded over \$1 million dollars to 107 local students. Once a student completes our general scholarship application, they are automatically considered for over 110 scholarship funds! Application deadline is **Jan. 31, 2022.** [Click here](#) to apply.

Non-profit organizations invited to join the 2022 Great Charity Challenge

For the 2021 Great Charity Challenge presented by Fidelity Investments (GCC), an event founded by the father/daughter team of Mark and Paige Bellissimo in 2009, COVID-19 highlighted that non-profit organizations and civil society stood at the core of our community's resilience. Through the generous support of the equestrian industry and the local community, the GCC has acted as a catalyst for charitable giving over the last 12 years, distributing \$15.9 million to 276 Palm Beach County non-profit organizations. If you know of a deserving Palm Beach County-based charity, we

Free insurance help with Epilepsy Florida

For questions on eligibility, exemptions and all things having to do with Florida's Health Insurance Marketplace, contact Epilepsy Florida to help you sign up for the Marketplace and navigate the system. For Future assistance or to schedule an appointment, please call 1.877.553.7453. [Click here](#) to learn more.

United Way of Palm Beach County seeks 200 volunteers for VITA Program

Help local families succeed! United Way's Volunteer Income Tax Assistance (VITA) program, in partnership with the Internal Revenue Service (IRS), is looking for 200 volunteers to help provide free tax prep services to PBC households with an annual income of \$68,000 or less. Perfect opportunity for CPAs, retired professionals, college students, or anyone interested in accounting and finance. [Click here](#) to learn more.

invite you to share the link below to access the application. [Click here](#) to apply.



Have a picky eater at home?

Ever feel like you might have a better chance of winning the lottery than getting your child to eat vegetables? Learn more in this **EveryParent** article for tips on how to get your picky eater to try new and healthy foods:

[Learn more](#)

Events

Palm Beach County Citizens Advisory Community on Health and Human Services (CAC/HHS) Annual Retreat

Thursday, Dec 9
8:30 a.m. - noon
2300 N Jog Rd.,
West Palm Beach
Room 1W47/50 - 1st Floor Conference Room

Join the Palm Beach County Citizens Advisory Community on Health and Human Services for its annual retreat on Thursday Dec. 9. The purpose of this retreat is to provide an update to our partners on the progress of the HSS element and the various domains that make up the comprehensive set of supports for Palm Beach County residents, known as the system of care. [Click here](#) to register. If you would like to attend the event virtually, you will receive an email with the access link once you register.

Unicorn Children's Foundation to host a Virtual Creative Workforce Solutions Summit

Dec .2 - 4, 2021
Virtual

Water Smart Town Hall

Thursday, Dec. 2
7 p.m.
[Facebook Live](#)

Join SafeKids PBC for an informative evening with local expert and Pediatrician Dr. Peter Antevy, Pediatric EMS Medical Director for Palm Beach County Fire Rescue, to learn about the impact of drownings and near drowning for our children and community. We will also hear from different agencies that promote and offer swim lessons for children of varying ages. Participants joining in will also have the opportunity to participate in a survey, which will enter them into a raffle for Family 4 Pack Passes to Calypso Bay or Coconut Cove Water Parks, 1 Month Free Membership to the Boynton YMCA and FREE swim lessons for children ages 2-12 years of age and their immediate caregivers. [Click here](#) to learn more.

Healthy Mothers, Healthy Babies Basic4Babies Mobile Pantry

Mondays and Wednesdays
Pop-up sites in West Palm Beach, Riviera Beach, Lake Park, Royal Palm and Jupiter

Unicorn Children's Foundation's Creative Workforce Solutions Summit will give entrepreneurs and social enterprises the tools needed to start or grow a business owned by or employing young adults with developmental or learning differences. The summit will offer local and national speakers, thirty-nine (39) break-out sessions/workshops, meet up opportunities and an exhibitor hall. Topics will cover transition & life care planning, business planning & management, and ideas for business start-up. [Click here](#) to learn more.

Healthy Mothers, Healthy Babies of Palm Beach County's Basics4Babies Emergency Pantry for Infants is going mobile! Made possible by a grant from the [Lost Tree Foundation](#), our Mobile Pantry will travel around northern Palm Beach County communities and make distribution of infant essentials directly to local families possible - eliminating transportation barriers that prohibit them from receiving our services. [Click here](#) to learn more.

Trainings

Upcoming trainings with the Center for Child Counseling

The Center of Child Counseling is hosting the upcoming trainings below. Their trainers have a wealth of experience, knowledge, and formal training in a wide array of best practice and evidence-based interventions for young children, their families, and caregivers:

- [Healthy Babies, Healthy Children, Healthy Life: A Symposium on Demand](#)
- [Implementing Effective Transitions - Live Virtual Workshop](#)
- [Self-Regulation for the Classroom and Beyond](#)
- [Showing Affection During the Pandemic](#)
- [Implementing Effective Transitions for Children](#)
- [Integrating Mindfulness into Daily Routines](#)
- [Creating a Calm Down Corner](#)
- [Beating Burnout for Teachers](#)
- [The Power of Co-Regulation](#)
- [Calming Down for High Energy Children](#)
- [Promoting Engagement for Withdrawn Children](#)

Newborn T.O.U.C.H. training with Florida Association for Infant Mental Health

Virtual

The Florida Association for Infant Mental Health (FAIMH) is excited to share with you our newest competency-based training: Newborn T.O.U.C.H. (Touch, Observe, Understand, Communicate, Hold). This training emphasizes the critical role the physical, social and emotional environment plays in shaping healthy infant development. This 4-hour training can help professionals from all disciplines who need additional training hours to meet the Pregnancy and Early Parenthood or Relationship-based Practice Competencies in preparation for Florida's Infant Mental Health Endorsement® (FIMH-E®) even if you don't work directly with newborns. [Click here](#) to learn more and to register.

A Way of Being with Children: A Trauma-Informed Approach to Building Resilience

In May, Center for Child Counseling (CFCC) launched "A Way of Being with Children: A Trauma-Informed Approach to Building Resilience." This online training for parents, teachers, childcare workers, or anyone who regularly interacts with children and families aims to build a more trauma-informed community so that children can grow up with adults who understand the impact of stress and trauma on the developing child. Being trauma-informed involves understanding, sensitivity, and a deep knowledge of how trauma can affect a child's growing brain and potentially result in lifelong physical and mental health implications. The 5.5 hour online course, accompanied by a spiral-bound manual with over 80 pages of practical advice and technique-building exercises, introduces a new way for adults to simply "be" around children. [Click here](#) to register.

Upcoming CSC trainings Virtual

Children's Services Council will host the upcoming online trainings through the end of the calendar year:

- Touchpoints, Through Dec. 22, 1 - 4:30 p.m.
- Early Childhood Attachment & Development by Dr. Allison Golden, Nov. 29, 2021 - Jan. 25, 2022, 1 - 4:30 p.m.

[Click here](#) to view more information about these trainings and additional trainings to come.

December classes for pregnant and new parents with Healthy Mothers, Healthy Babies Throughout December 2021 Virtual

Healthy Mothers, Healthy Babies of Palm Beach County is here to support you through pregnancy with educational classes and groups. Register today for upcoming support groups and educational classes for pregnant and new parents like Small Steps, Great Parents classes and Circle of Moms. All are at no cost, but registration is required. [Click here](#) to learn more and to register.

Unicorn Children's Foundation Hosts Creative Workforce Solutions Summit Thursday, Dec. 2 - Saturday, Dec. 4, 2021 Virtual

Unicorn Children's Foundation will be hosting an amazing virtual conference on December 2-4. It will be focused on self-employment and other options for those who face barriers with traditional employment channels. [Click here](#) to learn more.

Additional Resources

[Visit the CSC website](#)
[CSC Employment](#)
[CSC Provider Agency Employment](#)
[Search for Trainings](#)

Do you have information for the MMU?

Email your MMU submission to mmu@cscpbcc.org. [Click here](#) to review the MMU Submission Guidelines.

Stay Connected!

